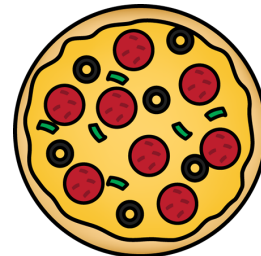
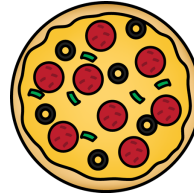
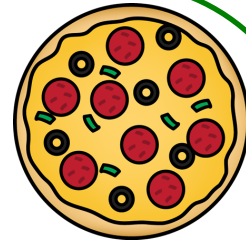


Dear parents and carers,

We're so pleased that you enjoyed your Easter pizza gift boxes! Thank you for sending in these lovely photographs - your pizzas look delicious!





# Nursery and Reception Once upon a time...



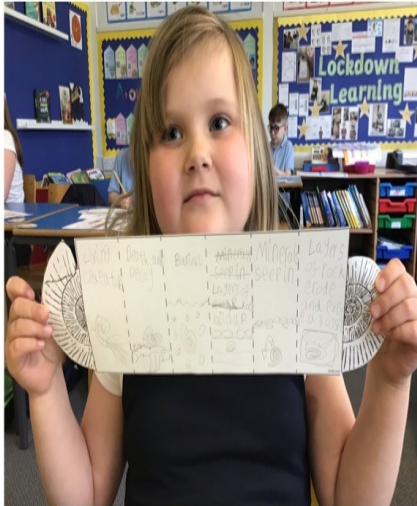
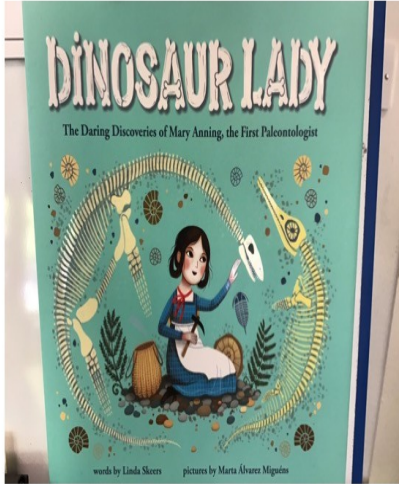
Reception and Nursery started the term by watching a special show to begin our exciting new topic of 'Once upon a time'. The children arrived in school to find they had a golden ticket and some money. After listening to the story of 'Hansel and Gretel' and then we went to watch the show in the hall on the big screen. We were able to spend our money on popcorn and squash! We joined in with some traditional panto sayings like, 'He's behind you!' and 'Oh no it isn't!' We have also made our own decorated gingerbread houses and cooked gingerbread biscuits.



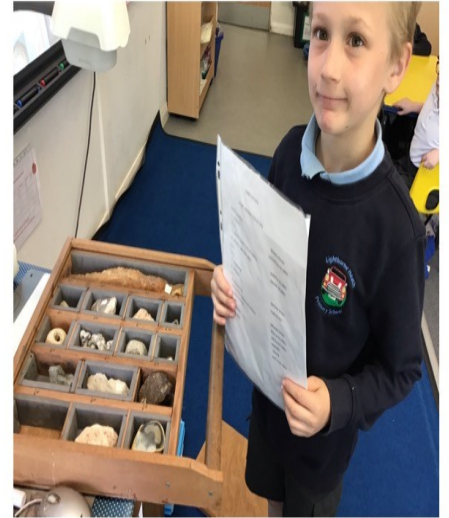


# Year 1/2/3

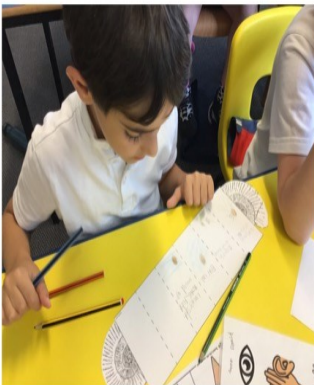
## Rocks, Relics and Rumbles



To begin our new topic 'Rocks, Relics and Rumbles' we shared a historical story about the life of Mary Anning, who was the first female palaeontologist. We discovered her love of fossils and decided to find out what it was like for Mary scavenging on the beaches of Lyme Regis to search for fossils. We used magnifying glasses and brushes to sweep away the sand in order to reveal the hidden treasures beneath. We learned how fossils are formed and made folding fossil books to record the fossil process.



## 'Rocks, Relics and Rumbles'



PIC•COLLAGE



# Year 4/5/6 Sow, Grow and Farm

The children in Mrs Cox's class have really enjoyed immersing themselves in their new topic, 'Sow, Grow and Farm' this week. They worked together on a project to find the best potential location for an allotment. They had to read the proposals and supporting evidence, and use the information provided to investigate which site is the best and why. The children created persuasive presentations to showcase their work and justify their choices. The class really embraced this challenge with excitement and enthusiasm and were fantastic at working collaboratively.



# Year 4/5/6 Sow, Grow and Farm



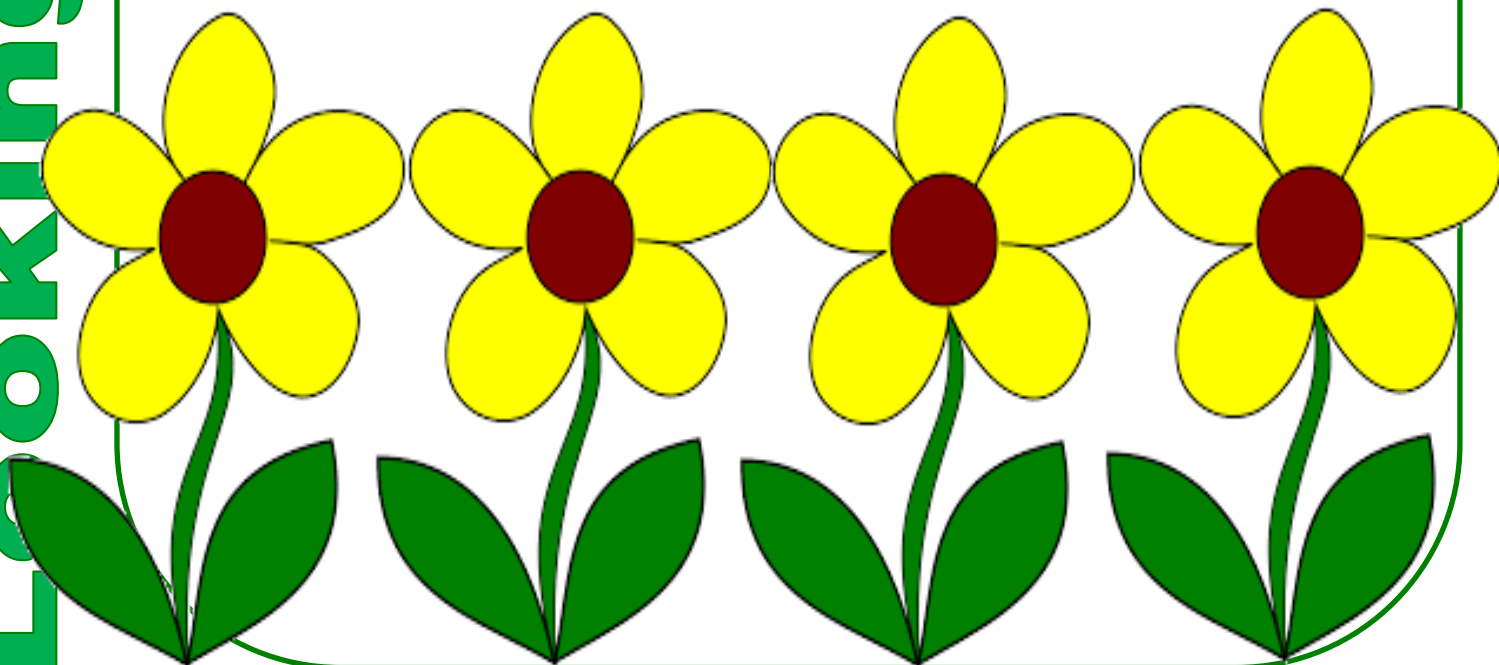
LO: TO CREATE AN ALLOTMENT  
FOOD WEB.

Today we worked in groups to create an allotment food web. We talked about producers, consumers and apex predators.



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Article 29: Goals of education

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# Lighthorne Heath Learning Heroes



Co-operate

## Nursery and Reception

Joseph is our learning hero this week because he has been concentrating and trying his best in our phonic lessons. He has noticeably improved the speed of his writing and using his phonic knowledge to help him write simple sentences. Well done, Joseph!



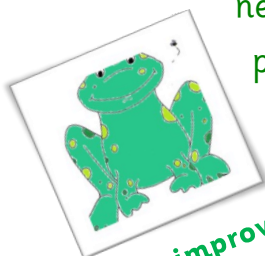
Have a go



Persevere

## Year 1/2/3

Mrs Hill and Mrs Munday have nominated two children to be this week's Lighthorne Heath Heroes —Zach and Stanley. Both boys are new to our school this week and have made a fantastic, positive start to their time with us. They've shown a really positive attitude towards their learning and have started to form some good friendships with other children in the class too.



Keep on improving



Concentrate



## Year 4/5/6

Mrs Cox's Learning Heroes this week are Elly-Marie and Demii. They have settled in well to their new classes and quickly made friends. Elly has shown enthusiasm towards her learning and contributed thoughtfully to class discussions. Demii has shown great teamwork and not given up even when work has been tricky. Well done girls!



Use your imagination



Enjoy learning



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## Diary Dates

Monday 3rd May

Friday 28th May

Monday 7th June

Wednesday 21st July

Thursday 22nd July-Wednesday 1st September

Thursday 2nd September

Friday 3rd September

Early May Bank Holiday—school closed

Break up for Half-term

INSET Day—school closed for staff training

Last day of Summer Term

Summer Holidays

INSET Day—school closed for staff training

INSET Day—school closed for staff training

Best wishes, Mrs Westwood and all the staff at Lighthorne Heath.



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## Free Half Term Holiday Cycle Training At Stratford Recreation Ground, Swans Nest Lane, Stratford-upon-Avon CV37 7LS

1<sup>st</sup> – 3rd June – Free Learn To Ride sessions for those 7 and over.  
4<sup>th</sup> June – Free Bikeability Level 3 for those over 11 years old that have completed Level 2 Bikeability and a regular cyclists.



**Further information and to book online:**  
<https://www.bikeright.co.uk/sponsors/warwickshire/>

**Bicycles and helmets are NOT provided**

Instruction is from qualified BikeRight! Cycle instructors and is funded by **WARWICKSHIRE COUNTY COUNCIL**





## MHST tips for wellness

# Stress Awareness

This week's theme is Stress Awareness.

Stress is the body's natural reaction to emotional or mental pressure. A small amount of stress can be helpful, and might even motivate you to get tasks done! However, too much stress can be unhealthy. It can have a negative impact on your relationships, mood and routine. Talking to someone when you are stressed can help you feel less overwhelmed.

Try one, or both, of the below activities throughout this week.

1) 4 steps to destress:

Pause – recognise stressful thoughts and observe them without judgement.

Breathe – notice your breath. Inhale through your nose and exhale through your mouth.

Be present – become aware of your thoughts and what you are feeling using your senses

Proceed – decide how you can move forward. What is the first small step you can focus on?

2) 3 questions to ask yourself:

Am I holding tension anywhere?

Am I hydrated or hungry?

What does my body need right now?

Useful links: Learn more about [signs of stress](#), or being [Mindful](#).

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

**Useful dates for April:**

Stress Awareness Month

24th National Skipping Day