

Dog Therapy

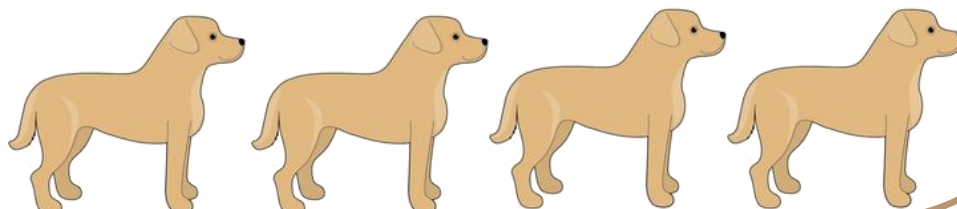
On Monday we welcomed Ash and his handler, Marilyn, to school. Ash is a fully trained therapy dog working for Pets As Therapy and will be a regular visitor to school. He is being timetabled to work with pupils as an intervention to support children in developing their social, emotional and mental health. As Years 1, 2 and 3 were on their school trip on Monday, Ash spent his induction session getting to know some of our Year 4 and 5 pupils. Mrs Manley will talk directly to parents of pupils who are selected for this support in order to gain specific consent for them to work with Ash.



Ash was really nice. It was funny when he kept picking up sticks. Ash made me feel calm and relaxed. I enjoyed walking him around the garden.



UN Convention on the
Rights of the Child
Article 24: Health and
Health Services

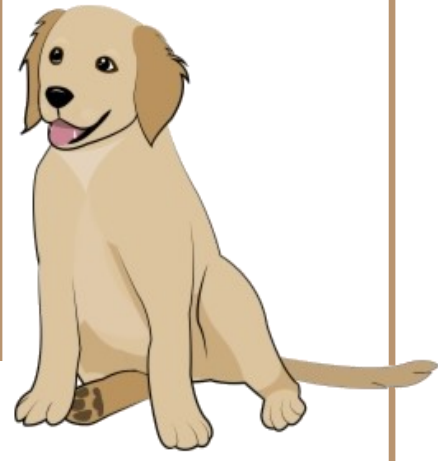




Dog Therapy



It was fantastic being with Ash!
He made me feel happy because I
loved stroking his soft fur. I can't
wait to meet him again!



Ash knew how to do a lot of tricks,
which was very impressive! He was
really active. I think Labradors are
a very kind and gentle breed of dog.
I liked how he was well-trained. I
felt excited by working with Ash.



Mrs Thorneywork noticed how relaxed,
calm and confident Ash made the children
feel so quickly.

When Ash rolled over, it made
me feel happy and calm. I loved
stroking his belly. The funniest
thing was when we saw that
Ash has been trained to take his
owner's shoes and socks off!
He's so clever!



Nursery & Reception Shakespeare Week On the Beach

In Reception and Nursery this week, as part of Shakespeare week, we've explored William Shakespeare's story of *The Tempest*. This story links well to our current learning topic of 'on the beach' due to its island and ocean settings. We started our understanding of the story by exploring storms. The children watched videos of boats in a storm and then discussed how it would feel to be a passenger in the boat - scary, nauseous, and terrifying. We then thought about the sounds of a storm - loud, crashing bangs and whistling winds. The children then used instruments to create their own storm music, making the music louder and quieter to symbolise the waves.



Dinosaur Planet

Year 1/2/3

Oxford University
Museum of
Natural
History



This week Years 1,2 and 3 enjoyed a day trip to Oxford University Museum of Natural History Park to learn more about dinosaurs and fossils. The children handled real dinosaur fossils: from teeth and bones to footprints and fossilised poo. They discussed what they can know and understand about the world of the dinosaurs, by looking at fossils. They saw the first fossil of the first dinosaur ever discovered and named as a 'dinosaur'. They learned that dinosaurs lived on land and didn't fly. Then they explored the dinosaur exhibits and saw for themselves, just how big some of the dinosaurs really were! It was lovely to see all the children engaged and asking so many questions to extend their learning. Well done to all the children, for their superb behaviour throughout the day!



I loved the trip because I got to hold the fossils. When we went upstairs, I saw a beautiful. It was so beautiful, I wanted to have it in my house! I saw a very big T-Rex... it was so cool! It was the first time I went to a museum. I would like to go again!

I learnt that the fossils are created by the dinosaurs' bones being pressed into the sand for millions of years. People called archaeologists discovered the fossils. The fossils are important so that we can learn about the types of dinosaurs.



Dinosaur Planet Year 1/2/3

Oxford University
Museum of
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I learnt that dinosaurs have holes in their mouths which are their nerves. This nerve sent a message to T-Rex's brain to tell it whether to hold something in its mouth gently or firmly.

I learnt that when dinosaurs died, their skin decayed and the bones were left and buried in the sediment. Then archaeologists discovered them and put them in the museum we visited. I loved the trip, and I would like to go again!



Mr Jarvis showed me a fossil called an ammonite. I saw a T-Rex tooth. It was very big. I would like to meet a T-Rex in real life! I'm not scared because it's my favourite dinosaur! I liked the trip because my mummy came too. Mummy took pictures of the bones because she found them interesting too.



Dinosaur Planet Year 1/2/3



I enjoyed looking at the artefacts in the museum. I learnt that the dinosaurs lived millions of years ago. I loved seeing all of the real animals that had been stuffed, like pandas and tigers.



I'm touching a red-eared terrapin in this photograph. I thought it was amazing! On our trip, I learnt that fossils were hidden in sand for a very long time. I loved seeing the prehistoric bird called a Moa, which looked like an ostrich.



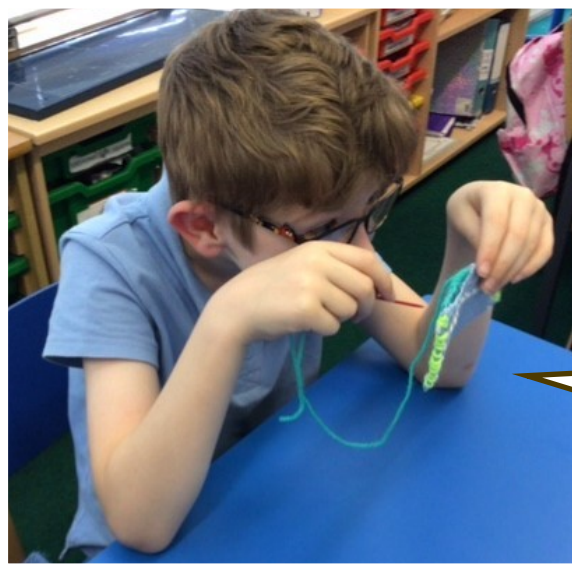
Revolution

Year 4/5/6

The children learnt that the sons of rich families were often sent away to privately run fee-paying schools. Their sisters, however, were not considered important enough to be educated properly. Instead, they were usually kept at home and taught skills that might help them to attract a husband!

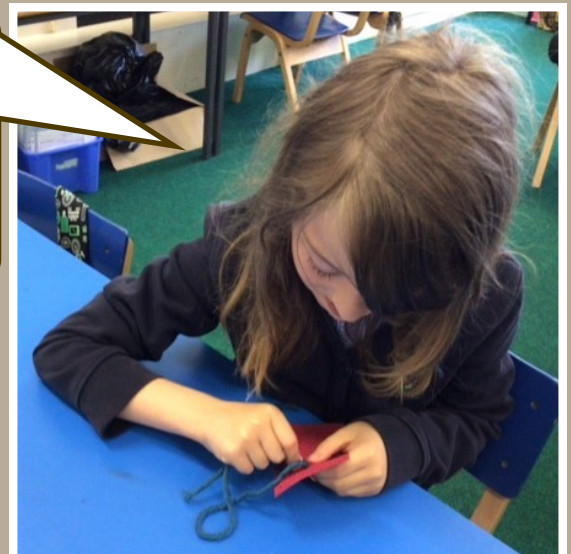
One of these supposed 'husband catching' skills was sewing, and girls practised their stitches by embroidering letters of the alphabet, texts of number. These pieces of embroidery, which would take months to complete were called 'samplers'.

We learnt how to sew a running stitch and a cross stitch. We then designed our samplers and started to work on them.



As part of our learning in art, we found out about the historical and cultural development of Victorian samplers.

A needlework sampler is a piece of embroidery or cross-stitching produced as a 'specimen of achievement'. They often included the alphabet, figures, motifs, decorative borders and sometimes the name of the person who embroidered it and the date.



Reading News

HRH The Queen's Platinum Jubilee



We're delighted that each family will receive a free commemorative book to mark Queen Elizabeth's Platinum Jubilee. Designed as an official once-in-a-lifetime commemoration of the Platinum Jubilee and written in collaboration with royal experts and historians, the book tells the story of a young girl, Isabella, visiting her Great Granny Joyce who tells her about the Queen and this year's Jubilee.

In the story, Isabella sifts through Great Granny Joyce's treasure box of souvenirs, which act as introductions to the contents of the book. These include recent and historical events across the United Kingdom and Commonwealth, inspirational people, landmark innovations and inventions, and a selection of the best art, design, and culture. The book also includes famous quotes from the Queen, facts on the coronation ceremony, content on the lives of famous Commonwealth figures such as Nelson Mandela, notable kings and queens and a timeline of Queen Elizabeth's life.

We hope that you enjoy your gift!

Be a Super Star Reader!

A few more children were able to collect their certificates and prizes this week. We were so impressed with the way some of the record sheets were decorated- fit for a Queen. Well done.



Diary Dates

20th –24th June	Shakespeare Week
Thursday 23rd June 2022	Whole School Sports Day 10am-11.30am (Reserve Date: Thursday 30th June, in case of poor weather)
Friday 24th June 2022	MUFTI Day—bring 50p to wear non-uniform
Monday 4th—Friday 8th July	Arts Week
Friday 15th July 2022	Year 6 Leavers' Assembly at 9.30am
Thursday 21st July 2022	Break up for Summer holidays
Friday 22nd July—Friday 2nd September 2022 School Closed for Summer Holidays	
Monday 5th September 2022—School closed for LA	
Designated teacher training (INSET Day)	
School re-opens on Tuesday 6th September 2022	

Reception and Nursery Stay & Play

We'd like to invite current Reception and Nursery parents to a 'Stay and Play' session on Wednesday 13th July between 8.55 and 10am. There will be an opportunity to join in with a range of activities with your child, see their learning, talk to staff, join in with some songs, as enjoy some refreshments at the end. We have also invited our new Reception starters for September to join us.



With best wishes from Mrs Westwood and all the staff at Lighthorne Heath Primary School.

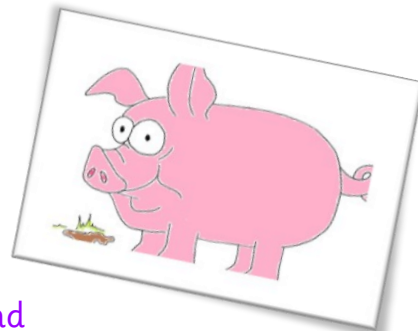
Lighthorne Heath Learning Heroes

Nursery and Reception

Mrs Hartley's and Mrs Manley's Nursery and Reception class hero this week is Isla because of her amazing imagination. Isla can use her fantastic story knowledge and wider life experiences to develop her play in the classroom and involve other children. When exploring the role of Miranda in The Tempest, Isla was able to understand how the character was feeling and helped us to retell the story. Well done Isla!



Co-operate



Have a go



Persevere

Year 1/2/3

Mrs Hill's and Miss Singh's hero this week is Ben. He has been generous and kind by helping out in class. Also, he has made excellent progress in maths. Keep up the great work Ben!



Concentrate

Year 4/5/6

Mrs Cox's hero this week is for hard work and concentration particularly during times tables is Eldar. I was impressed with how well he has persevered with his learning and kept on improving. Although he was nervous during his times table check on Monday, he steadily worked through the questions until he got to the end. Keep up the good work, Eldar!

Keep on improving



Be curious



Use your imagination



Enjoy learn-



Mental Health in Schools Team (MHST)

Tips For Wellness:

Rest

The pace of life and demands of work can place rest at the bottom of our priority list. Holistic rest focuses on refreshing our whole self, both physically and psychologically. It encourages us to regularly top up our energy tank in different areas of our lives. There are many different types of rest. Body, heart, mind, soul, connectivity, senses. Daily rest can help you to; improve mood, decrease blood pressure, provide chronic pain relief, improve immune health increase strength of the cardiovascular system, improve critical thinking, increase empathy and compassion, improve the ability to dream for the future, improve problem-solving skills, provide space for fresh creativity.

Try the tips below:

- Create and maintain a consistent bedtime routine
- Eat dinner at a similar time every night
- Stay away from caffeine such as fizzy drinks at least 4 hours before bed
- Avoid screen time or blue lights at least an hour before sleep

Useful links:

<https://www.mentalhealth.org.uk/sites/default/files/ENGLISH.%20Rethinking%20Rest.pdf>
Sleep Problems | Signs of Sleep Problems | YoungMinds

Key Dates this month:

Pride Month
Tourette's Awareness Month
20th - 26th World Wellbeing Week
20th-24th National School Sport Week

#ThanksKids recognises the super efforts and kindness of young people and thanks them via personalised #NHSStars certificates and pin badges. Please spread this message amongst your school community, all you need to do is let us know by nominating the young person using this email address: cwp-tr.thankskids@nhs.net and we'll do the rest!!

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

Community Information



Mid-Fosse Parishes Barn Service

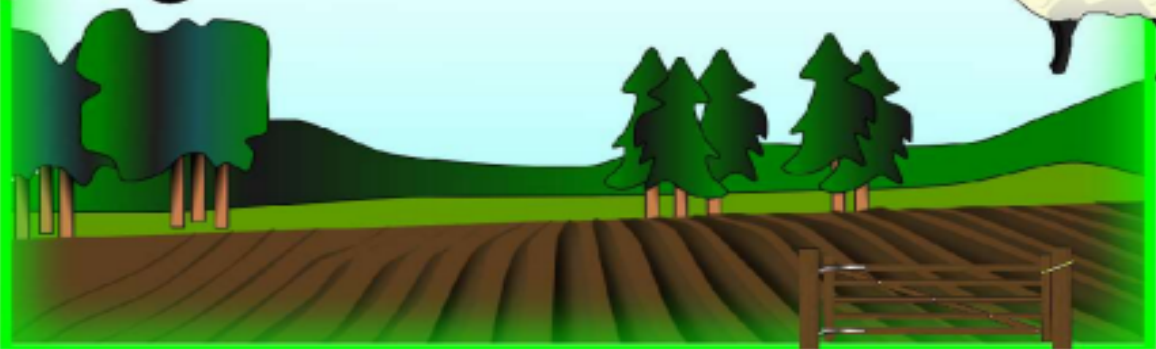
Sunday 26th June 2022
10:30am

at

Chesterton Fields Farm
(CV33 9JY)

Support and learn more
about the work of FCN
(Farming Community Network)

Refreshments available
All are welcome



Visit our website: www.midfosse.co.uk

Community Information



Shrubland Strollers

Walking is a great way to get fit, explore what's on your doorstep and make new friends.

Looking for something to do during the holidays with the kids?

Why not come along to our friendly (and free!) group?

Everyone welcome but if you are concerned give Theresa a call first

Brunswick Hub,

98-100 Shrubland Street, Leamington Spa, CV31 3BD

Coffee and cake are available to purchase at the hub when you get back from the walk

Call Brunswick Hub for more information:

01926 422123 or

email: theresataylor@brunswickhlc.org.uk

Toilets are available, Free and
Disabled parking available nearby

