

MARLE HALL ESSENTIAL KIT LIST

The following list will help you pack your bag before you come to Marle Hall. It is designed to help you think about what you need to bring. If you are unsure of the suitability of certain items, please feel free to speak to a member of staff at Marle Hall - 01492 581218.

WHAT WILL WE PROVIDE FOR YOU?

Marle Hall will provide everyone with a set of waterproofs, a fleece, a rucksack and a pair of walking boots. Any technical equipment, required on activities, such as helmets, harnesses and buoyancy aids, will also be provided.

WHAT DO I NEED TO BRING TO MARLE HALL?

Clothing

- **Socks** - 1 thick pair per day plus socks to wear in the centre. For example, if you are staying Mon-Fri bring at least 7 pairs, 5 thick and 2 normal.
- **Trousers** - 1 pair to wear around the centre, these can be jeans. At least, 3 additional pairs of trousers which can get wet and dirty. These can be jogging/tracksuit bottoms or combat/cargo type trousers but not jeans. The best trousers are those made from polyester/nylon and not cotton.
- **T shirts** - 1 or 2 to wear around the centre. At least, 3 more for activities. They may get wet and dirty. Thermal tops made of polyester are much better than cotton t shirts.
- **Jumpers/hoodies/fleeces** - 1 to wear around the centre and 3 more for activities. These need to be thick tops which provide insulation and warmth. Wool and fleece are both excellent insulators. If possible, please use these materials instead of cotton.
- **Shoes** - 1 pair of indoor shoes and 1 pair of old outdoor shoes such as trainers which can get wet and dirty.
- **Welly boots** - Please do not send your child with "fashion" wellies with coloured patterns and images. These are made of a plastic which rarely provides adequate grip on wet rock and can make things difficult for your child. The best wellies are the cheap green ones with deep treads.
- **Hat and gloves** - wool or fleece
- **Underwear** - please provide at least 1 pair per day as they may get wet.
- **Nightwear** - pyjamas etc.

Personal items

- **Towel** - for use in the centre.
- **Wash bag** - all personal hygiene items.
- **Lunchbox** - a rigid 2 litre plastic box is best. Flexible chiller bags tend to get squashed!
- **Drinks bottle** - 1 litre is ideal.
- **Sun cream** - if forecast looks warm (it is North Wales after all!)

Top tips

- Label everything so that your child can identify it. You would be amazed at how much is left behind!
- Do not send expensive clothing with your child as it may get damaged or lost. We cannot be responsible for personal belongings.
- Torches - Useful if your child is coming during the Autumn/Winter period.
- Ensure that cameras are waterproof and inexpensive. Disposable cameras are best.
- Mobile phones, ipods/MP3 players and personal games consoles are not needed at Marle Hall. You will be too busy! We are not responsible for storage, loss or damage.