

Nursery and Reception



Night Time Visitors

This week in Reception and Nursery we spent some time watching night vision videos of garden wildlife and have explored the question, 'how do you think animals find food in the dark?' As a group we have found out that the animals usually have big eyes to help their eyesight, sharp hearing or a good sense of smell. The children had a go at investigating how good their sense of smell is by trying to identify a range of food items including chocolate, garlic, orange and onions. They decided some smells were delicious and some were disgusting! We now know how important our senses are for helping us.

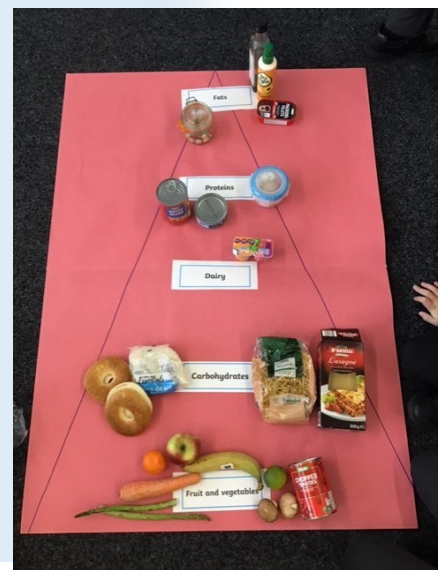
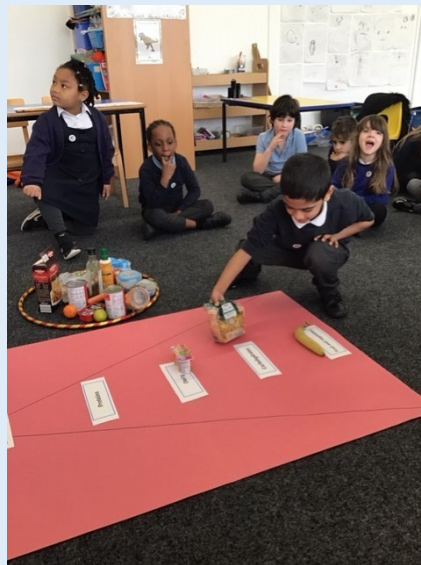


Years 1 and 2

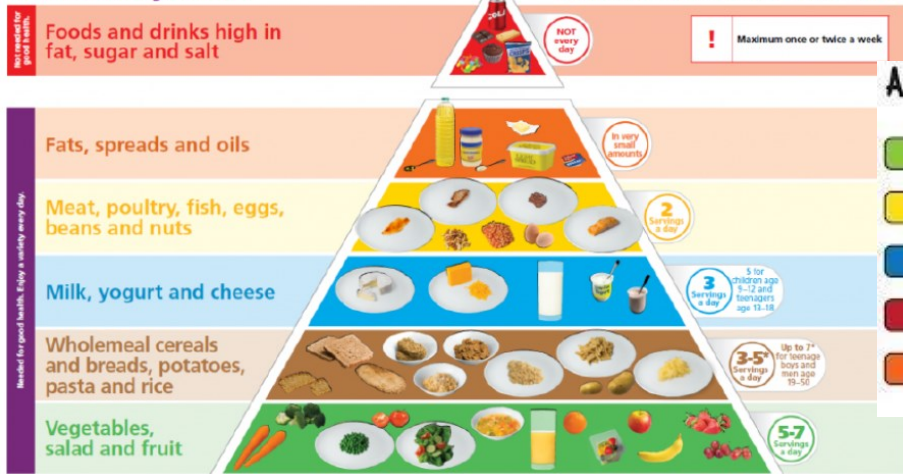
This week in science the children In Years 1 and 2 have been learning about the importance of eating a healthy and balanced diet to enable our bodies to grow strong and to keep us alert and energised.

They learned about the food pyramid and the different groups of food which our bodies require in order to function well. The children sorted a range of foods into these groups, creating a 3D display and observing the different quantities of each type of food we should be eating.

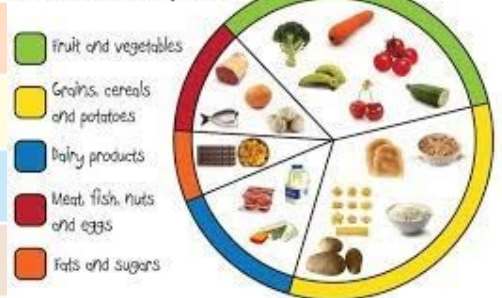
Miss Harrington, our school cook, kindly invited us into the school kitchen. She talked to the children about her role in making sure they have a nutritious and balanced school meal and even shared some recipe secrets about how she adds in extra fruits and vegetables within her puddings and savoury dishes. The children found out about the type of foods that are kept in her store cupboard and how she follows a measurement chart to ensure the children are served the correct amount carbohydrates, protein, and vegetables each day.



The Food Pyramid



A Balanced Plate



Years 1 and 2



Miss Harrington's chocolate cake actually contains beetroot. This means that it is one of your five a day.

Rogan

Miss Harrington often puts pineapples into her cakes to make them healthy.

Caiden



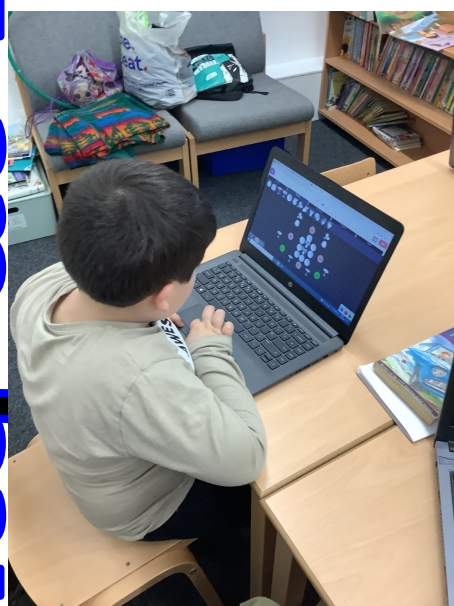
Did you know that Miss Harrington uses very little sugar in her cakes and biscuits? They are often sweetened with honey or fruit. I love the school cookies.

Jessica

Miss Harrington has had lots of training about allergies and special diets. She has a folder with information about children in school and uses this information, and her training, to make sure that everybody has a meal that is healthy for them.

Caiden

Year 3/4



This half term, the children in Years 3 and 4 have been learning how to electronically compose a piece of music, using the Busy Beats tool on the Purple Mash programme. To start with, the children learned how to add different sample sounds (such as a drum) to a space. They then added a rippler and experimented with moving it around, helping them to understand how this feature changes the tempo of the rhythm to help them build a beat. Next, they experimented with different notes. The children noticed that some notes were the same but had different pitches. Once the children were familiar and confident with using the software, they had a go at creating their own piece of music. The children focused on both rhythm and melody throughout this task.

Holi Colour Festival



On Tuesday 21st March we are delighted to welcome in Kalpesh from KZ Dance to help with our understanding of the Hindu Faith and Holi Festival.

Each class will be able to take part in a Bollywood dance workshop. Holi is a popular ancient Hindu festival, also known as the “Festival of Love”, the “Festival of Colours”, and the “Festival of Spring”.

The festival signifies the triumph of good over evil. Holi also celebrates the arrival of spring, the end of winter, the blossoming of love and for many, it is a festive day to meet others, play and laugh, forget and forgive, and repair broken relationships.

During the visit there will be a grand finale of dance performances and Holi Festival Celebration for about 25-30 minutes outdoors.

Parents are invited at 2.30 pm and they can also join dancing and Holi celebration. Further details will be sent out in a letter soon.



Year 5/6

C L A Y



Monday 30th January 2023

LO: to improve mastery of art and design

During our art lessons over the past two weeks we have been learning about clay. We found out about its origins, the different types and what it is used for.

Today we were trying out different techniques:

- ◇ **Preparing** the clay (by kneading and wedging)
- ◇ **Pinching** (common in simple pot making) and
- ◇ **Slabbing** (flattening clay and then stamping with texture before forming your desired shape)



Pinching



Slabbing



It is important that the clay is not too dry or it will crack. If it is too wet it becomes very messy and can be hard to work with.



When you are **slabbing**, the clay has to be nice and thin. You start with your hands and then use a rolling pin.

Reducing Plastic

On Wednesday we were joined by Ruth, a waste projects officer from Warwickshire County Council.

Ruth presented an assembly about plastic use and about how and why we should reduce the use of single use plastics. We found out that plastic is making its way into chain which is not good for us, or our environment.



How Long to Biodegrade?

Polystyrene Cup	50yrs
Disposable Nappy	450 yrs
Plastic Bottle	450 yrs
Fishing Line	600yrs

 Warwickshire recycles

Lighthorne Heath Learning Heroes

Nursery and Reception

Hudson is our Reception and Nursery class hero this week because he consistently shows us so many strong characteristics of learning. Hudson is enthusiastic to learn, often joining in and keen to take part in Reception group work. He listens carefully and is a great team member working cooperatively with his peers. Well done Hudson!

Year 1/2

Our hero for this week is Caiden for always working hard and helping others in the class. Caiden supported a year 1 child with their reading this week. He was a great reading partner, demonstrating patience and encouragement throughout the task. Well done!

Year 3/4

Miss Singh has chosen Bobby as this week's hero, for making good use of his imagination and showing a great attitude towards learning. Bobby has made a valuable contribution to class discussions and activities. Keep up the good work!

Year 5

Mrs Cox has selected Spencer as her hero this week. Spencer has demonstrated improved concentration and co-operation in class this week. He has been working really hard on this over the last few weeks and his effort has really paid off. Well done, Spencer.

You may remember that, before Christmas, India and Pharell organised and ran a cake sale to raise money for playground equipment. They raised just over £100 and had fun choosing something special. Here they are with their basketball hoop and balls. We are very proud of both of them for their achievements and the children are looking forward to shooting some hoops.



Protect your bike by getting it marked for FREE at Lighthorne Heath Primary School on Tuesday 14th February, 3-4pm.

Get your bike protected for free with WCC Road Safety Education!



Warwickshire County Council's Road Safety Education Team and **Lighthorne Heath Primary School** are hosting a free bike-marking event on **Tuesday 14th February from 3-4pm.**

The event will be attended by two officers from the team who will apply a secure marking to your bike which will then be registered on the UK's only Police-approved database. The register aims to reduce bike theft across the country by making them easier to recover.

There are many benefits having a registered bike:

- Access to the **BikeChecker** – This allows people, retailers, and the police to search a frame number or **BikeRegisterID** of any bike to see if it is listed as stolen.
- You can check your local area details to see the levels of reported thefts.
- A new Stolen Bikes page that lists all bikes which have been stolen on the register. This feature allows anyone to message the bike owner in the event they have seen the bike for sale online.

For more information on Bike Marking events contact Rachel or James at roadsafetyeducation@warwickshire.gov.uk



NSPCC

Number Day

Friday 3rd February 2023

On Friday 3rd February we are delighted to be joining schools and nurseries across the UK taking part in the NSPCC Number Day.

The NSPCC is the UK's leading children's charity. They've been looking out for children for over 130 years. By raising money, we can help to fund their vital services such as Childline – the helpline that's always there for children and young people whatever their problem or concern.

On average, a child contacts Childline every 25 seconds.

To further support the NSPCC, Mrs Hartley is running the London Landmarks Half Marathon in April with a charity place. It will be her first half marathon and longest run ever!

- A fun day of maths activities
- We will be taking part in 'Dress up for Digits'. Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a one-sie!). Or get even more creative by dressing in a maths or numbers theme. There are lots of ideas online with no need to buy any new items of clothing.
- We will also be ending the day with a cake sale so we would be very grateful for any donations of cakes.

To help raise money for the NSPCC, we will be asking for donations, and we'd love everyone in the school to take part in this special event.

*Supported by

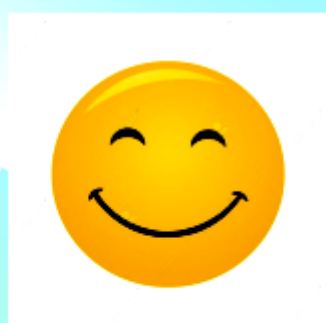


*Number Day is supported by Man BHL and Oxford University Press, led by NSPCC.

EVERY CHILDHOOD IS WORTH FIGHTING FOR

NU Convention on the Rights of the Child

Article 29: Goals of education



Photo

Competition

Our mental health champions would like you to take a photograph of something that makes you smile!

The photograph can be of anything, a pet, family member, flowers, animals or something else.

They would like you to submit your photographs to admin2064@welearn365.com by Thursday 16th February 2023, or print it off and bring it into school.

Our mental health champions will then decide on a winner and award a small prize.



Diary Dates

Spring Term

February 2023

Friday 3 rd February	NSPCC Number Day / Dress up for Digits / Cake sale (donations welcome)
Tuesday 7 th February	Winter Sports Lunch
Tuesday 14 th February	FREE bike marking after school
Wednesday 15 th February	Parent conferencing meetings
Thursday 16 th February	Parent conferencing meetings
Friday 17 th February	Mufti Day (non-uniform day), please bring 50p donation to school fund Break up for Half-Term
20 th -24 th February	Half Term Holiday
Monday 27 th February	Spring 2 begins
Thursday 2 nd March	World Book Day (school will be working on a WBD project during the week beginning 27 th February)
Tuesday 21 st March	Holi celebration. Parents are invited at 2.30 pm
Friday 24 th March	Mufti Day (non-uniform day), please bring 50p
Friday 31 st March	School breaks up for the Easter Holiday
Monday 3 April 2023 to Friday 14 April 2023	Easter Holidays

Super Star Reading!

Our Reading superstar this week is Tyler. He has listened to our comments about reading and made a real effort to read at home.

With best wishes from Mrs Westwood, Mrs Manley and all the staff at
Lighthorne Heath Primary School.

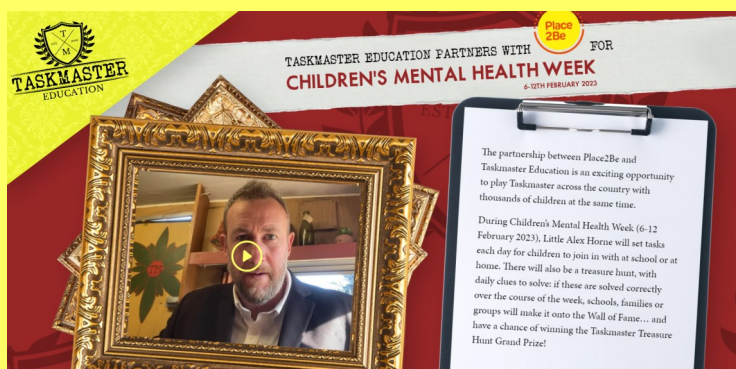
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Emotional Wellbeing and Mental Health



6th– 12th February 2023 is Children's Mental Health Week.



Taskmaster Education and the charity Place2Be have announced that they are partnering for **Children's Mental Health Week 2023**, in a bid to get children across the country puzzle and problem solving. The aim is to bring children together, encourage collaborative working (with siblings, peers or friends) and boost activity, connection and self-esteem.

The partnership between Place2Be and Taskmaster Education is an exciting opportunity to play Taskmaster across the country with thousands of children at the same time.

Hosted by Greg Davies and starring (and created by) Alex Horne, the television series, Taskmaster sees celebrities pitted against each other to complete tasks.

Taskmaster Education takes elements of the show and uses them to inspire, engage and teach children and young people. During Children's Mental Health Week 2023, Alex Horne will set daily tasks for children to do at school or at home.

There will also be a treasure hunt, with daily clues to solve. If solved correctly over the week, schools, families, or other groups will make it onto the Wall of Fame and have a chance to win the Taskmaster Treasure Hunt Grand Prize.

Sign up here: <https://taskmastereducation.com/>

We would love to know if any families take part in this challenge, please send us photographs, reviews and information about the challenges that you completed as we would love to include this in future newsletters.