

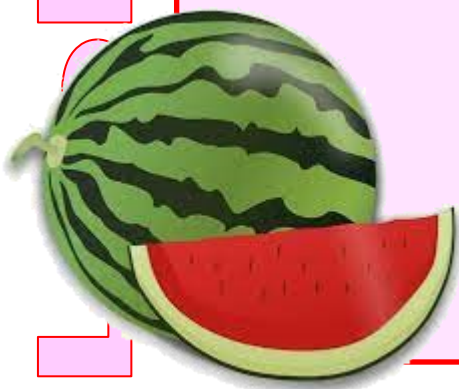
Nursery and Reception

This week, children in Nursery and Reception have been practising their ball skills, using an inflatable beach ball. The children have practised throwing and catching, and have enjoyed playing some circle games. Their record was 24 passes before they dropped it– well done!



Nursery and Reception

Children in Nursery and Reception have been trying Summer fruits this week. This formed part of the class mathematics lessons this week, as the children started to learn about 'sharing'.



Year 1/2/3 Predator!

This week we have combined our topic learning and our Guided reading to find out more about the main character in our story 'Fantastic Mr Fox' by Roald Dahl. We researched facts about foxes and created these lovely fact files to show what we had learned.

Character and his family)

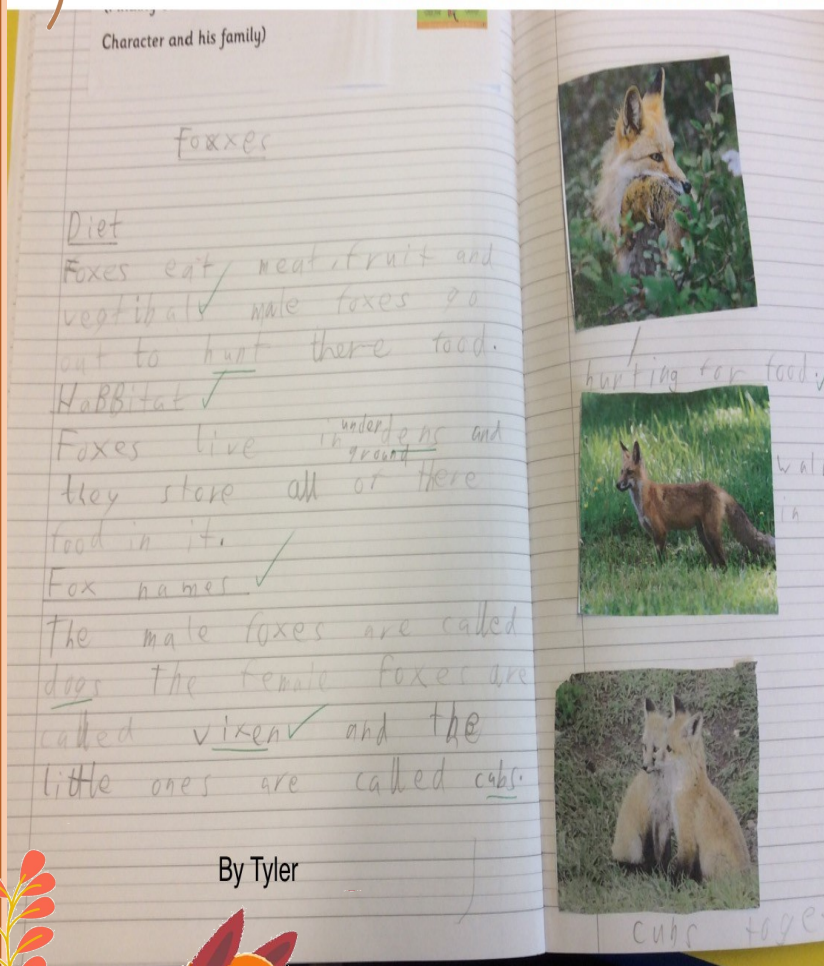
Foxes

Diet
Foxes eat meat, fruit and vegetables. male foxes go out to hunt there food.

Habitat
Foxes live underground and they store all of there food in it.

Fox names
The male foxes are called dogs the female foxes are called vixen and the little ones are called cubs.

By Tyler



L.O: To find out facts about Foxes.
(Finding out more about our main story Character and his family)

By Jonah

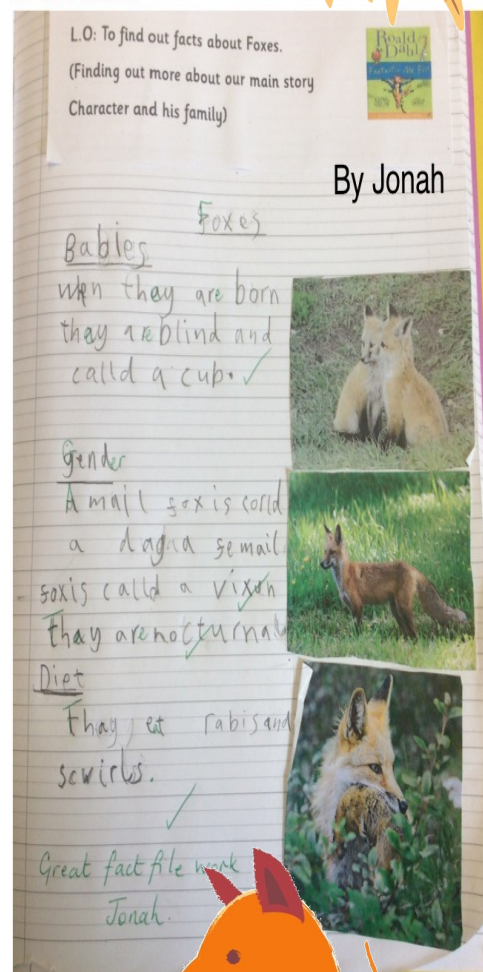
Foxes

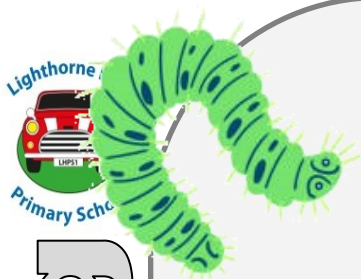
Babies
when they are born they are blind and called a cub.

Gender
A male fox is called a dog and a female fox is called a vixen. They are nocturnal.

Diet
They eat rabbits and squirrels.

Great fact file work
Jonah.

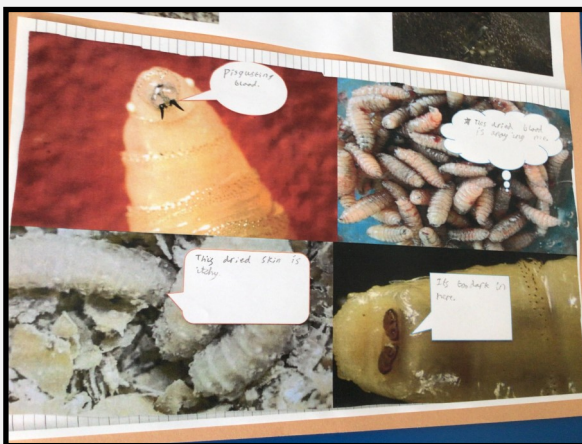
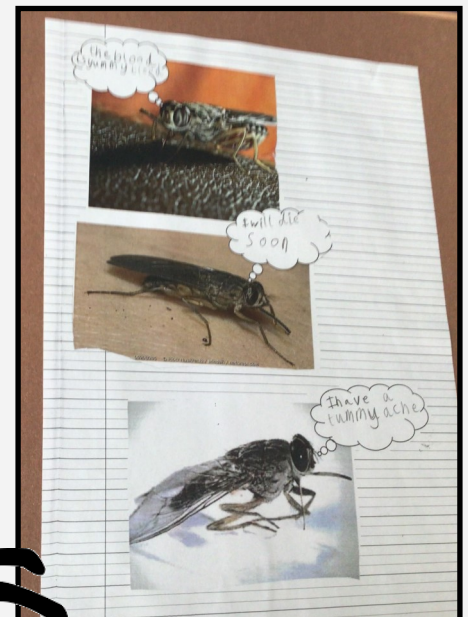
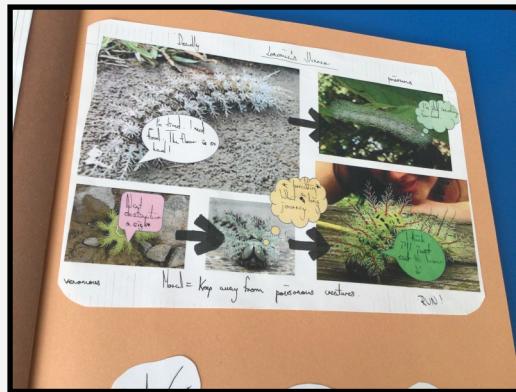
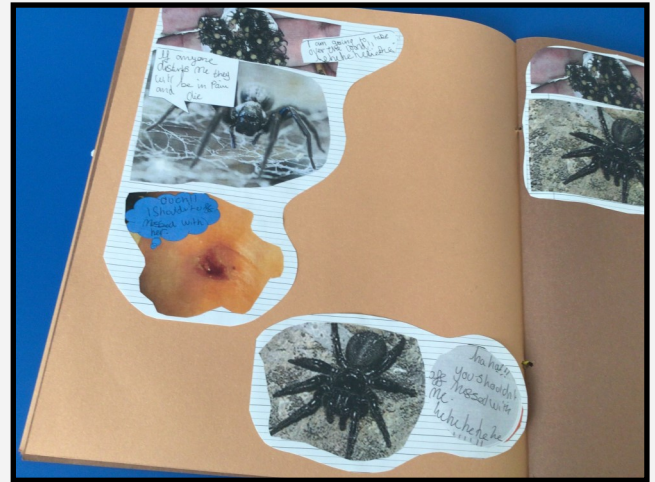
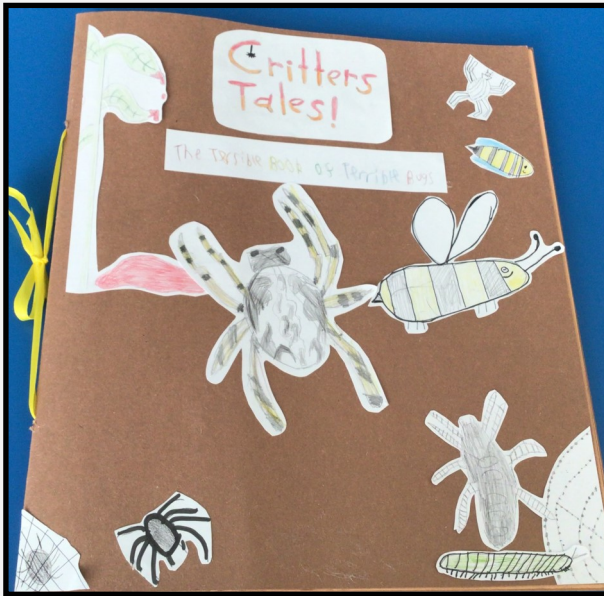




Year 4/5/6 Beast Creator



Mrs Cox's class have been working on their class comic book over the last week. The children researched their invertebrates and decided on a short storyline for their comic strip. As a class, we created front covers and wrote information for the back of our book to entice our readers. The children also drew some beautiful illustrations of invertebrates in their unusual homes, using 2B pencils and watercolour paints.



UN Convention on the Rights of the Child

Article 29: Goals of education

Lighthorne Heath Learning Heroes

Nursery and Reception

Jessica has been chosen as Mrs Hartley's and Mrs Manley's Learning Hero this week for being super-helpful to the teachers and all of the other lovely children in the class. Well done!

Year 1/2/3

For this week's Hero, Mrs Hill and Mrs Munday have nominated Adyan for his wonderful home learning about food chains. Adyan shared his learning with the class and explained the food chain clearly and confidently. Well done, Adyan!

Year 4/5/6

Mrs Cox's nomination for this week's Learning Hero is Josh. When he drew his spider for the class comic book, he concentrated and paid careful attention to his work so that he was able to create a stunning sketch. His work was greatly improved, and we were all proud of what he achieved.



Co-operate



Persevere



Keep on improving



Have a go



Concentrate



Use your imagination



Enjoy learning

Year 4/5/6 Beast Creator

How to make a bug sanctuary

Thursday 10th June 2021

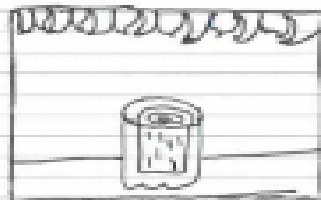
L.O - To make instructions

How to make a bug sanctuary

Do you like bugs? Do you want them to be around more? Then build a brilliant bug sanctuary and give them a cozy home!



First ask an adult or older child to use the hacksaw to chop the top of a bottle off and cut off a piece of cardboard that is about the same size as the bottle.



Then roll the piece of cardboard up and put it inside the bottom of the plastic bottle.

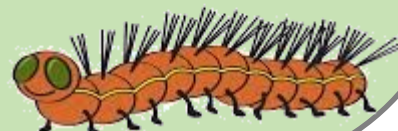
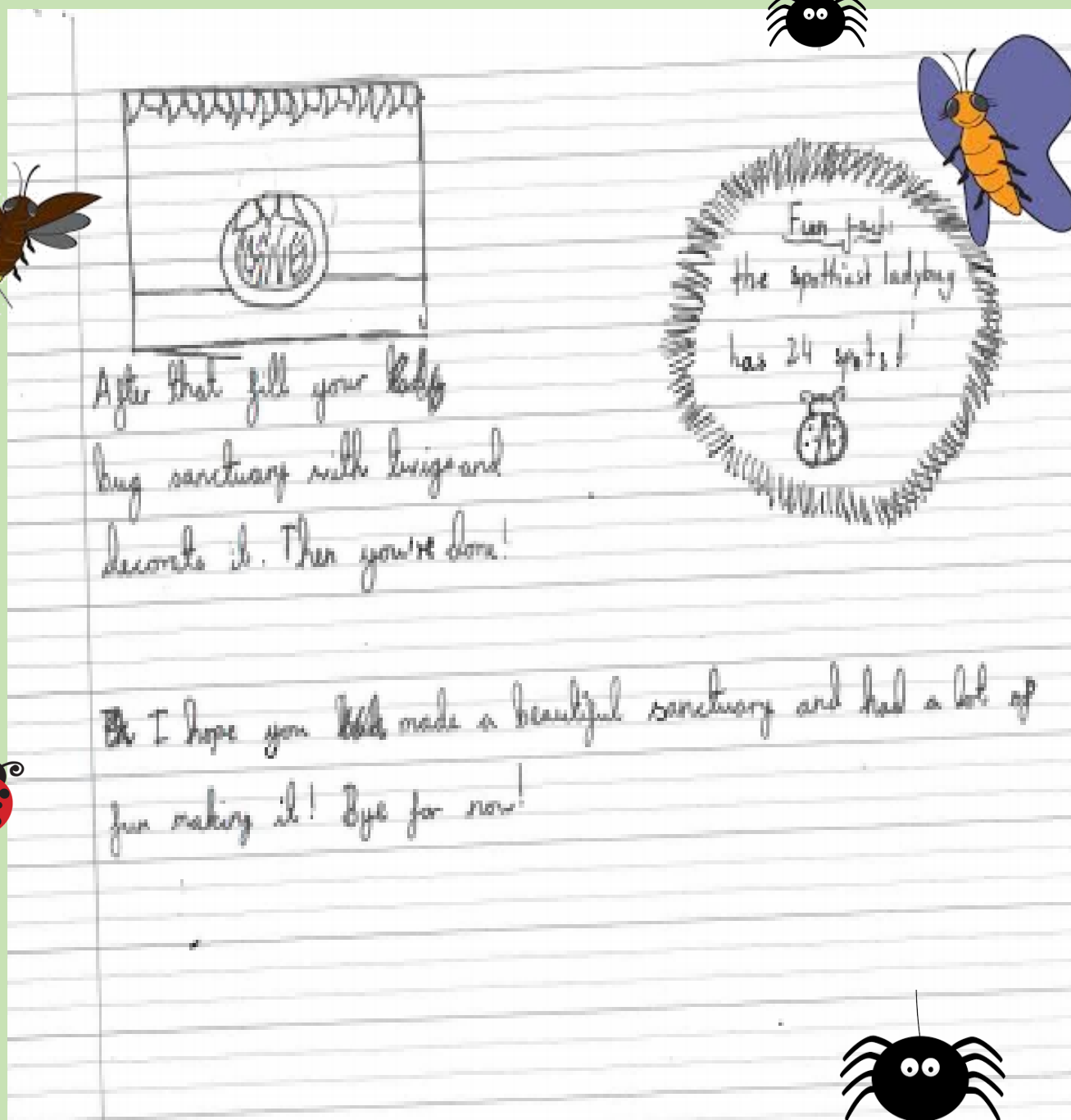
What you need!
Plastic bottle
Hacksaw
Corrugated cardboard
twigs, flowers etc



Year 4/5/6 Beast Creator

How to make a bug sanctuary

Looking at Learning



Diary Dates

Friday 16th July

Children spend the day in their new classes

Wednesday 21st July

Last day of Summer Term

Thursday 22nd July-Wednesday 1st September

Summer Holidays

Thursday 2nd September

INSET Day—school closed for staff training

Friday 3rd September

INSET Day—school closed for staff training

Monday 6th September

Autumn Term begins—children come to school

Sports Week

This year, we will be holding a 'Sports Day' during the week commencing the 12th July. The Onside Coaches will arrange sporting activities during the children's usual P.E. lessons, when they will take part in competitive sports in four different 'houses', with the winning house announced at the end of the week. Regrettably, we will not be inviting any family spectators this year due to Covid-19.



Tribal Primary Quality Mark

We're delighted that we have been awarded the prestigious Tribal Quality Mark, for the fourth time! This nationally recognised quality mark celebrates our school community's fantastic work in mathematics and English. The full report will be shared with you when we receive it from the assessor.

MUFTI Day

It was fantastic to see all of the children in their football shirts for MUFTI day last week in celebration of the Euros. You raised £15 for the School Fund—thank you!



Best wishes, Mrs Westwood and all the staff at Lighthorne Heath.



Be a Book Worm!

Over the past few years, within school, we have focused on building a school culture based on the ethos of reading for pleasure. During the school day we make sure that children have access to a range of high-quality texts and we also incorporate time daily when the children hear a text read aloud to them. We are delighted to have received boxes of beautiful new Usborne books that will go into the classrooms thanks to the organisation of Clare Clarke and your family fundraising efforts.

We would like to encourage all of the children to read at home with their families because regular reading at home is one of the most valuable things you can do to support your child's progress.

To celebrate the lovely reading that happens at home we would like to enter all children who have their reading diaries signed **at least 3 times each week** to enter a **weekly prize draw** where **two children will be selected to win a book of their choice to take home** from a selection. Congratulations to this week's winners!





MHST tips for wellness

Rest

This week's theme is Rest.

Just like a battery, we have to recharge our minds and bodies throughout the day! We do this so we can do the things we enjoy, without feeling tired and drained. The best way to do this is making sure you get enough sleep at night as well as rest during the day.

Try one, or both, of the below activities throughout this week.

- 1) Sit down in a quiet area outside and think about what you can feel, see, hear and smell or listen to some relaxing music.
- 2) Take a walk outdoors in a local park and notice what you can see, feel, hear and smell.
Read your favourite book or a new book.
Have some alone time, somewhere you feel comfortable, doing nothing in particular.

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

Useful dates for June:

21st-30th World Wellbeing Week
20th-25th National School Sport Week



UN Convention on the Rights of the Child

Article 24: Health and Health Services

Week one		Week two		Week three	
Week Commencing: 30/08, 20/9, 11/10, 1/11, 22/11, 13/12, 3/1/22, 24/1, 14/2, 7/3, 28/3, 2/5, 23/6, 20/6, 11/7.		Week Commencing: 6/9, 27/9, 18/10, 8/11, 29/11, 10/1/22, 31/1, 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.		Week Commencing: 13/9, 4/10, 15/11, 6/12, 17/1/22, 7/2, 28/2, 21/3, 25/4, 16/5, 13/6, 4/7.	
MONDAY Choose a main meal... British Pork Sausages with Gravy and Creamy Mashed Potatoes Vegetarian only (vg) Veggie Sausages with Gravy and Creamy Mashed Potatoes (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v) Cheddar Cheese, Crackers and Apple Slices or Fresh Fruit		MONDAY Choose a main meal... Organic Pork Meatballs, Rich and Rustic Tomato Gravy and Pasta Vegetarian only (v) Jacket Potato with Cheddar Cheese and Baked Beans (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (vg,h) Chef's Choice Flapjack or Fresh Fruit		MONDAY Choose a main meal... MEAT FREE MONDAY (v) Cheese and Tomato Pizza with Baked Potato Wedges (v) Filled Jacket Potato Choice On the side... Fresh Salad Baked Beans For dessert... (vg,h) Chocolate Cracknel or Fresh Fruit	
TUESDAY Choose a main meal... Barbeque Marinated British Chicken Breast Wrap, Baked Potato Wedges Vegetarian only (v) Jacket Potato with Cheddar Cheese (v) Filled Jacket Potato Choice On the side... Corn on the Cob For dessert... (v,h) Peach Melba Sponge with Raspberry Drizzle Icing or Fresh Fruit		TUESDAY Choose a main meal... Brunch Lunch - Bacon Medallion, Pork Sausage, Omelette and Baked Potato Wedges Vegetarian only (v) Chef's Free Range Omelette with Baked Potato Wedges (v) Filled Jacket Potato Choice On the side... Peas Baked Beans For dessert... (v,h) Chef's Sponge Cake Choice with Fruit in Juice on the Side or Fresh Fruit		TUESDAY Choose a main meal... Lowerhurst Farm Organic Beef Grill in a High Fibre Bun with Crispy Potatoes Vegetarian only (v) Quorn Burger in a High Fibre Bun with Crispy Potatoes (v) Filled Jacket Potato Choice On the side... Fresh Salad Mixed Vegetables For dessert... (v,h) Jelly with Fruit or Fresh Fruit	
WEDNESDAY Choose a main meal... WEDNESDAY ROAST British Roast Pork Joint or Loiri Steak or Gammon Joint, Sage and Onion Stuffing, Gravy and Crispy Roast Potatoes Vegetarian only (v) Quorn Fillet, Sage and Onion Stuffing, Gravy and Crispy Roast Potatoes (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v,h) Apple Charlotte and Custard or Fresh Fruit		WEDNESDAY Choose a main meal... WEDNESDAY ROAST British Roast Beef, Yorkshire Pudding, Gravy and Crispy Roast Potatoes Vegetarian only (v) Veggie Toad in The Hole, Gravy and Crispy Roast Potatoes (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v,h) Fruit Crumble and Custard or Fresh Fruit		WEDNESDAY Choose a main meal... WEDNESDAY ROAST British Roast Chicken Joint or Fillet, Gravy and Crispy Roast Potatoes Vegetarian only (v) Quorn Fillet, Gravy and Crispy Roast Potatoes (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v,h) Syrup Sponge with Custard or Fresh Fruit	
THURSDAY Choose a main meal... (h) Lowerhurst Farm Organic Beef Bolognese with Pasta and Malted Wheat Baguette Vegetarian only (vg,h) Veggie Bolognese with Pasta and Malted Wheat Baguette (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v) Chocolate Mousse with Fruit in Juice on the Side or Fresh Fruit		THURSDAY Choose a main meal... (h) British Chicken Pie with Gravy, Creamy Mash Vegetarian only (vg) Breadcrumbed Vegetable Fingers with Crispy Potatoes (v) Filled Jacket Potato Choice On the side... Vegetables of the Day For dessert... (v) Organic Yoghurt or Fresh Fruit		THURSDAY Choose a main meal... (h) Lowerhurst Farm Organic Beef and Tomato Fusilli with Garlic Bread Vegetarian only (vg) Veggie Hot Dog in a Finger Roll with Ketchup and Baked Potato Wedges (v) Filled Jacket Potato Choice On the side... Fresh Salad Sweetcorn For dessert... (vg,h) Shortbread or Fresh Fruit	
FRIDAY Choose a main meal... FISHY FRIDAY (msc) Crispy Salmon Fishcake with Criss-Cross Potatoes Vegetarian only (v) Quorn Nuggets with Criss-Cross Potatoes (v) Filled Jacket Potato Choice On the side... Peas Baked Beans For dessert... (v,h) Chocolate Frosted Sponge or Fresh Fruit		FRIDAY Choose a main meal... FISHY FRIDAY (msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes Vegetarian only (v) Quorn Nuggets with Chipped Potatoes (v) Filled Jacket Potato Choice On the side... Peas Baked Beans For dessert... (v) Two Dinky Doughnuts with Dipping Sauce or Fresh Fruit		FRIDAY Choose a main meal... FISHY FRIDAY (msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes Vegetarian only (v) Jacket Potato with Cheddar Cheese (v) Filled Jacket Potato Choice On the side... Peas Baked Beans For dessert... (v) Ice Cream Tub or Fresh Fruit	

Everyday we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk and a Fresh Bread Basket.

Vegetable accompaniments change to reflect seasonal availability.

(v) Vegetarian Option (h) Homemade (vg) Vegan (msc) Certified Sustainable Seafood (h) Homemade



Allergies
Please contact your school cook for information regarding the content of dishes and products on our menu.

Free SCHOOL MEALS

UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.

OUR INGREDIENTS

IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.

PROMOTIONS

LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING:

- Pupils' Favourite Lunch Day - October
- Hello Yellow - World Mental Health Day - October
- Bonfire Banquet - 5th November
- Food for Life Roast Dinner Day - November
- Chinese New Year - February
- World Book Day - March
- Stop Food Waste Day - April
- Walk to School Week - May
- Sport's Day Picnic - July
- ...and not forgetting our Amazing Christmas Lunches with all the trimmings - December

Please note not all schools participate in all themed events, check with your child's school for more details.

the NUTRI GANG

"On a mission for nutrition"

Find out more about Saffron, Iris, Reece and Doua, our NUTRIGANG at

TOP 5 facts about our lunch.

- Fact 1**
We are the school meal specialists serving over 130,000 meals every week.
- Fact 2**
At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.
- Fact 3**
All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.
- Fact 4**
We work with NHS dietetics teams across the region to support customers with special dietary needs.
- Fact 5**
Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.

Find out more about Saffron, Iris, Reece and Doua, our NUTRIGANG at

Educaterers Lunch Menu Week 1

w/c 30/8, 20/9, 11/10, 1/11, 22/11, 13/12, 3/1/22, 24/1, 14/2, 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Monday



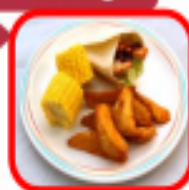
Pork Sausages (G.SU)

or



(vg) Vegetarian Sausages (G.)

Tuesday



BBQ Chicken Fillet Wrap (G.)

or



(v) Jacket Potato with Cheese (D.)

Wednesday



Roast Pork or Gammon

or



(v) Quorn Fillet (E.)

Thursday



Pasta Bolognaise (G.) Optional Cheese (D.)

or



(vg) Veggie Mince Bolognaise (G.SB.) Optional Cheese (D.)

Friday



*Crispy Fishcake (F.G.SB.)

or



(v) Quorn Nuggets (G.D.E.)

Week 1 Dessert Menu

Every day we offer:
fresh fruit as an alternative dessert

Monday

(v) Cheddar Cheese, Crackers
and Apple Wedge (G.D.)

Tuesday

(v) Homemade Peach Melba Sponge with
Raspberry Drizzle Icing (G.E.)

Wednesday

(vg) Homemade Apple Charlotte (G.SU)
with (v) Custard (D.)
baked apple with a crispy, oaty topping

Thursday

(v) Chocolate Mousse with Fruit in Juice (D.)

Friday

(v) Homemade Chocolate Frosted Sponge (G.E.D.)

Everyday we offer an additional choice of a
filled jacket potato with fresh salad or vegetables



(v) With
Cheese (D.)



With Tuna
Mayonnaise
(E.F.)



(v) With
Cheese and
Baked Beans
(D.)

All our meals include a carbohydrate
accompaniment, seasonal vegetables and/or salad.
We offer a choice of fruit juice cordial, organic
semi skimmed milk and water to drink.

**Accompaniments may vary to those
shown.**

Key

vg = vegan
V = vegetarian
D = Dairy
N = Coconut
S = Sesame
E = Egg
G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

*Salmon and Sweet Potato

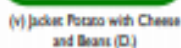
Allergies

Please contact your school cook for information regarding the content
of dishes and products on our menu.

w/c 6/9, 27/9, 18/10, 8/11, 29/11, 10/1/22, 31/1, 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.

Organic Pork Meatballs (G.SU.)

Vegetarian Customers Only



Branch: Sausage (G.S.U.), Bacon, Omelette (D.E.)

(v) Farmhouse Onelette (D.E.)

Roast Beef in Gravy

(v) Vegetarian Toad in the Hole (G.D.E.)

Chicken Pie (D.G.)

(vg) Breadcrumbed Vegetable Fingers (G.)

Breaded Pollock Fillet (F.)

(v) Quorn Nuggets (G.D.E.)

Every day we offer:

fresh fruit as an alternative dessert.

Monday

(vg) Homemade Flapjack (G.)

Tuesday

(v,h) Homemade Sponge Cake
with Fruit in Juice (G.E.)

Wednesday

(v,h) Homemade Fruit Crumble (G.)
with Custard (D.)

Thursday

(v) Yeo Valley Organic Yoghurt (D.)

Friday

(v) Dinky Doughnuts
with Dipping Sauce (G.E.D.SB.)



(v) With Cheese (D.)

With Tuna
Mayonnaise
(L.F.)

(v) With
Cheese and
Baked Beans
(D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

VE = VEGAN

Vg = Vegan
V = vegetarian
D = Dairy
N = Coconut
S = Sesame
E = Egg

G = Gluten/wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

Please contact your school cook for information regarding the content of dishes and products on our menu.



Educaterers Lunch Menu Week 3

w/c 13/9, 4/10, 15/11, 6/12, 17/1/22, 7/2, 28/2, 21/3, 25/4, 16/5, 13/6, 4/7.

Meat Free Monday



(v) Cheese and Tomato Pizza Wedges (D,G)

Tuesday



Organic Beef Grill (G) in a Bun (G)

Vegetarian Customers Only



(v) Quorn Burger (G,E,D) in a Bun (G)

Wednesday



Roast Chicken joint or Fillet



(v) Quorn Fillet in Gravy (E)

Thursday



Organic Beef and Tomato Fuli (G)
Optional Cheese (D)



(vg) Veggie Hot Dog (G)

Friday



Gluten Free Fish Fingers (F)

(v) Filled Jacket Potato

Week 3 Dessert Menu

Every day we offer:
Fresh fruit as an alternative dessert

Monday

(vg) Homemade Chocolate Cracknel (G)

Tuesday

Jelly with Fruit

Wednesday

(v) Homemade Syrup Sponge (G,E)
with Custard (D)

Thursday

(vg) Homemade Shortbread (G)

Friday

(v) Ice Cream Tub (D)



(v) With
Cheese (D)



With Tuna
Mayonnaise
(E,F)



(v) With
Cheese and
Baked Beans
(D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.