

# Nursery and Reception

## DANGEROUS DINOSAURS

This week in Reception and Nursery class, the children have become palaeontologists. A palaeontologist is a scientist who studies the history of life on Earth through the fossil record. .

We have learnt that Palaeontologists need to be very careful when excavating as bones can be very fragile, and they also need to have lots of patience.

To practice their skills the children have excavated chocolate chips from a biscuit using a toothpick and brushes. It took us a very long time but we enjoyed our biscuit treat at the end! We have also been learning the names of lots of different dinosaurs and have enjoyed playing with the small world dinosaurs in our slimy swap.





# OWN BOOKS

- We are keen to make sure that all of our families are aware of our OWN BOOKS bookshelf in the school reception area.
- This scheme aims to encourage everyone to develop a love of books and reading and makes books available to everyone.
- The books on the shelf are free to take home. You are welcome to keep the book, or, if you wish, return it to the shelf for someone else to enjoy.
- Please use the shelf, you are welcome to browse the books on offer, however, we politely request that if the reception area is particularly busy you return when it is a little quieter.
- There are books for teenagers and adults too, we want to get everyone reading. It is your responsibility as parent/ carer to make sure that your child is supervised when using the shelf and that any book chosen is age appropriate.



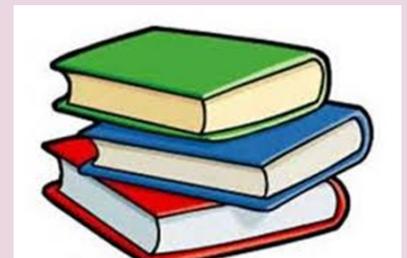
If you would like to donate any books to the scheme, please speak to Mrs Manley or Mrs Hendrickson (we are happy to take donations of appropriate books that are in good condition, however, we do not have the space to store a large number of books). We are in most need of books for adults and older readers at this time.

# OWN BOOKS



Some benefits of reading:

- 1) Children who read have more words in their vocabularies
- 2) Children who read have vivid imaginations
- 3) Children who read are good at seeing pictures in their heads
- 4) Children who read are good at solving problems in their heads
- 5) Children who read are good at writing
- 6) Children who read are good at communicating in words
- 7) Children who read are inquisitive and lively
- 8) Children who read are good at concentrating
- 9) Children who read are good at reading
- 10) Children who read know quite a lot about many things
- 11) Children who read are generally very smart
- 12) Children who read have lots of words to use to express their ideas feelings and thoughts
- 13) Children who read love to read and share the good books with each other



# Years 1 and 2



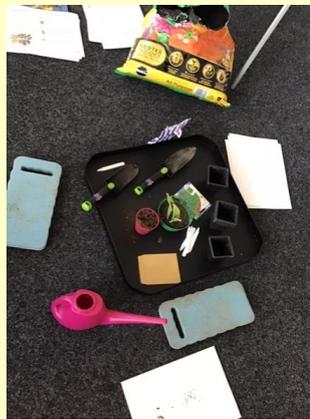
In Science this week, the children in Years 1 and 2 have been learning how to care for a plant.

We began the lesson by watching a time lapse 'Explorify' video which showed the transformation of a bean plant developing from seed to sprout.

The children observed changes as the roots grew deeper and green shoots began to appear. This led to a discussion about what a plant needs in order to grow. The children shared ideas and learned that they need water, soil, light, air, space and time. They had a go at making their own biodegradable plant pots, using cardboard tubes before planting their own sunflower seeds.

Over the next few weeks, they will need to water these regularly, ensure they have enough sunlight and check for any signs of growth.

The children have been very excited to find signs of spring flowers growing in the school garden. They helped nurture a tulip bulb that had been found laying beside the path and this week discovered the red flower head was beginning to emerge and the plant was looking healthier after it had been watered and set in new soil.



UN Convention on the Rights of the Child

Article 29: Goals of education



# Year 3/4

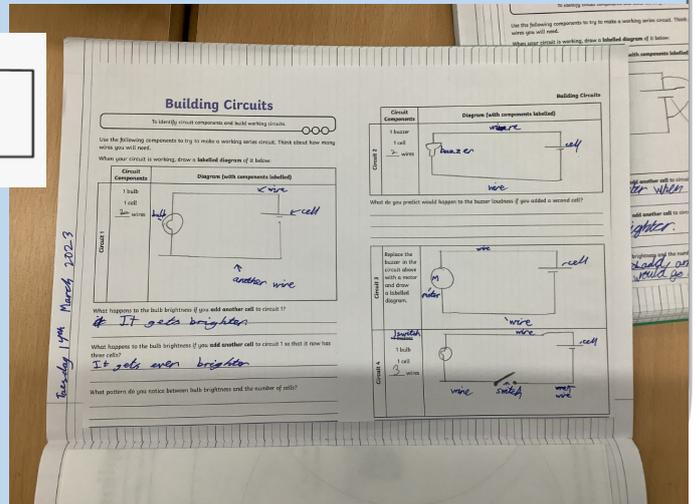
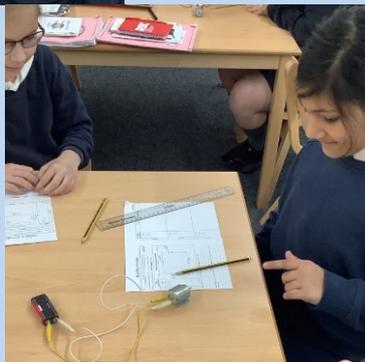
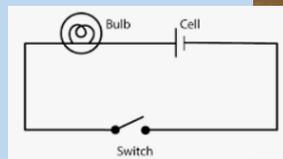


In Science, the children constructed simple electrical circuits. We started off the lesson by discussing: What is an electrical circuit? The children learned that it is a pathway that electricity can flow around. Before we proceeded any further with the lesson, we talked about how to use electricity safely in the classroom, such as only using equipment as instructed, not overloading the circuit, making sure the equipment is connected correctly and reporting any broken or damaged equipment.

In their groups, the children were given a selection of bulbs, switches, motors, wires and cells to see what they could build. They were subsequently given a series of tasks that guided them in building a selection of circuits. After they completed each circuit, they drew a labelled diagram of it. To conclude their learnings, they were set the following challenge: What happens to the bulb brightness if you add another cell to circuit 1?



The children found out that the bulb got brighter. The children now understand the different components within a circuit, as well as how to build a working circuit and how to draw labelled diagrams of circuits.





We had a successful launch to Science week with an engaging STEM workshop led by Warwickshire Family learning. Families took part in activities such as investigating waterproof materials, magnetic model building and designing structures to support a chocolate egg. Thank you to the adults involved with organising this, It was lovely to see so many families joining in and learning together. We have another science workshop next Tuesday 21st March, please telephone the school office to book onto this session, it is free to attend.



We also have a new display in our entrance hall to promote Science week. Please pop in and look at the displayed science investigations that you can get involved in at home with your children. All activities can be accessed using the QR codes on the display or if requested we can provide a paper copy for you to follow. We would love to see photos of the science investigations you take part in, so please email these to the office or via your class teacher's email.



Happy Science week, have fun learning together!

Years 5&6

# Scream Machine

This week the children in 5/6 have been finding out more about forces. They explored the effects of air resistance by observing parachutes falling. In groups they planned a scientific enquiry to determine whether the size (or shape) or parachute affected the length of time it took to fall from a height of 2m.

They recorded their data in a chart and then wrote up their experiment. Because the children already had an understanding of gravity and air resistance, the majority of their hypotheses were correct.

We were careful to make sure that there was only one variable to ensure a fair and accurate test.



The larger parachutes took longer to fall because there was more air resistance.

I enjoyed making the parachutes. We're hoping to make more if we have indoor play this



# Emotional Wellbeing and Mental Health



## RISE MHST

### Mental Health in Schools Team (MHST)

#### Tips For Wellness:

20th March - International  
Day of Happiness

### SELF-CARE

Self-care is all about the little things we do to help ourselves feel better or to keep ourselves feeling good. This is a great way to look after our mental health and wellbeing. Self-care involves 'checking in' with yourself, thinking "how do I feel?" and understanding "what do I need?".

Self-care looks different for everybody, so it is important to try out different methods to find what works for you!

#### Our tips for practicing self-care:

1- Ask yourself "how do I feel?" If you feel sad, worried or angry, talk to a trusted adult and choose an activity that you enjoy, e.g., listening to music, drawing, playing a game, reading a book, or going for a walk.

2- Make time for a relaxation activity, why not try out the breathing and meditation exercises by following the QR codes?

3- Try to look after yourself by eating and sleeping well!

4- If you notice yourself feeling overwhelmed, take some time out and ask yourself "what do I need?" Is there anything you can do to help yourself to feel better? Or do you need to take a break to recharge?

5- To learn more about self-care and how we can look after ourselves better, scan the QR code!



Try out this  
breathing exercise!



Scan to practice  
meditation.



More self-care  
tips!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

[thankskids@covwarkpt.nhs.uk](mailto:thankskids@covwarkpt.nhs.uk)

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

## Attendance Matters



### School Attendance:

All parents have a legal duty to ensure that their child receives an education suitable to their age and ability.

Most parents fulfil their legal obligation by registering their child in a school.

Regular attendance at school is good for children. It helps their social development, health, and mental wellbeing. Pupils who attend school regularly improve their chances of being academically successful.

Poor attendance can have an adverse impact on friendship groups, self-confidence, resilience, and social, emotional and mental health. It can have a damaging effect on a child's education and most work missed during an absence may never effectively be made up. There is a proven link between poor school attendance and low levels of achievement.

A pupil with attendance below 90% is classed as persistently absent, even if the absence has been authorised.

Please make sure that your child attends school every day. Absences can only be authorised if a child has an illness that is infectious to other people (such as sickness and diarrhoea, chicken pox etc.) or has an urgent medical appointment. Please bear in mind that minor ailments (such as headaches, sore throat or tiredness) usually feel much better if a child continues their normal routine– we would always call parents if a child needed to be collected during the school day. Similarly, non urgent medical appointments such as routine dentist should be made for after school or holiday times.

If your child (all year groups, Nursery to Year 6) is going to be absent from school it is important that the school office are informed (by email on [admin2064@welearn365.com](mailto:admin2064@welearn365.com)) or telephone (01926 640326) no later than 9.30 am on each day of absence. Failure to notify the school raises safety concerns about the absent child and causes additional work to investigate by the school office.

## Notices from our school business manager:

### Financial Year End

As we approach our financial year end, we politely ask that you visit your parent pay account to ensure all outstanding payments are up to date.

If you have an outstanding debt you are unable to repay prior to 10 March 2023 please contact [beck.s@welearn365.com](mailto:beck.s@welearn365.com) for a mutually agreeable payment plan.



### School Meals

We have been notified that our school meal provider Educaterers are increasing the cost of a school meal to £2.42 per day (£12.10 per week) with effect from 1 April 2023.



### A note from Mrs. Hartley:

#### Holi Celebration Workshops- Tuesday 21st March (Nursery to Y6)

On Tuesday 21st March Kalpesh from KZ Dance will visit Lighthorne Heath Primary School to help with our understanding of the Hindu Faith and Holi Festival. Each class will take part in a Bollywood Dance workshop. It promises to be very energetic and lots of fun!

The cost of this visit is £3.85 per child and this is available now to pay for on ParentPay.

During the visit there will be a grand finale of dance performances and Holi Festival Celebration for about 25-30 minutes outdoors. Parents (and Nursery children are welcome back) are invited at 2.30 pm and they can also join dancing and Holi celebration.

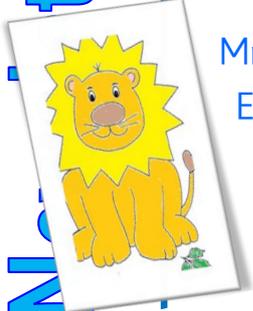
All of the Holi colours/dried powder paints provided are non-toxic & organic, very safe for children to use and will wash away easily. If you would like your child to take part in the Holi Celebration, please send in old clothes and shoes and a pair of sunglasses or goggles to protect their eyes. White T-shirts are suggested as the colours will be more vibrant. Parents are also reminded of these requirements if they would like to take part too.

We only need you to inform us if your child should NOT have permission to join in

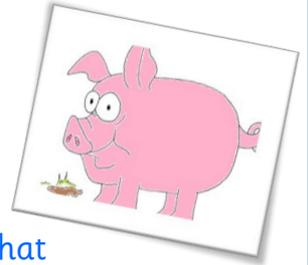
# Lighthorne Heath Learning Heroes

## Nursery and Reception

Mrs Manley and Mrs Hartley's class hero is Elizabeth this week. Elizabeth has practiced her reading daily at home and often does extra letter formation practice. This has really shown in her progression in both reading and writing. She has created some beautiful pages about dinosaurs in our pop up books that we are currently working on.



Co-operate



Have a go

## Year 1/2

Mrs Hill and Mrs Munday's hero for this week is Ella-Mae for completing her work in literacy lessons with increased independence. Ella has also demonstrated good concentration during quiet reading times. Well done Ella we are really proud of your achievements!



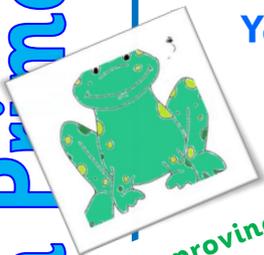
Persevere



Concentrate

## Year 3/4

Miss Singh has chosen Bella as this week's hero for showing superb concentration and perseverance. Bella is always determined to complete all work set and ensures it is produced to excellent standards. She has worked extremely hard to improve her handwriting and now has her pen license. Superb work!



Keep on improving



## Year 5/6

My hero for this week is Henry. He has shown an improvement with his organisational skills and is beginning to show more maturity in relation to his schoolwork: Reading more at home and remembering the classroom behavioural expectations. Well done, Henry!



Use your imagination



Enjoy learn-

# Diary Dates

Spring Term	
Tuesday 21 March	Holi celebration. Parents are invited at 2.30 pm
Friday 24 March	Mufti Day (non-uniform day), please bring 50p donation to school fund
Thursday 30 <sup>th</sup> March	Family Easter egg bingo after school
Friday 31 March	School breaks up for the Easter Holiday Mufti Day
Monday 3 April 2023 to Friday 14 April 2023	Easter Holidays



## Super Star Reading!

Our Reading superstar this week is Archie. Congratulations.

Archie has spent lots of time this week reading with Mum and Dad.

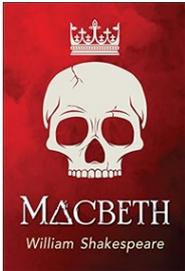
With best wishes from Mrs Westwood, Mrs Manley and  
All the Staff at Lighthorne Heath Primary School

# Calling All

## Aspiring Actors in KS2

Do you enjoy performing?  
Would you like to perform to an invited audience at Sydenham Primary School?  
Are you available to perform after school on Thursday 8<sup>th</sup> June?

If you answered yes to these questions, then Mrs Cox needs you!



Please register your interest with Mrs Cox.

We will begin planning and rehearsals the week beginning 20<sup>th</sup> March

Our performance will be based on a section of Macbeth by William Shakespeare

# FUNDRAISING IN AID OF



**FRIDAY 17 MARCH**

**Fundraiser name and contact details:**

Lighthorne Heath Primary School, Stratford Road, Lighthorne Heath, CV33 9TW

**020 7820 2000 COMICRELIEF.COM**

Comic Relief is the operating name of Charity Projects, registered charity in England & Wales (326568) and Scotland (SC039730) and company limited by guarantee registered in England & Wales (01806434), registered address 89 Albert Embankment, London, SE1 7TP.



NU Convention on the Rights of the  
Child

Article 29: Goals of education



## Adult and Community Learning

# Science Explorers Workshops



Two **FREE** sessions for parents  
and children aged 3-11

Tuesday 7<sup>th</sup> March 3:15-4:45

Tuesday 21<sup>st</sup> March 3:15-4:45

**Lighthorne Heath Primary School**

**Enjoy time together**

**Fun science activities**

**If you are interested in attending either workshop,  
please give your name to the school office.**

For more information, please contact:

[janlennon@warwickshire.gov.uk](mailto:janlennon@warwickshire.gov.uk)



Warwickshire  
County Council

*Working for  
Warwickshire*

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**RIGHTS  
RESPECTING  
SCHOOLS**



**THE KING'S  
CORONATION  
CELEBRATION LUNCH**

Friday 5th May 2023



**GREAT BRITISH FISH & CHIPS**

or

**(vg) BREADED  
VEGETABLE FINGERS**



**Chips**

**Garden Peas**

**Baked Beans**

**ICED CELEBRATION CAKE**

or

**ICE CREAM**

# RUGBY CAMP 2023

## TRAIN LIKE A PRO



**BOOK:** [www.warwickschool.org/rugbycamp](http://www.warwickschool.org/rugbycamp)

The Warwick Rugby Camp is back for Easter including new skill blocks, new age groups and a girl's camp.  
**ALL ABILITIES WELCOME!**

# APRIL 2023

**MON 3RD**

**GIRLS  
Y6-8**

**TUES 4TH - THURS 6TH**

**BOYS  
Y5/6**

**TUES 11TH - THURS 13TH**

**BOYS  
Y7/8**

For more information, call 01926 77 64 66 or  
email [sportscentre@warwickschools.co.uk](mailto:sportscentre@warwickschools.co.uk)

# ANIMATION CAMP



Tue 11 April, 9.30am – Fri 14 April, 4.00pm

Are you a budding film-maker, animator graphic designer or just really excited to have a go at a new skill and find out more? Then this 4 day animation camp at **Compton Verney** is just for you and could be **FREE** if **your child is entitled to Free School Meals!**

The days will include learning all about the principles of animation, stop motion and create thaumatropes and kineographs. You'll learn all the stages of making an animation film, using stop-motion and hand-drawn techniques to create a story writing/ storyboarding, character + set design, stop motion + hand-drawn animation, sound recording, editing + screening. Once you have edited your film with sound and music, there will be a screening to parents and carers at the end of the week.

We aim to be fully inclusive, if your child requires any additional support, please get in touch with our Learning Team. This helps us to plan the day in advance and ensure each child gets the most out of their visit. Please contact [learning@comptonverney.org.uk](mailto:learning@comptonverney.org.uk) or 01926 645 552

Once you've book on, parents/carers will be sent additional information about the day and permission forms, these will need to be completed in advance of the day.

Suitable for children aged 8-12 years

£160 per child – please note, this is a 4 day course

If you are eligible and have received your HAF code, and would like to book a place. Please contact us



via [info@comptonverney.org.uk](mailto:info@comptonverney.org.uk) or on 01926 645 500. Please have your HAF code ready to quote.

NU Convention on the Rights of the Child

Article 29: Goals of education

Article 31: Leisure, play and culture