

Newsletter 16 Friday 21st January 2022

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**JPSQM** 

This week Reception and Nursery children have continued to explore a range of 'Marvelous Machines'. We followed instructions on a packet of popcorn to use a microwave to turn the popping corn into yummy popcorn which we enjoyed for snack time. We loved listening to the sounds the corn made when it popped. The children all had a go at creating some instructions for this. During phonics, we used the laptops to type some words using our new phoneme 'j' and to write the sound we heard the popcorn make 'pop'!

UN Convention on the Rights of the Child

Article 29: Goals of education



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Warwickshire



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For our topic Moon Zoom, we are reading the storybook Man on the Moon (a day in the life of Bob). We've read to the part where Bob thinks that 'there's no such thing as aliens.' We discussed whether we agreed with Bob or not. Then we turned to a double-page spread of the three aliens, close-up and peering out of the page. So

we tried to pull similar silly faces. The children then spent the rest of the lesson drawing their own alien and writing a character description. This was part of our literacy lesson and the children learned how to use adjectives.

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SIMON BARTRAM







The children in Mrs Cox's class have been learning facts about the heart. Here are just a few that they were able to recall at the beginning of one of their lessons this week.

> Did you know capillaries (the smallest blood vessels) are thinner than a human hair?

Did you know that the left side of the heart is bigger because it pumps blood around the whole body, whereas the right side pumps just to the lungs?

> Did you know that your heart is the same size as your clenched fist?













As part of our 'Blood Heart' topic we have been learning about the effect smoking has on the circulatory system and the rest of the body. We were surprised to discover that it is not just the heart and lungs that can suffer, but eyes, skin and even the bones to name just a few.

In groups we created large body outlines and drew on representations of the different ailments that can be caused by smoking. By the end of the session the bodies did not look very happy at all. We were able to talk to the rest of the class about what we had learned and reflect on why with smoking being so addictive, it can be difficult for people to stop even when they know the risks.



# Nursery & Reception Incredible Eggs



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Coming Soon! A truly unforgettable 10 day experience...

## We are going to hatch some ducklings! Our eggs arrive on: Monday 14th March They will be hatching around: Wednesday 16th March

The ducklings will be leaving us on: Thursday 24th March



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Co-operate

Persevere

mary Schoo

# Lighthorne Heath

# Learning Heroes

## Hari is Mrs Manley and Mrs Hartley's class hero this week because he has been so curious about our current story of 'The Three Billy

Goat's Gruff'. Harry has shown great understanding of the story by retelling it in a variety of ways and using lots of traditional story language. Well done Hari!



H<sub>ave</sub> a go

Concentrate

Be curious

Enjoy learning

#### Year 1/2/3

Mrs Hill's and Mrs Singh's hero this week are Rogan and Zara. They have made a fantastic start to their education at Lighthorne Heath Primary School.

They work hard; have a positive attitude to learning; and participate well in class discussions. Keep up the great work!

#### Year 4/5/6

Mrs Cox's hero this week is Dylan. He has shown such a positive attitude towards his learning. He has been self-reflective and used strategies to support himself when he has found things difficult rather than getting frustrated or angry. I have seen him using Mrs Manley's 'I feel... When... So...' advice to resolve issues and made me really proud this week. Well done Dylan!

Use your imagination





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We are now in week 8 of our Reading Miles Global Challenge and I have completed the journey along with some star readers!

I know lots of the children are very close and look forward to seeing them soon to celebrate their achievement.

Remember, even if you haven't quite finished yet the challenge keeps going so please do come and find me when you reach the end of your passport.

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Happy reading, everyone!



Developing reading skills

Teachers use the Reading Vipers characters in school to help the children to work on developing different reading skills. This week, I wanted to share the KS1 Reading Vipers with you so that you can see the types of questions that we ask to support your child's reading comprehension. I will share the KS2 Reading Vipers next week!



What does the word ... in this sentence mean? Which word in this section do you think is the most important? Which of these words best describe the character/setting/mood? Can you think of any other words that the author could have used to describe this?

Why was ... feeling ...? Why did ...happen? Why did ...say...? Can you explain why...? How does ... make you feel?

Look at the book cover. What do you think this book will be about? What do you think will happen next? How does the choice of character or setting affect what will happen next?

Who is your favourite character? Why? Would you like to live in this setting? Why/why not? Is there anything you would change about this story? Do you like this text? What do you like about it?

What kind of text is this? Who did.../When did.../Where did..? What happened when...? What happened to ...?

What was the first thing that happened in the story? Can you sequence these events in the story from 1-5 in the order they happened? What order do these chapter headings come in the story?

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Friday 28th January 2022	MUFTI Day—bring 50p to wear non-uniform
Tuesday 15th February 2022	Online Parent Conferencing evening: pupil progress reviews
Wednesday 16th February 2022	Online Parent Conferencing evening: pupil progress reviews
Thursday 17th February 2022	Online Parent Conferencing evening: pupil progress reviews
Friday 18th February 2022	Break up for Half-Term holiday
Monday 21st —Fr	iday 25th February School Closed for half-term holiday
School	re-opens on Monday 28th February 2022
Thursday 3rd March 2022	World Book Day (25th Anniversary!)
Thursday10th March 2022	School Nurse Annual Health Needs Assessment Year 6
Thursday 10th March 2022	School Nurse National Child Measurement Programme Year 6 ar Reception
Wednesday 23rd March 2022	Whole school Silent Disco
	MUFTI Day—bring 50p to wear non-uniform
Friday 8th April 2022	Break up for Easter holiday
Monday 11th -	-Friday 22nd April School Closed for Easter holidays
Scho	ol re-opens on Monday 25th April 2022
Friday 29th April 2022	MUFTI Day—bring 50p to wear non-uniform
Monday 2nd	l May School Closed for Early May Bank Holiday
Scho	ool re-opens on Tuesday 3rd May 2022
Wednesday 25th May 2022	Queen Elizabeth II Big Platinum Jubilee Celebrations
Friday 27th May 2022	Break up for Half-Term holiday
Monday 30th May	—Friday 3rd June School Closed for Half-Term Holiday
Monday 6th June	2022—School closed for teacher training (INSET Day)
Sci	100l re-opens on Tuesday 7th June 2022
Friday 24th June	MUFTI Day—bring 50p to wear non-uniform
Thursday 21st July 2022	Break up for Summer holidays
	ay 2nd September 2022 School Closed for Summer Holiday
	2—School closed for LA Designated teacher training (INSE
	ol re-opens on Tuesday 6th September 2022
	uper Star Reader!
	tions to Luke for being this week's Reader! It's fantastic that Luke and
-	at Lighthorne Heath are developing or reading books! Keep it up, Luke!



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## Mental Health in Schools Team (MHST) Tips For Wellness:

RISE

#### **Being Brave**

We may think that 'being brave' means not being afraid, but this is unrealistic. Bravery comes in all shapes and sizes, and what we consider 'brave' may be very different for somebody else.

When it comes to mental health, one of the bravest things we can do is acknowledge that it's OK to feel how you feel, especially when we may be feeling sad or low. Taking steps to get help when you need it is a sign of bravery, not weakness. Bravery is not about coping alone, but about finding ways to overcome difficult physical or emotional challenges. We can develop our bravery by developing our confidence and self-esteem.

Try one, or both, of the below activities throughout this week:

 Find and highlight moments from films, books or TV where characters have needed to be brave.
 Write down a time where you have needed to be brave.

#### Books related to bravery, confidence and self-esteem:

- Be Brave Little Penguin Giles Andreae
  The Lion Inside Rachel Bright
  The Huge Bag of Worries Virginia Ironside
  Wonder RJ Palacio
  - I Am Thunder Muhammed Khan
- MHST are available to support you and your school throughout the school year including term time and school holidays. Please
  - contact your school's Mental Health Lead for



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Article 24: Health and Health Services



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#### Mental Health in Schools Team (MHST) Tips For Wellness:

RISE

## **Winter Wellness**

It's important to focus on our wellbeing during these colder nights and darker days. Winter can be a difficult time of year so to beat the winter blues, we need to nourish our bodies with warming foods, exercise, and have plenty of rest with a blanket and box set.

Try one, or both, of the below activities throughout this week:

- 1. Write down 3 ways you can take care of yourself during winter, share these ideas with your class or friends
- 2. Write down 3 ways you can take care of someone else over winter

#### **Useful links:**

Get Your Mind Plan - Every Mind Matters - NHS (www.nhs.uk), Staying mentally well this winter - GOV.UK (www.gov.uk)

> MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.



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Article 24: Health and Health Services

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# Other Information

#### <u>Temporary suspension of confirmatory PCR tests in education</u> and childcare settings

Confirmatory PCR testing following a positive result on a lateral flow device (LFD) were temporarily suspended from Tuesday 11 January. This means that for all education and childcare settings, staff and students who have tested (either at home or through ATS) and reported a positive LFD result will no longer be advised to get a confirmatory PCR test.

This change is informed by public health advice. With high COVID-19 rates, the risk of a positive LFD result being false is very small. The government therefore don't need to ask people to do a confirmatory PCR unless they:

- have symptoms (in which case they need to follow the stay at home guidance, self-isolate and order a PCR test)
- wish to claim the Test and Trace Support Payment
- have been advised to take a PCR test because they are in a clinically vulnerable group

have been advised to do so as part of a research or surveillance programme

Education and childcare settings are not expected to trace contacts of a positive case as this will remain the responsibility of NHS Test and Trace. From today, Tuesday 11 January, contact tracing is triggered once a positive LFD test is reported.

Students should be strongly encouraged to test twice weekly at home and to <u>report all results to NHS Test and Trace</u> and to their setting. Anyone with a positive LFD test result should self-isolate and follow self -isolation guidance.

Information on the new arrangements can be found in the <u>stay at</u> <u>home: guidance for households with possible or confirmed COVID-19</u> <u>infection</u>.

With best wishes from Mrs Westwood and all the staff at Lighthorne Heath.

#### School Governance Professional (part time)

Warwickshire Governor Services runs a successful clerking service for schools in the county and surrounding area. We wish to recruit additional School Governance Professionals (formerly known as clerk to the governing board) to deliver a high-quality clerking service to schools, to meet demand.

The main duties are:

- providing advice to the governing body on governance, constitutional, and procedural matters.
- providing effective administrative support to the governing body and its committees, including minuting meetings to a high standard.
- ensuring the governing body is properly constituted.
- managing information effectively in accordance with legal requirements.

School Governance Professionals will be employed by Warwickshire County Council but will usually be allocated to specific schools. Day to day accountability is to the governing body.

This is a flexible part-time role, and the hours can be agreed with candidates on an individual basis. Pay (including holiday enhancement) is £12.85 per hour.

You will mainly work from home, with some attendance of meetings at times convenient to the governing body, typically early evening. These are both on-line and in-person meetings (when covid restrictions allow).

We are looking for someone who:

- has good numeracy and excellent written skills, including being able to identify relevant information, take accurate notes at meetings and summarise information to prepare high quality minutes
- is computer literate, especially with Word, web, and email, and has access to equipment for working from home
- is an efficient administrator, able to use initiative and able to work under pressure including meeting deadlines
- can research and manage advice from a variety of sources.
- is able to work with detailed information, such as DfE governance regulations and provide detailed and accurate advice
- can support volunteers and lay people in a professional way
- has excellent communications skills, including the ability to liaise, and build effective relationships with senior school staff and support them in a professional way
- understands the importance of confidentiality and integrity
- is willing to work in the evenings
- will undertake CPD and an accreditation programme

School Governance Professionals will receive support, full induction and will be expected to attend the Induction training course, held termly, after appointment. You will also be expected to attend the follow-on Effective Clerking course within the first or second term. Continuing professional development is provided. The role is subject to a DBS check.

If you would like to have a conversation about the role, please email catherinechatterton@warwickshire.gov.uk

or alternatively, you can apply via the WCC website. The closing date is 28<sup>th</sup> February 2022. https://www.wmjobs.co.uk/searchjobs/?Keywords=school+governance+professional&radialt own=Warwickshire&LocationId=292&RadialLocation=5&LocationId=None

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