

Constrate the eagle helps us to

Constrate

Ignore distractions

Get lost in the task.

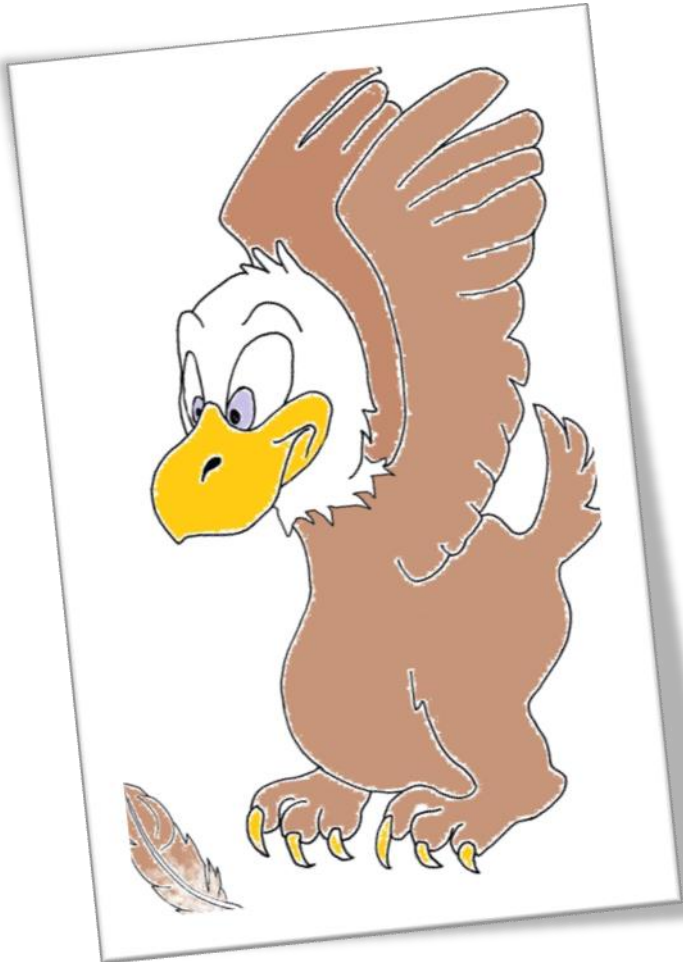
Do one thing at a time

Break things down

Plan and think it through

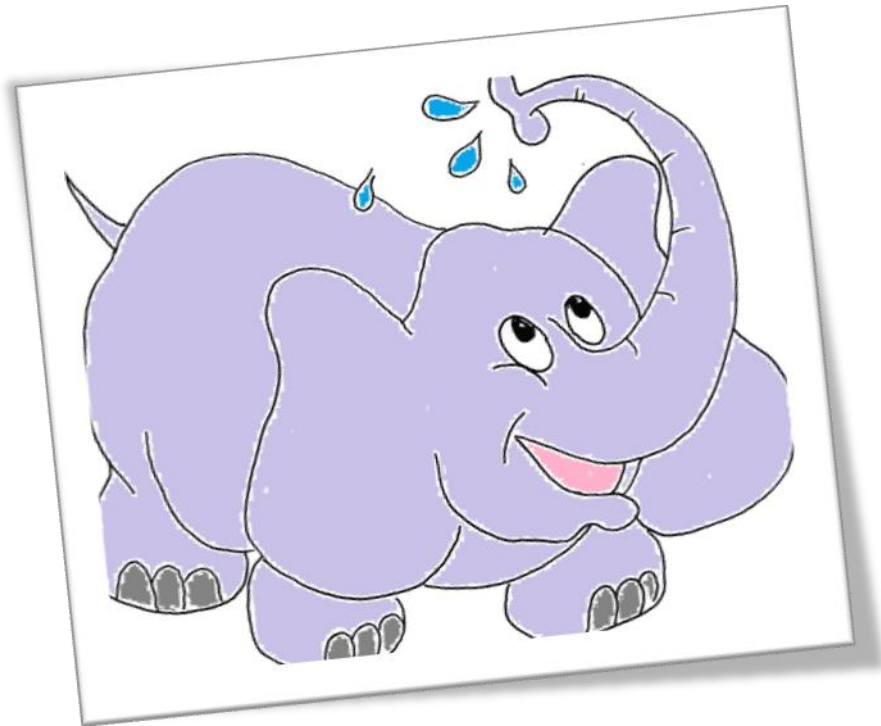
Do it day after day

Just things down



Elie the elephant helps us to

Never give up



- Work hard
- Practise lots
- Keep going
- Try new strategies
- Ask for help
- Start again
- Take a brain break.

Jerome the lion helps us to

Be cooperative

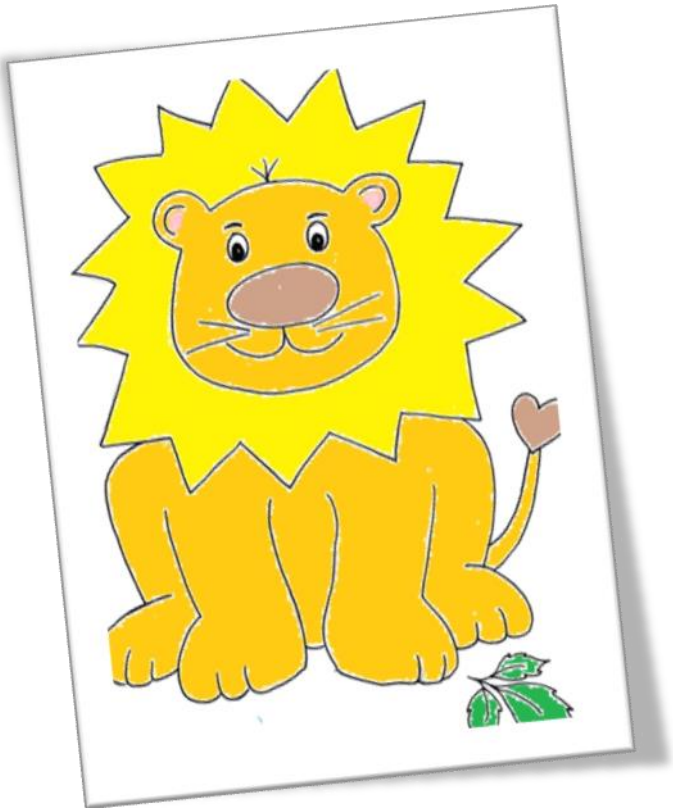
Listen to others

Say when you don't understand

Be kind when you disagree

Exchange things to help others

Be tolerant.



Huffy the cat helps us to

Be curious!



Ask questions

Notice things

Look for patterns and connections

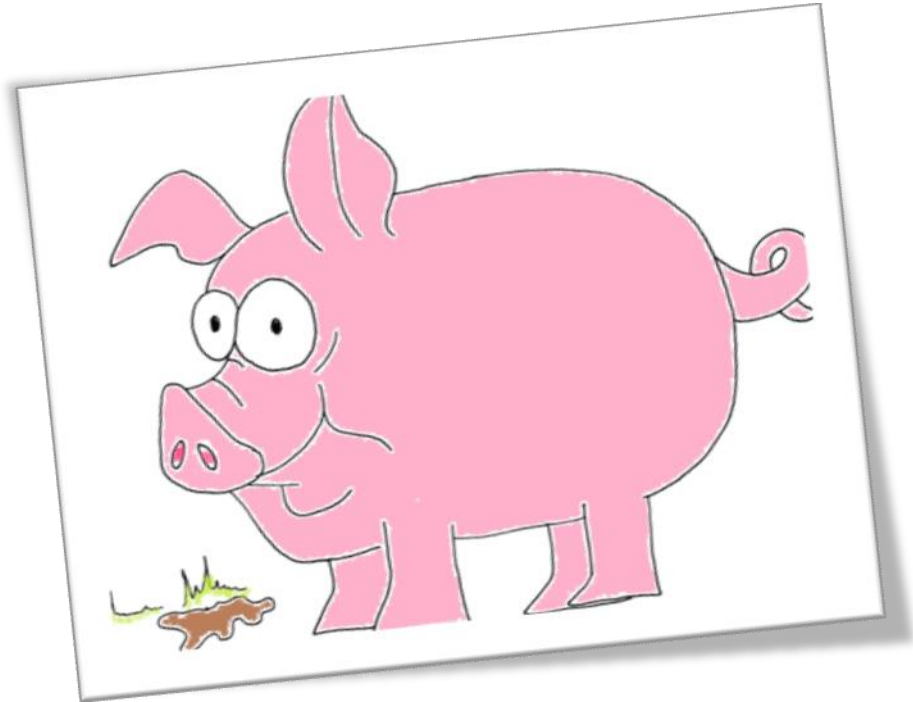
Think of possible reasons

Research

Ask, "What if..."

Thank you for helping us to

Have a good



**Have a growth mindset.
Don't worry if it goes wrong
Learn from mistakes
Be excited to try new
things**

Dear the unicorn helps us to

Use our imagination



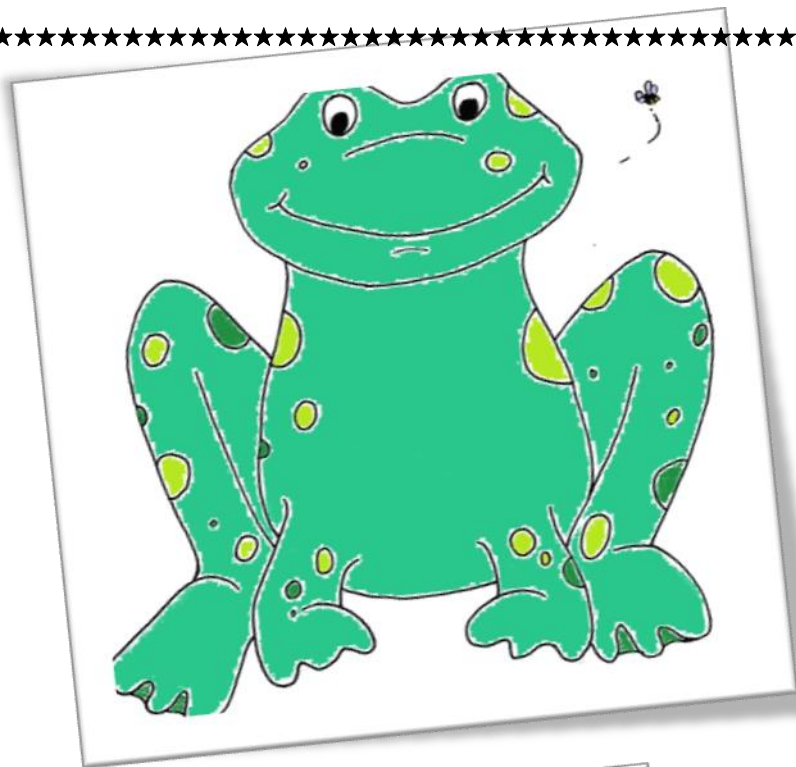
Be creative
Let your imagination go
Think up new ideas and questions

Keep it the frog helps us to

Keep

improving

Review your work.

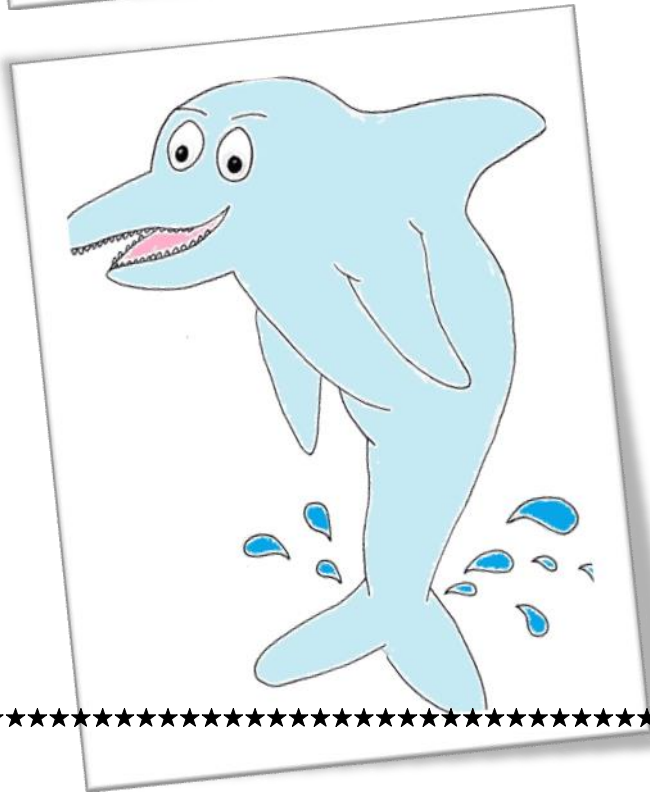


Identify your best bits

Try to be better than last time

**Don't compare yourself to others
or yourself.**

Take small steps

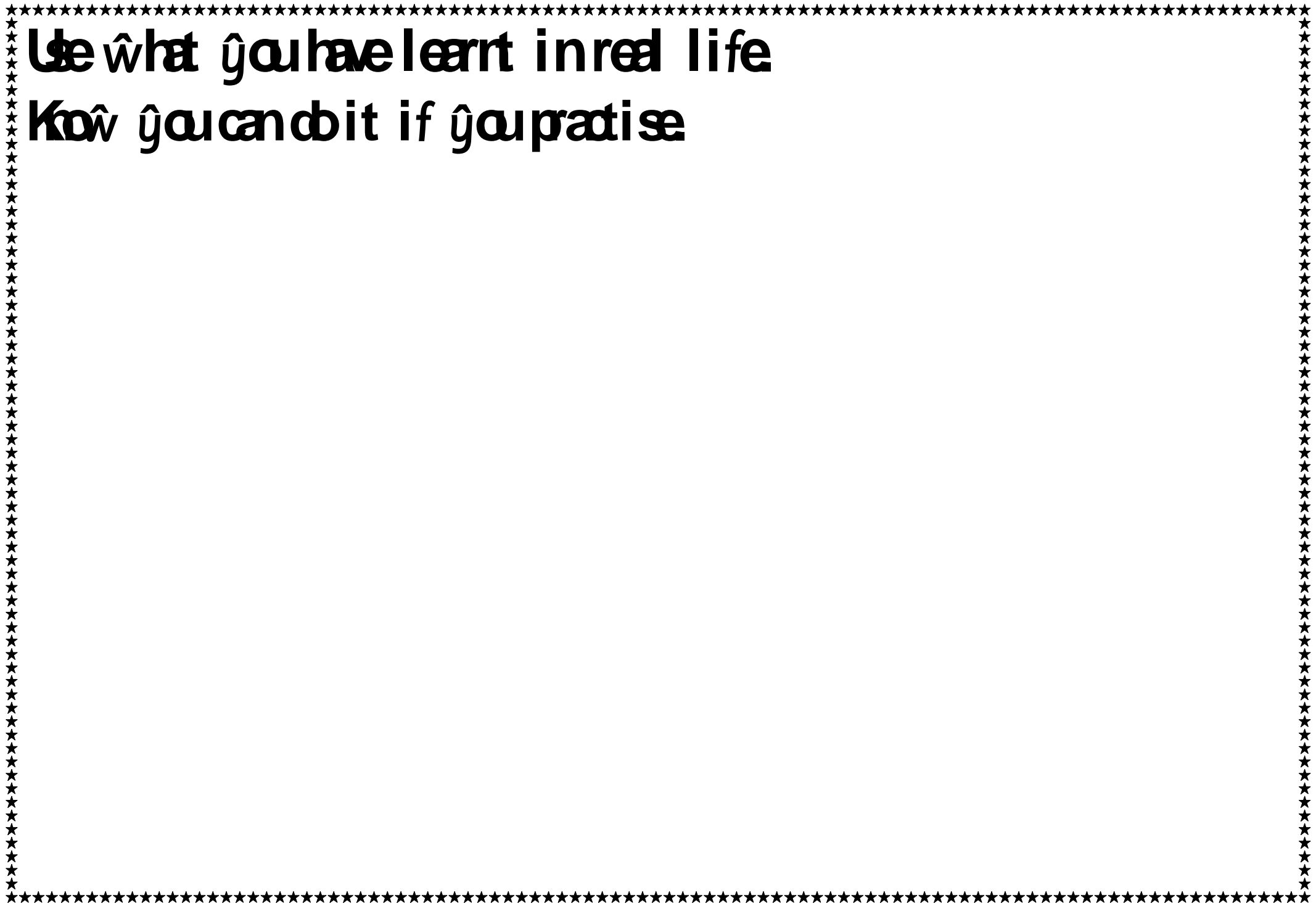


Did the dolphin help us to

Enjoy learning

Feel proud of your achievements

**Feel your neurons connecting and your brain
growing**



Use what you have learnt in real life

Know you can do it if you practise