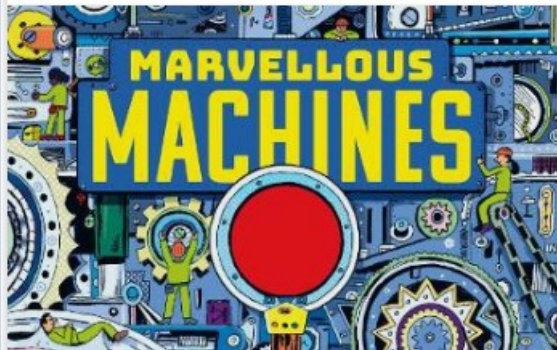


Nursery and Reception



In our maths lessons this week, reception have been comparing the weights of different objects.

They were asked to order some fruit according to which was heavier and then they were asked, Is the biggest object always the heaviest?

They enjoyed investigating this and were very surprised to find lots of big things that are also very light!

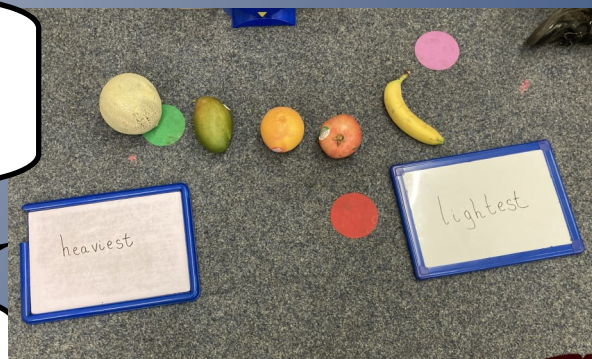


Sometimes something big is very light and sometimes something small is heavy.

By Everleigh

The biggest thing is not always the heaviest.

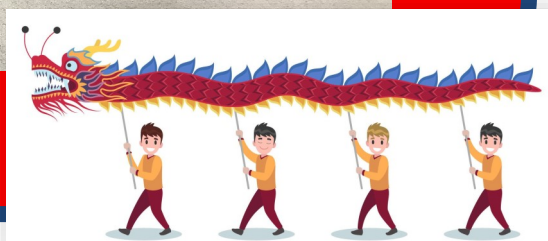
By Ella





To celebrate the Lunar New Year, which happens on February 10th this year, children in Nursery—Year 4 took part in some spectacular Chinese Dragon Dance workshops on Thursday.

This was led by a dance teacher, Amy, who brought some wonderful props into school. This activity supported the children's learning about the Lunar New Year and provided a lot of fun for everybody. Thank you to the family members who attended to watch the children's show.



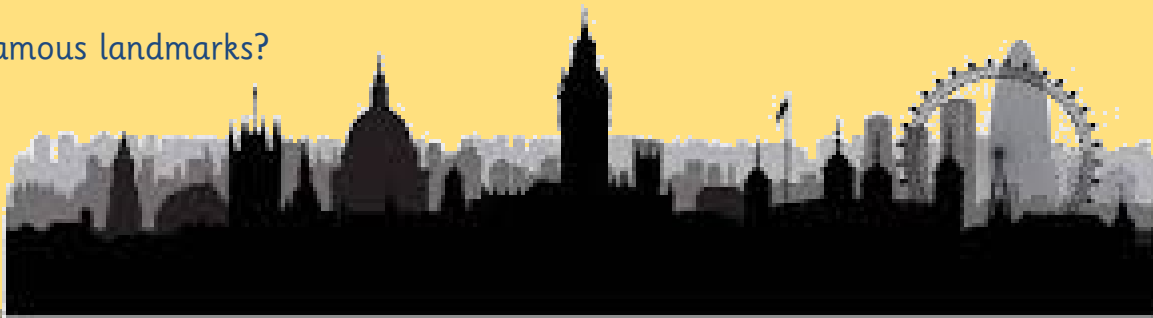
Lunar New Year



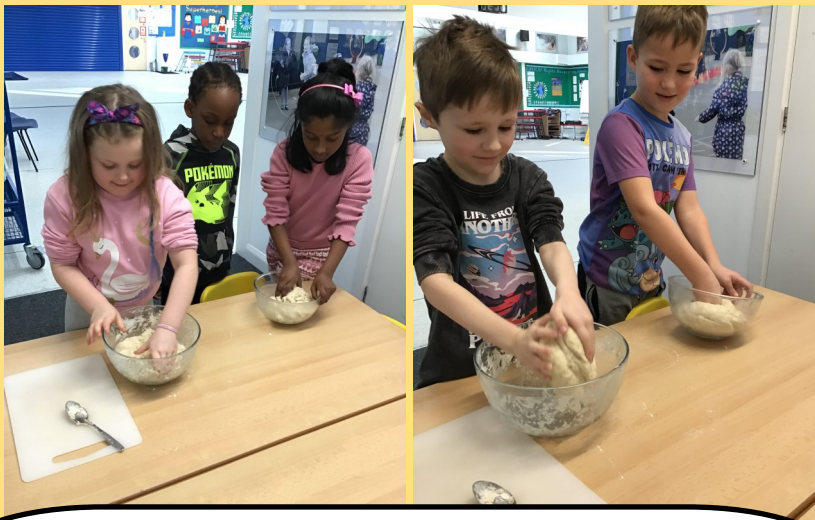
Year 1 & 2



What a fabulous half term we have had in Year 1 and 2! We have had lots of fun with our learning and have gained so much knowledge about our capital city, London, and what the city is like. Can you challenge us to name some famous landmarks?



We enjoyed learning about the Great Fire of London that raged through the streets of the city in 1666. We learned that the fire started in Thomas Farriner's bakery on Pudding Lane.



We had to knead the dough so that it was stretchy and the bubbles from the yeast could help our bread to rise.

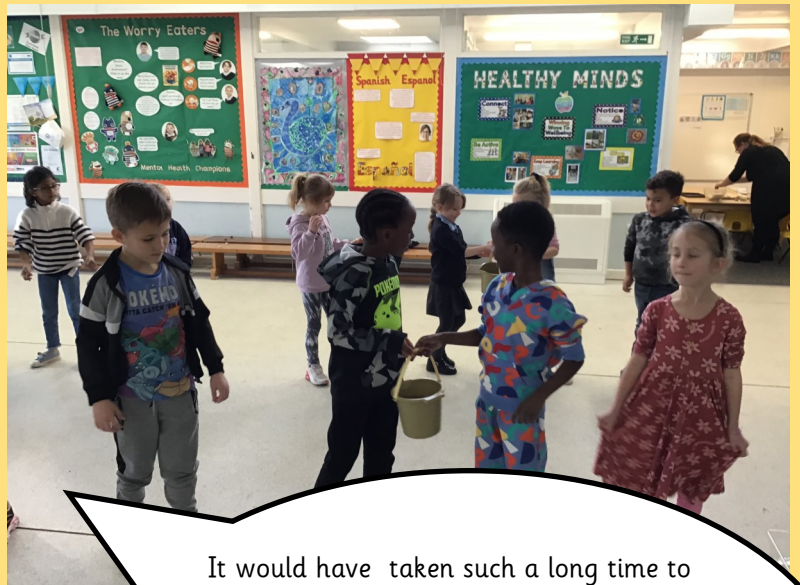
Isla

We enjoyed making our own bread, just as he would have been doing in his bakery the day before the fire started. We didn't cook ours in an open fire like him though, we used the oven instead to avoid any great fires in school!



We practiced singing London's Burning with actions and realised that the song that we all knew so well was in fact about the fire we had been learning about. The song made a lot more sense now!

We made a human fire chain passing the bucket along the line to try and put out our imaginary fire..



It would have taken such a long time to put out the fire by passing the leather bucket along the line filled with water from the River Thames. Because the houses were made of wood and were so close together the fire spread really easily.

Osman

Mighty Metals

As part of an end-of-unit D&T innovate project, the children in years 3 & 4 were tasked with designing Iron Man a friend, as he has been feeling rather lonely and needed a friendly companion.

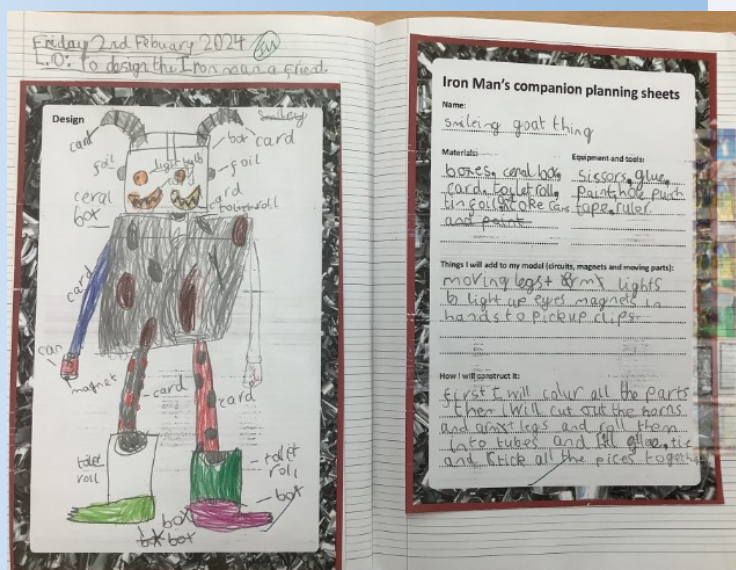
This activity required them to think about what they knew about materials, magnets, and forces.

Initially, the children researched various robotic toys and discussed: What are they made from? What special features do they have? What can they do?

Next, the children meticulously drew a design of their ideas, thinking about how they could include recycled materials to make a body, circuits to make the eyes glow, and magnets so the hands can pick up paperclips.

Afterward, the children began constructing their designs carefully, referring to their plan. They had to think carefully about how they could make different parts join, how they could create a circuit that switches on and off, and how they could include a magnet.

The children have produced some lovely work, and I would like to thank all families who contributed by helping us collect recycled materials so the children could make these masterpieces.



Mighty Metals

Year 3/4

Looking at Learning



UN Convention on the Rights of the Child

Article 29: Goals of education

Ancient Egypt Detectives

Looking at Learning

This Thursday, the children in 5/6 went on an exciting trip to the Oxford Ashmolean to find out more about their topic 'Pharaohs.' They were able to see and handle ancient artefacts which helped to bring their previous learning to life and sparked their curiosity to find out more next term.

Their interactive session used the evidence in the Ashmolean's galleries to discover more about the lives and beliefs of people in Ancient Egypt.

They pondered the question 'What can we learn from archaeological evidence?' and searched the artefacts to find out more about how Ancient Egyptians lived and worked.

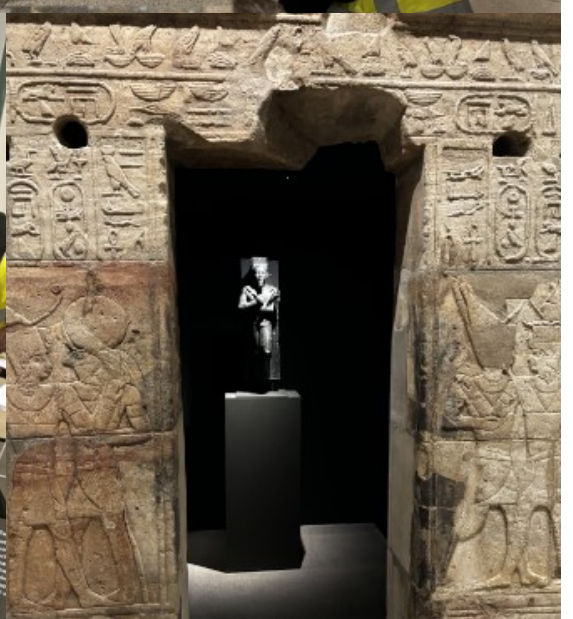
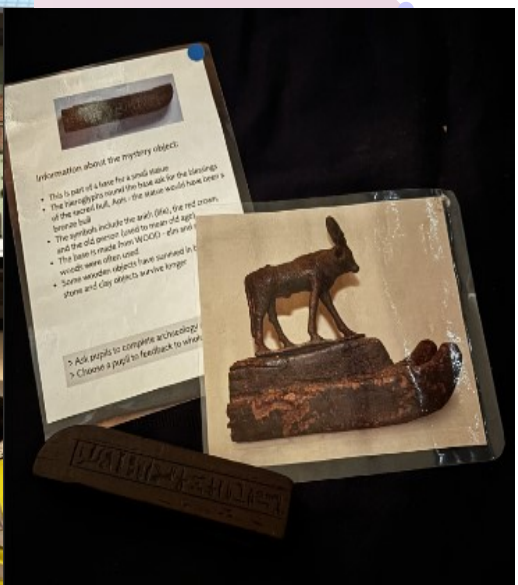
They handled original ancient artefacts and used their skills of inference and prior knowledge to try to work out what they could be.

It was great to be able to see so many primary sources as they strengthened our understanding of life in Ancient



A mummified Ancient Egyptian musician. Her sarcophagus is not nearly as ornate as those of the priests or pharaohs. This tells us that she was not considered as important as them within their hierarchy.

Looking at Learning



Netball Competition

By Malaya and Lexie

On Monday 5th February, a group of girls and boys went on a netball tournament at Warwick School.

We all had a lot of fun. First we were taught useful skills to play netball. These included fast feet, passing and shooting. Then we played 4 matches against other local schools. In between the 4 matches we had snacks and lunch. Then we went back to school.

Unfortunately, we were not the winners but all of us tried our best and we had lots of fun.

We would like to thank Mr. Rellis for taking us.



Diary Dates



Spring Term

*= New additions to the diary dates

Monday 12 th - Friday 16 th February	Half Term Holiday
Monday 19 th February	Spring 2 begins
Tuesday 20 th February	After school family Change Makers sessions begin
Friday 23 rd February	MUFTI day, 50p donation to school funds in exchange for wearing your own clothes to school.
March	
Thursday 14 th March	Years 3 & 4 to Lunt Fort
Friday 22 nd March	MUFTI day, 50p donation to school funds in exchange for wearing your own clothes to school.
Monday 25 th March – Friday 5 th April	Easter Holiday

It is half term next week. We hope that all of our families have a relaxing and enjoyable break and we look forward to seeing the children back at school on Monday 19th February.



Lighthorne Heath Learning Heroes

Nursery & Reception

Mrs Hartley and Mrs Manley have chosen Ella as their learning hero this week. Ella has shown wonderful imagination this week. We have done a lot of junk modelling this week and Ella has been creative in her building and given some wonderfully imaginative reasons for her choices of material.



Have a go

Years 1 & 2

The learning Hero in Years 1 and 2 this week is Leo. Leo has completed some fabulous independent writing this week and his teachers are very proud of him.



Concentrate

Years 3 & 4

Miss Singh has chosen Kaety as this week's hero for making a fantastic start at Lighthorne Heath Primary School. She has shown an excellent attitude towards learning and has shown a willingness to tackle challenges. She is a lovely addition to the class. Well done, Kaety!



Years 5 & 6

My hero this week is Elsa. She has been a fantastic new addition to the class and worked hard in all of her lessons. Keep up the good work Elsa!



Enjoy learning

Co-operate

Persevere

Keep on improving

Use your imagination

Emotional Wellbeing and Mental Health



Mental Health in Schools Team
Tips For Wellness



Setting Goals

'Setting goals is the first step in turning the invisible into the visible.'

Goal setting allows us to take control over the direction of our lives and it gives us something to focus on. By setting new challenges and pushing ourselves to do something outside our comfort zone, we are also boosting our self-esteem, which motivates us to keep trying new things!

Our tips for setting goals:

1. Make sure you set **SMART** goals

Specific – is your goal clear and well-defined?

Measurable – how will you know when you have reached your goal?

Achievable – are you able to do your goal?

Realistic – is the goal relevant to your life and within reach?

Time-based – when do you want to have achieved your goal by?

2. Create a list of the steps you can take to help you achieve your main goal. Steps can be as big or small as you like!

3. Use a reward chart to celebrate the steps you take to achieving your goal. You could ask your teacher or parent/carer to help you set these rewards. Remember, rewards can include things such as, 'choose my favourite dinner', 'watch a movie with a sibling', 'listen to my favourite music in the car'.

4. Keep a record of the progress you make and reflect on how far you have come!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

FA WILDCATS AND SQUAD GIRLS RETURNS TO SOUTHAM UNITED FC!

COME JOIN OUR FRIENDLY, FUN AND
INTERACTIVE SESSIONS

**£3 PER
SESSION**

**NO
PREVIOUS
EXPERIENCE
REQUIRED**

**WILDCATS EVERY MONDAY
FROM 12TH FEBRUARY
17:00 - 18:00 - AGES 5-11**

**SQUAD GIRLS EVERY WEDNESDAY
FROM 14TH FEBRUARY
17:00 - 18:00 - AGES 12-14**

FULLY QUALIFIED COACHES

**SCAN QR CODE TO
REGISTER YOUR
INTEREST**



**ALL ENQUIRIES, PLEASE CONTACT AMANDA:
SECRETARY @ SOUTHAMUNITED.COM**

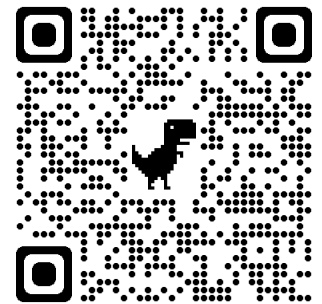




Unfortunately, we have needed to speak with several children and their families about the materials that they are accessing online, their interactions with one another and safe and sensible internet use.

We always recommend that parents monitor their children while they are online, this include children using the internet in family spaces (rather than privately in their bedrooms) at home. We always suggest that children do not have access to devices at bed-time or during the night (suggesting that any device, including phones and tablets, are kept away from bedrooms) and that parents regularly talk to their children about their online interactions.

Please use the following QR code to access the latest advice to parents:



Online Safety Advice:

https://headsup.warwickshire.gov.uk/assets/1/warwickshire_online_safety_leaflet.pdf

A STRAIGHTFORWARD PARENTS GUIDE TO PROTECTING YOUR CHILDREN FROM ONLINE HATE, EXTREMISM AND HOW TO STAY SAFE ONLINE

YOUNG PEOPLE ARE SPENDING MORE TIME ONLINE THAN EVER

Young people need to learn about socialising online. Parents are juggling modern technology alongside working and navigating the risks children face. They are exposed to online hate, bullying and exploitation amongst many others. This interactive guide focuses on the risks that online hate, extremism, bullying and exploitation pose and how parents and carers can minimise those risks to keep young people safe online.

THIS GUIDE WILL HELP YOU TO:

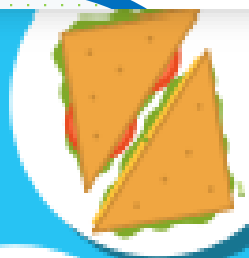
- Understand the risks and issues
- Know where to get help
- Find resources
- Develop practical strategies
- Start conversations
- Build your child's digital resilience

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18 Article 18 Parental responsibilities

FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact:

freemeals@warwickshire.gov.uk or call 01926 359189



Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at
www.warwickshire.gov.uk/fsm



Warwickshire
County Council