



## Lighthorne Heath Primary School Asthma Care Plan

All parents/carers of children with asthma are consequently sent an Asthma UK *School Asthma Card\** to give to their child's doctor or asthma nurse to complete. Parents/carers are asked to return them to the school. From this information the school keeps its asthma register, which is available to all school staff. *School Asthma Cards\** are then sent to parents/carers of children with asthma on an annual basis to update. Parents/carers are also asked to update or exchange the card for a new one if their child's medicines, or how much they take, changes during the year.

Child's name .....Date of Birth.....

Address.....

Telephone Number .....Mobile .....

Emergency contact number.....

GP Name ..... Telephone No.....

### Regular treatment to be given during school hours

Name of medication	Dosage	When to be taken

### Reliever medication to be given as required

Name of medication	Dosage	When to be taken

### Treatment to be taken before exercise

Name of medication	Dosage	When to be taken

### Asthma Triggers (if known)

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**\*Copy to School Nurse ..... (date)**

