

Nursery and Reception



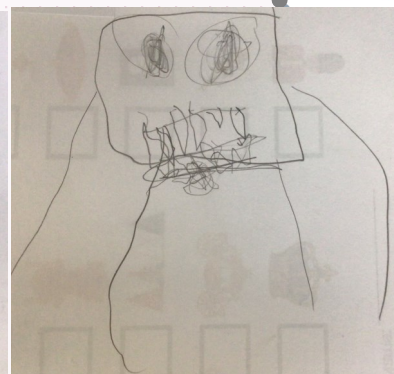
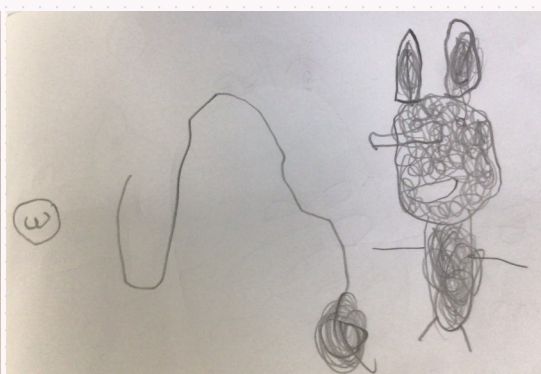
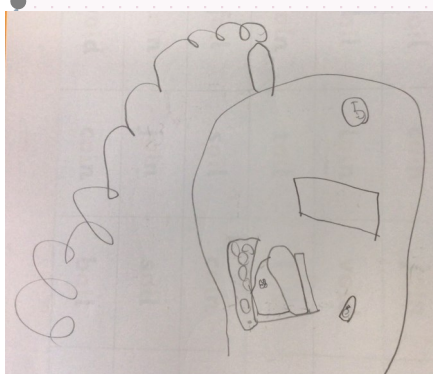
Drawing Club

Reception class have been really excited to start a new project this term called 'Drawing Club'.

Drawing Club helps the children become fully immersed in the magic world of tales and stories whilst at the same time enriching their language and fine motor skills. It's an approach that encourages imagination in a world where anything can, and often does, happen. Have a look at a small selection of their incredible drawings.

This week the children have found it fascinating to watch an animation from the past called 'Trapdoor'. By exploring the story, we've focused on the character, setting and even been posing questions to wonder what might happen next.

We've also used the drawing process as an opportunity to embed secret codes that embrace alphabetic and numeric code. We've been so impressed with the quality of the children's pictures and their enthusiasm for coming up with their own creations.





Year 1 & 2

HOME LEARNING

The children in Years 1 and 2 have been working hard to consolidate their learning linked to our topic 'The Enchanted Woodland'.

The children have produced some creative and wonderfully presented home learning.

We have had examples of measuring objects collected from the woodland, a tree collage using woodland treasures, letters to a woodland creature and lots of information gathered to support our learning in class on deciduous and evergreen trees. Well done everyone, keep up the good



seasons.

Evergreen tree.

Tree which does not lose their leaves in any season. They keep their leaves all year round. They are also good for shelter and food for birds.



Evergreen tree.

27/1/23 Photographs of Woodland.



Small bush with white flowers.



Dried bush with yellow tiny flowers.

A letter to Mr Fox
Dear Mr Fox,
I hope you are well. I ~~will~~ would like to tell you what I've done at school and at home.

I have learnt ^{at school} that some animals hibernate in autumn such as, hedgehog, toad,



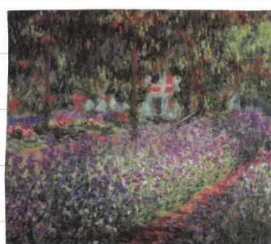
Year 1 & 2

HOME LEARNING

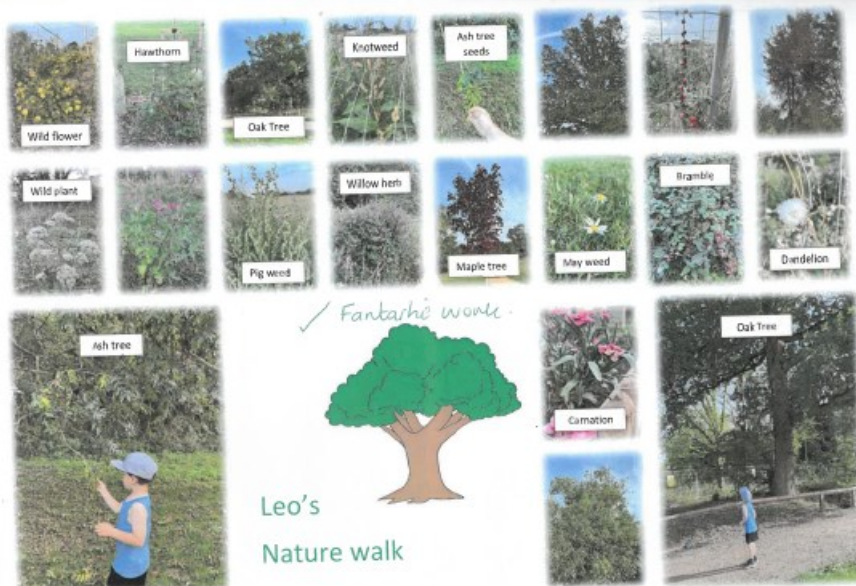
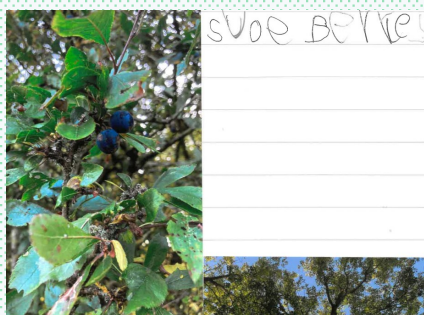
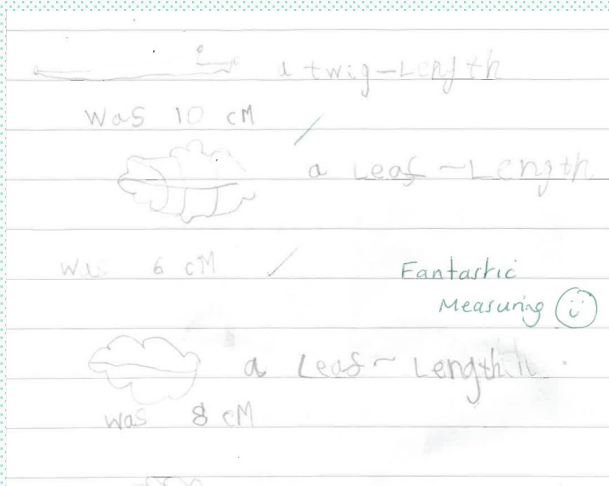
5 Measurements of stick, twig and leaf.



Famous Paintings of Famous Artists Who Inspired By Woodland



Artist's Garden at Giverny.

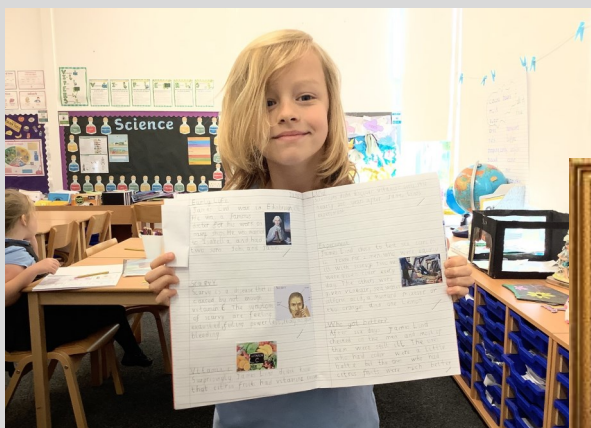
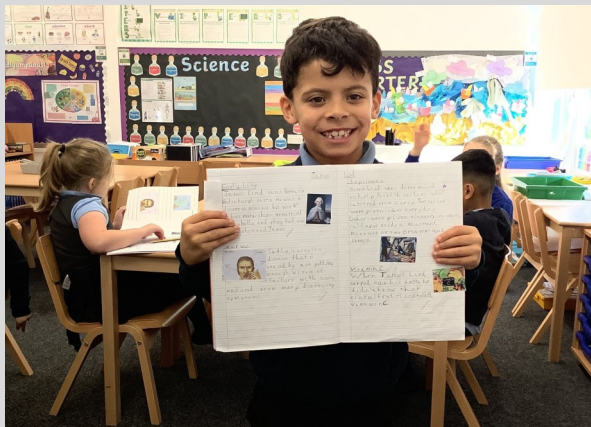


Leo's Nature walk

Year 3/4



Scrumdiddlyumptious



The children in years 3 & 4 took part in a topic lesson earlier this week where they immersed themselves in the life story of physician James Lind. They engaged in thoughtful discussions and made a list of questions that they would like to ask him if they ever had the chance to meet him. Their questions included aspects about his profession, the origins of scurvy and its symptoms.

In a delightful twist, 'James Lind' unexpectedly visited their class, providing the children with an opportunity to actually pose their questions to him. During this encounter, they uncovered fascinating facts, discovering that James Lind was renowned for his ground-breaking work in preventing and curing scurvy. They learned that scurvy's symptoms include bleeding gums, tooth loss, and itchy rashes. Moreover, they learned that during experiments, sailors who received citrus fruit got much better.

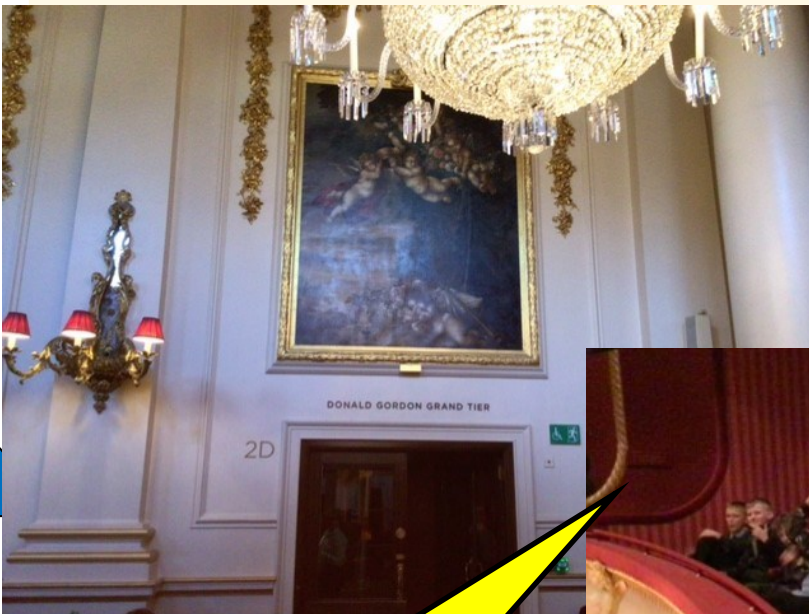
Subsequently, they wrote a non-chronological report about James Lind and his ground-breaking discovery. They wrote sections on his life, the disease scurvy, his experiment, and the significance of vitamin C. This report featured well-organised subheadings and illustrations, showcasing their dedication to presenting their work neatly.

L'ELISIR D'AMORE

On Tuesday, the children in year 6 went to the Royal Opera House in Covent Garden to watch L'elisir d'amour– an opera buffa (comic opera) sung in Italian with English translation above the stage.

It told the story of Nemorino who is a poor peasant boy in love with a wealthy girl, Adina, but she doesn't love him back. He turns to the travelling doctor Dulcamara for help, who offers him a magic potion, the Elixir of Love...

On our return to the school, along with the year 5s, we designed our own magic potions inspired by the opera. We were very pleased with the results.



Amazing voice acting! I loved it when the tiny dog ran across the stage.

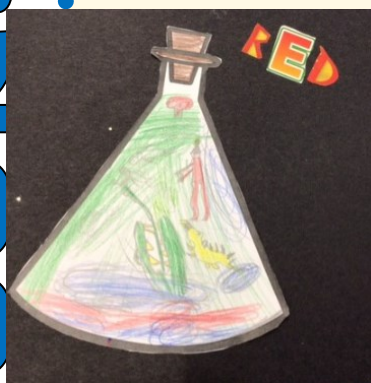
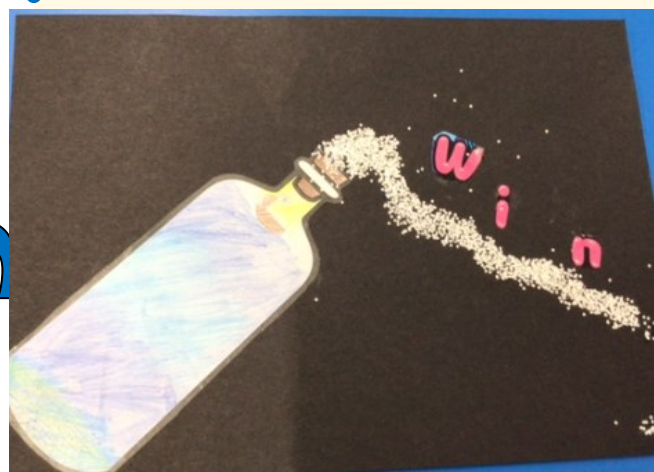
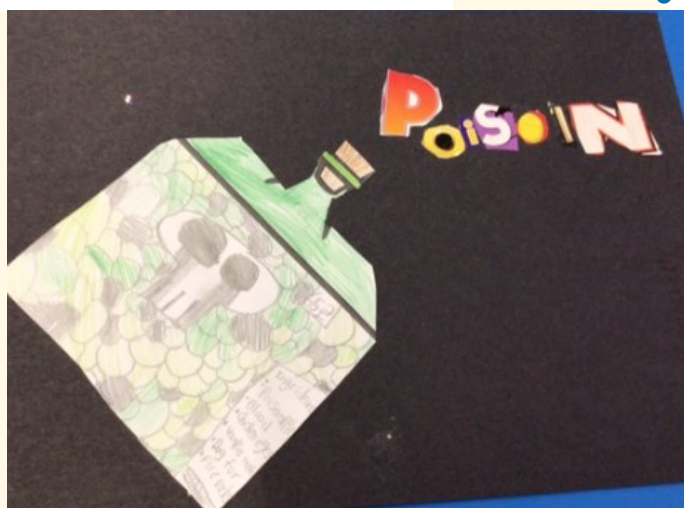
Leo

My favourite part was when Nemorino was wasting his money on the 'potion' when it was actually just wine!

Henry

Our interpretations

Looking at Learning



Year 5 Workshop & Hockey Tournament



Congratulations to our year 5 hockey players who attended a series of workshops and tournaments at Warwick School on Monday.

Led by specialist sports coaches, the children participated in workshops where they learned specific hockey related skills including body position, ball control, rolling, reacting and teamwork. They had the opportunity to practice and perfect these skills before putting them to use in some matches against other local primary schools.

An enormous thank you to Mr Rellis, our wonderful sports coach who accompanied the children. As always, Mr Rellis was overwhelmingly impressed with the children's enthusiasm, engagement and teamwork on the day.

Well done, team, you've made us very proud!



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 31: Leisure, play and culture

Warwick
Schools
Foundation



Book Fair

Thursday 19th October - Tuesday 24th October, 3-3.15pm

Next week will see the start of our Scholastic Book Fair. After school there will be the opportunity to purchase some lovely books. All books sold will contribute towards some free books for our classrooms. There is a competition to design the front cover of a book. Five winners will be chosen to be awarded a £5 voucher to use at the fair. The closing date for entries is Tuesday 17th October.

FREE BOOKS FOR YOUR SCHOOL WHEN YOU BUY AT THE BOOK FAIR!

COME TO the BOOK FAIR!

A POP-UP BOOK-STORE WITH HUNDREDS OF BOOKS FROM JUST £2.99

LAST YEAR, YOUR SUPPORT HELPED TO DONATE OVER £5.3M BOOKS TO SCHOOLS NATIONWIDE

NEW

£7.99 **£2.99**

NEW

£7.99

NEW

£7.99

NEW

£12.99 **£7.99**

NEW

£7.99

NEW

£6.99

Date: **Lighthorne Heath Primary School**
**Thursday 19th, Friday 20th, Monday 23rd,
 Tuesday 24th October**
3pm – 3.15pm

Scan the QR code to pay online!

Below is a letter that we have been asked to share with the parents and carers of children eligible for means tested free school meals.

If you think you may be eligible but are not registered then please speak to Mrs Manley or Mrs Hendriksen who can help you with your application.

Eligibility criteria is on the next page of this week's newsletter.



Resources Directorate
Craig Cusack
Director of Enabling Services
Warwickshire County Council
Shire Hall
Warwick
CV34 4RL

www.warwickshire.gov.uk

October 2023

Dear Parent/Carer

The government's Household Support Fund has provided local authorities with one-off funding for families, and vulnerable residents, who may need financial help with significantly increased living costs.

As a parent or carer with one or more children who are eligible for benefits related free school meals, Warwickshire County Council will be providing vouchers to support you during these challenging times.

You will receive this cost of living payment on 20th October 2023. This will be a £30 voucher for each child at home who is in receipt of benefits related free school meals in addition to one £75 voucher for each eligible Warwickshire household to help with your household costs.

The supermarket vouchers will be processed automatically, and you **do not** need to contact us to apply. You will be sent an SMS text message from our voucher scheme **Huggg**, with a message from Warwickshire County Council that will have a link to the supermarket vouchers attached.

You will need to activate your voucher by:

- clicking on this link and then 'Tell me more' followed by 'I'm ready to claim',
- selecting which supermarket you would like to shop at (the choices are Aldi, Asda, Farmfoods, Iceland, M&S, Morrison's, Sainsbury's, Tesco, and Waitrose),
- selecting 'Claim now' and,
- once you have chosen your voucher, hitting 'Click for your voucher'.

The final screen will reveal the voucher from your chosen supermarket, and you will need this to pay for your shopping. Vouchers can all be used instore and those from Asda, M&S, Sainsbury's and Waitrose can also be used online. The voucher value does not have to be spent all at the same time, so please ensure you keep your vouchers safe.

If we do not have a valid mobile number for you, we will send the voucher link to you by email from hello@huggg.me If you do not have a smartphone, we will post the voucher.

If you have a problem with activating your voucher, please use the 'Frequently Asked Questions' online at <https://www.warwickshire.gov.uk/localwelfarescheme> or use the Chat facility on the Huggg website <https://www.huggg.me/>

Please check the expiry date on your voucher as it cannot be redeemed or reissued after the expiry date, so ensure you activate your voucher within this time. Do also check your spam or junk folders just in case the emails have gone in there.

The Local Welfare Scheme can help with the following issues. Please call 0800 4081448 or 01926 359182, between **10am and 2pm**, when staff will be available to assist you.

- You do **not** receive the SMS text or email voucher link for your child or children by **Monday 23rd October 2023**. You can call us between **23rd October and 3rd November 2023** and will still receive the full voucher value. We receive an exceptionally high volume of calls so you may wish to consider calling after the 26th October 2023 when the phone lines may be less busy.
- If a supermarket from the options listed is not easily accessible and an online delivery is not possible.
- If you have other children who are not yet attending school and would like to claim an additional Huggs supermarket voucher for these children, please call us between **23rd October and 3rd November 2023** only to apply. Again, we receive an exceptionally high volume of calls so you may wish to consider calling after the 26th October 2023 when the phone lines may be less busy. Remember that calling us later will not change the amount of the award you will receive.

Please note: The Local Welfare Scheme will be using the Household Support Fund to support other Warwickshire residents with utility costs during November 2023. As part of this cost of living payment in October, you have received a £75 voucher for your household, therefore you are not eligible to apply again in November.

Further information on support is available for residents on the following websites:

- <https://www.warwickshire.gov.uk/localwelfarescheme>
- <https://www.warwickshire.gov.uk/costofliving>
- <https://helpforhouseholds.campaign.gov.uk/>

Yours sincerely



Craig Cusack
Director of Enabling Services

Free School Meals



educaterers  A FOOD STORY

Claim your free school meal today

Save over £400 a year and hours of time on making packed lunches.

Get your child a tasty nutritious meal every day.

Our school gets over £1300 for every registered pupil.

To find out if you are eligible go to

www.warwickshire.gov.uk/freeschoolmeals or call 01926 359189

for menu information go to www.educaterers.co.uk

UNIVERSAL INFANT FREE SCHOOL

Don't forget if you have a child in Reception, Year 1 or Year 2 they are entitled to a free school lunch everyday too.

Food for Life

A guarantee that fresh, seasonal food is always on our menu



Act on Energy are coming to the school playground between 2.40-3.20 on Thursday 19th October to offer additional advice to families.

FREE

ADVICE and SUPPORT

with your home energy

**Are you
worried about the
rising cost of energy
We are here to help!**



Unit 2 Lauriston Business Park, Pitchill, Salford Priors, Warwickshire, WR11 8SN
Registered charity number 1075679

Act on Energy is a local charity which partners with **Local Authorities** to offer a full home energy support service and free, impartial advice.



We can offer **expert advice** on:

- Energy efficiency tips to reduce your bills
- Grants and funding for energy efficiency measures
- Grants for broken heating systems
- Help with fuel bills and energy debt
- Billing issues with your supplier



for more info go to

www.actonenergy.org.uk

or call our **free phone**

0800 988 2881

Notes:



Act on Energy is a company limited by guarantee and registered in England and Wales, number **3621022** and a registered charity number **1075679**.
Registered address: Unit 2 Lauriston Business Park, Pitchill, Salford Priors, Warwickshire, WR11 8SN

v3

Lighthorne Heath Learning Heroes

Nursery & Reception

Mrs Hartley and Mrs Manley have chosen Zilan as their class hero this week. Zilan has been really excited about all of the learning taking place and has lots to contribute to class discussions. She has used her imagination really well in Drawing Club this week and made brilliant progress on the balance bike during Balanceability.

Well done Zilan!



Have a go

Co-operate

Years 1 & 2

Our hero this week is Ben for displaying a fantastic attitude to his work. He has shown determination to complete written tasks and has taken great pride in his handwriting and overall presentation. It has been lovely to see him being proud of his achievements, keep it up!



Concentrate

Persevere

Years 3 & 4

Miss Singh has chosen Amber as this week's hero for her curiosity and consistent hard work. Amber not only works well with others but also consistently exhibits good listening skills.

Outstandingly, Amber recently showcased her creativity creating a fabric dye from cabbage as part of her home learning task. She then dipped an old tea towel into her purple coloured dye. Well done, Amber!



Keep on improving

Years 5 & 6

My hero this week is Abimbola. This week she completed some fantastic home learning where she did some independent research on Ernest Shackleton. I hope she continues to show a passion for learning.



En-

joy

Use your imagination

UN Convention on the Rights of the Child

Article 29: Goals of education

Emotional Wellbeing and Mental Health



NHS
Coventry and
Warwickshire Partnership
NHS Trust



Mental Health in Schools Team (MHST)

Parent/Carer Tips for Wellness:

STARTING CONVERSATIONS AROUND MENTAL HEALTH

It can be difficult to speak with your young person about their mental health and wellbeing. It is important to try different methods and see what works for you.

Useful conversation starters:

"How are you feeling?"

"What was the best and worst bit of your day?"

"How can I help you?"

"I can see that you are feeling _____. Do you want to talk about it?"

"Today I felt _____. How did you feel today?"



More conversation
starters!

Some young people find it easier to have these conversations when they do not need to make eye contact. Try having these conversations whilst doing a normal activity, such as cooking dinner, washing up or even in the car!

Top Tip: Try to avoid starting these conversations around bedtime.

Discussing and expressing feelings:

- Try using emojis, coloured stickers or pictures to show how you are feeling.
- If your young person finds it hard to have these conversations, they could try sending you text messages to let you know how they feel or using a shared feelings diary.

Statements of encouragement can help a young person share their feelings:

"I love you, nothing can ever change that"

"Even if I don't understand, know that I want to"

"If you need to talk to someone else, that's ok too"

"It is ok to feel this way"



Diary Dates



Spring Term		*= New additions to the diary dates
Monday 16 th October	Bikeability for Y5&6	
*Thursday 19 th - Tuesday 24 th Oc- tober	Scholastic Book Fair	
*Thursday 19 th October	Act on Energy are coming in the school playground 2.40-3.20 to offer advice to families.	
Tuesday 24 th October	Peer Mediation training for Years 5&6	
Friday 27 th October	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund	
30 th October- 3 rd November	Half Term Holiday	
November		
Monday 6 th November	Autumn 2 begins	
*Tuesday 7 th November	Parent teacher conferencing 3-5pm (bookable appointments)	
*Wednesday 8 th November	Parent teacher conferencing 4-6pm (bookable appointments)	
Wednesday 8 th November	Years 5 & 6 trip to Stratford Butterfly Farm	
Thursday 9 th November	Bonfire Bingo. Family bingo session 3.15-4.15pm	
Friday 10 th November	Coding club begins for years 3-6 Sign up link: https://www.innovationpod.co.uk/lighthorneheath and see newsletter page	
Friday 10 th November	Individual pupil photographs	
Thursday 23 rd November	Years 3, 4, 5 & 6 winter theatre trips	
Friday 24 th November	Mufti Day (non-uniform day), please bring a donation (50p suggested) towards school fund.	
December		
Monday 4 th December	INSET day	
Tuesday 12 th December	Nursery, Reception, Year 1 & 2 winter theatre trip	
TBC	Winter performances and celebrations	
Monday 25 December 2023 to Friday 5 January 2024	Christmas Holiday School returns on Tuesday 9 th January	

With best wishes from Mrs Westwood, Mrs Manley and all the staff at
Lighthorne Heath Primary School.

UN Convention on the Rights of the Child

Article 29: Goals of education



Get picking! Join us for the Lighthorne Heath Community Litter Pick Competition

Dear Families,

This October, we're holding a community litter pick competition to help maintain a clean and litter-free environment while bringing the community together.

Join us on the **21st of October** for the **Lighthorne Heath Community Litter Pick Competition**.

The competition is open to groups of up to four people and all ages are welcome, although children must be supervised by an adult at all times and each team must have at least one member aged 18 years or older.

The winning team will be selected based on the number of bags filled and before and after pictures, and will be awarded four tickets to Drayton Manor Resort to use on a date of their choice.

Click the QR code to register for your place by the 18th of October

On the day

- **12.15pm:** Meet at the car park in Lighthorne Heath Village Hall, Valiant Cl, Lighthorne Heath, CV33 9UF to sign in and collect equipment
- **12.30pm:** Litter pick begins
- **2.15 - 2.30pm:** Reconvene at Avon Valley Indoor Bowls Club Avon Valley Way CV35 0XL for refreshments and judging
- **3pm:** Ends

Clothing and equipment

Gloves, bin bags, litter picks and hand sanitizer will be supplied, but if you have your own equipment please feel free to bring it. Each group will need access to a smartphone for taking before and after pictures of the areas cleared.

We would also advise wearing warm, comfortable clothing and suitable footwear.

Prizes and judging

The prize is four individual (4+) flexible tickets to Drayton Manor Park.

The judges will award the prize to the group that they believe has picked the most litter based on the number of bags filled and before / after pictures taken on a participant's smartphone.

Photography

There will be a photographer present for the last hour of the pick. If you don't want your picture taken please let Emma Hills know when you arrive to collect your equipment.

We won't use any images without your written consent.

Warwickshire
Adult & Community Learning

FREE*

Grow your own



Tuesday Workshops

1-3pm, 17th October or 6-8pm, 28th November
Avon Valley Indoor Bowling Club, Lighthorne Heath

Think 'home grown – not flown'. How practical is it really to start growing your produce? Depending on your available time and resources, everyone can grow something, even if it's just a pot of herbs on your windowsill. In return, you will gain the satisfaction and sense of wellbeing that comes from enjoying your own produce, free from chemicals and full of flavour.

Topics include:

- Grow seasonal fruits, herbs, and veg
- Grow in small spaces
- Recipe and storage suggestions
- Seed saving
- Budgeting

***Free for learners that do not have a full Level 2 (GCSE or equivalent) Maths qualification.**

Courses in partnership with Multiply
www.warwickshire.gov.uk/acl
or call: 01926 736392

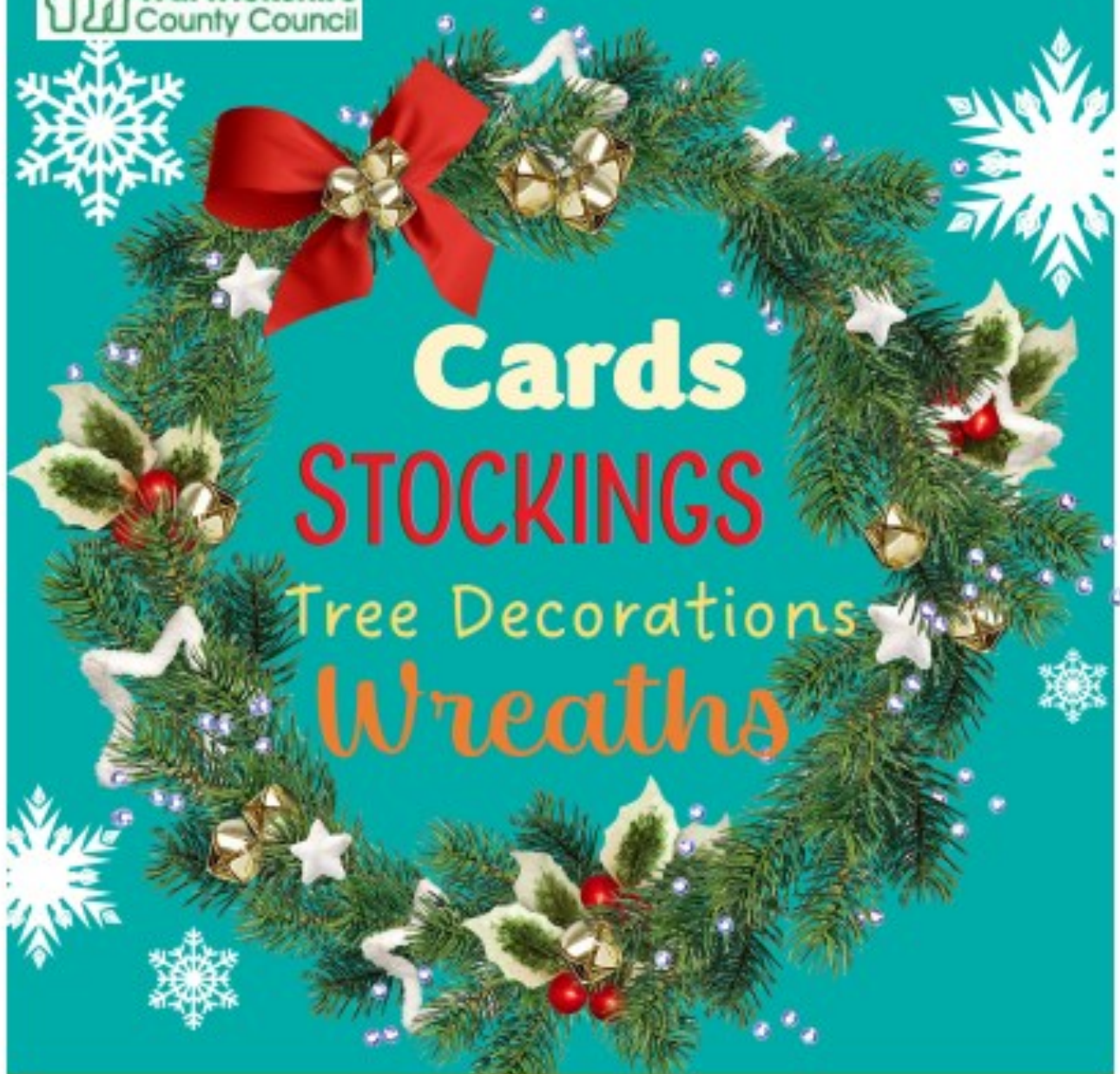


Warwickshire
County Council





Christmas Crafts



For further information and to pledge your interest please
contact: www.warwickshire.gov.uk/acl
or call: 01926 736392 to find out how to enrol

Courses in partnership with Multiply
www.warwickshire.gov.uk/acl
or call: 01926 736392





Warwickshire Adult & Community Learning

Free Christmas Craft Course



-  www.facebook.com/warksacl
-  www.twitter.com/warksacl
-  www.instagram.com/warksacl

Banbury
Road
Lighthorne
Heath
CV35 0DB

**SKILLS
FOR LIFE**
Multiply

Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

BETTER HOUSING BETTER HEALTH CAN HELP WITH:

ENERGY BILL
SUPPORT



HOME
ENERGY
VISITS



FINANCIAL
ASSISTANCE



PRIORITY
SERVICES
REGISTER



GET IN TOUCH

0800 107 0044

www.bhbh.org.uk

THE NATIONAL ENERGY FOUNDATION

THE NATIONAL ENERGY FOUNDATION, INCORPORATED IN ENGLAND. REGISTERED IN ENGLAND AND NORTHUMBRIA. NUMBER 2706051. REGISTERED IN SCOTLAND AND NORTHUMBRIA. NUMBER 2706051.