



Nursery and Reception



This week, children in our Reception class started their new Jigsaw unit of PSHE (Personal, social, health and economic education).

Our first session was called 'Being Me in My World'. This ties in nicely

with our current learning theme , Me and My Community.

We started our session with a moment of calm, where we practiced mindful breathing to help us relax. We then sang a song about togetherness before we met Jigsaw Jenie. She helped us to play a game and then we had a chance to tell her each of our favourite classroom toys. We learnt that like the classroom toys, we are all different and unique and that's what makes our school a special place to be.



Years 1 and 2



This week in our PSHE lesson we welcomed a new member to our class family, Jigsaw Jack! The children took turns to introduce themselves to Jack, learning how to welcome someone new into the class, reflecting on the importance of making them feel special and safe. We looked at images of children feeling safe and special, such as receiving a hug from a family member, enjoying time in a soft play area or snuggling in a warm bed. The children then recorded ways they feel safe and special in their personal Jigsaw Journal.



Jigsaw brings together Personal, Social, Health Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

This helps teachers to focus on tailoring the lessons to their children's needs and to enjoy building the relationship with their class, getting to know them better as unique human beings.



Year 3/4



Scrumdiddlyumptious

This week, the children worked on an observational drawing in our art lesson. To begin with, each child was given a banana and had some time to look closely at what they were about to draw. They thought about the colours, size, shape and markings. They then picked up the object to explore it further, through touch. Including getting a grasp of its texture and having an opportunity to consider how they might incorporate this into their drawings.

The children also carefully inspected the shadow of their object and thought about how significant this could be in their final artwork. After they had explored the item thoroughly, the children began their work by lightly sketching the outline of the banana. Then they went over their initial sketching by improving it with some careful pencil work. Each time the children were encouraged to keep looking at what they were drawing and checking their drawing against it to try and produce a true likeness. The children then went over their work a third time adding additional detail, such as markings and texture to bring the work alive. Once the children were happy with their sketches, they used water colours to add depth to their work. All together the children produced some lovely, final pieces of artwork.



UN Convention on the Rights of the Child

Article 29: Goals of education



Frozen Kingdoms

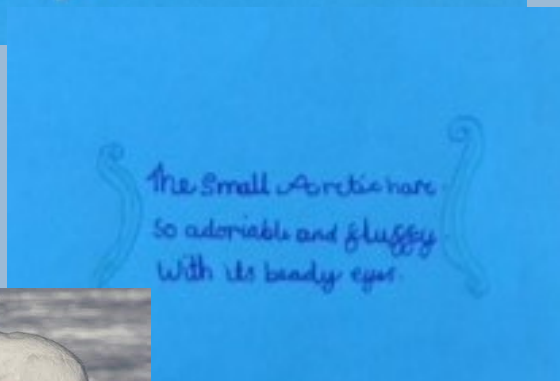
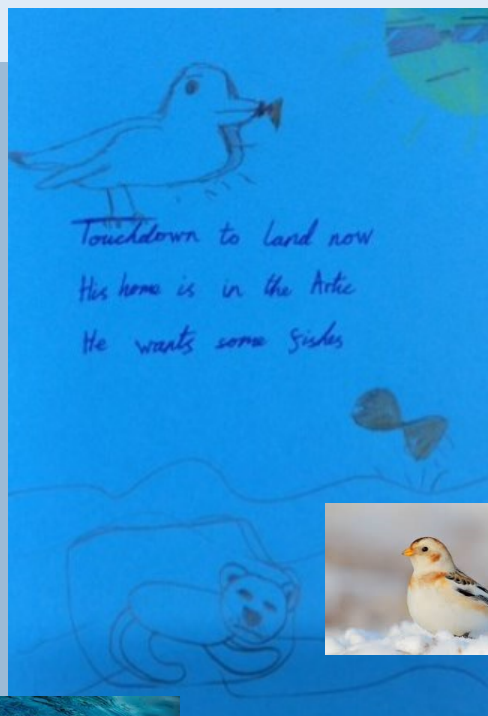
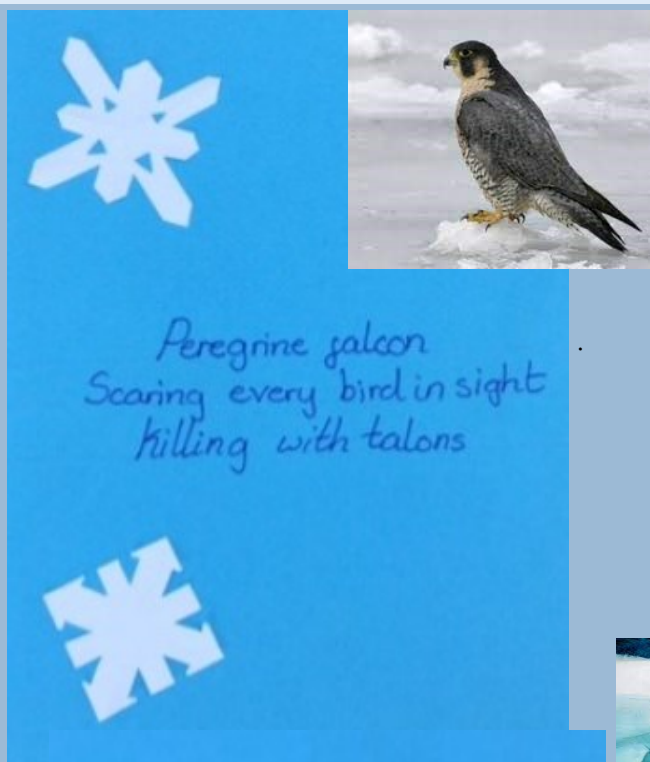
Polar Haikus

5/6

In Years 5 & 6, we have continued our learning about the polar regions. This week focussing on polar animals.

We made lists of interesting adjectives to describe various arctic creatures. We then used these lists as a starting point for writing a haiku.

A haiku is a Japanese poem of seventeen syllables, in three lines of five, seven, and five, traditionally evoking images of the



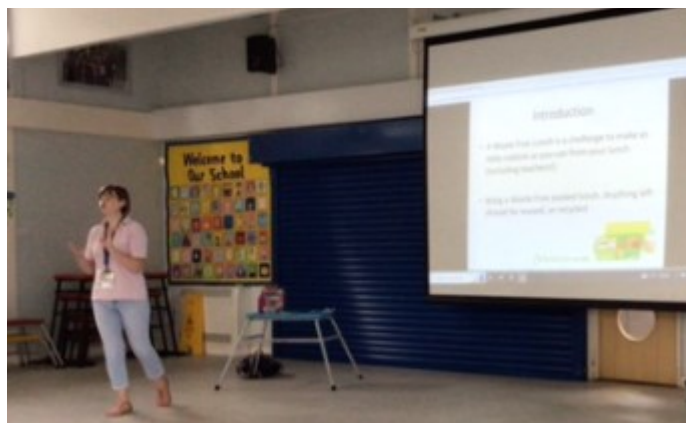
Above are some examples of our Polar Animal inspired haikus.

Waste Free Lunch

On Tuesday, the children were visited by Fiona from Warwickshire Country Council. She came to talk to give an assembly about how to waste less in our lunch boxes.

She gave us tips on how to save we can send less to landfill, and also in a lot of cases, save money.

Below are some of her suggestions:



What to include in a 'Waste Free' lunch?

- Pack sandwiches in a reusable container or kitchen roll/ greaseproof paper that can be composted
- Buy large packets of biscuits, crisps, raisins and put a few in a reusable container
- Eat fruit snacks as leftovers can be composted
- Take drinks in a drinks bottle that can be used again
- Use cutlery that can be washed and used again



What to avoid in a 'Waste Free' lunch?

- Foil or Clingfilm
- Individually packed items i.e. biscuits, fruit, cheese, chocolate
- Drinks in cartons or foil pouches



CODING CLUB

“
Every child born this century
should learn to code!

- Bill Gates

ESSENTIAL
SKILLS FOR
YOUR
FUTURE



LIMITED
PLACES

We are excited to announce that
Innovation Pod will be running its
award-winning Coding Club at
Lighthorne Heath



YEARS 3 - 6 - FRIDAY

Children in KS2 will be studying our exhilarating Introduction to Web Development module

This Introduction to Web Development module uses the free online coding platform Trinket to teach children beginner skills in the two of the main coding languages for web-page creation - HTML and CSS. Children learn how to structure and style webpages with images, lists, links, and animation and in the process, make interactive webpages with art, emojis and flip cards.



Sign up using this link: <https://www.innovationpod.co.uk/signup>

Classes will start straight after school and finish at 4pm. Clubs cost £6.60 (inc. VAT) per session. Payment is for the full term via a one-off Direct Debit. This is NOT a recurring payment.

Classes will begin from 10th November till 15th December.

Follow us on any of our social media platforms to see our lessons in action [@InnovationPodUK](#) [@InnovationPod](#) [@InnovationPod](#)

☎ 07780 984 331

✉ info@innovationpod.co.uk

🌐 www.innovationpod.co.uk



Dear Parent/Carer

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 6-7 and 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

All survey questions are multiple choice and focussed on the programme.

The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.

If you **do not** want your child to take part in the **survey**, please let your child's class teacher know.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents	Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities
Online Safety Hub For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/online-safety	Childline – under 12's Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)
Talk PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants .	

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Jill Manley



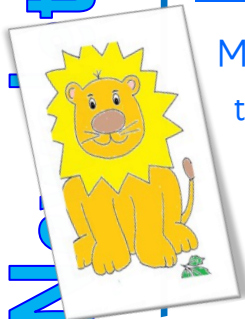
NSPCC

**Speak out.
Stay safe.**

Lighthorne Heath Learning Heroes

Nursery & Reception

Mrs Hartley and Mrs Manley have chosen Ella as their class hero this week. Ella has impressed us with her enthusiasm for handwriting and her determination to keep going. She has listened carefully about pencil grip and then filled an entire page with her practice of forming dots. Well done Ella!



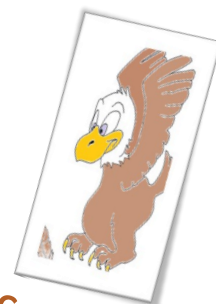
Co-operate

Years 1 & 2

Our Year 1 & 2 Hero this week is Summer L who has been working hard with Mrs Watterson to practise writing the letters for her name each day. She has shown determination and perseverance, impressing us in class with her letter formation in other lessons too. Fantastic effort Summer!



Persevere



Have a go

Concentrate

Years 3 & 4

Miss Singh has chosen Rogan as this week's hero. For trying his best and not giving up. He has shown great enthusiasm towards our topic 'Scrumdiddlyumptious' and is very eager to do well with his times tables too. Well done, Rogan!



Keep on improving



Years 5 & 6

My hero this week is Sreenanth. He joined us on Wednesday and has been a smiley and happy addition to the classroom. He has worked hard and had a go at every task he has been given. Keep up the fantastic work, Sreenanth!



Use your imagination



Enjoy learning

Emotional Wellbeing and Mental Health



Mental Health in Schools Team (MHST)

Tips For Wellness:

RESILIENCE

Resilience is our ability to **bounce back** from difficulties and adapt to challenging experiences. There are times when things will not go how we planned, so being resilient will help us keep going and try again. Resilience is not something we have, or do not have, we can all develop our resilience!

Our tips for being more resilient:

1- Practise saying these phrases about your work:

"I did better than I thought I would" instead of "I didn't do as well as I'd imagined"

"I pushed myself and worked hard" instead of "I could have worked harder"

"I took a chance and tried something new" instead of "I stuck to what I know"

"I listened to others' feedback" instead of "I kept going using my own approach"

"I asked for help when I needed it" instead of "I did not understand what I was supposed to be doing"

2- Ways you can be resilient:

-Take a positive perspective

-View challenges as learning opportunities

-Focus on the things you can control, instead of dwelling on the things you can't

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

Diary Dates



Spring Term

*= New additions to the diary dates

September

Friday 22 nd September	Flu vaccination Years R and 6
Friday 29 th September	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund

October

Monday 2 nd October	School closed for INSET day
Friday 6 th October and Wednesday 11 th October	School Nurse Service leading height and weight checks for pupils in YR and Y6
*Tuesday 10 th October	Y6 to the Royal Opera House, L'elisir d'amore
Monday 16 th October	Bikeability for Y5&6
Tuesday 24 th October	Peer Mediation training for Years 5&6
Friday 27 th October	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund
30 th October- 3 rd November	Half Term Holiday

November

Monday 6 th November	Autumn 2 begins
Wednesday 8 th November	Years 5 & 6 trip tbc
*Thursday 9 th November	Bonfire Bingo. Family bingo session 3.15-4.15pm
*Friday 10 th November	Coding club begins for years 3-6 Sign up link: https://www.innovationpod.co.uk/lighthorneheath and see newsletter page
Thursday 23 rd November	Years 3, 4, 5 & 6 winter theatre trips
Friday 24 th November	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.

December

Monday 4 th December	INSET day
Tuesday 12 th December	Nursery, Reception, Year 1 & 2 winter theatre trip
TBC	Winter performances and celebrations
Monday 25 December 2023 to Friday 5 January 2024	Christmas Holiday School returns on Tuesday 9 th January

With best wishes from Mrs Westwood, Mrs Manley and all the staff at
Lighthorne Heath Primary School.



OPEN EVENING

Thursday 28th September 5.00pm to 8.30pm

COME AND FIND OUT HOW WE SUPPORT OUR STUDENTS IN ACHIEVING THEIR PERSONAL BEST

Meet our teachers; take part in exciting subject activities and have a look at our facilities, including progress on our new school build.

Students at Kineton High School are confident and successful. We believe in and constantly strive for outstanding progress, both academically and in student's personal development.

Due to limited parking on site we kindly ask that you join us for one of the following sessions (booking is not required):

Session 1:

5.00pm to 6.30pm (arrival from 4.45pm) Headteacher's speech at 5.00pm

Session 2:

7.00pm to 8.30pm (arrival from 6.45pm) Headteacher's speech at 7.00pm

“Kineton High School is a fun place to learn
and gives people many opportunities.”
Year 7 Student

We can't wait to meet you!



Stowe Valley
MULTI ACADEMY TRUST

For a copy of our prospectus and further information please visit our
website www.kinetonhighschool.org.uk call us on 01926 640465
or email kinetonhighschool@stowevalley.com

Achieving Personal Best



OPEN EVENING



Southam
College

OPEN EVENING

Thursday 21st September

Come and find out how we support
our students to be the best they
can be.

CLICK HERE
find out more



Stowe Valley
MULTI ACADEMY TRUST

www.southamcollege.com
southamcollege@stowevalley.com

