

# Silent Disco

The children wore party clothes on Wednesday for our silent disco and were invited to bring in a 50p donation for charity. We raised almost £30 for Evelyn's Gift. This is to add to the fundraising total that Alex (Community Champion at Morrison's) is collecting on behalf of the charity. This local charity works to improve the lives of people in need through little acts of kindness and have previously offered support to members of our community in Lighthorne Heath. <https://evelynsgift.co.uk/>



UN Convention on the Rights of the Child

Article 15: Freedom of association

Article 29: Goals of education

Article 31: Leisure, play and culture







# Supersonic Lamb

We're so proud of all of the children for their wonderful performances in our 'Supersonic Lamb' Christmas nativity show.—they were all little stars! Thank you to all our lovely families for being a fantastic audience, and supporting the children.

# Nursery and Reception

This week Reception and Nursery have been learning about measuring. We read the story 'The Elves and the Shoemaker' and were impressed with how shoemakers handmade and measured shoes a long time ago. The children then worked together to put themselves in height order

from tallest to shortest. We then compared their heights and using language relating to length and height, such as tall, tallest, short and shortest. Outside, we used plastic crates to estimate how many crates tall they thought they might be. We also printed our handprints with paint to order these by size and used cubes to measure their length.



UN Convention on the Rights of the Child

Article 29: Goals of education





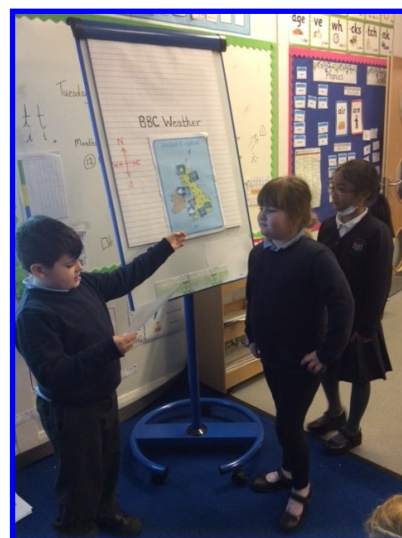
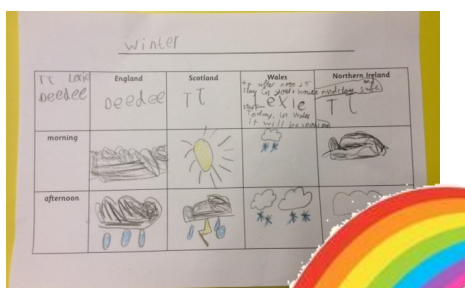
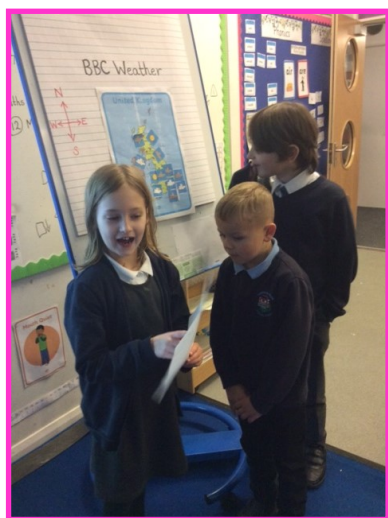


# Year 1/2/3



## Bring me sunshine...

This week the children have been learning to identify the four seasons and the types of weather each season brings. They watched a weather forecast and thought about the language used to report the weather as well as the use of the map and symbols. The children then worked in small groups to create a UK weather report based on a chosen season. Remembering the language from the video, they then presented their weather report to the class, who had to guess which season they had chosen.



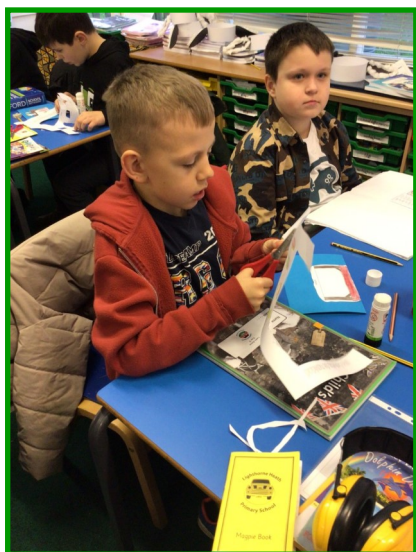
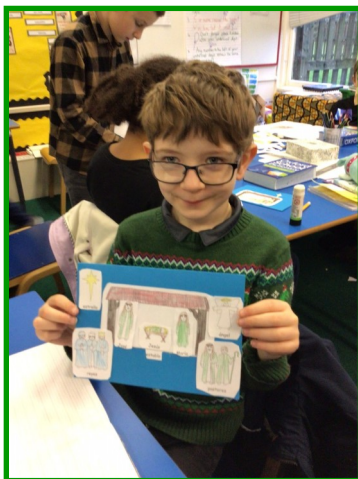


## Year 4/5/6

# Feliz Navidad



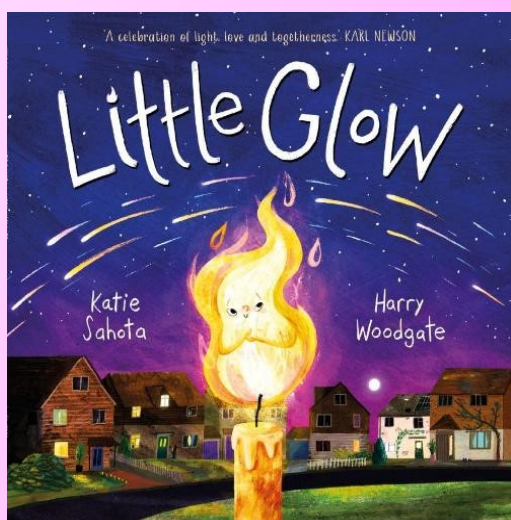
The children loved finding out about the different traditions that are enjoyed in Spain at Christmas time. They used their knowledge of Spanish colours to complete a festive scene of the 'Reyes Magos' what we know as the three kings from the nativity story. They learned that across Spain, people put up 'belenes' (nativity scenes) in preparation for Christmas. They can be seen around city centres and in peoples' homes. We learned some special nativity themed words and we made our own on cards ready for Navidad (Christmas.)





## Author Visit Little Glow

We were delighted to welcome Katie Sahota, local author of a beautiful story called 'Little Glow' to our school on Monday. She read her story to the children and then she asked questions to find out what their favourite part of the story was. The children then had the opportunity to ask her questions. A signed copy of the book has been added to every class book corner for all of the children to enjoy.



**"A celebration of light, love and togetherness, just when we need it most."**



## Selection Box Raffle

Children will soon have a chance of winning a delicious chocolatey treat for Christmas. We will be raffling Christmas selection boxes in assembly on Friday 17th December. If you would like your child to take part, please make a voluntary contribution of 50p via Parent Pay.

Good luck, everyone!

You've got to be in it to win it! Ho! Ho! Ho!



Yummy!



## Be a Super Star Reader!

Congratulations to Eldar for being this week's Super Star Reader! It's so wonderful that Eldar and other children at Lighthorne Heath are developing a passion for reading books! Stefan loved being our reading star last week!



UN Convention on the Rights of the Child



# Lighthorne Heath Learning Heroes



## Nursery and Reception

Mrs Hartley and Mrs Manley have chosen Archie this week as their hero. Archie has been working really hard at both home and school to practice his phonic blending. During guided reading, Archie showed great understanding of a story answering comprehension questions and he also drew a fantastic robot during guided drawing.



Have a go

## Year 1/2/3

Our hero for this week is TJ for his fantastic weather presenting skills this week. He included important location points e.g "in the north west it will be...", extra details e.g "the wind will be cold and blustery" and spoke directly to his audience. He also worked well to coordinate and encourage his team. Great work, TJ!

## Year 4/5/6

Mrs Cox's hero this week is Lathan. He has worked hard on his productivity in class, and I have been impressed with how much more work he has been completing- all of which has been to a high standard. He has worked hard, concentrated on each task, and kept improving as a result. Keep up the fantastic work Lathan!



Co-operate



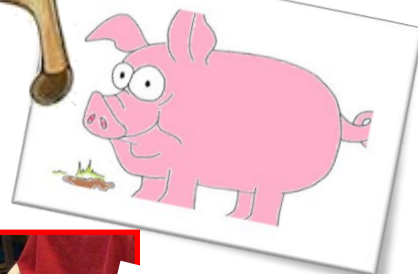
Persevere



Keep on improving



Use your imagination



Have a go



Concentrate



Be curious



Enjoy learning



## Other Information

Wednesday 8th December 2021	Whole School Silent Disco
Thursday 9th December 2021	Whole School Christmas Performance 'Supersonic Lamb' 2.00pm
Monday 13th December 2021	Christmas Dinner
Tuesday 14th December 2021	Year 5 and 6 Theatre Visit to the Royal Shakespeare Company to see 'The Magician's Elephant' at 7.15pm
Thursday 16th December 2021	Nursery, Reception and Year 1 Visit to Warwick Arts Centre to see 'The Very Hungry Christmas Caterpillar' at 1.30pm
Friday 17th December 2021	MUFTI Day—bring 50p to wear a festive outfit.
Friday 17th December 2021	Break up for Christmas Holidays
<b>Monday 20th December—Friday 31st December School Closed for Christmas holiday</b>	
<b>Monday 3rd January 2022 school closed for Bank Holiday</b>	
<b>Tuesday 4th January 2022 school closed for in-service (teacher) training</b>	
<b>School re-opens on Wednesday 5th January 2022</b>	
Thursday 10th March 2022	School Nurse Annual Health Needs Assessment Year 6
Thursday 10th March 2022	School Nurse National Child Measurement Programme Year 6 and Reception

We are very fortunate to work alongside many local organisations who support us to support our children. Mrs. Hendriksen, Mrs Manley and Mrs Westwood can be contacted at any time of the year by families in need of support and they will always do our very best to access help as quickly and discreetly as possible.

The festive period can be a particularly expensive time of year for many families.

Reverend Lynda Lilley and the congregation at St Laurence's Church, Lighthorne, are offering support to our families this year.

They have purchased a selection of new and packaged Christmas gifts to set up a 'pop up shop' at school. Parents of pupils in receipt of free school meals are invited to attend our shop and pick up a gift for each of your children. The children will not be involved in this process and the gifts can be from yourself or from Santa. This support is completely free and there is no cost.

The event is being held at school on Wednesday 15<sup>th</sup> December. Our pop up shop will be open between 9.30-10.30am.

If you would like to attend the event then please let us know by calling the school office. We are aware of a number of families who have a real need for this support at present so please bear this in mind when deciding whether to attend.

If you are attending the event, please bring your own carrier bag and wear a face covering.

**With best wishes from Mrs Westwood and all the staff at Lighthorne Heath.**





# MHST tips for wellness

## Learning

This week's theme is Learning.

Learning something new is important for both our minds and bodies. It can help our self-esteem and encourage us to take part in new experiences.

Try one, or both, of the below activities throughout this week.

- 1) Make a bucket list of things you would like to learn in the new year. It can be a new skill like drawing, or improving your existing skills, like getting better at a sport. Write these ideas down and stick them in your room or on the fridge so you always have a reminder.
- 2) Try and identify a physical activity you would like to learn. Physical activities can help our physical and mental well-being. Commit to learning a new physical skill, for example a dance routine or swimming.

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.



UN Convention on the Rights of the Child

Article 24: Health and Health Services



## MHST tips for wellness

# Motivation

This week's theme is Motivation.

Sometimes it can be hard to stay motivated. We might feel tired, or like we just can't be bothered today. But when we accomplish our goals or complete a task, we might feel a little boost. Sometimes we just need the motivation to get going.

Try one, or both, of the below activities throughout this week.

1) Work with your teacher or family to set some goals for this week. Write them down and keep them in a visible place. For example, the goal might be to read for 15 minutes each night, or to help with chores around the house. You can use [this calendar](#) to help you plan your tasks for the week.

2) To keep you motivated, think of some rewards for yourself. These can be as simple as watching a show you like after you have done your homework, or going out with your friends after you have walked the dog.

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

**Useful dates for November:**  
2nd-7th National Grief Awareness Day



## Spring Term Clubs



### Onside Extra Curricular Clubs Lighthorne Primary School Spring Term 2022

Book online – [www.onsidecoaching.co.uk](http://www.onsidecoaching.co.uk)

#### Wednesday: Active Sports – (Years 1-6)

**Active Sports:** Introducing children to a wide range of sports and games. Children will develop their sports skills and co-ordination, as well as learning about team-play and developing their social skills. In addition to providing an opportunity to learn new games, multisport is also a great way to exercise and keep fit. Games will include Cricket, Basketball, Tennis, Dodgeball, Handball, Hockey, Tag Games, Rounders and many more.

#### Dates and Times

All clubs will start straight after school until 4pm.

Term	Day	Club	Start Date	End Date	No. of weeks	Price per week	Total Cost
Autumn	Wednesday	Sports	12 <sup>th</sup> Jan	9 <sup>th</sup> Feb	5	£4	£20

#### What will children need?

Children will require suitable clothing or PE kit and suitable footwear such as trainers. Children should have a refillable water bottle available for the after-school clubs.

#### How to book

Please book online at [www.onsidecoaching.co.uk](http://www.onsidecoaching.co.uk) – choosing the **Central Warwickshire Team**. This ensures that we have all the necessary details on our club register, which is essential for the safeguarding of the children in our care.

Please ensure you have booked your place online before your child attends the club



UN Convention on the Rights of the Child

Article 15: Freedom of association

Article 29: Goals of education

Article 31: Leisure, play and culture

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# 360safe Online Safety Ambassadors

Our fantastic Online Safety Ambassadors, Demii, Tyler and Ben are working with staff to review our online safety polices and to continue to develop our good practice. They are planning innovative and aspirational activities which involve our whole school community.

Congratulations to Demii, Tyler and Ben for planning such an informative assembly and delivering such important messages with such clarity. There are lots of fun and interesting things you can do on the internet and it can be a great way to stay in touch with friends, but it's important to understand how to stay safe online. Here are 5 things you can do to get help if things go wrong:

1. Talk to an adult you trust, like a member of your family or a teacher in school.
2. Report bullying and abuse directly to website or app.
3. Delete things that you've shared that you're worried about.
4. Make a report to CEOP if someone is threatening you.
5. Plan for the future and change your privacy settings so that it doesn't happen again.



internet  
matters.org

## Online safety tips for parents of primary school children 6-10 Year Olds



### Checklist:

#### Agree on boundaries

**Be clear about what your child can and can't do online** – where and when they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

When you do give them their first device make sure that it is set up appropriately for them with the right parental controls in place. It's a good idea to **introduce tech-free meal times** and encourage them to **keep phones out of the bedroom at night** to help them build a healthy screen time balance.

#### Put yourself in control

**Set parental controls on your home broadband and any internet-enabled devices.** Set up a user account for your child on the main device they use and make sure other accounts in the household are password-protected so that younger children can't access them by accident.

#### Explore together

The best way to support your child online is to **talk to them about what they do online** and what sites and apps they like to use. Be inquisitive and ask them to show you their favourites to check they're suitable.





## Search safely

If you let your child search independently, **make sure safe search is activated on Google and other search engines**, as well as restricted mode on YouTube. You can set your default search to one designed specifically for children, such as Swiggle, and can save time by adding these to your Favourites.

## Check if it's suitable

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. **For example, the minimum age limit is 13 for several social networking sites**, including Facebook, Instagram, Snapchat and TikTok.

Make use of platforms and services designed with children in mind like CBBC, YouTube Kids, Sky Kids, BBC iPlayerKids. Although sites aimed at under-10s like Spotlite (Formerly Kudos) also have social networking elements. See other similar social networking sites built for kids in our ["Social networks made for kids" guide](#).

## Stay involved

**Encourage them to use their tech devices in a shared space** like the lounge or kitchen so you can keep an eye on how they're using the internet and also share in their enjoyment.

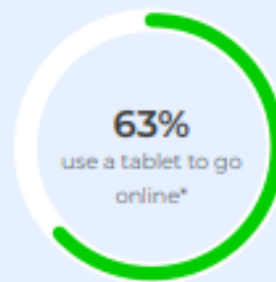
## Talk to siblings

It's a good idea to talk to any older children about what they're doing online and what they show to younger children. **Encourage them to be responsible and help keep their younger siblings safe.**



## Know this stuff matters, but don't know where to turn?

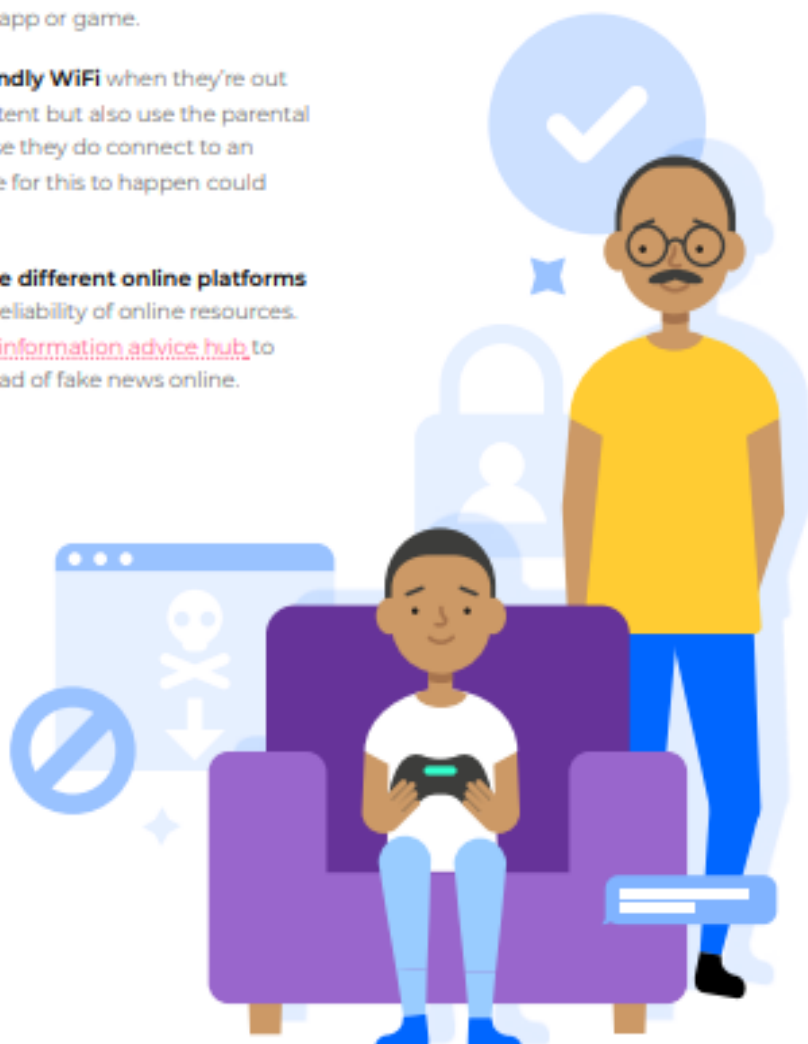
Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big online safety issues.



\*Source: Ofcom Children and parents: Media use and attitudes report 2019

## Learn about it: Teach your child some simple rules

- Make sure your child knows **not to share personal information** like their phone number or email address online.
- Encourage them to **only talk to real-life friends or family** if they are on sites with a social media or chat element like Roblox.
- **Use privacy settings** wherever they exist to keep their information private - help your child to set these up. Remember that the default on many sites is public.
- **Be a good online friend** and don't say nasty things even if it's just a joke.
- Direct them to use **secure and legal sites to download** music and games to avoid experiencing the risks associated with streaming content from unauthorised sites. Visit our ['Dangers of digital piracy' advice hub](#) more advice.
- Advise them to **Check attachments and pop-ups for viruses** before they click or download anything and ask if they aren't sure. You can set up their phone/tablet so you need to grant permission before they are able to download an app or game.
- **Encourage them to use Public Friendly WiFi** when they're out and about to filter inappropriate content but also use the parental control tools on the device just in case they do connect to an unfiltered WiFi - the most likely place for this to happen could be at a friend's house.
- **Help them to better understand the different online platforms they use** and judge the quality and reliability of online resources. Take a look at our [fake news and misinformation advice hub](#) to help children spot, and stop the spread of fake news online.





## Talk about it: Tips for a meaningful conversation

- Start conversations when your children won't be embarrassed, for example in the car going home from school. **Try to de-personalise it by asking their opinion on a current news story** that relates to an online issue.
- **Be proactive - don't wait until something has already gone wrong** - discuss issues ahead of time - knowing what children of a similar age are doing will help you know more about the environment that your child is living in.
- **Ask them for advice on how to do something online** and use this as a conversation starter.
- Make sure they know they can come to you if they're upset by something they've seen online - **listen to them when they do and try not to overreact** - the important thing is that they have come and told you!
- **Be sensitive and praise them** when they share their online experiences with you.
- If your child comes to you with an issue, **stay calm and listen without judging them.**
- **Talk about online grooming as you would stranger danger** and explain that people they meet online might not be who they say they are.
- Ask them about things online which **might make them (or others) uncomfortable.**



## Deal with it

You can find out where to get help and advice on the [Report issue](#) resource page of [internetmatters.org](#), where we include information on how to report problems – and which relevant organisations and agencies to turn to.

On this page, we also provide information on how to deal with any specific issues you may encounter with your child; such as finding inappropriate content and cyberbullying.

## Stay safe at secondary school

Exposure to some of these issues increases when children move up to secondary school so make sure your child is prepared – find out more with our pre-teens age guide at [internetmatters.org/ageguide10-13](#).

Visit [internetmatters.org](#) for more advice



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# Reading Miles Global Challenge

It is now week 3 of our Reading Miles Global Challenge. It has been great to hear that so many children are choosing to read at home more regularly so that they can travel around the world.



Mrs Hartley's journey so far...

I'm so close to Rio de Janeiro!

I managed to read every evening before bed. I find it really relaxes me and I enjoy the way books take me to a different world. How are you getting on?



Happy reading, everyone! Mrs Hartley



UN Convention on the Rights of the Child

Article 29: Goals of Education





## Christmas holiday club

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We Wish You  
An Active Christmas

Ages 5-11

W Warwick

Active Kids and Dance courses available this holiday



20th - 23rd  
December  
8.30 - 4.30

**£20** per day or **4 DAYS** for only **£72**

WE ACCEPT CHILDCARE VOUCHERS  
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For more info or to book visit [onsidecoaching.co.uk](https://onsidecoaching.co.uk)

## Christmas holiday club

### Christmas Multi Activity Camp!

**Daily Monday 20th to Thursday 23rd December**

**ACTIVITIES! SPORT! ART! CRAFTS! - For Primary Aged Children**

brought to you by SKILLS and MORE... a Career Seekers Direct (based in Hatton) initiative

Also supporting the HAF Programme as an authorised provider by  
Warwickshire County Council



**Central Ajax Football Club**

Hampton Road, Warwick, CV35 8HA

### Ready For Some Christmas Fun?!

Join our **Multi-Activity Camp** based at **Central Ajax Football Club** during the Christmas school term break for a Christmas to remember!

Our camp is for primary children and young people **aged 4 - 12**, led by our team of experienced leaders and have something for everyone - multi sports, football, games, drama, Lego Club, arts & craft and much, much more!

Children will make friends, keep active and have loads of fun in a safe environment.

Adults - you get some pre-Christmas time while we look after your children!

Our camp runs from Monday 20th to Thursday 23rd of December from 9am - 5pm

**"HALF-DAY" RATE - £15**

9am - 1pm (including lunch) or

1pm- 5pm (including early tea)

Healthy snacks and refreshments included!

Sibling rates £15 full day / £10 half day

**Payment required at time of booking**

Queries to :

hello@skillsandmore.co.uk



**Only  
£25  
per full day  
inc. meals, snacks &  
drinks!**

Visit [www.skillsandmore.co.uk](http://www.skillsandmore.co.uk) - 'Christmas 2021 Multi-Activity Camp' TO BOOK  
[www.skillsandmore.co.uk/haf-programme](http://www.skillsandmore.co.uk/haf-programme) For HAF Bookings (with code)



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## Understanding Your Child's Behaviour

**A FREE 2-hour workshop for parents and carers  
being held at:**

**Lighthorne Heath Children and Family Centre  
Stratford Road, CV33 9TW  
Monday 24th January 2022 12:30-2:30p.m.**

Being a parent is exciting and rewarding but there are also times when children behave in ways that are challenging. This 2-hour interactive workshop looks at some of the reasons children behave the way they do and offers insight and strategies to help guide their behaviour.



Limited places available



To book a place please scan the QR code  
or email

[anneparker@warwickshire.gov.uk](mailto:anneparker@warwickshire.gov.uk)

[michellewallace@warwickshire.gov.uk](mailto:michellewallace@warwickshire.gov.uk)

