



# Nursery and Reception



This week in the Early Years classroom, we were delighted to welcome Jen, a professional storyteller who runs 'Magical World of Stories!'

This was an exciting opportunity to get stuck into our learning theme, 'Once Upon a Time'.

In the lovely sunshine on the field, Jen shared the story of 'The Gingerbread Man' with the children through songs and games, helping us to remember the story and embed key language. Some naughty gingerbread men escaped and the children searched to find them.



## Traditional Tales





# Nursery and Reception

The children also followed a recipe to make natural gingerbread people. Finally, they made healthy rainbow snacks to try and stop the sneaky fox from eating their gingerbread people.





With support from Reverend Helen Smith from St Lawrence Church, Lighthorne, we will be holding a special Harvest Assembly during the morning on Wednesday 25th September.



We will be supporting Fosse foodbank this harvest and invite any families wishing to offer support to people who are in need to **donate an item off the charity's current 'wish list'**.

Food collection points will be available in the school office between Friday 20th and Wednesday 25th September. Please note that food items must be in date.

Mrs Tencuse is also able to take cash donations that will be passed on to the charity.



#### URGENTLY NEEDED FOOD ITEMS

PACKETS OF INSTANT MASH

TINS OF FRUIT

JARS OF COFFEE

PACKETS OF SPONGE PUDDINGS

JARS OF JAM

TINS OF READY MEALS

LONG LIFE FRUIT JUICE

SHAMPOO

LAUNDRY POWDER/CAPSULES/LIQUID

SHOWER GEL

#### WE'VE GOT PLENTY OF

CEREAL

BAKED BEANS

PASTA



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# Years 1 and 2



In our guided reading sessions this half term, the children in Years 1 and 2 have been exploring the text, 'The Paper Bag Princess' by Robert N Munsch.

Last week the children drew on their knowledge of familiar stories to predict what the princess in our story might be like, considering both her personality and appearance. Many interesting ideas were shared such as 'She'd have a pretty dress', 'She might be rich and live in a castle' and 'She'd be happy and kind.'

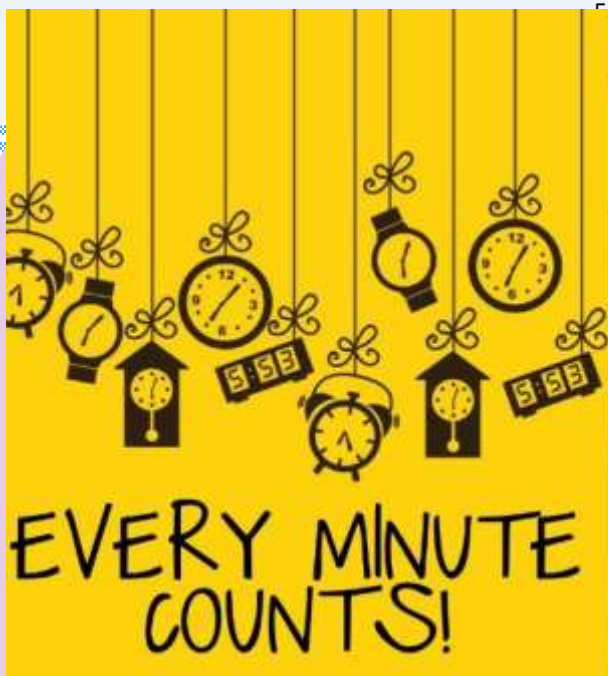
This week an illustration of the princess in our story was revealed to the children. They were shocked at the contrasting image of the princess presented, compared to the one we had predicted in the previous lesson. They asked many questions about the image such as, 'Why is she wearing a paper dress?' , 'How did she get so dirty?' and 'What made her feel so angry and upset?'

The children had many suggestions to what might have happened, picking up on valuable clues in the picture; 'The trees are all burnt! Maybe there was a fire!', 'Her palace has burnt down and all the bones of the animals are left behind.' 'She might be upset because she doesn't have beautiful clothes or any money.'

The children worked in pairs to dress each other as the princess, making clothes out of paper to help them find out what it would feel like if they wore a paper dress! T

here were many complaints towards the end of the session; 'My dress has torn!', 'It keeps ripping!' and 'It's difficult to move easily!' This activity enabled the children to empathise with the character in the story as well as working together as a team. The children really enjoyed adding extra details to enhance their paper clothes, thinking about how to make it look more regal!





## Attendance and Punctuality

A reminder that all children are expected to be in school every day.

Our school day begins at 8.55am

Children should arrive in the school playground ahead of 8.55am so that they are ready to line up with their class and enter the classroom with their teacher. Our register system records children who are late and this information is held on each child's school record. We regularly monitor the attendance of all pupils in school.



Warwickshire County Council

More information about the importance of attendance, the impact of poor attendance and links to government guidance about attendance at school can be found on the Warwickshire county Council website following this link:  
<https://www.warwickshire.gov.uk/school-attendance-exclusions/school-attendance-guidance-parentscarers>



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## Blue Abyss

## Years 3 and 4

This week, Years 3 & 4 embarked on a truly immersive Forest School experience, **blending creativity with our current theme, 'The Blue Abyss'.** We took full advantage of the great outdoors to bring our learning to life.

The children were challenged to create their very own sea creature using natural materials found in our forest school area. As part of the activity, each child added one item to the creature and explained why their contribution was vital **for the animal's survival in the depths of the ocean.** This encouraged our children to develop their scientific reasoning and problem-solving skills and showed their ability to identify and understand the characteristics and needs of living things.

Some children added leaves shaped into fins to help the creature swim through the vast ocean, while others suggested twigs as sensory antennae, an idea inspired by deep-sea creatures that must adapt to life in the abyssal zone. **The children's reasoning reflected a growing understanding of how different features of animals are suited to their environments.**

Through this hands-on activity, the children practiced their design and **evaluation skills by discussing their creature's appearance and functionality.** It was an inspiring and engaging session that allowed us to connect with nature, apply our growing scientific knowledge, and think creatively – all while having a lot of fun!



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Between 2nd September and 30th November 2024, every time customers shop with Asda using their Asda Rewards app, they can choose a primary school to receive a percentage of their spend. In addition, every time a customer chooses our school, Asda will donate £1 to our Cashpot.

Please sign up and nominate Lighthorne Heath Primary School as your chosen school so that we can raise additional funds for our children.

**DON'T FORGET TO OPT-IN...**

...once signed up, you can check your app to see your school's Cashpot so far.

**HERE'S HOW:**

- 1** Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2** Choose your primary school
- 3** Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4** Shopping online? Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5** We'll do the rest! We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.

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# Years 5 and 6

## PHYSICS OUTREACH

On Friday 13th September, the children in our Year 5 & 6 class were lucky to receive a visit from the Warwick University physics outreach team. They brought their mobile planetarium and solar telescopes with them.

We learned that the sun is made of plasma, a super-hot, electrically charged gas. The sun's plasma is constantly moving, and its magnetic forces cause the sun's surface and atmosphere to change continuously.



This model demonstrates the magnetic field of the sun using a magnet in the centre. Earth has a similar magnetic field which is similar to a bar magnet.

The Sun's magnetic field is twice as strong as the Earth's. It also extends further; all the way past the farthest planet in our solar system!

This is a plasma ball. A plasma ball is a globe filled with noble gases and an electrode placed at the centre. When the electricity is supplied, the plasma, which is made of positive ions and negative electrons, emits an electric current to create colourful tendrils of light. The sun is made of plasma.





# Years 5 and 6

We were able to look at the surface of the sun using a solar telescope. We could see spots on its surface and sometimes you can see solar flares and prominences.

It is important not to look at the sun with the naked eye or an ordinary telescope as it will damage your eyesight.

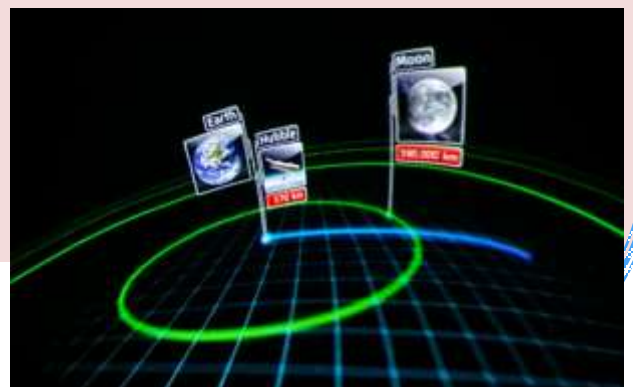


A solar telescope image of the sun



When we went into the mobile planetarium we first had a safety briefing. The planetarium has to be very dark as images are projected onto the walls of the dome. The projections fill the dome and it can feel like you are really in space.

There were times in the planetarium where it felt like I really was in space. Stars and planets were zooming all around me. I tried to reach out and grab them. It was a lot of fun.





## Home Learning

### Home Learning

We would like to clarify our expectations regarding children's home learning. Research shows that taking an interest in your child's learning can make a big difference to how well they do in school. Making your home a positive learning environment plays a big part in this, no matter how old your child is. Home learning also provides an opportunity for parents and carers to talk to their children about what they are learning in school and to follow their own lines of enquiry around particular curriculum areas.

As well as topic based learning, all children are expected to read regularly at home. Reading is the single-most important activity your child can do to improve achievement in school as it is the gateway to learning. If pupils are not able to read well, they will not be able to access the full curriculum. We expect children to read with an adult at home AT LEAST 4 times each week and request that their home reading record is signed.

From Year 2, children will also bring home a short maths fluency activity each week.

Class	Weekly Home learning	Day set/ due back
Reception	Reading Weekly literacy or maths task	Set Thursday, due Tuesday
Years 1 & 2	Reading Weekly topic linked task Maths fluency task	Set Friday, due Monday Set Friday, due Friday
Years 3 & 4	Reading Weekly topic linked task Maths fluency task	Set Monday, due Friday Set Friday, due Friday
Years 5 & 6	Reading Weekly topic linked task	Set Friday, due Wednesday

For parents wishing to complete additional learning tasks with their children at home, the following websites offer some useful games and resources that are linked to the National Curriculum Learning outcomes. Class teachers would be delighted to advise on this further, please see your child's teacher if you would like further guidance.

EYFS/ KS1	KS2
<p>Phonic splay</p>  <p>Maths Whizz Games</p>  <p>Top Marks</p> 	<p>Maths Frame</p>  <p>BBC Bitesize</p>  <p>Top Marks</p> 



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## We love reading!

At Lighthorne Heath Primary School, we believe that reading with your child regularly is the most valuable thing you can do with your child to help support their progress.

Giving a child time and full attention when reading them a story tells them they matter. It builds self-esteem, vocabulary, feeds imagination and even improves their sleeping patterns.

We expect all children to be heard reading a minimum of four times a week by an adult at home. This ideally should be daily.



“Reading aloud everyday is the single most important thing you can do to prepare your child to learn.”



Please record reading in your child's reading diary. Staff will regularly monitor these diaries. Please note that reading in school may take place in a variety of ways and may not always be recorded in your child's diary. For example, teachers keep central records of guided reading sessions.

**Your child's reading diary will contain a gold star sticker on the front.** If they can look after their diary and show still have it at the end of the academic year then there will be a small reward.

All children who read four times a week, or more, between Monday 16th September and Friday 11th October will be entered into a prize draw to win one of five £5 book tokens to be spent at the Scholastic Book Fair in October.



# Online Safety Hub

Trusted digital safety advice for caregivers



The Warwickshire Online Safety Hub has been redesigned and has lots of useful content. This can be found here: <https://warwickshire.onlinesafetyhub.uk/>

This page provides lots on interesting articles relating to children's online behaviours and can provide valuable information to parents. We would encourage all parents to spend some time browsing the resources that are available.

Screen time



Parenting advice  
Online Gaming FAQs



Predators  
Online Grooming: The Red Flags to Watch...

Social media

I want to set up parental controls



Gaming  
Roblox  
Our Age Rating: 12+



Screen time  
Creating a Screen Routine

What apps should my child use

I need help with an issue



Privacy  
Top Tips to Protect Your Child's Digital Privacy



Social media  
Navigating Your Teen's Social Media Use

Smartphones



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# Diary Dates

Spring Term

September

Tuesday 24<sup>th</sup> September

Wildlife Trust visiting. Wildflower planting.

Wednesday 25<sup>th</sup> September

Harvest Assembly

Please bring a tin to donate to Fosse Food Bank

Friday 27<sup>th</sup> September

Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund

October

\*WB Monday 14<sup>th</sup> October

NSPCC assemblies

\*Thursday 10<sup>th</sup> October

Years 3 & 4 trip to The Sea Life Centre

16<sup>th</sup>-22<sup>nd</sup> October

Scholastic Book Fair in school

\*22<sup>nd</sup> & 23<sup>rd</sup> October

Autumn Term Parents Evenings

Friday 25<sup>th</sup> October

Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund

28<sup>th</sup> October- 1<sup>st</sup> November

Half Term Holiday

November

Monday 4<sup>th</sup> November

Autumn 2 begins

Monday 4<sup>th</sup> November

Protective Behaviours week

Friday 29<sup>th</sup> November

Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.

December

Monday 2<sup>nd</sup> December

INSET day

Wednesday 4<sup>th</sup> December

Years 3 & 4 Christmas Trip

Monday 9<sup>th</sup> December

Nursery and Reception Christmas Trip

TBC

Y5/6 trip, winter performances and celebrations

Monday 23<sup>rd</sup> December 2024  
to Friday 3<sup>rd</sup> January 2025

Christmas Holiday

School returns on Monday 6<sup>th</sup> January

INSET Days 2024/25:

Monday 2<sup>nd</sup> December 2024

Monday 8<sup>th</sup> January 2025

Monday 21<sup>st</sup> July 2025

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.

UN Convention on the Rights of the Child



Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

## School Governor Vacancy

Lighthorne Heath Primary School shares a governing body with our Federation School, Sydenham Primary School. We currently have a vacancy for a school parent governor. It would be lovely to have a representation from Lighthorne Heath Primary School.

By volunteering as a school governor, you can make a difference by shaping the future of our children and young people.

There are no specific qualifications or requirements for the role - every governing body needs a balance and diversity of knowledge, skills and experience.

Our school governing board meets once each half term (at Sydenham Primary School) to oversee, monitor and make decisions regarding the leadership and daily running of each school.

If you are interested in becoming a school governor please speak to Mrs. Manley who can record your interest and give you more information about the role. Mrs. Manley can also be contacted on [manley.j@welearn365.com](mailto:manley.j@welearn365.com)







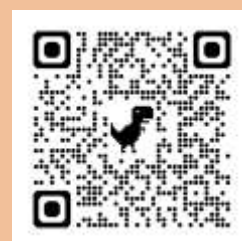
# School Uniform

Our school uniform consists of a blue or white polo shirt, navy jumper or cardigan, grey trousers or skirt.

All children should wear black school shoes which are not trainers.



For P.E. lessons, children should wear a plain white t-shirt, black sports shorts and black trainers or pumps.



Uniform can be ordered online via [www.stitchtech.co.uk](http://www.stitchtech.co.uk) or [www.myclothing.com](http://www.myclothing.com)



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school when  
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£8.99



£7.99



£7.99



A work of  
staggering  
importance.



Date: **3.00 - 3.15pm - Main Hall**  
**Wednesday 16th October**  
**until Tuesday 22nd October**

Scan the QR code  
to pay online!







NEW MENU

Week two	
Warwickshire, Coventry: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3 Oxfordshire: 28, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3	
<p><b>Choose a main meal...</b> British Pork Sausages with Gravy &amp; Mashed Potatoes (G,SU,SB)</p> <p><u>Vegetarian Only</u> (vg) Vegetarian Sausage with Gravy &amp; Mashed Potatoes</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F,E) or (v) Baked Beans</p>	<p><b>MONDAY</b></p> <p><b>On the side...</b> Fresh Salad Bar Vegetables of the Day</p> <p><b>For dessert...</b> (vg)(h) Flapjack (G) Fresh Fruit</p>
<p><b>Choose a main meal...</b> (h) British Beef Bolognese with Garlic Bread (G/ cheese D)</p> <p><u>Vegetarian Only</u> (h)(vg) Veggie Bolognese with Garlic Bread (G,SB)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F,E) or (v) Baked Beans</p>	<p><b>TUESDAY</b></p> <p><b>On the side...</b> Fresh Salad Bar Vegetables of the Day</p> <p><b>For dessert...</b> (v) Strawberry Whip with Fruit (D) or Fresh Fruit</p>
<p><b>Choose a main meal... WEDNESDAY ROAST</b> British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)</p> <p><u>Vegetarian Only</u> (vg) Quorn Roast in Gravy with Sage and Onion Stuffing (G) Crispy Roast Potatoes</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F,E) or (v) Baked Beans</p>	<p><b>WEDNESDAY</b></p> <p><b>On the side...</b> Fresh Salad Bar Vegetables of the Day</p> <p><b>For dessert...</b> (v) Ice Cream (D) Fresh Fruit</p>
<p><b>Choose a main meal...</b> (h) Italian Chicken Pasta (chicken and pasta in a tomato sauce) with Freshly Baked Wholegrain Baguette (G)</p> <p><u>Vegetarian Only</u> (v)(h) Broccoli and Sweetcorn Pasta Bake with Freshly Baked Wholegrain Baguette (G,D)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F,E) or (v) Baked Beans</p>	<p><b>THURSDAY</b></p> <p><b>On the side...</b> Fresh Salad Bar Vegetables of the Day</p> <p><b>For dessert...</b> (v)(h) Up Beet Chocolate Cake (G,E.) or Fresh Fruit</p>
<p><b>Choose a main meal... FISHY FRIDAY</b> (msc) Salmon Fish Cake with Chipped Potatoes (G,F)</p> <p><u>Vegetarian Only</u> (h)(v) Rustic Cheese and Tomato Pizza Wedge with Chipped Potatoes (D,G,SB)</p> <p>Jacket Potato – (v) Cheese (D), Tuna (F,E) or (v) Baked Beans</p>	<p><b>FRIDAY</b></p> <p><b>On the side...</b> Fresh Salad Bar Peas or Baked Beans</p> <p><b>For dessert...</b> (v)(h) Ginger Cookie (G) or Fresh Fruit</p>

### Educaterers' New Menu

Next week is Week 2 For families who pay for meals, the cost is now £2.43 per day.

### Free School Meals

If you think that you may be eligible for free school meals applications can be made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.



# Free School Meals



## FREE SCHOOL MEALS



School meals are free for lots of families, check if you are eligible to apply!

### So much more than lunch...

A free school meal:

- creates healthy eating habits
- improves learning and behaviour
- saves money and time
- helps schools get extra funding

Did you know that claiming free school meals means that your child will get access to free school holiday activities and food?



To find out more and for help to apply for free school meals, please contact: [freemeals@warwickshire.gov.uk](mailto:freemeals@warwickshire.gov.uk) or call 01926 359189



If our funding application is successful, we aim to run another HAF club during the Christmas holiday. This will be in partnership with Onside Coaching. Please keep an eye on our newsletter for further information.

## Can I apply?

Your child could be eligible for free school meals if you get any of the following:

- Income Support or Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support from National Asylum Support Service (NASS)
- Guarantee Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You should still apply if your child is aged 4-7 and receives a universal free school meal

Find out more and apply at [www.warwickshire.gov.uk/fsm](http://www.warwickshire.gov.uk/fsm)



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18 Parental responsibilities and state assistance





# Emotional Wellbeing and Mental Health



Mental Health in Schools Team  
**Parent/Carer Tips  
For Wellness**



## Going back to school

Going back to school can bring up a lot of different feelings. For some young people going back to school is exciting, the thought of seeing friends or getting back into a routine. For others going back can feel scary, the thought of new teachers or subjects, seeing friends or peers or being in a new environment.

### Things to support your young person with when returning to school:

1. **Being prepared** – It can be helpful to encourage them to pack their school bag and get their uniform out the night before school, so that the morning is less rushed.
2. **Getting a good night's sleep** – Doing relaxing activities in the evening, such as having a bath, reading, listening to calming music and avoiding screen time for at least an hour before bed, can help your young person to feel more tired and fall asleep more easily. Setting a bedtime can support them in getting back into a good sleep routine and feel more rested.
3. **Take it one day at a time** – Remember it can take some time to get back into a routine. Lists can help to prioritise tasks and keep on top of homework.
4. **Try to focus on the positives** – Making a note of at least one thing that they liked or enjoyed about their day, every day, can boost their mood. This could be a small thing, such as making a joke with your friend or having something nice to eat for lunch.
5. **Try to form a morning routine** – A regular routine in the morning can help them to feel less rushed and reduce feelings of uncertainty. Try to set a morning alarm for the same time every day.

### What to do if your child is finding change difficult:

- Help them to problem solve.
- Maintain hobbies, favourite family activities and routines to create a safety net if your child is struggling.
- Give them encouragement.
- Encourage them to open up by starting conversations about what they are interested in.



Scan for tips for going back  
to school



Scan for tips around sleep  
from the Sleep Charity

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

# Emotional Wellbeing and Mental Health



## Information Sessions for Warwickshire Parents and Carers

### Courses available online – via Zoom

**Understanding and Supporting Children and Young People with Emotionally Based School Avoidance**

Thursday 26th September 2024, 9:30 am to 11:30 am

**Understanding Emotion Regulation in School Aged Children**

Thursday 10th October 2024, 9:30 am to 11:30 am

**Understanding and Supporting Children aged 3-11 Years with Anxiety**

Thursday 24th October 2024, 9:30 am to 11:30 am

**Understanding and Supporting Children Aged 12+ Years Anxiety**

Thursday 7th November 2024, 9:30 am to 11:30 am

**Understanding and Supporting School Aged Children Who Self-harm**

Thursday 21st November 2024, 9:30 am to 11:30 am

**Understanding Sensory Needs in School Aged Children**

Thursday 5th December 2024, 9:30 am to 11:30 am

**Understanding Low Mood in Children and Young People**

Thursday 9th January 2025, 9:30 am to 11:30 am

**Understanding Self-esteem in Children and Young People**

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email [risecommunityoffer@covwarkpt.nhs.uk](mailto:risecommunityoffer@covwarkpt.nhs.uk)

**Please note: the sessions are available for Warwickshire residents only.**



# Lighthorne Heath Learning Heroes

## EYFS

Mrs Hartley and Mrs Cox's learning hero this week is Milan for his fantastic number work. Milan has shown a good grasp of numbers and was able to support others with careful counting. He has also read his home reading book every day. Well done Milan



Co-

## Years 1 and 2

This week Mrs Hill and Mrs Munday have chosen Albee as their hero. Albee really shone out during our guided reading session and put a lot of effort into his paper costume, adding some lovely details such as a medal to show it was a royal outfit. Well done Albee for displaying fantastic concentration and effort in your work, your design was amazing!

Have a go



Concentrate

Perse-

## Years 3 and 4

Mr Sangha has chosen Aurora as his learning hero this week because she has been a shining example of great behaviour and always shows a strong work ethic in every lesson. Congratulations Aurora!



Be curious!

Keep on improving

## Years 5 and 6

Mrs Cox's hero this week is Sat who has shown fantastic concentration skills in all lessons. He has been curious about his learning and shared some wonderful insights and opinions with the class. Keep up the good work, Sat!



Enjoy learning

Use your imagination

UN Convention on the Rights of the Child

Article 29: Goals of education



# School admissions



Warwickshire County Council



If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

## Applying for a primary school place

**1  
November**

Application opens

**15 January**

Closing date for applications

**1 February**

Extended closing date for house moves

**16 April**

National offer day

**2 June**

Deadline for submitting appeals

## Applying for a secondary school place

**1  
September**

Application opens

**31 October**

Closing date for applications

**31  
December**

Extended closing date for house moves

**3 March**

National Offer Day

**31 March**

Deadline for submitting appeals



Visit the Royal Shakespeare Company's website to explore some exciting activities that are being offered over half term.

## OCTOBER HALF TERM 2024 ACTIVITIES

Activities for families and young people 28 October - 1 November

Join us for a week of ghoulish fun and experience workshops and drop-in activities that uncover the tricks and treats of Shakespeare and making theatre. Throughout the week there will be opportunities to bring what you've learnt and made to our final event - The Twilight Takeover!

Below is the information about two workshops that may interest our families but there are many more advertised on the website. .



### TWILIGHT HOUR

Come in the twilight hour to experience the building like never before. Created by young people and families throughout the week, there will be spooky speeches, stage light clashes in the colonnade and our very first escape room.

Drop in any time. Booking only required for Escape Room.

Suitable for ages 5+

Children must be accompanied by a parent/ carer.

1 November, 4pm - 6pm

FREE



### FAMILY PUPPETRY WORKSHOP: MONSTERS, FAIRIES & MUCH MORE

Discover more about puppets of all shapes, sizes, and styles with this interactive demonstration. Perfect for those looking for a fun family workshop, and those who want to learn more about the making and mechanics of puppetry.

Suitable for age 6+

Family Workshop - please book a ticket for all attending. Children must be accompanied by an adult.

£4.50 under 18

£3.50 accompanying adults

Session lasts for 50 minutes.

29 October

<https://www.rsc.org.uk/events/october-half-term-activities>

Connect for Health, which runs Warwickshire's School Nurse Service, has published a newsletter which contains information about the advice and support that they offer and also includes links to useful information and articles.

The newsletter can be accessed in full here:



### Let's talk about...

- Connect for Health, your School Nursing Service
- How to access C4H for support
- The Warwickshire RSHE Network for educators and professionals
- Top tips for before and after school routines
- National Fitness Day: 18th September
- National Eye Health Week: 23rd-29th September
- #AskAboutAsthma Campaign: 9th-15th September
- Resources of the Month Feature

### Subscribe to Our Newsletter!

Subscribe and get our monthly newsletter sent straight to your inbox.

[Click here to subscribe](#)



### Introduction

Welcome back for a new academic year, and a big hello to those who are new to education in Warwickshire.

This newsletter is created by Connect for Health, your School Nursing Service in Warwickshire.

We create and distribute a newsletter each month to provide health and wellbeing, information, advice and support to the families and schools across the county.

You'll read more about our service in this edition, if you feel you might need some additional support for any of your child's health and wellbeing needs, please contact us and we'll let you know how we can help.

### How to Access Connect for Health for Support



### Creating a healthier future for Warwickshire children

The five programmes that help Warwickshire children, young people and families live healthier lives.

The Change Makers programme is a set of five programmes that help you to improve your child's health and wellbeing. They offer free support for healthy eating and physical activity, mental health, and social media safety.

Visit [www.connectforhealth.org.uk](#) to learn more.

Healthy Lifestyle Programme

Physical Workbooks

School Workshops

Change Makers programme

Change Makers programme

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Change Makers programme



# Warwickshire Fire & Rescue Service

## BONFIRE NIGHT COMPETITION 2024

WFRS invite you to design an original safety poster for Bonfire night

Your poster needs to be:

A4 size

Colourful and eye-catching

Giving safety advice to follow on Bonfire night

Name, age and school on back

A winner will be chosen from KS1, KS2, and KS3

Winners will receive a goody bag and have their poster design displayed in Warwickshire Fire Stations, on our social media posts and in schools across the County

**CLOSING DATE FRIDAY 18TH OCTOBER**

Please send all entries to:

Sara Beirne

Bedworth Fire Station

Park Road

Bedworth

CV12 8LB

or email entries to:

[sarabeirne@warwickshire.gov.uk](mailto:sarabeirne@warwickshire.gov.uk)

**GOOD LUCK!**



**WARWICKSHIRE**  
FIRE & RESCUE SERVICE

