

Eco Schools

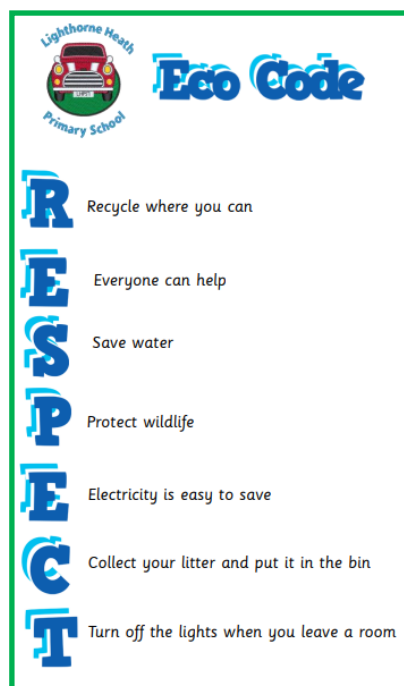
Green Flag Award

Dear Mrs Cox,

Congratulations!!! Fantastic work!

We are very pleased to tell you that you and your Eco-Committee have been awarded the Eco-Schools Green Flag for the second time.

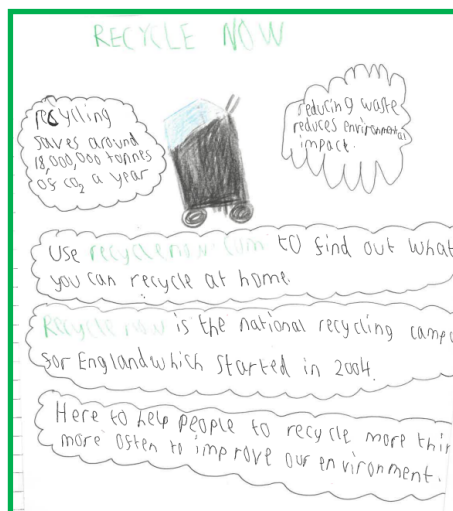
It's wonderful that you have appointed such an enthusiastic Eco-Committee. This shows your school's excellent commitment both to the programme and the eco cause. It was really great to read how your Environment Review provided the basis for the projects in your Action Plan. It demonstrates a reflective and considered approach to your Eco-Schools work. This is a great skill that many adults can learn from! It was wonderful to see how completing your Environmental Review helped your Eco-Committee to spot gaps in your school's existing environmental activity. But equally important is that it helped you to recognise the great work that you were already doing. This helps to keep up the good activity whilst making you feel empowered to do different things. We love this! Your action plan was SMART (Specific, Measurable, Achievable, Relevant and Time Bound), and clearly influenced your environmental review. This is a great example of self-reflective practice, research-led planning and critical thinking. Good work! We're really impressed at how you've linked environmental issues to a variety of curriculum areas.



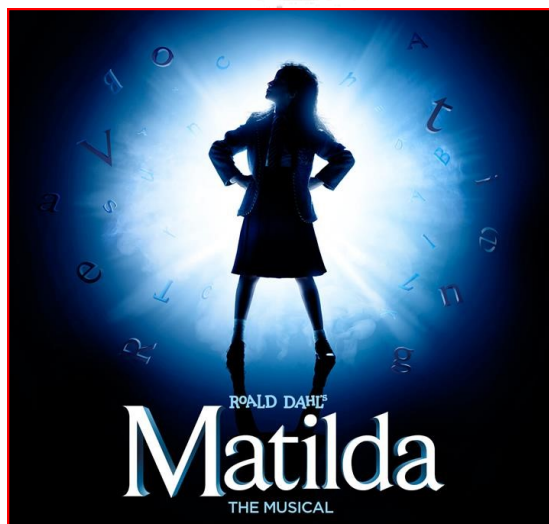
We loved hearing about the Keep Britain Tidy for the Great Big School Clean; tree-planting; and your Big Battery Hunt. It is fantastic how you have taken your great work beyond the school gates and into your homes and communities. This is a very challenging aspect of the Eco-Schools programme, so your Eco-Committee should be very proud of their successes in this area! Your parents' feedback is a great testament to the work you are doing with your Eco-Committee; that they are taking their Eco-Schools work home with them and getting their families on board is something to be proud of! I hope that you and you and your Eco-Committee take great pride in your achievements. Everyone involved should be incredibly proud of the changes they have made! Your Eco-Code is really descriptive and enjoyable to read. We loved seeing your Eco Noticeboard; it's really informative and eye-catching—great effort! Congratulations to everyone for the great work you have managed to do earning your Green Flag again. You should all be very proud of your work and the application you submitted!

Yours sincerely,

The Eco-Schools Team



Green Flag
Award Holder



KS2 Matilda Theatre Trip

The children in Key Stage 2 had the most wonderful day visiting London's West End to see the Royal Shakespeare Company's amazing production of Roald Dahl's classic story, 'Matilda'.



I thought it was amazing! It was better than anything I've ever seen! I liked London, but it was very, very busy!

I just loved all of it! It was the first time I have ever been to London. I loved the show and the music. I couldn't believe how high the actors went on the swings! One of the actors fell off the scooter by accident! I loved the journey to the theatre too! I saw a tank and two Lamborghini cars!

KS2 Matilda Theatre Trip



I just wanted to say what a joy it was going on the trip with Lighthorne Heath. The show itself was brilliant, it's my 3rd time watching Matilda, but this was by far the best! The children were so well behaved, and it will be an experience that I'm sure they will carry with them for the rest of their lives. I think it's amazing that you have given the children this experience to watch a show, especially in London where most of the children had never been before. It was all very well organised, thanks for letting me be a part of it! Mr Rellis



The show was incredible! I think that London is a great city. I have been before, but never to see a West End show. The costumes were really good. I liked the music, but it was a bit too loud for me. On the way to the theatre I saw an igloo, which was a sushi restaurant! I slept all the way back home on the coach.



KS2 Matilda Theatre Trip



The stage set and lighting were fantastic, and I thought the show was very exciting. I liked travelling to London on the coach. I had never been to London before. It was really busy, with lots of tall buildings made of glass.



Once upon a time...

Nursery & Reception

Following our amazing Storyteller visit last week, Reception and Nursery have continued to explore the story of The Gingerbread Man. The children carefully followed instructions in order to make their own delicious gingerbread man. They mixed, rolled and cut up their biscuits before decorating them after they had cooled.



Garden Wildlife

Nursery & Reception

The children were excited to discover a frog when we opened up our outside sand pit on Tuesday. It provided us a great opportunity to talk about amphibians and their habitat. Following some research, we discovered that they live on land and in water and are commonly found in gardens, so we were able to pop it back safely in our garden bushes. We also practiced our counting by singing '5 Little Speckled Frogs'.

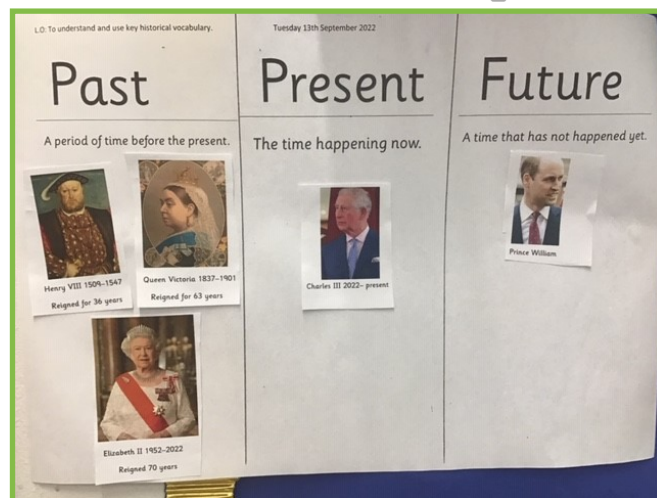




Magnificent Monarchs

Year 1/2

This week in our history lesson we learned about the meaning of words 'past', 'present', 'future' and 'timeline.' We matched definitions of the words as a class. Thinking about recent changes to our monarchy, we sorted images of a group of monarchs into the categories; past, present and future. As part of their home learning the children were asked to bring in past images of themselves to place on a timeline of their own, they learned to order these in chronological order in class.



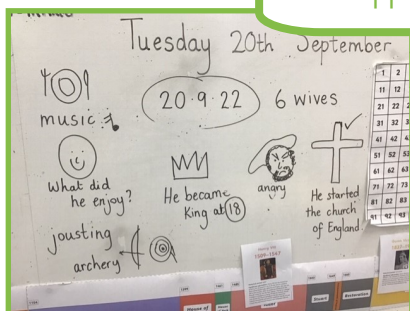
I learnt that a **Timeline** is a line of dates to show the order that events happened through time.



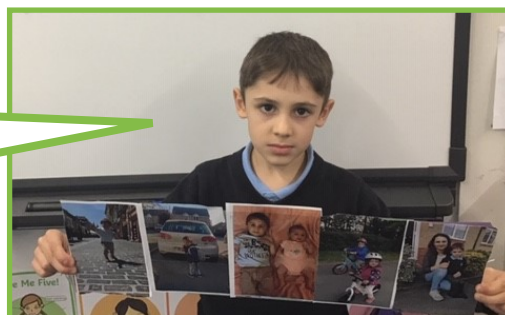
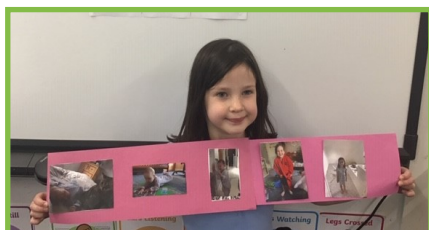
I learnt that the **Past** is a period of time before the present. It is when something has gone by in time and no longer existing.



The **Present** is the time happening now.



The **Future** is a time that has not happened yet.



Blue Abyss

Year 3/4

Jacques Cousteau learnt to swim at an early age. This helped him to dive later on in his life.

The children have been learning about Jacques Cousteau who was an explorer, television presenter and inventor. His movies showed people what was in the ocean for the first time. The children watched and listened carefully to a short documentary about the inspirational explorer. They used books, the web and other information sources to find out more about Jacques Cousteau. They then spent some time responding to questions, such as 'Who was he? What did he do? Why is he considered an important part

of oceanic history?', which led to them writing inspirational biographies about Jacques Cousteau and his legacy. The children learnt the key features of a biography and the importance of working together.

He created the aqua-lung. This helped people to breathe underwater for a long time. I think he inspires people to visit the sea.

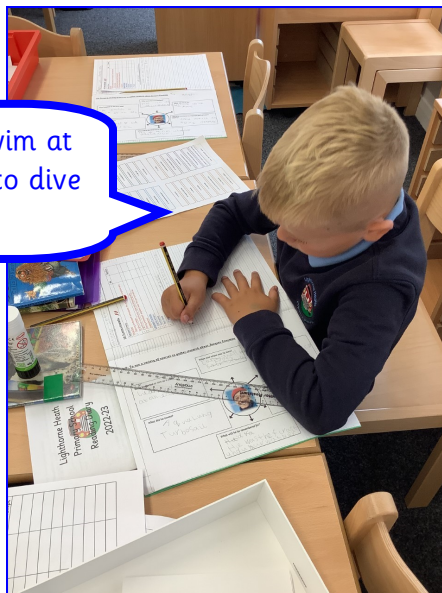
His mum and dad bought him a camera and he took it apart and put it back together again. He is famous for being the first person to film underwater.

Tuesday 20th September 2022

LO: To write a biography.

Success Criteria	Me	Teacher
Structure		
✳ Opening statement introduces the subject, and explains why he/she is known	✓	
✳ Significant events are ordered chronologically.	✓	
✳ Closing statement explains how this person will be remembered	✓	
Language Features:		
✳ Capital letters	✓	
✳ Punctuation	✓	
✳ Past tense	✓	
✳ 3 rd person	✓	
✳ Include direct speech quotes	✓	

Jacques Cousteau
Jacques Cousteau was born on 11th June 1910 in France. He was the first one to show a movie UNDERWATER! He did many films. He made atleast 100 films and 50 books.



Biography/Career
Jacques created many things like the aqua-lung which is a large air container on your back, aqua-naut which was a submarine and more gears for the ocean. Jacques worked at a French Naval Academy. He also did more jobs, such as, exploring, inventing, film maker and the Navy.
Legacy
He will be remembered for his inventions like the aqua lung as it has been upgraded to be called googles, aqua-naut is now a submarine. Thanks to Jacques Cousteau.



Physical Education Year 5/6

This week in PE, the children in class 5/6 have enjoyed playing handball.

Handball is a team sport in which two teams of seven players pass a ball using their hands with the aim of throwing it into the goal of the other team.

The teams had to work together to try to get goals. During their water break, each team spoke strategically about how they would play in the next round or what they could do to be successful.



Supporting Emotional Well-being










Drawing and Talking



Drawing and Talking is a therapeutic intervention which enables children to express their feelings safely in a visual form, in a safe environment with a listening adult. Our staff practitioners who have been trained to support children's emotional well-being through Drawing and Talking are attentive to their feelings in a deep, empathetic way, which allows children to express their feelings and feel heard, supported and safe.

Confidential sessions last for 30 minutes, over 12 weeks, and children's drawings are handled carefully and respectfully

Drawing and Talking is a therapeutic intervention that can help any child who:

-  is not realising their full potential, either academically or socially;
-  has disturbed sleep;
-  suffers from anxiety, stress or phobias;
-  appears withdrawn or unhappy;
-  finds it difficult to make friends;
-  doesn't enjoy playing; or
-  displays inappropriate behaviour.

If you are interested in finding out more about Drawing and Talking, or think that your child would benefit from this intervention, please contact Jill Manley, Claire Hendriksen or Juliette Westwood.





Snowford
Grange

Supporting Emotional Well-being Counselling



At Lighthorne Heath Primary School, we recognise that we need to effectively support the emotional well-being of the children in our care so that they can reach their full potential and not be distracted by difficulties that could become barriers to learning and negatively impact their lives in a profound and enduring way.

Providing targeted and developmentally appropriate support at the right time is likely to enhance a child's resilience and build greater self-esteem and confidence.

A dedicated counsellor works at Lighthorne Heath Primary School for one day a week. Counselling can help pupils to deal more effectively with day-to-day challenges to learning, as well as support them through specific emotional difficulties. Providing targeted and developmentally appropriate support at the right time is likely to enhance a child's resilience and build greater self-esteem and confidence.

Our counsellor, Vicky, establishes strong relationships with children to support their emotional wellbeing and good mental health. She enables good communication and effective collaboration with all stakeholders (pupils, parents and school staff), as appropriate. Vicky also liaises with outside agencies when necessary, such as CAMHS. Vicky is a valuable advocate for our children at Lighthorne Heath.

Counselling can help children to deal more effectively with day-to-day challenges to learning, as well as support them through specific emotional difficulties. Our counsellor can address a broad range of issues, such as:

- | | |
|------------------------------|----------------------------|
| Family breakdown | Low self-esteem |
| Social challenges | Loss and bereavement |
| Self-regulation | Anger management |
| Stress, anxiety & depression | Other mental health issues |

If you are interested in finding out more school counselling service, or think that your child would benefit from this intervention, please contact Jill Manley or Juliette Westwood.

Parents, can your child tell you how they use our learning characters to support their progress?

Which of our learning characters does your child use most often?

Our Learning Characters



Concentrate!

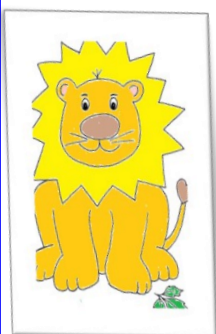
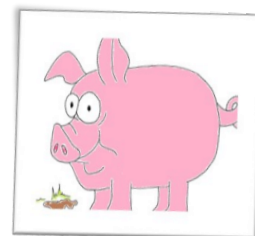
Concentrate the eagle helps you to:

- Manage distractions
- Get lost in the task.
- Do one thing at a time.
- Break things down.
- Plan and think it through.

Have a go!

Pinky the pig helps you to:

- Have a growth mind-set.
- Don't worry if it goes wrong.
- Learn from mistakes.



Be co-operative!

Jerome the lion helps you to:

- Listen to others.
- Say when you don't understand.
- Be kind when you disagree.
- Explain things to help others.

Never give up!

Ellie the elephant helps you to:

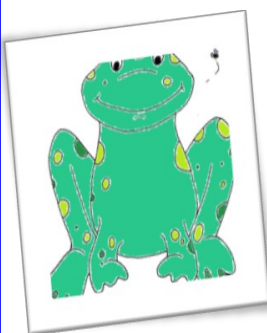
- Work hard.
- Practise lots.
- Keep going.
- Try new strategies.
- Ask for help.



Keep improving!

Kermit the frog helps you to:

- Review your work.
- Identify your best bits.
- Try to be better than last time.
- Don't compare yourself to others, only yourself.



Be curious!

Fluffy the cat helps you to:

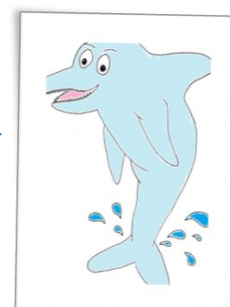
- Ask questions.
- Notice things.
- Look for patterns and connections.
- Think of possible reasons.
- Research.



Enjoy learning!

Dilly the dolphin helps you to:

- Feel proud of your achievements.
- Feel your neurons connecting and your brain growing.
- Use what you have learnt in real



Use your imagination!

Dreamy the unicorn helps you to:

- Be creative.
- Let your imagination go.
- Think up new ideas and questions.



Lighthorne Heath Learning Heroes

Nursery and Reception

Mrs Hartley and Mrs Manley have chosen Summer as their Reception and Nursery class hero this week. Summer has impressed her teachers with her eagerness to have a go. This week, she has quickly picked up the first phonic sound and has been practicing reading and writing the letter 's'.

Summer also has lovely manners. Well done Summer!

Year 1/2

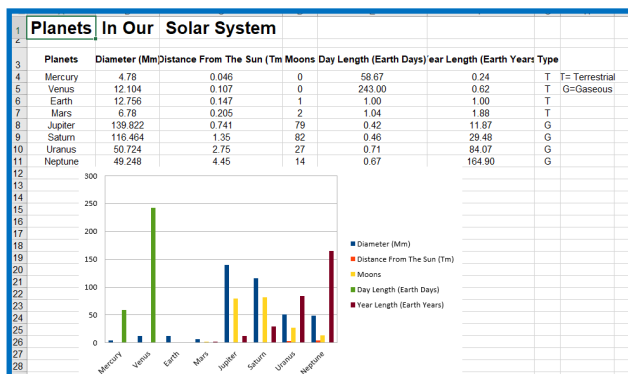
This week Mrs Hill and Mrs Sahota have chosen Stefan for his hard working attitude and for showing care and support towards others in the class. He has also displayed a positive attitude when meeting new challenges, showing he is willing to have a go and keep trying like our pig and frog learning characters. Well done Stefan!

Year 3/4

Ms Singh has chosen Aaron for this week's hero, as he has shown great concentration and a willingness to give everything a go. He has made a great contribution to class discussions and has produced some lovely work in English. Keep up the great work!

Year 4/5/6

Mrs Cox's nomination for this week's Learning Hero is Lathan. He has completed some wonderful home learning for our topic so far. The first week making a sundial and this week using his ICT skills to create a table with information about each of the planets in our Solar System. I have been impressed with the curiosity he has shown around our Stargazer topic and hope that he continues with all his hard work. Well done, Lathan.



Super Star Reader!

Over the summer holidays, we set the children a challenge to read everyday. We were delighted to reward Pharell with a certificate and puzzle book for completing the challenge and his effort. Well done!



UN Convention on the Rights of the Child
Article 29: Goals of education



Diary Dates

Autumn Term

September 2022

Tuesday 27th September	Y3/4 Class Visit to The Sea Life Centre in Birmingham
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October 2022

Friday 21 st October	MUFTI Day
Friday 21 st October	Break up for Half Term
24 th -28 th October	Half-Term

November 2022

Thursday 3rd November	Writes Individual Portrait Photographs at Lighthorne Heath 8.45am
Tuesday 8 th November	Peer Mediation training for Year 5/6 pupils & MDS @ Lighthorne Heath am
Tuesday 8 th November	Y5 & Y6 Theatre Visit to RSC 'A Christmas Carol' 7pm
Monday 21 st November	School closed for teacher training INSET Day: RSC Rehearsal Room Pedagogies, led by the Royal Shakespeare Company
Tuesday 22 nd November	School closed for teacher training INSET Day: Emotion Coaching, led by Dr Louise Gilbert
Wednesday 23 rd November	School closed for teacher training INSET Day: An Introduction to Attachment and PACE, led by EPS
Thursday 24 th November	Y3 & Y4 Theatre Visit to the Belgrade 'Jack and the Beanstalk' 10.15am

December 2022

December Date TBC	Participation in Leamington's inaugural Christmas Tree Festival
Thursday 8 th December	YN, YR, Y1 & Y2 Theatre Visit to WAC 'Stick Man' 10.30am
Friday 9 th December	Christmas Jumper Day / MUFTI Day
Friday 16 th December	Break up for Christmas holidays
19 th December-2 nd January	Christmas Holidays

Christmas Theatre Visit Nursery, Reception, Year 1 and Year 2

We are very excited to have booked tickets for the children in Nursery, Reception, Year 1 and Year 2 to visit Warwick Arts Centre On Thursday 8th December at 10.30am to see
Stick Man

The children will travel by coach to Warwick Arts Centre. They will eat lunch when they are back in school, and school pick-up time will be at 3pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.

JULIA DONALDSON

AXEL SCHEFFLER



What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?



This award-winning production, from the team behind *Zog*, *Tiddler* and other *Terrific Tales*, and *Tabby McTat* features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Christmas Theatre Visit Year 3 and Year 4

Jack AND THE Beanstalk



This year's legendary Belgrade pantomime is the enchanting tale of Jack and the Beanstalk.

The children will be travelling to the village of Prickly Bottom where the evil giant Blunderbore is causing havoc! What the village needs is a hero brave enough to climb up to the giant's castle and send him packing. Will Jack and his mysterious beanstalk prove to be the heroes we are looking for? There's only one way to find out!

Jack and the Beanstalk will feature spectacular scenery, stupendous costumes, magical mayhem and a show stopping giant that make a trip to the Belgrade panto an unmissable Christmas treat.

Funny, festive and extremely feel-good, don't miss out on this absolute GIANT of a show.

On Thursday 24th November at 10.15am

The children will travel by coach to The Belgrade Theatre. School pick-up time will be at 3pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.

Christmas Theatre Visit Year 5 and Year 6

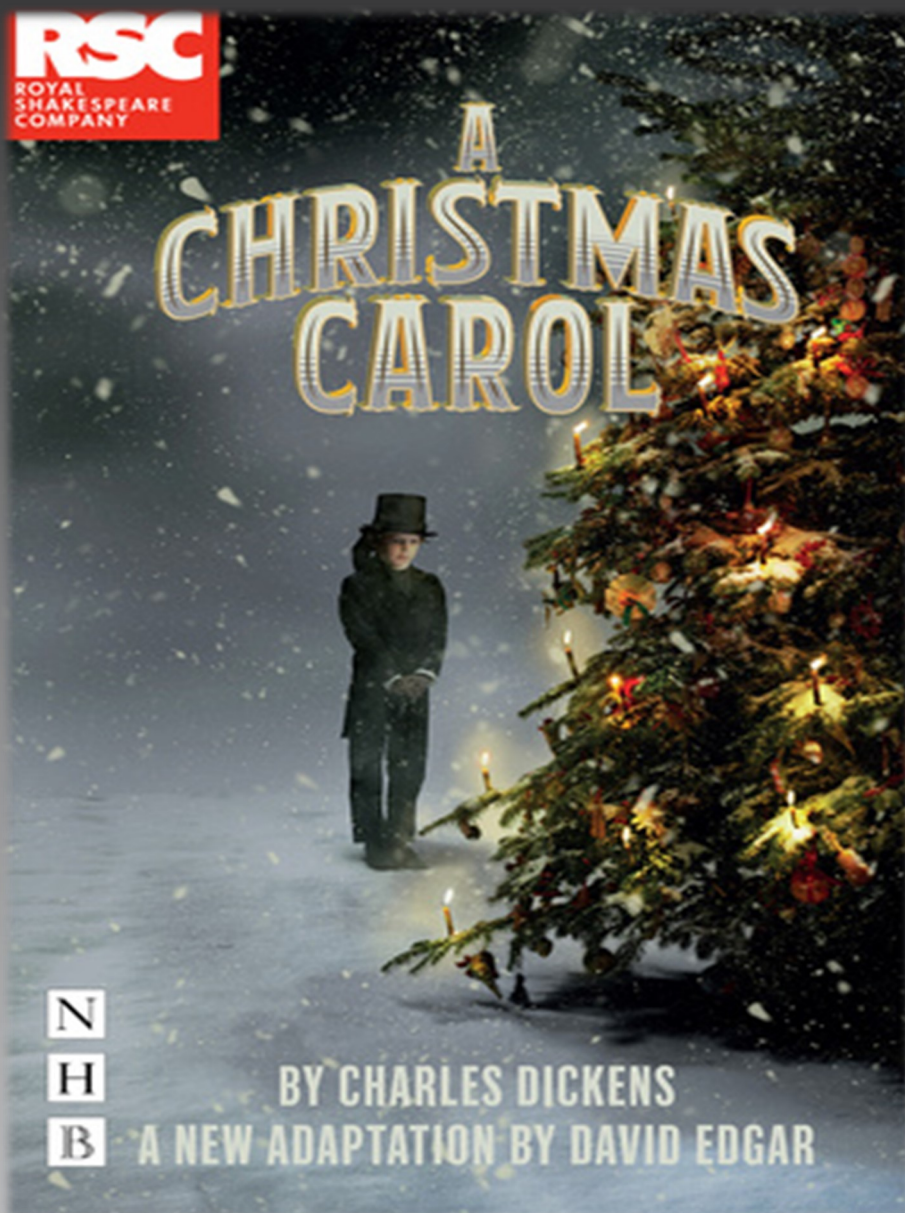
Charles Dickens' festive tale of redemption and compassion. One of the most loved short stories ever written.

On Tuesday 8th November at 7pm.

The children will travel by coach to The RSC.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.



The smash hit of Christmas past returns to the Royal Shakespeare Theatre by popular demand following sell-out success in 2017 and 2018.

Adrian Edmondson will play Ebenezer Scrooge in David Edgar's critically acclaimed adaptation of Charles Dickens' much-loved classic, A Christmas Carol.

In 1843, Charles Dickens decided to write a political manifesto, exposing and condemning the abject misery of the Victorian poor. Instead, he wrote one of the most enduring popular short stories ever written. In one ghostly Christmas night, miserly businessman Ebenezer Scrooge discovers the limitations of his life and beliefs. He learns to pity himself and to love his neighbour – but is that enough?

A Christmas Carol is the perfect accompaniment to the festive season for ages seven to 107.

LATENESS

What this means for your child...

Bad start to the day

Missed Information

Different from Peers

Am I in Trouble?

Feel Responsible

Confusion

Anxiety

Worry

Upset

Embarrassment



**BE SURE TO GET INTO
SCHOOL ON TIME!**

**Our school day starts at
8.55am**

- * 5 minutes lateness per day = up to 1 whole DAY missed every TERM.
- * 15 minutes lateness per day = 2 whole WEEKS missed every YEAR.
- * 50 minutes late once a week = 1 whole DAY missed EVERY HALF Term
- * 50 minutes late ONCE a week = 1 whole WEEK missed every YEAR.
- * 50 minutes late every week = 90% attendance over a year.



Mental Health in Schools Team (MHST)

Tips For Wellness:

Be You!

We are all different. We all have different personalities, different abilities and we all look different too. You should always remember that it is OK to be yourself. If everyone was the same, the world would be a boring place!

Find out who you are! We all have our own likes and dislikes. We don't have to like what others like, and you don't have to copy what other people do if it's something that's not for you. Find out who you are; What do you enjoy doing? What is important to you? What makes you feel good?

Be yourself! There's no point in pretending to be someone you aren't because the best person you can be is... YOU!

"Be yourself; everyone else is already taken" – Oscar Wilde

Try one, or all, of these activities:

- Think about what makes you different or unique. This could include things about your personality, abilities or activities which are important to you.
- Ask a friend "what makes you unique?" Remember to listen and respect their answer - it is likely to be different to yours - because we are all unique!
- Spend time doing things which are important to you or make you happy (art, games, sport etc.)

Key dates:

19th - Youth Mental Health Day

19 -25th International Week of Happiness At Work

19 -25th Jeans for Genes day

#ThanksKids recognises the super efforts and kindness of young people and thanks them via personalised #NHSSStars certificates and pin badges. Please spread this message amongst your school community, all you need to do is let us know by nominating the young person using this email address:

cwp-tr.thankskids@nhs.net

and we'll do the rest!!

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

Other Information

