

Nursery and Reception



Balanceability

This week, Reception children started their Balanceability sessions. Balanceability is the UK's first afPE Approved Learn to Cycle programme for children. We have two members of staff in school who are trained to deliver the programme.

Balanceability combines unique ergonomic balance bikes with a schedule of fun activities that build confidence, spatial-awareness and dynamic balance skills, enabling young children to cycle without ever needing stabilisers. Balance bikes promote symmetry, particularly with the upper body being encouraged to hold the handlebars steady whilst the lower part of the body is able to move freely and evenly. Balance, postural control and symmetry all help children develop the basic skills for any future physical activity.

The children started the session with some fun games to warm up that also allowed them the chance to practice balancing. We then learnt how to pick up the bike safely, before walking with our bikes and then riding our bikes. Everyone listened carefully and tried their hardest- well done!





Year 1 & 2

Looking at Learning

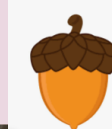
In Science this week, the children in Years 1 & 2 have been learning to identify different trees, those that keep their leaves throughout the year (Evergreens) and those that lose their leaves in Autumn/Winter (Deciduous.)

We felt the waxy, needles of the evergreen pine and noticed these trees produce pine cones or fir cones. In comparison the leaves of the deciduous trees felt less smooth, and we could see their veins, they produced nuts and seeds like conkers and acorns.

The children worked in pairs to sort images of a variety of trees into the two groups which we have added to our Science working wall.

Following this, the children learned about how seasonal changes affect the growth of leaves on deciduous trees.

They identified the different seasons, thinking about weather and temperature changes before recording a deciduous tree's pattern of growth over a year, using paints to illustrate the change in leaf growth.



Year 3/4



Scrumdiddlyumptious



On Tuesday, children from Years 3 and Year 4 embarked on a delightful adventure to Cadbury World, where they uncovered the fascinating origins of cocoa beans and the elaborate process of chocolate making.

The day began with a warm welcome as they entered the main attraction. Inside, they were captivated by the voice of John Cadbury, who shared an inspiring story about the history of the Cadbury business. From there, it was off to the Cadabra ride, where they embarked on a magical journey filled with delightful surprises. Eventually the children had the chance to taste melted chocolate with their choice of toppings.

They finished the day with a hands-on workshop, where children got up close and personal with real Ghanaian cocoa beans. Here, they uncovered the key ingredients behind chocolate, which are: cocoa beans, milk, and sugar. The children also explored into the global origins of these ingredients, tracing them back to the cocoa-rich lands of Ghana. They also learned that cocoa beans were initially used as a bitter beverage by the ancient Mayans and Aztecs.

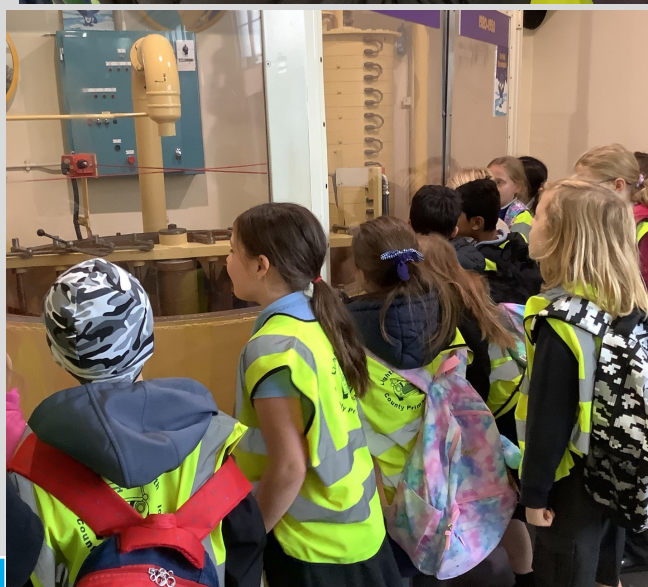
One brave volunteer dressed up as a real factory worker, providing insight into the process of manufacturing Cadbury's products.

As the day concluded, the children engaged in a thoughtful discussion about Cocoa Life and Fairtrade, exploring why these initiatives are vital in today's world.

Year 3/4



Scrumdiddlyumptious



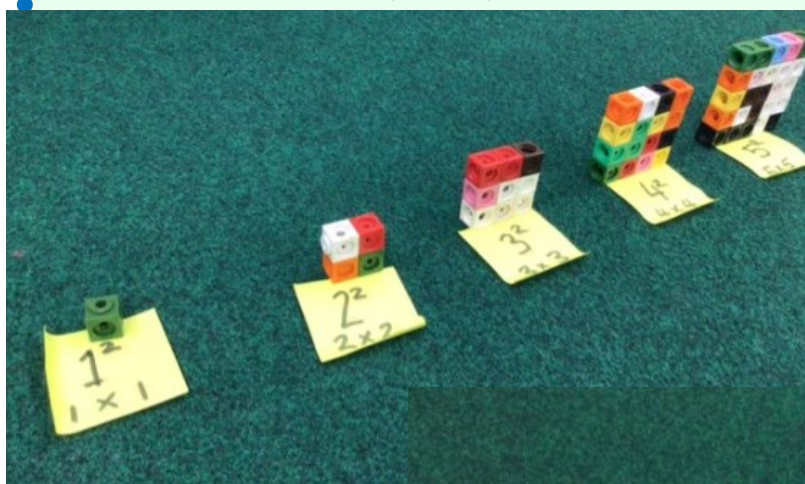
UN Convention on the Rights of the Child

Article 29: Goals of education

SQUARE NUMBERS

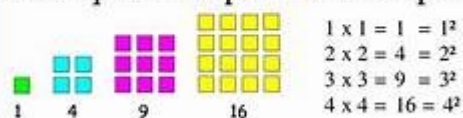
LO: To recognise and use square numbers and the notation for square numbers 2

This week in maths, Y5/6 have been learning about square numbers. We learned that a square number is a number multiplied by itself. It can also be called 'a number squared'. The symbol for squared is 2



Square Numbers

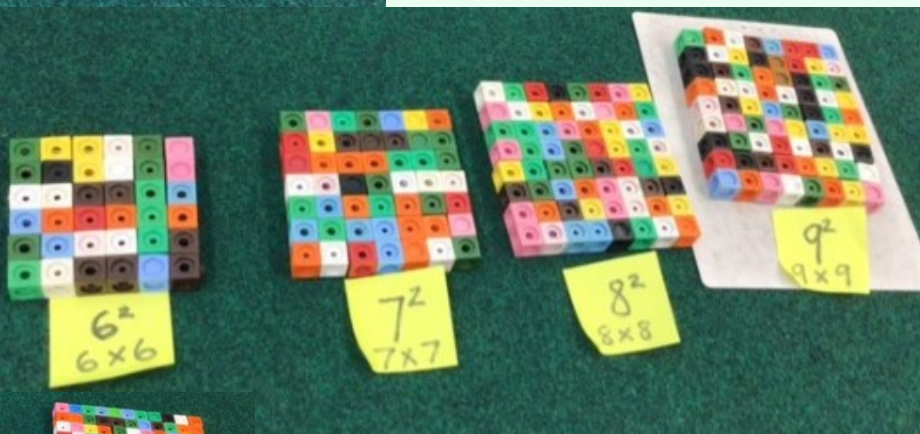
Numbers which can be arranged in a square shape - for example:



$$\begin{aligned} 1 \times 1 &= 1 = 1^2 \\ 2 \times 2 &= 4 = 2^2 \\ 3 \times 3 &= 9 = 3^2 \\ 4 \times 4 &= 16 = 4^2 \end{aligned}$$

Write the first six square numbers in ascending order:

Answer: 1, 4, 9, 16, 25, 36.



We started off working in pairs, but as the numbers got bigger we had to work collaboratively in order to make our squares in time.



Ambassador Training



On Wednesday, Mrs Cox and her RSC ambassadors (Abimbola, April, TJ and Amber) went to Sydenham Primary School for the day.

They had lots of fun meeting other ambassadors, who varied in age from year 4 to year 10, playing rehearsal room games to get to know each other and discussing how they can be involved in the 'First Encounters' project later in the academic year.

The ambassadors made a fantastic first impression and Mrs Cox was very proud of their contribution to the group.



NATURE PHOTOGRAPHY COMPETITION!



DON'T JUST POINT AND PRESS!

Here are some things to think about...

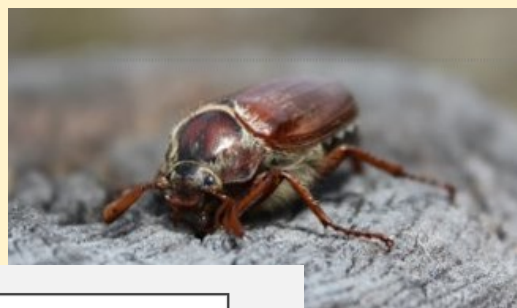
Please ask permission
from your parent/carers
before using devices to
take your photo.

IMAGE FROM ABOVE,
EYE LEVEL OR
UNDERNEATH THE
SUBJECT

- Don't always stand up!
You'll take all your
photos at your own
height. Get down
below, or level, or right
above your subject.



BE PATIENT!



THE IMPORTANT BITS...

- One photo per child.
- No pets please – go exploring!
- Animals/plants/countryside – anything showing nature!
- All photos in by **23rd October please**.
- Please ask an adult to e-mail the picture with your name, or print a copy for Mrs Hill



Please note: Your child's entry along with their first name, school and year group will be added to a shared public platform which will be viewed by teachers in The Enthuse Partnership Science network for the purpose of collating, celebrating and selecting winning entries.

Free School Meals



educaterers  A FOOD STORY

Claim your free school meal today

Save over £400 a year and hours of time on making packed lunches.

Get your child a tasty nutritious meal every day.

Our school gets over £1300 for every registered pupil.

To find out if you are eligible go to

www.warwickshire.gov.uk/freeschoolmeals or call 01926 359189

for menu information go to www.educaterers.co.uk

UNIVERSAL INFANT FREE SCHOOL

Don't forget if you have a child in Reception, Year 1 or Year 2 they are entitled to a free school lunch everyday too.

Food for Life

A guarantee that fresh, seasonal food is always on our menu



CODING CLUB

“
Every child born this century
should learn to code!

- Bill Gates

ESSENTIAL
SKILLS FOR
YOUR
FUTURE



LIMITED
PLACES

We are excited to announce that
Innovation Pod will be running its
award-winning Coding Club at
Lighthorne Heath



YEARS 3 - 6 - FRIDAY

Children in KS2 will be studying our exhilarating Introduction to Web Development module

This Introduction to Web Development module uses the free online coding platform Trinket to teach children beginner skills in the two of the main coding languages for web-page creation - HTML and CSS. Children learn how to structure and style webpages with images, lists, links, and animation and in the process, make interactive webpages with art, emojis and flip cards.



Sign up using this link: <https://www.innovationpod.co.uk/signup>

Classes will start straight after school and finish at 4pm. Clubs cost £6.60 (inc. VAT) per session. Payment is for the full term via a one-off Direct Debit. This is NOT a recurring payment.

Classes will begin from 10th November till 15th December.

Follow us on any of our social media platforms to see our lessons in action [@InnovationPodUK](#) [@InnovationPod](#) [@InnovationPod](#)

☎ 07780 984 331

✉ info@innovationpod.co.uk

🌐 www.innovationpod.co.uk

Lighthorne Heath Learning Heroes

Nursery & Reception

Mrs Manley and Mrs Hartley have chosen Cassia as their learning hero this week. Cassia paid particular attention when out on the balance bikes and despite finding it tricky at first, she really persevered. Well done Cassia!



Co-operate

Years 1 & 2

Mrs Hill and Mrs Munday's hero for this week is Isla MW in Year2. Isla has really impressed us this week with her attitude to learning. She has worked particularly hard to improve her handwriting, using the guidelines correctly to support her writing. Isla is a fantastic member of our class, always eager to contribute to class discussions and offering help and support to her peers. Well done Isla, what a super addition to our school you are!

Have a go



Concentrate



Persevere

Years 3 & 4

Miss Singh has chosen Luke as this week's hero for his concentration and teamwork. He has pushed himself in class and produced a delightful non-chronological report on James Lind.

Luke has proven to be a superb 'talk partner', always ready to assist his peers when they encounter difficulties. Keep up the fantastic

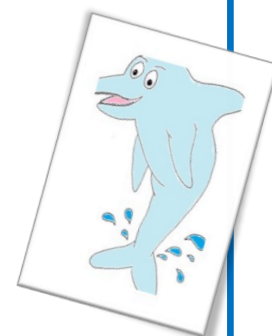
work!



Keep on improving

Years 5 & 6

Mrs Cox's hero this week is Bella for her fantastic imagination and creativity. Mrs Cox was especially proud of the beautiful poem she wrote inspired by refuge on National Poetry Day. Well done, Bella !



En-

joy

Use your imagination

UN Convention on the Rights of the Child

Article 29: Goals of education

unicef
UNITED KINGDOM



RIGHTS
RESPECTING
SCHOOLS

Lighthorne Heath Primary School

Emotional Wellbeing and Mental Health



Mental Health in Schools Team (MHST) Tips For Wellness:

BE YOU

'Be yourself, everyone else is already taken' - Oscar Wilde

It is important to remember that we are all unique, we all have different talents, interests, dreams and fears. That is what makes you, YOU!

If we were all exactly the same, it would be boring, so remember that being you is always OK. By being you, it can increase your confidence in yourself and your ability to take on new challenges. How we feel about ourselves can change but there are activities we can do to help us embrace being unique.

Our tips for being you:

- 1- Draw an outline of yourself and around it write all the things that make you, you. Think about your hobbies, interests, likes and dislikes, talents, favourite qualities etc.
- 2- Ask your friends and family to write down on post-it notes what they think is great about you, and what your strengths are. Add your own post-it notes if you want to! Keep them in a box and pick one to read out when you need a reminder.
- 3- Find out what you like. Spend time doing something that is important to you or makes you feel happy. Share this interest with a friend so they can get to know you better.
- 4- Unfollow any accounts on social media that do not benefit you or make you feel good. Try to keep your social media as a positive platform!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

Diary Dates



Spring Term		*= New additions to the diary dates
Wednesday 11 th October	School Nurse Service leading height and weight checks for pupils in YR and Y6	
Tuesday 10 th October	Y6 to the Royal Opera House, L'elisir d'amore	
Monday 16 th October	Bikeability for Y5&6	
Tuesday 24 th October	Peer Mediation training for Years 5&6	
Friday 27 th October	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund	
30 th October- 3 rd November	Half Term Holiday	
November		
Monday 6 th November	Autumn 2 begins	
Wednesday 8 th November	Years 5 & 6 trip to Stratford Butterfly Farm	
Thursday 9 th November	Bonfire Bingo. Family bingo session 3.15-4.15pm	
Friday 10 th November	Coding club begins for years 3-6 Sign up link: https://www.innovationpod.co.uk/lighthorneheath and see newsletter page	
Friday 10 th November	Individual pupil photographs	
Thursday 23 rd November	Years 3, 4, 5 & 6 winter theatre trips	
Friday 24 th November	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.	
December		
Monday 4 th December	INSET day	
Tuesday 12 th December	Nursery, Reception, Year 1 & 2 winter theatre trip	
TBC	Winter performances and celebrations	
Monday 25 December 2023 to Friday 5 January 2024	Christmas Holiday School returns on Tuesday 9 th January	

With best wishes from Mrs Westwood, Mrs Manley and all the staff at
Lighthorne Heath Primary School.

UN Convention on the Rights of the Child

Article 29: Goals of education

It's currently **illegal** to ride a **privately owned e-scooter** in any **public place**

Why is this?

E-scooters are classified as Personal Light Electric Vehicles (PLEVs) so they are treated as motor vehicles and subject to the same legal requirements such as tax and insurance.

The current law is clear

You can buy one but it is illegal to use a **PRIVATELY OWNED** e-scooter in **ANY** public space including roads, pavements, parks, town centres or canal towpaths for example. The only place an e-scooter can be used is on private land.



What will happen if I'm stopped by Warwickshire Police?

If you ride an e-scooter on public land and roads you need to comply with a number of conditions including having appropriate insurance. Warwickshire Police has the power to seize e-scooters if you do not have insurance and to prosecute riders – please make sure you keep your privately owned e-scooter on private land so this doesn't happen to you.



WARWICKSHIRE
ROAD SAFETY
PARTNERSHIP



@WarwickshireRoadSafety



@WarksRoadSafety

www.warksroadsafety.org

Warwickshire
Adult & Community Learning

FREE*

Grow your own



Tuesday Workshops

1-3pm, 17th October or 6-8pm, 28th November
Avon Valley Indoor Bowling Club, Lighthorne Heath

Think 'home grown – not flown'. How practical is it really to start growing your produce? Depending on your available time and resources, everyone can grow something, even if it's just a pot of herbs on your windowsill. In return, you will gain the satisfaction and sense of wellbeing that comes from enjoying your own produce, free from chemicals and full of flavour.

Topics include:

- Grow seasonal fruits, herbs, and veg
- Grow in small spaces
- Recipe and storage suggestions
- Seed saving
- Budgeting

***Free for learners that do not have a full Level 2 (GCSE or equivalent) Maths qualification.**

Courses in partnership with Multiply
www.warwickshire.gov.uk/acl
or call: 01926 736392



Warwickshire
County Council





Christmas Crafts



For further information and to pledge your interest please
contact: www.warwickshire.gov.uk/acl
or call: 01926 736392 to find out how to enrol

Courses in partnership with Multiply
www.warwickshire.gov.uk/acl
or call: 01926 736392





Warwickshire Adult & Community Learning

Free Christmas Craft Course



 www.facebook.com/warksacl
 www.twitter.com/warksacl
 www.instagram.com/warksacl

Banbury
Road
Lighthorne
Heath
CV35 0DB

**SKILLS
FOR LIFE**
Multiply

Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

BETTER HOUSING BETTER HEALTH CAN HELP WITH:

ENERGY BILL
SUPPORT



HOME
ENERGY
VISITS



FINANCIAL
ASSISTANCE



PRIORITY
SERVICES
REGISTER



GET IN TOUCH

0800 107 0044

www.bhbh.org.uk

THE NATIONAL ENERGY FOUNDATION

THE NATIONAL ENERGY FOUNDATION, INCORPORATED IN ENGLAND. REGISTERED IN ENGLAND AND NORTHUMBRIA. FINANCED BY SUBSIDISED ENERGY.