Friday 22nd September

Newsletter 3

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Nursery and Reception







This week, our Reception class had an amazing opportunity to visit Gaydon Fire Station. This visit was kindly facilitated by Taylor Wimpey and our local community champion, Emma Hills in order to celebrate Emergency Service Day, which is taking

Our visit also tied in well with our current learning theme, Me and My Community, where we are learning about people who help us, including the emergency services. The children had the chance to explore inside the Fire Station and sit in a Fire Engine. They were also able to practice what to do in the event that your clothes caught on fire; 'stop, drop and roll'.

The children also used a heat camera to find one of the firemen who wasn't visible

to the naked eye in a room full of smoke. We all learnt a lot and enjoyed our experience. Many thanks to the staff at Gaydon Fire Station, Taylor Wimpey and









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Eco-Schools **Green Flag** Award Holder

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Article 29: Goals of education



Over the past few weeks in Maths the children in Year 1 and 2 have been learning to name and describe properties of 2d shapes.

They have built shapes using geo-boards, lolly sticks and worked as a team to make different shapes using elastic bands with their fingers. This has helped them to describe the amount of vertices and sides a given shape has.

We have had lots of fun with our learning and we're looking forward to exploring symmetry and pattern in our next maths lessons.











The children in Years 3 and 4 embarked on a delightful journey into the world of baking during our design technology lesson this week. The purpose of this cooking activity was to design some low sugar scones as healthier alternative for common sweets and treats. Before we began, we discussed kitchen safety and the importance of following the recipe step by

Flour, sugar, baking powder, butter, milk and a pinch of salt were carefully measured out and mixed together. They then kneaded the dough with their hands, feeling and seeing its texture transform. The children took turns using a cutter to shape their scones into round shapes. Some children added raisins to sweeten their scones whilst others opted to keep theirs plain.

Once the scones had been baked and cooled, the children tasted their handmade treats. We discussed how they tasted and whether they preferred their scones plain or with raisins and why this was a healthier alternative to other treats.

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This activity was about teamwork and learning to follow instructions.

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# Newspaper Reports

This week is 5/ 6 we have been studying newspaper reports. We learned that there are three main types of news reports:

- 1) **Broadsheets**
- 2) Tabloid and
- 3) Online

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We discovered that different papers are written in slightly different ways. Broadsheets are more formal and concentrate on more serious news stories, whereas tabloids tend to be less formal and have more gossip and celebrity news.

We discussed how printed papers are now less popular with the increase in internet use and that the people we knew that read newspapers tended to be from an older generation like our grandparents.





On 8th August 1914, Ernest Shackleton and his team set sail from Plymouth on Endurance to begin their 'Imperial Trans-Antarctic Expedition.'

We are researching about Antarctic Exploration so that we can write our own reports next week.

We made notes to help us remember key information about Ernest Shackleton and his journey to Antarctica.





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Article 13 Freedom of expression

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Last term, one of our lovely parents, Chelsea, began to gather a collection of good quality second hand school uniform items. Her idea was to help other parents to obtain pre-loved school uniform items



cheaply while also raising money for school funds.

Chelsea will hold her first uniform shop in the school reception area (outside Mrs Hendriksen's office) between <u>2.30pm-3.15pm on</u> <u>Friday 29th September</u>, please come along and grab a bargain. All items are just 50p each.

Chelsea is also happy to accept donated items of school uniform, please hand these directly to Chelsea or to Mrs Hendriksen in the school office. Items can include trousers, shorts, shirts and dresses, polo-shirts, jumpers, sweat shirts, PE kit items, shoes, bags or outer coats and jackets. Please make sure that donated items are clean and in a condition suitable for reuse.



All money raised by the Uniform Shop will go towards school fund and be used to by additional resources for children in school.



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RIGHTS RESPECTING



Article 29: Goals of education

RIGHTS RESPECTING SCHOOLS

Article 31: Leisure, play and culture

You may have noticed our OWN BOOKS bookshelf in the school reception area.



This scheme aims to encourage everyone to develop a love of books and reading and to provide all children with books at home.

The books on the shelf are free to take home. You are welcome to keep the book, or, if you wish, return it to the shelf for someone else to enjoy.

Please use the shelf, you are welcome to browse the books on offer, however, we politely request that if the reception area is particularly busy you return when it is a little quieter.

There are books for teenagers and adults too, we want to get everyone reading. It is your responsibility as parent/ carer to make sure that your child is supervised when using the shelf and that any book chosen is age appropriate.

If you would like to donate any books to the scheme, please speak to Mrs Manley or Mrs Hendricksen (we are happy to take donations of appropriate books that are in good condition, however, we do not have the

space to store a large number of books).

More information can be found at <u>www.ownbooks.co.uk</u>

Below is a list of great things that happen to children who read that is taken from the OWN BOOKS







UN Convention on the Rights of the Child Article 29: Goals of education Article 31: Leisure, play and culture

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# **OWN BOOKS**

1) Children who read have more words in their vocabularies

2) Children who read have vivid imaginations

3) Children who read are good at seeing pictures in their heads

4) Children who read are good at solving problems in their heads



5) Children who read are good at writing

6) Children who read are good at communicating in words

- 7) Children who read are inquisitive and lively
- 8) Children who read are good at concentrating

9) Children who read are good at reading

10) Children who read know quite a lot about many things

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11) Children who read are generally very smart SCHOOLS Article 31: Leisure, play and culture









# ighthorne Heath Learning Heroes

### Nursery & Reception

Mrs Manley and Mrs Hartley's class hero this week is Enzo because of his fantastic ideas and imagination in Drawing Club. Enzo created his own cave monster complete with lots of detail and he was able to use some excellent vocabulary to describe his monster. Well done Enzo!



Co-operate



Beanie is our class hero this week. Beanie has settled really well into our school since joining this term, is always polite, keen to help others and always strives hard to do his best. He worked especially hard in our literacy lesson this week, describing the feelings of the main character.

H<sub>ave</sub> a go



### Persevere

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### Years 3 & 4

Keep on improving Miss Singh has chosen Amanda as this week's hero for working independently and for developing a growth mindset. She is learning from her 'marvellous mistakes' and is beginning to learn to embrace them. Superb work!



### Years 5 & 6

My hero this week is Aiden. He has impressed me with his fantastic hard work in maths. He has completed the Power Maths work each day and then worked on problem solving tasks afterwards. He has shown great use of logic and curiosity to Use your imagination help him find the solutions. Even when he has found it difficult he has persevered. Well done, Aiden!

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Enjoy learning

# **Emotional Wellbeing**

# and Mental Health





## Mental Health in Schools Team (MHST) Tips For Wellness:

## CHANGE

Similar to the weather changing as we move through the seasons, we all experience changes in our lives. These changes can feel fresh and exciting, but they can also make us feel anxious and out of our comfort zone. Whether it's starting a new school, making a new friend, trying a new hobby...change is all part of the learning process!

Progress is impossible without change.

#### Our tips for coping with change:

1- Look back through family photos and talk to an older family member about the changes they have experienced in their life and how they coped with them. What was life like when they were your age?

2- Think about changes you have coming up. How do you feel about them? Can you talk to someone who has been through these changes before? Is there anything you can do to prepare?

3- If you are worried about changes that are outside your control, make a list of activities to distract yourself, talk to someone you trust, and practise relaxation techniques to feel calmer.

4- Is there anything in your life you would like to change? Make a plan and have a go!

5- Plant some seeds/flowers in the garden and notice the changes as it grows!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.







Spring Term	*= New additions to the diary dates
September	
Friday 29th September	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund
*Friday 29th September	Pre-loved uniform sale, 2.30-3.15
October	, ,
Monday 2 <sup>nd</sup> October	School closed for INSET day
*Tuesday 3 <sup>rd</sup> October	Year 3 and 4 trip to Cadbury World
Friday 6 <sup>th</sup> October and Wednesday 11 <sup>th</sup> October	School Nurse Service leading height and weight checks for pupils in YR and Y6
Tuesday 10th October	Y6 to the Royal Opera House, L'elisir d'amore
Monday 16th October	Bikeability for Y5&6
Tuesday 24th October	Peer Mediation training for Years 5&6
Friday 27 <sup>th</sup> October	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund
30 <sup>th</sup> October- 3 <sup>rd</sup> November	Half Term Holiday
November	
Monday 6 <sup>th</sup> November	Autumn 2 begins
Wednesday 8 <sup>th</sup> November	Years 5 & 6 trip to Stratford Butterfly Farm
Thursday 9th November	Bonfire Bingo. Family bingo session 3.15-4.15pm
Friday 10th November	Coding club begins for years 3-6
	Sign up link: https://www.innovationpod.co.uk/lighthorneheath and see newsletter page
Friday 10th November	Individual pupil photographs
Thursday 23 <sup>rd</sup> November	Years 3, 4, 5 & 6 winter theatre trips
Friday 24th November	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.
December	
Monday 4 <sup>th</sup> December	INSET day
Tuesday 12 <sup>th</sup> December	Nursery, Reception, Year 1 & 2 winter theatre trip
ТВС	Winter performances and celebrations
Monday 25 December 2023 to	Christmas Holiday
Friday 5 January 2024	School returns on Tuesday 9th January

### With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.

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# Better Housing Better Health



## The Warmth & Wellbeing Service

# HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

## BETTER HOUSING BETTER HEALTH CAN HELP WITH:

HOME ENERGY BILL ENERGY SUPPORT VISITS PRIORITY FINANCIAL SERVICES ASSISTANCE REGISTER GET IN TOUCH 0800 107 0044 www.bhbh.org.uk

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### **OPEN EVENING** Kineton

Thursday 28th September 5.00pm to 8.30pm High School

# COME AND FIND OUT HOW WE SUPPORT OUR STUDENTS IN ACHIEVING THEIR PERSONAL BEST Sound Beat

Meet our teachers; take part in exciting subject activities and have a look at our facilities, including progress on our new school build.

Students at Kineton High School are confident and successful. We believe in and constantly strive for outstanding progress, both academically and in student's personal development.

Due to limited parking on site we kindly ask that you join us for one of the following sessions (booking is not required):

#### Session 1:

5.00pm to 6.30pm (arrival from 4.45pm) Headteacher's speech at 5.00pm

Session 2: 7.00pm to 8.30pm (arrival from 6.45pm) Headteacher's speech at 7.00pm

Kineton High School is a fun place to learn and gives people many opportunities.

Year 7 Student >

#### We can't wait to meet you!

Stowe Valley

website www.kinetonhighschool.org.uk call us on 01926 640465 or email kinetonhighschool@stowevallev.com

# OPEN EVENING

## Southam College OPEN EVENING Thursday 21st September

Come and find out how we support our students to be the best they can be.

### CLICK HERE find out more



www.southamcollege.com southamcollege@stowevalley.com