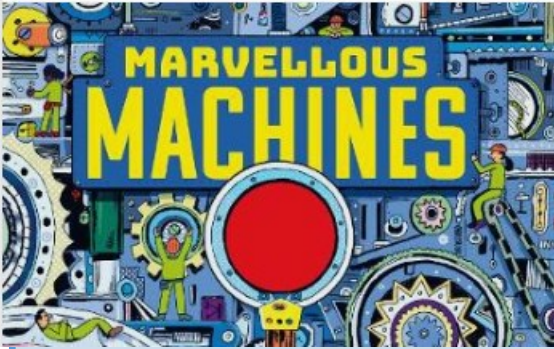




## Nursery and Reception



As part of our Marvellous Machines topic, this week the children explored similarities between machines in their lives today and those used in the past.

They looked at a range of machines from the past and their modern day equivalent, for example a washing mangle and a modern washing machine.

They then had a go at a 'then and now' activity. The children were set the challenge of making bubbles using washing up liquid and water using a balloon hand whisk, a hand rotary whisk and a modern electric whisk.

They found that the electric whisk made the bubble very quickly! It was so exciting testing the different equipment.







**Attend Today, Achieve Tomorrow**

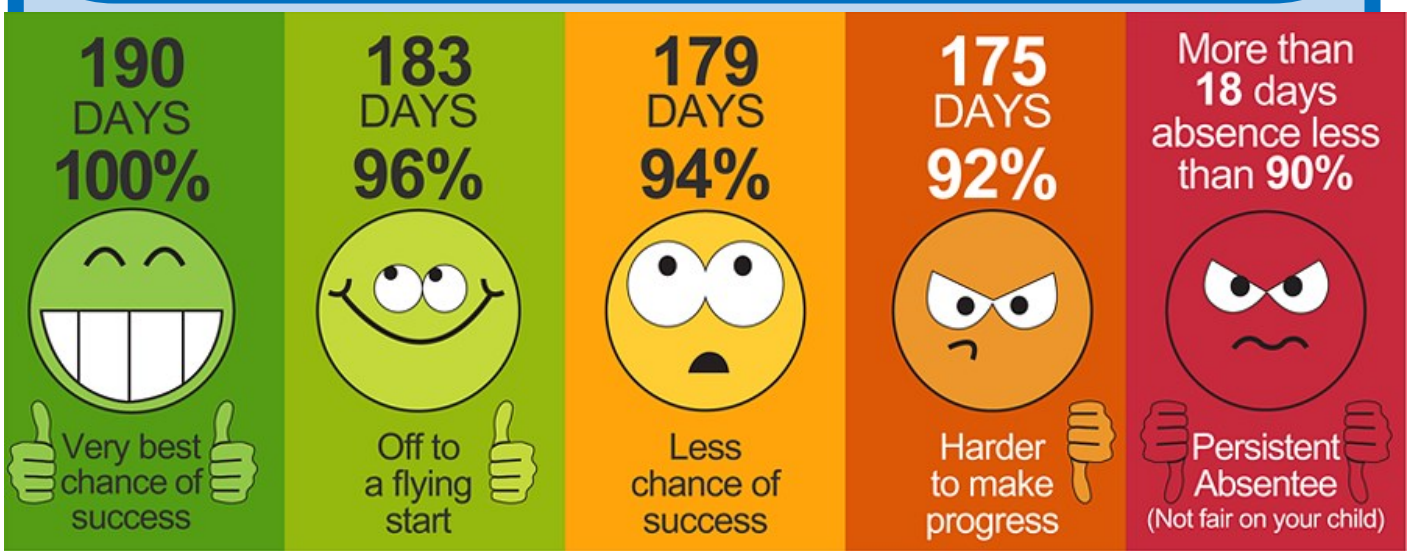
# Attendance Matters

Unfortunately, we still have an unacceptable number of pupils for whom attendance and punctuality is causing concern.

Our school monitoring records show a clear correlation between children with poor attendance and those that do not make the academic progress that we aim for.

Children should be in school every day (the school day begins at 8.55am and they should be ready to enter the classroom at this time).

Children should attend school every day and should still attend if they feel tired or are a little 'under the weather'. Sibling and family illness is not an acceptable reason for absence. For more serious or contagious illnesses (vomiting bugs, diarrhoea, chicken pox etc.) then any absence from school should be reported (by telephone or email) to the school office.



## ABSENCE = LOST OPPORTUNITY



### Did You Know... ?

If Your Child's Attendance During the School Year...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
was 95%	9 Days from School	50 Lessons
was 90%	19 Days from School	100 Lessons
was 85%	29 Days from School	150 Lessons
was 80%	38 Days from School	200 Lessons
was 75%	48 Days from School	250 Lessons

**Getting Your Child to School Really Matters**

## FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

### So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: [freemeals@warwickshire.gov.uk](mailto:freemeals@warwickshire.gov.uk) or call 01926 359189



If you think you may be eligible for benefits selected free school meals then please let us know even if your child gets a Universal Infant Free School Meal.

Mrs Hendriksen and Mrs Manley are able to help families to make this application if you require support.



### Eligibility for benefits-related free school meals (FSM)

Families who receive the following are eligible for free school meals:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)



# Year 1 & 2



We turned our classroom into a red London Bus and went on a sightseeing tour of the city. All of the children were really excited to see Buckingham Palace, The London Eye and Big Ben in the Queen Elizabeth Tower. The children checked off the different sights that they had seen on their checklists as we travelled



We saw the Royal Guards standing outside Buckingham Palace. They were dressed in red and black and stood in little sheds.

John

There were lots of red buses and black taxi's in London. It was very bust with people everywhere!

Summer



# LONDON





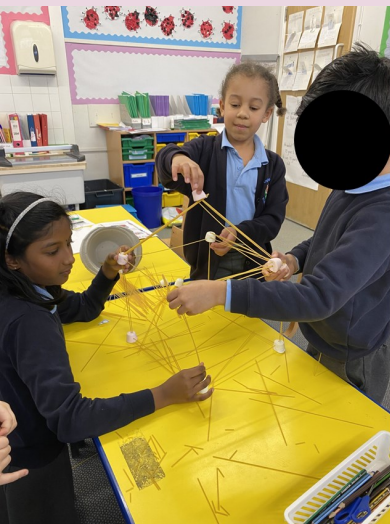
# Year 1 & 2



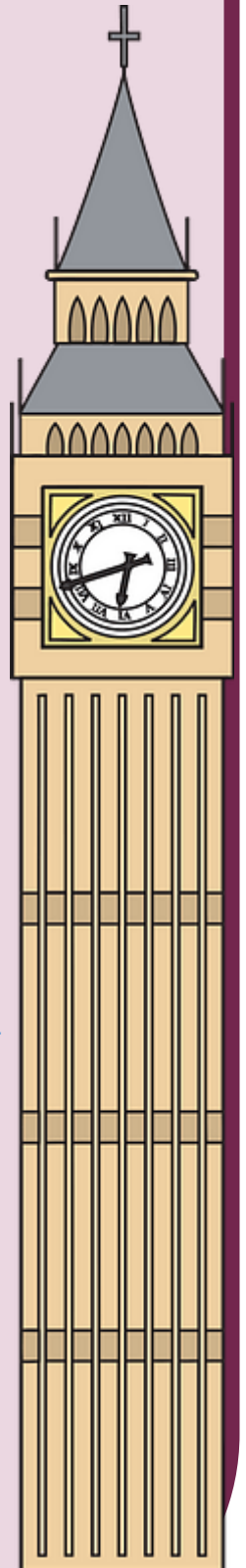
The children were really excited to see Queen Elizabeth's Tower, the home of Big Ben. As part of their D&T learning, related to structures, they tried to make models of the tower using spaghetti and marshmallows.



All of the children showed great resilience as it wasn't an easy task! Lots of the towers kept falling down but all of the children demonstrated wonderful problem solving skills, thinking about how to improve their designs and have another go.



After evaluating their learning, the children decided they needed to use smaller marshmallows to act as the glue and more strands of spaghetti in each beam. Wish us luck with our next construction challenge, we will keep you posted with our progress!

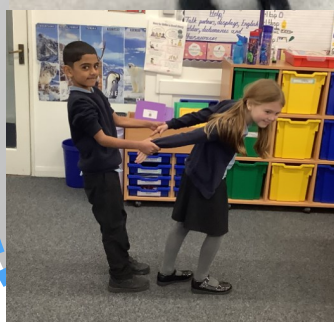






In science, the learning objective for Years 3 and 4 was to identify forces acting on objects. We initiated the exploration by discussing the essence of a force: 'A force is a push or pull acting on an object as a result of the object's interaction with another object. Forces can make objects stop or start moving.' Following this, we examined various examples of pushing and pulling forces, such as the rower pulls the oar and the runner's feet push off the ground. Subsequently, the children were encouraged to generate their own examples.

Once we compiled an extensive list of actions, the children collaborated with a partner to create a freeze-frame depicting one of the actions. After gaining confidence in their portrayal, they presented their freeze-frames to the rest of the class. The class then reflected on whether the scenarios demonstrated a pushing force or a pulling force. Towards the end of the lesson, the children utilised a variety of PE equipment, including hoops, balls, ropes, and bats, to actively explore forces through activities such as hitting, kicking, throwing, bouncing, pulling, pushing, spinning, and rolling. The children invented pairs games, identifying the forces at play in their own games.



# PHARAOHS

5/6

## hieroglyphs

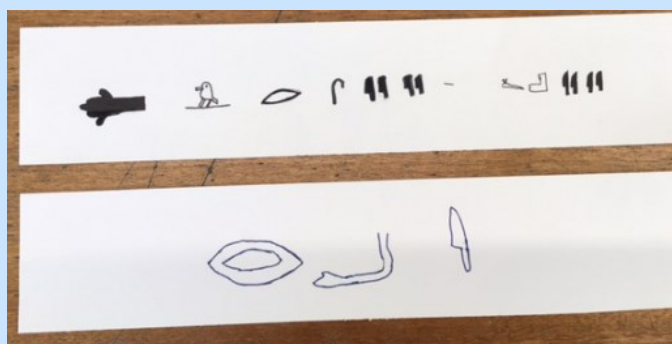


This week in 5/6 we have been learning about the Ancient Egyptian writing system of Hieroglyphics. They invented one of the earliest known writing systems used from around 3000 BC.

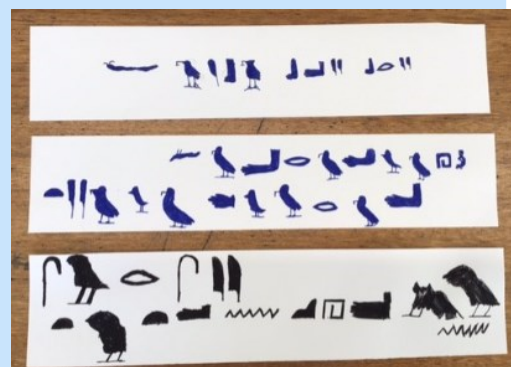
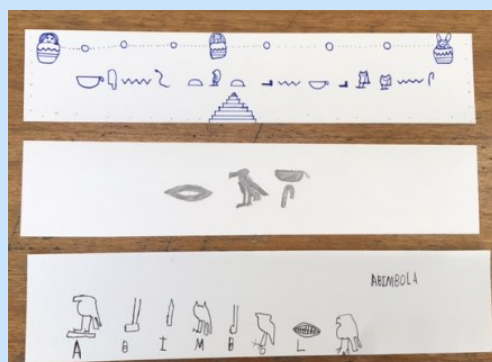
The symbols they used were called hieroglyphs, which comes from a Greek word meaning 'sacred carving'. The ancient Egyptians believed that hieroglyphs had been invented by the Gods.

In Ancient Egypt, the people who wrote hieroglyphs were called scribes. A scribe had to go to a special school because it was very complicated. Hieroglyphs included around 700 different signs of objects and animals.

The Ancient Egyptians wrote the names of their Gods and royal people in an oval shape called a cartouche. The oval shape represents a rope with special powers to ward off evil spirits and keep the name inside it safe. The children created their own name plates using an alphabet chart to help them.



A	Bird	H	Snake	N	Wavy line	U	Bird
B	Snake	I	Snake	O	Snake	V	Snake
C	Snake or P	J	Snake	P	Snake	W	Bird
D	Snake	K	Snake	Q	Snake	X	Snake
E	Snake or W or Q			R	Snake	Y	Snake or W
F	Snake	L	Snake	S	Snake	Z	Snake
G	Snake	M	Bird	T	Snake	SH	Snake





# Diary Dates



Spring Term		*= New additions to the diary dates
January		
Monday 22 <sup>nd</sup> January	Change Makers workshops and assembly	
Wednesday 24 <sup>th</sup> January	Attendance officer visit to school	
Friday 26 <sup>th</sup> January	Early Help Team leading parent session, Understanding Your Child 10.00-12.00 See newsletter or office for booking details  MUFTI day, 50p donation to school funds in exchange for wearing your own clothes to school.	
Wednesday 31st January	Key Stage 2 to Sydenham to watch RSC performance  Year 6 Sleep Lesson	
February		
Monday 5 <sup>th</sup> February	Year 5 netball workshops (selected pupils)	
Thursday 8 <sup>th</sup> February	Chinese Dragon Workshops	
Thursday 8 <sup>th</sup> February	Years 5 & 6 trip to Ashmolean museum	
Monday 12 <sup>th</sup> - Friday 16 <sup>th</sup> February	Half Term Holiday	
Monday 19 <sup>th</sup> February	Spring 2 begins	
Tuesday 20 <sup>th</sup> February	After school family Change Makers sessions begin	
Friday 28 <sup>th</sup> February	MUFTI day, 50p donation to school funds in exchange for wear-	
March		
Thursday 14 <sup>th</sup> March	Years 3 & 4 to Lunt Fort	
Friday 22 <sup>nd</sup> March	MUFTI day, 50p donation to school funds in exchange for wearing your own clothes to school.	
Monday 25 <sup>th</sup> March – Friday 5 <sup>th</sup> April	Easter Holiday	





# Lighthorne Heath Learning Heroes

## Nursery & Reception

Mrs Manley and Mrs Hartley have chosen Livleen as their class hero this week. Livleen is a joy to have in our class and always has a smile on her face and something interesting to tell us. She is curious, polite and enjoys learning. Well done Livleen!



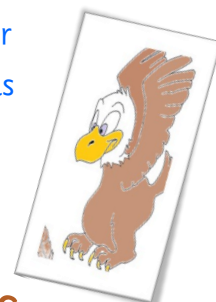
## Co-operate

### Years 1 & 2

Our learning hero for this week is Lillian. She has really impressed us with her independent work in English, choosing appropriate adjectives to describe her crown. Lillian has shown a brilliant attitude towards her learning and it has been wonderful to see her progress and beaming with pride in her own achievements. Well done Lillian and keep up your super learning attitude!



## Have a go

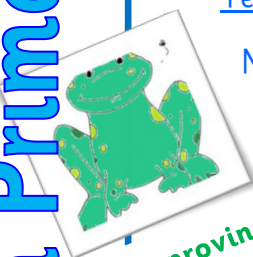


## Concentrate

## Persevere

### Years 3 & 4

Miss Singh has chosen Imelda as this week's hero for her curiosity and perseverance. Imelda has genuinely enjoyed our current topic and consistently makes connections to other areas of the curriculum. Imelda has taken great pride in writing a story, investing time, and putting sincere effort into achieving her best handwriting. Superb work, Imelda!



## Keep on improving



### Years 5 & 6

Mrs Cox's hero is India. She has gone out of her way to be helpful and pro-active this week, going above and beyond to make things easier in the classroom. She has also been a good friend and comforted others when they have been upset. Keep up the lovely attitude towards others, India.



## Use your imagination



## Enjoy learning

# Emotional Wellbeing and Mental Health



## RISE MHST

**Mental Health in Schools Team (MHST)**

**Tips For Wellness:**

### **GIVING TO OTHERS**

Giving to others has a positive effect on our mental wellbeing. When we do things for people in our lives, feel-good chemicals are released into our body which can increase our mood, self-esteem, and happiness. This also reduces stress. It can even help us live longer!

Giving means putting yourself in someone else's shoes, thinking about what they might need, and acting to help them in some way.

**Sometimes small things can be just as effective as big gestures. Try helping others for a week and see if it makes a difference to your own wellbeing**

- Holding a door open
- Smiling and saying hello
- Checking on someone who is alone
- Picking up something that someone has dropped
- Listening to someone who needs to talk
- Helping to do chores around the house
- Making a cup of tea



Five reasons for giving!

**Top Tip: Don't over-do it. Giving must start with yourself. You can only give your time and energy to others if you have enough left for yourself.**

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

**[thankskids@covwarkpt.nhs.uk](mailto:thankskids@covwarkpt.nhs.uk)**

**MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.**



## Understanding Children's Behaviour

**A FREE 2-hour workshop for parents and carers in  
Warwickshire / Lighthorn Heath Primary**

Being a parent is exciting and rewarding but there are also times when they behave in ways that challenge.

This two-hour interactive workshop for parents and carers looks at some of the reasons children behave the way that they do and offers insight and strategies to parents to help guide behaviour.

**Lighthorn Heath Primary School,  
Stratford Road Lighthorn Heath, CV33 9TW  
Friday January 26<sup>th</sup> 2024 9.30am- 11.30am**

To check availability and book a place, please contact  
[ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk)



If you have any queries, please contact:

[ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk)