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#### Newsletter 5

Friday 8th October 2021

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Today, we have joined people around the globe in celebrating World Mental Health

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Day. As part of this special day, pupils came to



school wearing something yellow in support of the charity "Young Minds." Thank you for all your donations to "Young Minds" -







We shared lots of stories throughout the day that taught us about our emotions and how we can manage them.

We learnt about visual \* restricted with the best work to cues that we can use to tell us how other people





We learnt techniques to help us to allow our emotions to shrink and

grow.



linking our learning with National Poetry Day, we also learnt to recite the poem from the story Rain Before Rainbows.

ınicef 🥴 UN Convention on the Rights of the Child Article 24: Health and health services

these are very much appreciated. The children have enjoyed taking part in special lessons and activities to promote wellbeing throughout the day.





#HelloYellow

er and donate £2 to

YOUNGMINDS













The nurture group network









School News Primary horne

Lighthorne Hears

## **Nursery and Reception Ne and my community**

This week in Reception and Nursery we've been looking for signs of autumn to support our understanding of the world. We've been listening to autumn poems and looking at the difference between small and giant pine cones. The children also enjoyed going outside to play some parachute games, working on skills such as listening and colour recognition. We enjoyed reading the story 'Leaf Man' by Lois Ehlert which inspired us to collect our own autumn leaves to make our own leaf people.







Hights of the Child Article 29: Goals of education







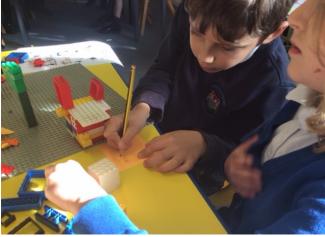


Lighthorne Hears rimary Scho 



This week in Literacy the children have been rehearsing key phrases and vocabulary used by Beth Woollvin in her version of Hansel and Gretel. The children worked in groups to create a Lego story map, labelling the key settings and characters and practised verbalising the repetitive phrases from the story. This helped to support their individual written versions of the story. The children made excellent progress in their writing and many were able to recall and include the story phrases and vocabulary within their writing. A great job by all children, well done everyone!













UNITED KINGDOM RIGHTS RESPECTING

UN Convention on the Rights of the Child Article 29: Goals of education

Lighthorne Hears		ar 1/2/3
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Year 44516 A Child's War

LO: To be able to punctuate speech correctly

AST.

This week we have focussed on how to use speech in our writing. We have acted improvised and performed conversations in role as people during the war and written our conversations using the correct punctuation for speech. We will be writing wartime stories using speech to help progress our story. GROW

### YOUR OWN EGETABLES

**DIG** for Victory

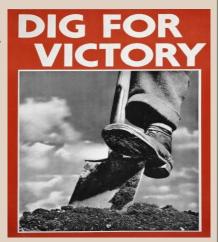




Children in Year 4/5/6 have been learning that the Dig for Victory campaign was established by The Ministry of Agriculture to encourage Britons to grow fruit and vegetables in their gardens and green spaces to offset food shortages. Leaflets and films were produced to teach people how and when to plant seeds and vegetables.

Last Summer, as part of their Sow, Grow, Farm topic, the children learnt about

allotments and farming, and planted some of their own vegetable seeds. This week, they dug up their vegetables... don't they look delicious?!



**YOUR VICTORY GARDEN** counts more than ever!

learning about the home front and how people during WW2 grew their own foods to supplement their meagre rations. The children found this link interesting and were able to reflect on their previous learning.



APPLY TO NEAREST W.L.A. COUNTY OFFICE OR TO W.L.A. HEADQUARTERS 6 CHESHAM PERAFE LONDON S.W.1

To promote our love of reading for pleasure at Lighthorne Heath, we are launching a new way to celebrate our fantastic home readers. Regular reading at home is one of the most valuable things you can do to support your child's progress. Each Friday, as part of celebration assembly, a superstar reader will be selected to take home our brand-new reading sack. The sack contains a story-loving furry companion, hot chocolate, biscuits and an age appropriate story to be enjoyed over the weekend. Every child who has had their reading diary signed at least 3 times during the week, will be eligible to be selected to receive the reading sack. We were delighted to award our reading star sack to **Zach** last week to celebrate all the valuable home reading that takes place outside of school. This week's Super Star Reader is **Benjamin.** Keep recording your reading in your diary and it could be

er Star Readers

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Article 29: Goals of education

you next week!



# Lighthorne Heath

### Learning Heroes Nursery and Reception

Alma is our class hero this week. Alma has quickly settled into our classroom routine despite finding it really challenging initially. She is always willing to have a go and we love seeing her smile and laugh. I was really impressed this week when Alma completed a fine motor activity moving conkers as she counted out loud in English, including some numbers higher than ten.

#### Year 1/2/3

Persevere

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This week Mrs Munday and Mrs Hill have nominated Amanda for always trying her best and for making great progress with her handwriting. Amanda has worked hard to practise her letter formation with support from Mrs Bazeley and now begins to form her letters correctly and neatly within her

Keep on imp<sup>rover</sup> independent writing. It has been lovely to see the pride that Amanda takes in presenting her work. Well done Amanda!

#### Year 4/5/6

Mrs Cox's Lighthorne Heroes this week is Eva. She has worked hard in all lessons, read at home every day, and completed extra home learning for the last 2 weeks. She has shown a great enjoyment during her learning, pushing herself to achieve when things are tricky and never failing to have a go with a smile on her face. Well

done Eva!



UN Convention on the Rights of the Child Article 29: Goals of education









Use your imagination



### **Other Information**

Friday 8th October	Hello Yellow Day  - wear yellow to support World Mental Health Day (
Friday 22nd October	MUFTI (non uniform) Day—bring 50p to wear your own choice of clothes to school. All donations to School Fund.
Monday 11th October	INSET Day—School CLOSED for staff training
	(English and Design Technology—Book-making with moving parts)
Monday 11th October	Deadline for parents and carers to book Parents' Evening appointments
Wednesday 13th October	Parents Evening links to Microsoft Teams meetings will be emailed out
Tuesday 19th October 2021	Parent Conferencing Evening on Microsoft Teams
Wednesday 20th October 2021	Parent Conferencing Evening on Microsoft Teams

Monday 25th October—Friday 29th October school closed for half-term holiday.

#### School re-opens on School re-opens on Monday 1st November

Thursday 11th November 2021	Individual Pupil Photographs
Thursday 25th November 2021	Year 2 and Year 3 Theatre Trip to The Belgrade to see 'Beauty and the Beast' pantomime 10.15am
Friday 26th November 2021	MUFTI (non uniform) Day—bring 50p to wear your own choice of clothes to school. All donations to School Fund.
Wednesday 8th December 2021	Whole School Silent Disco (details to follow soon)
Thursday 9th December 2021	Whole School Christmas Performance 'Supersonic Lamb' and refreshments 2.00pm
Monday 13th December 2021	Christmas Dinner
Tuesday 14th December 2021	Year 5 and 6 Theatre Visit to the Royal Shakespeare Company to see 'The Magician's Elephant' at 7.15pm
Thursday 16th December 2021	Nursery, Reception and Year 1 Visit to Warwick Arts Centre to see 'The Very Hungry Christmas Caterpillar' at 1.30pm
Friday 17th December 2021	MUFTI Day—bring 50p to wear a festive outfit.
Friday 17th December 2021	Break up for Christmas Holidays

#### Monday 20th December—Friday 31st December School Closed for Christmas holiday

#### Monday 3rd January 2022 school closed for Bank Holiday

#### Tuesday 4th January 2022 school closed for in-service (teacher) training

#### School re-opens on Wednesday 5th January 2022

	Thursday10th March 2022	School Nurse Annual Health Needs Assessment Year 6
\	Thursday 10th March 2022	School Nurse National Child Measurement Programme Year 6 and
		Reception

With best wishes from Mrs Westwood and all the staff at Lighthorne Heath.

### Reception and Year '

The Very Hungry Christmas Caterpillar

At Warwick Arts Centre

On Thursday 16th December at 1.30pm

Children will eat their lunch at school and then travel by coach to Warwick Arts Centre. The children should be back in school by the end of the school day at 3pm.

#### The cost of this visit is £12.95 per child

Please note that school is significantly subsiding the cost of the trip and meeting the costs for all adults. Payment can be made in instalments via Parent Pay.

### Years 4, 5 and 6

The Magician's Elephant

At the Royal Shakespeare Company On Tuesday 14th December at 7.15pm Children will go home at the end of the school day for their dinner and then return to school at 5.45pm, for departure by coach to Stratford-upon-Avon. The show will finsh late (approximately 10pm) so children will be allowed to come into school a little later on 15th (details to follow nearer the time).

Lighthorne Hears

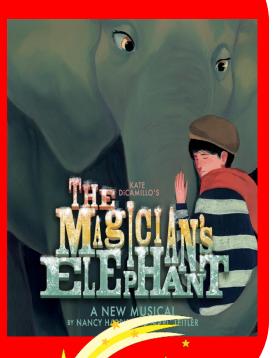
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#### The cost of this visit is £16.50 per child

Please note that school is significantly subsiding the cost of the trip and meeting the costs for all adults. Payment can be made in instalments via Parent Pay.



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# \*Years 2 and 3

#### Beauty and the Beast At The Belgrade Theatre

christmas

This year The Belgrade presents the enchanting tale of **Beauty and the Beast**. One of the most popular panto titles ever, this long awaited production will be extra special and guaranteed to bring a touch of magic, mayhem and monstrous fun to your festive celebrations.

Things are looking bleak for beautiful Belle! Kidnapped by the beast, she is locked away in a castle with little hope of escape. But unbeknownst to her, the beast is actually a handsome prince under the curse of an eyil enchantress. Only by changing

his selfish ways and finding true love can he ever hope to break the spell. Will the Beast change his ways in time? And will Belle ever get back home? There's only one way to find out!

#### On Thursday 25th November at 10.15am

Children will travel to Coventry by coach, and have a slightly later packed lunch (snacks will be provided at the theatre by school). The children will be back in school by the end of the school day at 3pm.



#### The cost of this visit is £16.50 per child Please note that school is significantly subsiding the cost of the trip and meeting the costs for all adults. Payment can be made in instalments via

Parent Pay.

Lighthorne Hears



# MHST tips for wellness Strength

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RISE

This week's theme is Strength.

Asking for help is not a sign of weakness. Strength does not only come from things you can do, but also from overcoming the things you once thought you couldn't.

Try one, or both, of the below activities throughout this week.

 Can you identify an unhelpful habit? Try and challenge yourself to give up one bad habit for a week.

2) Identify what your strengths and weaknesses are and set yourself goals to work on the weaknesses. For example, if you struggle to speak in front of your class, challenge yourself to put your hand up in 2 lessons this week.

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

> Useful dates for October: 4th World Smile Day 5th World Teachers Day 10th World Mental Health Day



UN Convention on the Rights of the Child Article 24: Health and Health Services