



Newsletter 2  
Friday 12th September

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admin2064@welearn365.com

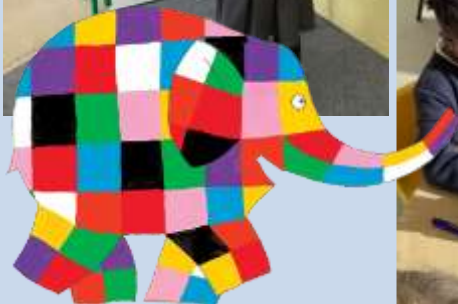


# Reception



This week in Reception, we've been exploring the colourful world of Elmer the Patchwork Elephant!

Through a variety of Elmer stories, the children have been learning about the importance of being unique and celebrating what makes each of us different. We had a fantastic time using the small world elephants to act out the story. We even used the elephants to stomp on the blackberries just like they did in the story!



UN Convention on the Rights of the Child  
Article 29: Goals of education

## Science– Naming body parts



This week the children in Years 1 and 2 have been learning to identify and name parts of the body. They started the lesson by joining in with the action song, 'Heads, Shoulders, Knees and Toes.' After identifying some of the more familiar body parts they went on to learn new vocabulary such as forearm, upper arm, abdomen, pelvis and calf. They demonstrated what they had learned by labelling a body outline, using a word bank to support their spelling.

Later in the lesson they took turns to draw around their hand, looking closely at the differences in size and finger length between their own and others, learning that



The abdomen is the part from below your chest to your pelvis. It's where your stomach is.

My calf is at the back of my leg, below the knee. It feels all squiddy!

Our bodies are all different sizes and shapes. Even our hands are different sizes!





# Year 3 and 4

## Looking at Learning

This week, Year 3 and 4 began their history topic, "Through the Ages," by creating artwork from observational drawings. They explored pictures and made notes.



The children created their own cave art by painting a stone-effect background

In the next lesson, they will build on this by adding drawings using charcoal.



# NARRATIVE POEMS AND CHINESE FOLK TALES

This week in 5/6 class we have continued to explore Chinese Folk Tales. We learned of two stories in particular:

Bamboo and the Turtle and The Magic Paintbrush

We were interested to learn that as with other folk tales, these stories were handed down by word-of-mouth through generations until they found themselves in the world today.

The tales were intended to transmit cultural values, teach moral lessons, preserve history, and provide wisdom through entertainment.

We took these stories and after reading them through and learning them so we could retell them orally, we story-mapped the tale of 'The Magic Paintbrush.' We then used this and a sample text to help us re-write the tale in the form of a narrative poem.

## PLAN



Bamboo riding on the back of a turtle.





## Narrative poem checklist

- ☐ I can write a poem that summarises a story.
- ☐ I can include a plot, characters and a setting.
- ☐ I can include exciting events and problems in my poem.
- ☐ I can include direct speech.
- ☐ I can include figurative language, such as **similes** and **personification**.
- ☐ I can include expanded noun phrases.
- ☐ I can use appropriate punctuation, including inverted commas for direct speech.

We used a success criteria to help us ensure that our poems were written correctly.

It was not necessary for the poem to rhyme, but as in our example poem, we decided to put a few in their to support the poems flow.

# EDIT AND IMPROVE

The children worked with their talk partners to edit their work using collaborative improvement. During this process the children maintain creative control, but are offered alternative options by their partner, or shown where they have made spelling or grammatical errors.

When the children finish their editing and improving, we plan to neatly re-write them and display them proudly on our 'Dynamic Dynasties' display for everyone to see.

# PUBLISH

Tuesday 9 September 2025  
Ici to write a narrative poem.

Ma being was a great and kind-hearted boy.  
He was poor.  
But he loved to draw.  
Birds, fish, horses and flowers, so realistic they seemed alive.  
Everyone was shocked at the time.

One night, he dreamed of an old man with a beard as long  
as a giraffe's neck.  
A man as old as time.  
Use this brush for good! he Godked.



A narrative poem tells a story using poetic techniques. It doesn't have to rhyme but it does have to make sense and it is important that the author considers the story-line (excitement), vocabulary and flow.

By Immy



Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

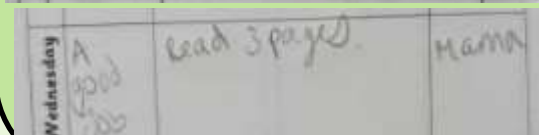
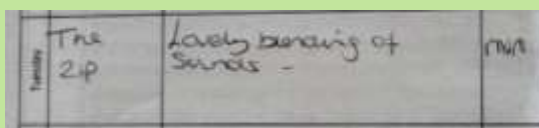
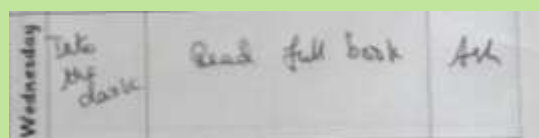
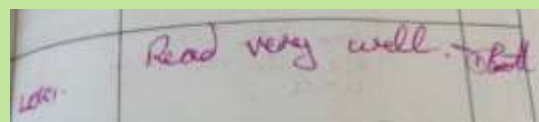
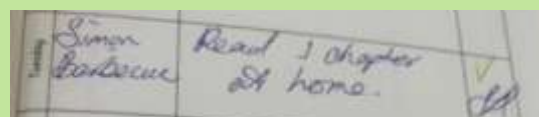
Encouraging Critical Thinking:

What do you think will happen next?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to.



**REMEMBER... YOU'VE GOT TO BE IN IT TO WIN IT!**

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



# Diary Dates



Spring Term	
September	
Friday 26th September	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
October	
Wednesday 8th October	Year 5 & 6 Healthy Eating workshop  Parents and Carers workshop– Healthy eating, led by School Nurse Service. 2.15-15. Book your place through the school office.
Thursday 9th October	World Mental Health Day. Please wear blue.
Friday 17th October– Tuesday 21st October	Scholastic book fair in school (see flyer).
Monday 20th October	School Tour for prospective reception parents, 2pm
Friday 24th October	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
27 <sup>th</sup> October– 31st October	Half Term Holiday
November	
Monday 3 <sup>rd</sup> November	Autumn 2 begins
Tuesday 4th November	Change makers programme begins (children and parents). Flyer to follow
Friday 7th November	Individual photos (siblings welcome– more details to follow)
Friday 28 <sup>th</sup> November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
December	
Monday 1st December	INSET Day– school is closed
Tuesday 2nd December	EYFS, Year 1 and Year 2 to visit Warwick Arts Centre to watch The Tiger Who Came To Tea.
Wednesday 3rd December	<b>Years 3 &amp; 4 to visit Coventry's Belgrade Theatre to watch Sleeping Beauty</b>
Thursday 11th December	Years 5 and 6 to visit the RSC to watch The BFG
Wednesday 17th December	Christmas Jumper Day
Monday 22nd December 2025 to Friday 2nd January 2025	Christmas Holiday  School returns on Monday 5th January

## INSET Days 2025-26

- Friday 10th October 2025
- Monday 1st December 2025
- Monday 1st June 2026
- Monday 20th July 2026

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.



UN Convention on the Rights of the Child  
Article 29: Goals of education  
Article 5, Parental Guidance, Article 18, Parental responsibility





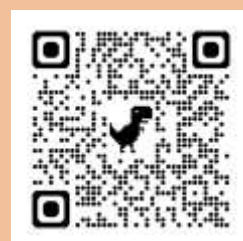
# School Uniform

Our school uniform consists of a blue or white polo shirt, navy jumper or cardigan, grey trousers or skirt.

All children should wear black school shoes which are not trainers.



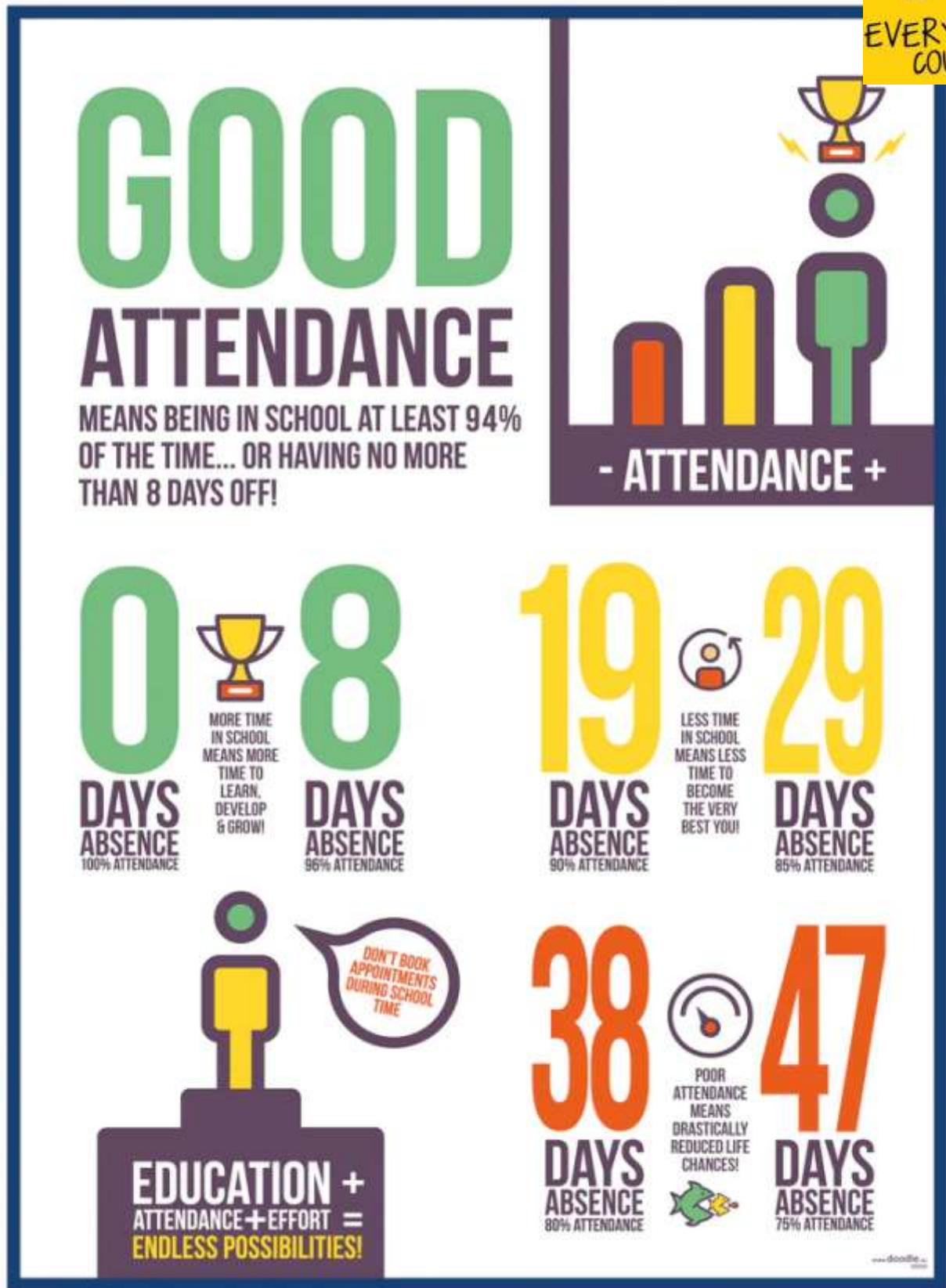
For P.E. lessons, children should wear a plain white t-shirt, black sports shorts and black trainers or pumps.



Uniform can be ordered online via [www.stitchtech.co.uk](http://www.stitchtech.co.uk) or [www.myclothing.com](http://www.myclothing.com)

**Stitch-Tech Ltd**





UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



**SCHOLASTIC**

**COME TO THE**

# Book Fair

**FILL YOUR  
SCHOOL WITH  
FREE BOOKS  
WHEN YOU BUY  
FROM THE  
BOOK FAIR\***

**READING  
GIVES YOU  
SUPERPOWERS!**

**LAST YEAR, YOUR SUPPORT  
HELPED TO DONATE OVER**

**£5.3M**

**IN BOOKS TO SCHOOLS  
NATIONWIDE**



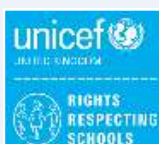
3.20 - 3.45pm

Main Hall 17th, 20th and 21st

October

## HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.



UN Convention on the Rights of the Child

Article 29: Goals of education





We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.



The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18: Parental responsibilities

Article 24: Health and health services

### Monday



Moroccan Chicken Pasta G

### Vegetarian Customers Only



(v) Broccoli and Sweetcorn Pasta Bake G.D

### Tuesday



(v) Rustic Pizza Wedge G.D.SB



(v) Jacket Potato with Cheese D.

### Wednesday



British Roast Chicken, Stuffing G.



(vg) Quorn Roast G.  
Optional Stuffing G.

### Thursday



Pork Sausages G.SU.SB



(v) Plant Power Sausages with Gravy

### Friday



Crispy Salmon Fishcake F.G.



(vg) Plant Power Burger in a Bun G.

### Educaterers' New Menu

Next week is Week 2  
Jacket potato and choice  
of fillings available daily

### Free School Meals

If you think that you may  
be eligible for free school  
meals applications can be  
made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs  
Hendriksen are happy to  
help with FSM  
applications, please ask if  
you require assistance.





# Introducing our Brand New Junior Leadership Team



Our Junior Leadership Team is group of self nominated pupils who are selected to represent the views of all pupils and work together to improve their school, the community and the world.



UN Convention on the Rights of the Child  
Article 29: Goals of education





# Introducing our Brand New Junior Leadership Team



UN Convention on the Rights of the Child  
Article 29: Goals of education





# Emotional Wellbeing and Mental Health



Mental Health in Schools Team  
**Tips For Wellness**



## Mind and Body

Just as we look after our physical health, it's important to look after our mental health. In fact, the two are closely connected!

Most of us will know what it's like to feel worried, stressed or low from time to time. We might be affected by our relationships with friends and classmates or things we see on the news, and we might feel worried about school or our home lives (this is understandable!) Recognising how our mind health and physical health work together can keep us mentally healthy.

### Our Tips for looking after your Mind and Body:

To ensure a healthy mind and body, why not try some of the activities below? Can you choose one from each category?

1. **Physical**- healthy eating with plenty of water, time away from technology and get fresh air where you can, regular exercise every day (e.g., walk to school or get off the bus a stop earlier, dance, or stretch), a consistent sleep schedule (children aged 6-12 years should aim for 9-12 hours sleep per night, adolescents should aim for 8-10 hours).
2. **Social**- spend quality time with friends and family, connect with others in person (as well as online), join a club or community group, reach out to others and don't be afraid to ask for help or offer support.
3. **Practical**- keep a daily routine to create structure and stability, use checklists to act as reminders and to hold yourself accountable, get ready for the day each morning, set yourself small and achievable goals to stay motivated.
4. **Emotional**- develop supportive friendships, write down three good things from your day, take time to do something relaxing every day, practise self-kindness (e.g., treat yourself how you would treat a friend!)

Scan the QR code for more ideas around keeping a healthy mind and body.



#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! [thankskids@covwarkpt.nhs.uk](mailto:thankskids@covwarkpt.nhs.uk).

**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**

# Emotional Wellbeing and Mental Health



Take a look at Action for Happiness' Self Care September calendar for some lovely ideas too keep you smiling this month.



ACTION FOR HAPPINESS

Happier · Kinder · Together

Self-Care September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Find time for self-care, it's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS

Happier · Kinder · Together

11

Make time to do something you really enjoy

26

Find a new way to use one of your strengths or talents

29

Write down three things you appreciate about yourself

12

Get active outside and give your mind and body a natural boost



# Lighthorne Heath Learning Heroes

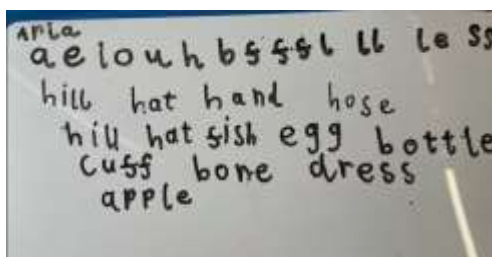
## Reception

Mrs. Gill has nominated Alyx as her learning hero this week. Alyx has settled beautifully into school and has been a fantastic friend and role model to her peers.



## Years 1 & 2

Our hero this week is Aria for consistently displaying a fantastic attitude to her work. She strives to present all of her work neatly and listens carefully to all instructions during the teaching sessions. She has also offered lots of interesting ideas during our class discussions this week in Science and PSHE. What a great start to the year Aria, well done!



Have a go



Concentrate

## Years 3 & 4

This week, Mrs. Madahar has named Danny as the class learning hero. His excellent participation in maths lessons and strong motivation to complete his work have been impressive. Well done, Danny- keep up the excellent effort!



Be curious!

## Years 5 & 6

Mrs. Cox's hero this week is Jonathon. He has settled in well over the last two weeks to his new school and contributed enthusiastically in all lessons. Keep up the great work!



Enjoy learning

UN Convention on the Rights of the Child

Article 29: Goals of education





## Join the fun with Change Makers

The FREE healthy lifestyles programme  
for Warwickshire families.

An afterschool programme for families with  
children of all ages, who want to improve their  
lifestyle and make healthier decisions.

The chance to take part in fun games and  
activities together, whilst having access to  
expert information and support.

Discover how small changes can make a  
big difference to your families health  
and wellbeing.

**Lighthorne Heath Primary School**

Starts Tuesday November 4th, 2025

And runs every Tuesday after school

Please note that parents are expected to attend the Change Makers Club with their children.  
Please complete the application form on the next page— paper copies available from the  
school office.







**Places are limited to first come, first served.**

To book a place please fill out the form below.

**Please note that a parent or carer must also attend the session.**

Parent's name: .....

Address: .....

.....

Postcode: .....

Mobile number: .....

Email address: .....

Please outline the family members you would like to attend.

Children that would be attending	DOB	Gender	School

# School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

## Applying for a primary school place

**1  
November**

Application opens

**15 January**

Closing date for  
applications

**1 February**

Extended closing  
date for house  
moves

**16 April**

National offer day

**14 May**

Deadline for  
submitting appeals

## Applying for a Secondary School Place

**1  
September**

Application opens

**31 October**

Closing date for  
applications

**31**

**December**

Extended closing date  
for house moves

**2 March**

National Offer Day

**27 March**

Deadline for  
submitting appeals





# OPEN EVENING

Thursday 25th September 2025 5.00pm to 8.30pm

## Come and find out how we support our students in achieving their personal best

Meet our teachers and students; take part in exciting subject activities and have a look at our fantastic, brand-new school and facilities.

Students at Kineton High School are confident and successful. We believe in and constantly strive for outstanding progress, both academically and in students' personal development.

You are invited to join us anytime during the evening from 5.00pm to 8.30pm (arrival from 4.45pm) and parking is available on site.

**Headteacher's speech at 5.15pm, 6.15pm and 7.00pm.**

*"We were all so chuffed when our boys got offered their places at KHS and haven't once been disappointed." Parent 2025*

*"Kineton High School is a fun place to learn and gives people many opportunities." Year 7 Student*

*"Pupils flourish academically and personally." OFSTED 2024*

**We can't wait to meet you!**



Stowe Valley  
ACADEMY TRUST

Please note: no booking is required for this event.  
For a copy of our prospectus and further information please visit our website [www.kinetonhighschool.org.uk](http://www.kinetonhighschool.org.uk) call us on 01926 640465 or email [kinetonhighschool@stowevalley.com](mailto:kinetonhighschool@stowevalley.com)

Achieving Personal Best



Southam  
College

# OPEN EVENING

Thursday 18th September 2025 5:30pm – 8:30pm

**Headteacher Presentation  
5:45pm, 6:30pm and 7:00pm**

An opportunity to:

- Talk to staff and students
- Have a look at our fantastic, brand-new school and facilities.
- Understand our values and ethos

KINDNESS CONFIDENCE RESILIENCE

