Newsletter 13

Friday 15th December 2023



01926 640326





## Nursery and Reception

### LONG AGO

This week, Reception have been learning the story of The Little Red Hen. In our version of the story, The Little Red Hen takes her corn to the windmill to be ground into flour. We have spent time exploring different types of mills including water and windmills which were a common way to make flour in the past. The children then had a go at using a pestle and mortar to grind pearl barley. It was really tough and the children needed strong muscles but we managed to make some flour.





































Learning

OORING

The children in Years 1 and 2 created decorations this week for The Leamington Christmas Tree Festival.

Inspired by our exciting theatre trip to watch 'The Gruffalo' at Warwick Art's Centre, the children in Year 1 designed a stocking for their favourite Gruffalo story character while the Year 2 children created a Gruffalo bauble using oil pastels. They wrote about their favourite part of the story on the reverse.

The class worked as a team to create a long paper chain snake which represented the classes' favourite character. Isiah and Niha were selected to decorate the tree, which can be viewed in All Saints Parish church alongside many other trees decorated by school children across the Leamington area (please see the attached flyer for details.) We are really thrilled with the finished result, well done to all the children involved.

UN Convention on the Rights of the Child

Article 29: Goals of education

## Year 1 & 2





















## Year 1 & 2









包徒

OORING

**ROYAL LEAMINGTON SPA** 

### CHRISTMAS TREE FESTIVAL 2023

**All Saints' Parish Church** 

Sat 9\* - Sun 17 Dec

2-6pm (weekdays) 12-6pm (weekends)

\* open 12-3pm for our relaxed session

Adults £2 - Under 16s free







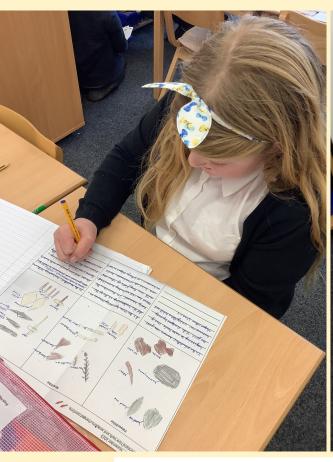
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## Year 314

During Years 3 and Year 4's history lesson, the children investigated the evolution of Stone Age tools and weapons over that period of time. They began the lesson with a brief discussion about the significance of tools in daily life. Subsequently, we revisited the three primary periods—Palaeolithic, Mesolithic, and Neolithic. The children examined images of various tools and weapons, conducting research to answer questions about their purpose and evolution.

During this exploration, we engaged in discussions about the nature of these tools, the materials from which they were crafted, and their individual functionalities. Following the discussion, the children showcased their understanding by drawing examples of tools used in different periods. In these illustrations, they briefly explained how these tools evolved over time.







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**UN** Convention

on the Rights of the Child

Article 29: Goals of education

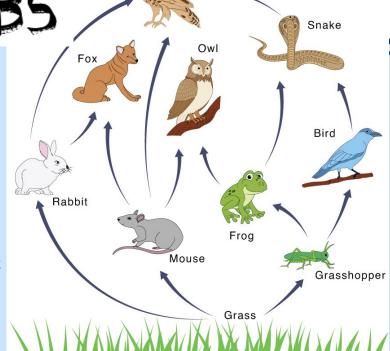




This week in 5/6 we have been learning about food webs and food chains.

A food chain is a sequence of feeding relationships between organisms.

A food web is where these different chains link together.



We recapped on our knowledge of following science vocabulary:

<u>**Producers**</u>— Organisms that provide food for other organisms. Producers make their own food through the process of photosynthesis

**Consumers** – Animals that eat other animals of plants

**Predators**— Animals that hunt and eat other animals

<u>**Herbivore**</u>— A consumer (animal) that only eats plants.

<u>Carnivore</u>— A consumer that only eats other animals

**Omnivore**— An animal that eats both plants and meat (other animals)

<u>Habitat</u>— The natural home of an animal or plant where they can find shelter, food and reproduce

**<u>Prey</u>**— The animal that gets hunted and eaten by another animal



Rights of the Child

UN Convention on the







We discussed how if an organism is removed from the food chain, it spoils the flow of energy and nutrients in the ecosystem. It disrupts the balance of the food chain. As a result, the organisms which depend on others for food will die due to starvation.

We added the sun into our food chain as a Primary Source of energy.











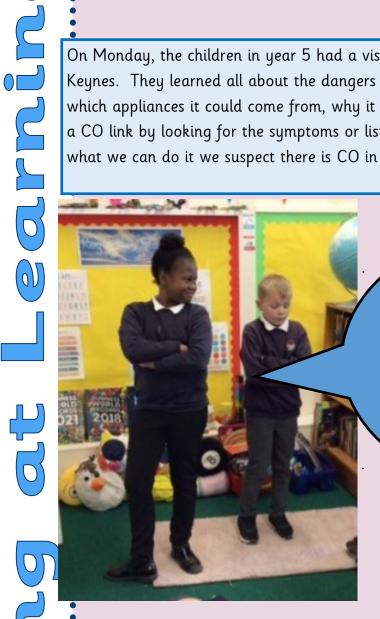
Unicef UNITED KINGDOM
RIGHTS
RESPECTING
SCHOOLS



### RBON MONOXIDE WORKSHOP



On Monday, the children in year 5 had a visitor from The Safety Centre in Milton Keynes. They learned all about the dangers of carbon monoxide (CO). They learned which appliances it could come from, why it is dangerous, how to spot that there may be a CO link by looking for the symptoms or listening for a CO alarm (if you have one) and what we can do it we suspect there is CO in our homes.



You can't SEE it, HEAR it, SMELL it, TOUCH it or TASTE it.

The only way to know is by having a CO alarm in your home.



#### **HOW TO STAY SAFE**

If you suspect that you may have a carbon monoxide leak, you should call the National Gas Emergency number on 0800 111 999. And/or consult a doctor?



Confusion





Collapse







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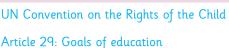




Dizziness

Tiredness

Stomach pains 🔒







# Active Kids Active Kids Christmas!



Wednesday 3rd & Thursday 4th

JANUARY 2024



CHRISTMAS HOLIDAYS

HEALTHY LUNCH PROVIDED

**FREE** 

places available for eligible families



LH) Lighthorne Heath Primary School

Stratford Road, Lighthorne Heath, Leamington Spa, Warwickshire CV33 9TW

For more information go to

haf.onsidelive.co.uk





### Understanding Children's **Behaviour**

A FREE 2-hour workshop for parents and carers in Warwickshire / Lighthorn Heath Primary

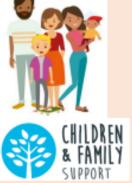
Being a parent is exciting and rewarding but there are also times when they behave in ways that challenge.

This two-hour interactive workshop for parents and carers looks at some of the reasons children behave the way that they do and offers insight and strategies to parents to help guide behaviour.

**Lighthorn Heath Primary School,** Stratford Road Lighthorn Heath, CV33 9TW Friday January 26<sup>th</sup> 2024 9.30am- 11.30am

To check availability and book a place, please contact ehparenttrainers@warwickshire.gov.uk





ehparenttrainers@warwickshire.gov.uk

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18 Article 18 Parental responsibilities





## ighthorne Heath Learning Heroes

Nursery & Reception

Mrs Manley and Mrs Hartley have chosen Leroy as their learning hero this week because he has shown great enthusiasm for our focus topic on The Little Red Hen. Leroy chose to create his own story map with some amazing drawings and he used his phonic knowledge to label the pictures. Well done Leroy!



Co-operate

Persevere

Years 1 & 2

Our hero this week is Aurora who joined our class on Tuesday. She has amazed us already with her fabulous writing, concentration and her hard-working attitude. Aurora is also kind and polite and it's been a pleasure to welcome her into our class team.



Years 3 & 4

Miss Singh has chosen Mateusz as this week's hero for producing fantastic home learning work and consistently completing it with enthusiasm. Additionally, for his well-written and Keep on improving

Exc humorous diary based on the story "Stone Age Boy." Excellent use of vocabulary. Well done!



Years 5 & 6

My hero this week is Malaya. She has worked hard in all her lessons and been a fantastic addition to the class. She showed brilliant team-work when working in a group during our science lesson on food webs and we are really pleased to Use your imagination welcome her to 5/6 class.



Enjoy learning







## **Emotional Wellbeing and Mental Health**





## Mental Health in Schools Team (MHST) Tips For Wellness:

#### **BOUNCING BACK**

Bouncing back is all about 'having another go' after we are faced with challenges, this is also called **resilience!** We will all need to bounce back at times, so it is important to maintain a growth mindset and practise how we can be more resilient.

#### Our tips for bouncing back:

1- Watch this short video on 'bouncebackability' and how to build resilience. Scan the QR code to load the video and other lesson resources.



2- Practise problem solving as a strategy to overcome practical difficulties and help you bounce back! Follow the steps below:

1.What is the problem?
2.How does it make you feel?
3.What are the possible solutions?
4.What are the positives and negatives of each solution?
5.Select the best solution and make a plan to try out!

- 3- Think about a time when you have faced a challenge in the past...how did you overcome it? Would you do anything differently if you came across the same challenge again? You could discuss this with a friend to share ideas.
- 4- Build your support network. Having people that you trust around you through difficult times can help you to bounce back! Try to share how you are feeling with friends, family, teachers and other trusted adults in your life.

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.





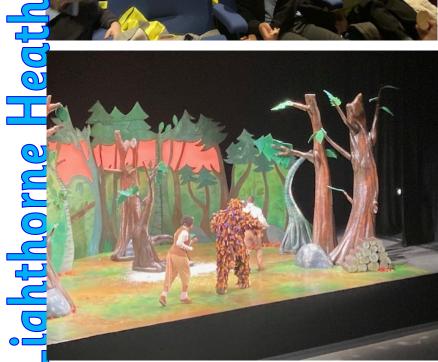
## GRUFFALO

BASED ON THE PICTURE BOOK BY
JULIA DONALDSON AND AXEL SCHEFFLER

Early Years and KS1 enjoyed a wonderful trip to Warwick Arts Centre to watch the charming performance of The Gruffalo on Monday. The children were all super sensible and thoroughly enjoyed the show! Thank you to all of our volunteer helpers on the day.















Unfortunately, we still have an unacceptable number of pupils for whom attendance and punctuality is causing concern.

Our school monitoring records show a clear correlation between children with poor attendance and those that do not make the academic progress that we aim for.

Children should be in school every day (the school day begins at 8.55am and they should be ready to enter the classroom at this time).

Children should attend school <u>every day</u> and should still attend if they feel tired or are a little 'under the weather'. Sibling and family illness is not an acceptable reason for absence. For more serious or contagious illnesses (vomiting bugs, diarrhoea, chicken pox etc.) then any absence from school should be reported (by telephone or email) to the school office.











Persistent
Absentee
(Not fair on your child)

#### ABSENCE = LOST OPPORTUNITY



#### Did You Know...?

If Your Child's Attendance During the School Year	Your Child Would Have Lost Approximately	or They Would Have Missed Approximately
was 95%	9 Days from School	50 Lessons
was 90%	<b>19 Days from School</b>	100 Lessons
was 85%	29 Days from School	150 Lessons
was 80%	38 Days from School	200 Lessons
was 75%	48 Days from School	250 Lessons

**Getting Your Child to School Really Matters** 







## Community Pop Up

Tuesday 19 December 2 to 4pm Outside Lighthorne Heath Primary School



Come and meet our Thriving Communities team and find out about our free Better Days support. Whether it's managing your money, trying something new, employment support or improving your digital skills and your overall wellbeing – we're here to help. We've also got increased cost of living advice too!



## Community Pop Up

Tuesday 19 December 2 to 4pm Outside Lighthorne Heath Primary School







## Diary Dates



**SCHOOLS** 

December		
*Monday 18th December	School Christmas lunch	
*Friday 22nd December	Christmas Jumper day	
Monday 25 December	Christmas Holiday	
2023 to Monday 8th	School returns on Tuesday 9th January	
January 2024		



With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School. unicef 🥨



Lighthorne Hears



## Spring Workshops

WEEKEND SINGING AND SONGWRITING **SESSIONS FOR CHILDREN AGED 6+ AND** YOUNG PEOPLE AGED 16-23 IN WARWICK

#### SPRING DATES

Saturday 20th January 2pm to 5pm Saturday 3rd February 2pm to 5pm Sunday 10th March 2pm

#### **CONCERT SUN 10th MARCH 4pm**

APPLY HERE: www.bit.ly/WYCjoinus

Support and mentoring is available at our workshop sessions for those entering our **You Can Sing Competition 2024** 











All funds raised will be donated to Katharine House Hospice

## HAF

For Children aged 5-11 years

Barnardo's Warwickshire **Children and Family Centres** 

A coordination of services for families with children aged 0-19 and up to age 25 with SEND

#### **Comic-Art Wellbeing Workshop Day**

**Tuesday 2nd January** 11am-3pm

Join us at Lillington Children and Family Centre for a fun, artsy day where children can create their own superhero and then make a comic strip starring that hero!

You can request your HAF code from Warwickshire HAF Team HAFPROGRAMME@WARWICKSHIRE.GOV.UK or using the online form at https://tinyurl.com/ykcw2n9j

To book, please go to our Eventbrite page or scan the code: https://warwickdistrictcfc.eventbrite.com For more information email: warwickdistrictcfc@barnardos.org.uk Call: 01926 887597 (option 1







