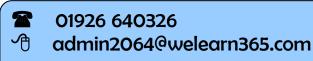


#### Newsletter 20 Friday 8th February 2019



# Bronze

Bronze Award



#### www.lighthorneheathprimaryschool.co.uk

#### End of Financial Year

We are in the process of preparing for financial year end. Please ensure you log in to your parent pay account and bring any outstanding balances up to date immediately. Going forward please ensure all payments for dinners, after school club and swimming are made weekly. (A reminder letter will be sent home next week to advise of outstanding balances)

Please note our policy for school dinners whereby if you debt exceeds more than one week ( $\pm 11.00$ ) we are unable to provide a school meal until the debt is repaid in full.

Should you wish to discuss any outstanding balances with either myself of Sarah Beck, please contact the school office to arrange a mutually convenient time.

#### <u>Online Safety</u>

This week has been Safer Internet Week at school. Each class have been learning about how to stay safer when using the internet. Please see over for some of the work that Y456 have completed.

Please see the website **www.internetmatters.org** for lots of resources about how to help your child stay safe online. There is specific information about different games and apps as well as general advice on screen time and ways to open up conversations.

There is also a **free app** available to downloaded called **'internet matters'** that has games and quizzes to play that will help you to explore some areas of online safety.











This organisation is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



SILVER - RIGHTS AWARE



# Bronze

Bronze Award

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# <u>Diary Dates</u>

W/C 18th February- Spring Half term

Monday 25th February- Return to School

Thursday 7th March- World Book Day

Wednesday 27th March- Mother's Day Lunch

Tuesday 3rd and Wednesday 4th April- Pupil Progress meetings

Thursday 11th and Friday 12th April- Y4 Stratford Residential

Monday 15th April- Friday 26th April- Easter Holidays

Thursday 23rd and Friday 24th May—Y5 Ironbridge residential W/C 27th May—Summer Half Term

### <u>Allergies</u>

As of Monday 11th February all children who have an allergy will wear a purple band on their wrist during lunchtime. This is to help the lunchtime staff to remember those children with differing dietary requirements. If you know your child has an allergy please help to prepare them for this.





Well done to YReception who had the highest attendance at school this week with a brilliant 97.5%

**Reception— 97.5%** I have decided to leave Nursery off the attendance as their attendance is not statutory.

Year 1/2/3-96.9%

Year 4/5/6– 91.3%

Whole School Attendance: 95.11%

The minimum acceptable attendance, as stipulated by Warwickshire Local Authority, is 95%.

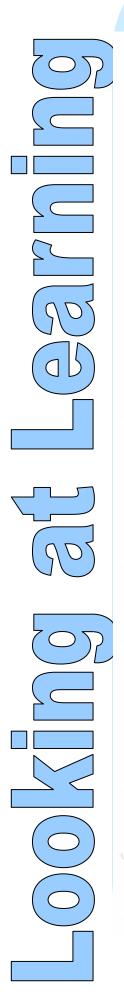
Low attendance results in poorer educational progress and attainment.

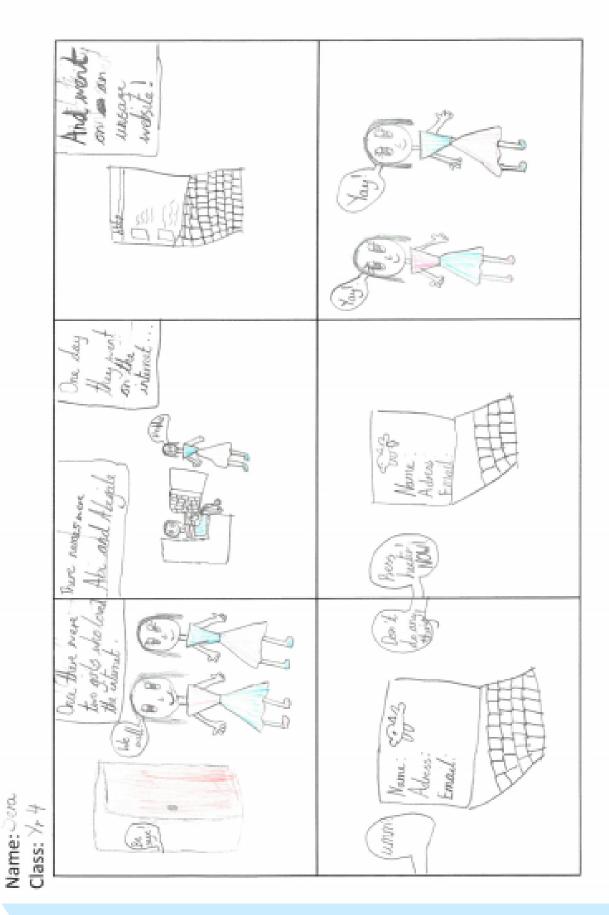


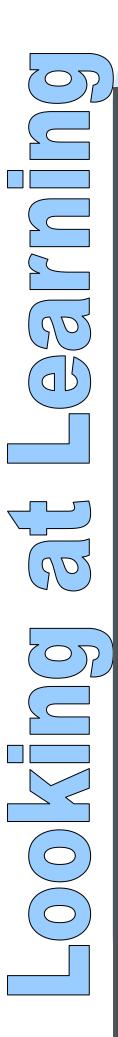
SCHOOLS

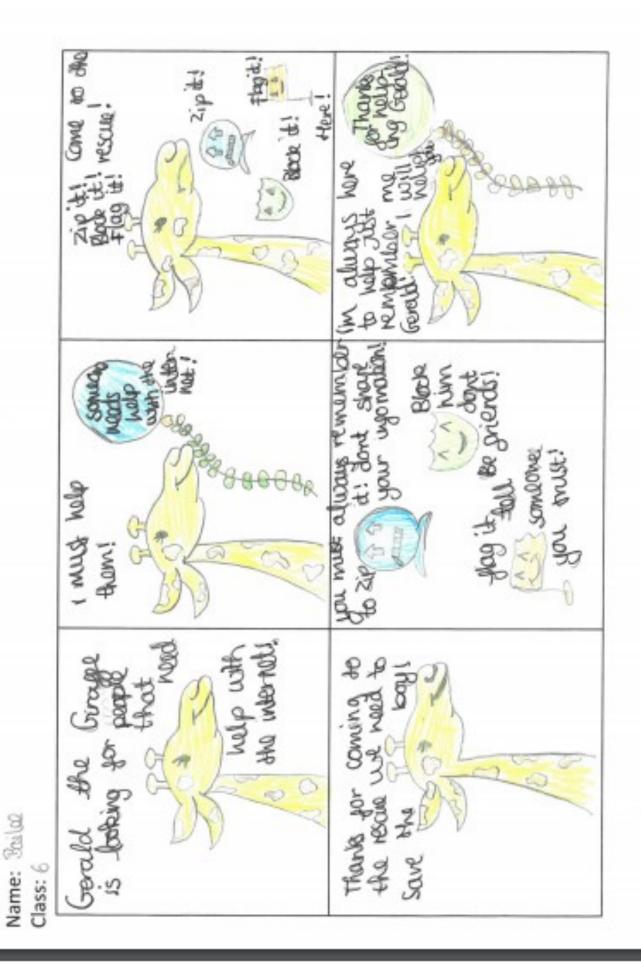
UN Convention on the Rights of the Child: Article 3 (Best Interests of the Child.)

# Sera's eSafety comic strip









# **Digital Resilience Toolkit**

Advice for parents of 6–10 year olds

Help children become more digitally savvy and get the best out of their online world

#### internet matters.org

# What are they doing online?

of six-year-olds are going online in their bedrooms<sup>1</sup>

of 10-year-olds have a social media profile<sup>2</sup>

44%



8 in 10 aged 5 to 15 regularly use YouTube to watch short clips or programmes<sup>2</sup>

 Internet Matters OL research 2016
Ofcom Children's and parents media use and attitudes 2017

# What challenges can they face?

It's the first time they are using technology, many independently. For children between 6 and 10, they are going online to play games or watch videos. This activity can quickly become very addictive.

As children get closer to 9 and 10, they are starting to engage online and socialise through games or through social media and they may come across potential risks when talking to others online such as cyberbullying.





# How do I get them prepared to deal with these challenges?

#### 1. Managing time online

 For very young children playing a fun game is like scratching an itch and it becomes very addictive



- Set screen-time limits for their devices to create a norm and set a good balance on and offline
- Explain why you're putting time-limits in place so they can understand the positive benefits for them

#### Use parental controls to create a safer space for kids to explore online

- Set parental and privacy settings on apps, sites and devices they use and adjust them as they grow
- Use a child-friendly search engine as the homepage and a family login for sites such as YouTube, which are popular with children at this age or use YouTube Kids
- This means they can explore in a safe space and build independence online

#### 3. Participation

 Get involved and show an interest in what they're doing online



 Play games with your child and find fun ways to interact to ensure they're using their time online in a productive way

- Getting involved at an early age will make it easier to engage with them as they develop their online identity
- Knowing about their habits online will allow you to feel comfortable to slowly bring down the safety wall as they get older

#### 4. Being a good digital citizen

- Talk to them about the importance of being a good digital citizen as soon as you can
- Talk to your child about what they value in real friendships



- Discuss kindness and how important it is be kind online
- Talk to them about steps they can take if something goes wrong or they feel someone has been treated unfairly
- Remind them that they can talk to an adult if they are concerned

#### 5. Be assertive - set digital boundaries

- At this age, children don't have the ability to self-regulate and need firm boundaries such as time limits
- Don't be afraid of being unpopular by saying 'no' when they are eager to get online if it is not appropriate - you are in control

Even with the right controls and settings, there's still a small chance children can stumble across something they shouldn't.



- Try and understand what they've seen or come across whether it's a comment on a video or a game
- Find out how they came across it and discuss how it made them feel
- Don't overreact, show your support and talk it through
- Depending on the situation seek advice from specialist organisation or your GP to give them the best chance to recover and regain their confidence