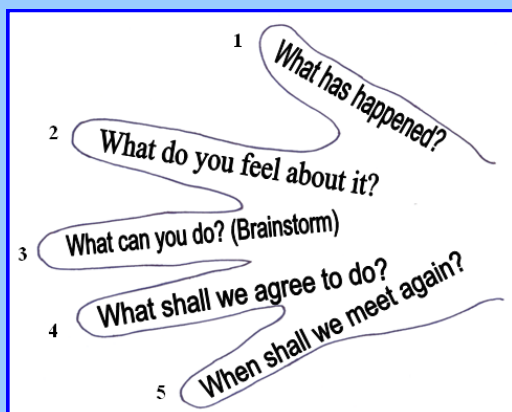


## Looking at Learning ~ Peer Mediation



Last week Yr5 and Yr6 pupils spent a morning learning how to be Peer Mediators. The peer mediation training, delivered by the Emmaus Group Peer Mediation Service teaches pupils essential conflict resolution skills that will be valuable not only here at Lighthorne Heath, but in all areas of their lives. During the morning, the children learnt a 5 stage process which enables them, in pairs, to use active listening skills to help others make their own decisions about how to solve their problems. Through lively, fun filled activities, the potential mediators were encouraged not to be bossy or give advice but to develop and use their listening skills to help other pupils. Our peer mediation programme fits in well with our whole school aims, to empower our pupils and promote ethos of listening, support and respect. As a result we have a more peaceful playground. Peer mediation also helps both our mediators and the children they support to build self-esteem and confidence in their own abilities. Staff are also freed up from dealing with the less serious, but still important, arguments between pupils to use their time more effectively.



### Rules

1. Talk only to us (Mediators)
2. Don't interrupt - let people finish before speaking
3. Don't try to upset each other
4. What we say stays with us