



Newsletter 13

Friday 16th December 2022



01926 640326



admin2064@welearn365.com



A big thank you to Miss Harrington for cooking and to all staff for serving the children a delicious Christmas dinner on Monday.

Much fun was had by everyone and the children showed impeccable manners.



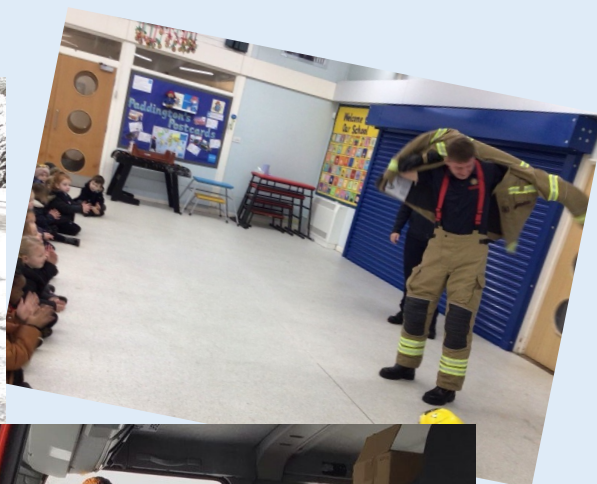
UN Convention on the Rights of the Child

Article 29: Goals of education

Nursery and Reception



This week we were excited to welcome the local Fire Service for a visit to school. They explained to the children all the different ways that they help people and showed them how quickly they are expected to put on the protective equipment to respond to an emergency. We also got to pay a snowy visit outside to the fire engine where we got to see where everything is stored. The children all had a turn at sitting in the fire engine and as they left, they put on the lights and sirens which were so noisy!



Year 3/4

The children in Years 3 and 4 enjoyed a history lesson with a cookery theme this week. The children learned about the food and diet of the Romans and Celts. They made a list of the types of food eaten that were eaten by each community.

The children discovered that the Celt's diet would have included oats, vegetables, fish and meat, and the Roman diet would have included honey, meat, fish, dormice and flamingo tongue.

The children researched an ancient Celtic recipe and one ancient Roman recipe and compared them. We noticed that the Celts liked to keep a healthy diet, whilst the Romans preferred to sweeten their treats.

The class was then split into two groups. Group 1 had a go at baking the Celtic Oatcakes, and Group 2 had a go at baking the Roman Honey Biscuits. Once the biscuits and oatcakes had been baked and cooled, the children tasted the treats, and voted for their favourite. The Roman Honey Biscuit was the most popular, winning 15 to 3. The children learned how to read instructions, how to weigh ingredients, and how to prepare and bake tasty biscuits.



Year 5/6



The children in years 5 and 6 have used their geographical knowledge to inform their creation of seasons calendars this week.

In geography lessons, they have learned to describe and understand key aspects of physical geography including climates and weather.

The calendars show a tree for each season. The children used their fingers to add in the relevant leaves, blossom or snow depending on the season they were representing.



Lighthorne Heath Learning Heroes

Children in Years R-6 performed their show, 'The Most Magical Place of All' to family members and members of the school community on Thursday 15th December. I'm sure that you will agree, It was a spectacular performance.

Mrs Manley has decided to declare every child a Lighthorne Heath Hero this week and has rewarded everyone with a festive movie morning today.

Thank you to all of our families and to all school staff for your support from organising costumes, helping with practising lines, offering words of encouragement and your presence on the day.



A big shout out to India and Pharell for organising the cake sale. They have raised over £100 towards playground games.

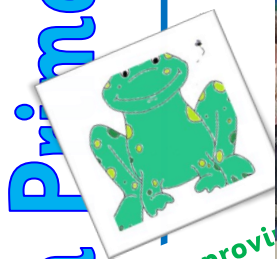
ttter



Co-operate



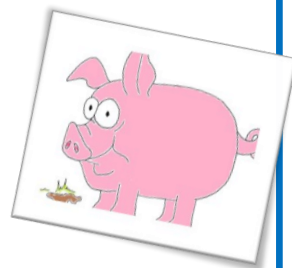
Persevere



Keep on improving



Use your



Have a go



Concentrate



Enjoy

Emotional Wellbeing and Mental Health

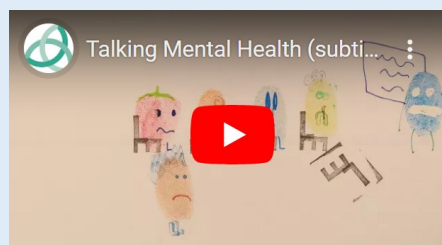


TALKING MENTAL HEALTH

Talking Mental Health is an animation designed to help begin conversations about mental health. The animation has been created by a team of animators, children, teachers and clinicians and is aimed at children aged 9-12

www.annafreud.org/schools-and-colleges/resources/talking-mental-health-animation-teacher-toolkit/

The animation covers how to talk about mental health, who to ask for help and how to be a good listener if others are in need of support.



The Huge Bag of Worries by Virginia Ironside is a children's book that talks about different feelings and encourages children to verbalise their worries, fears and anxieties. Naming a worry or concern and talking about it can help.

You can find a reading of the book here: <https://www.youtube.com/watch?v=FoPi3eH6Jrc>

After reading the book you could talk to your child about any worries that they have in order to develop their emotional literacy.

