

Stay and Play! Nursery and Reception

We were delighted to welcome Reception and Nursery parents and carers to our first 'Stay and Play' of this academic year on Monday. The children really enjoyed the opportunity to show their grown up/s around the learning environment. Many of the children enjoyed playing in our range of continuous provision areas, whilst they also take on the challenge of enrichment activities that support our current learning in lessons. We also held an information meeting all about our Early Years curriculum for parents and carers. Thank you to those who were able to attend. All information will be emailed to parents.



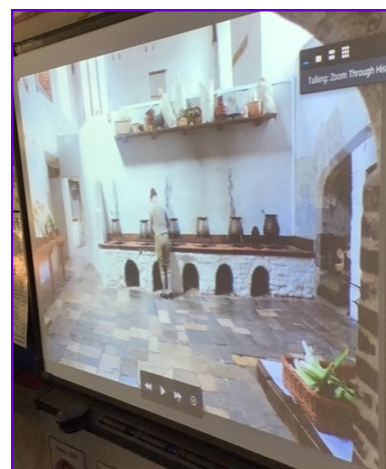
Magnificent Monarchs Year 1/2

This week the children took part in an online history workshop delivered by Historic Royal Palaces.

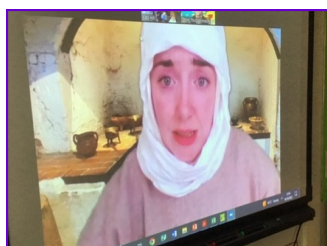
The children travelled back in time to learn what life was like for Kings and Queens and those working inside the palace. They visited various rooms in the palace and picked out similarities and differences between past and present artefacts and lifestyle.

The children helped the laundress (who worked for King Henry V 111) with her washing and learned that people used to use urine to wash their clothes!

During the session the children learned about time lines and visited different periods, learning about changes in the palace life and about monarchs who were ruling at the time.



It was like we were really time-travelling!



I liked learning about the time-line of kings and queens.

I enjoyed joining in with the actions to help wash the clothes in the wooden

My favourite part was learning that they used to clean with wee and that it was a bit like the bleach that we use to clean with today.

We became time- travellers and looked at all of the beautiful rooms inside the palace. It was really fun!

Religious Education



In RE, the Year 3 and 4 children have been learning about the Hindu festival Diwali. The children found out that it is the Hindu festival of light, which celebrates the New Year. Afterwards, the children listened to the story of Rama and Sita, which is about Rama's quest to rescue his beloved wife Sita, from the clutches of Ravana, with the help of an army of monkeys. This story helped the children to understand the significance of light within the festival of Diwali. We then talked about how people celebrate Diwali, and we followed this by having our own Diwali party. We decorated the room with lights, elephants and Rangoli. Miss Singh

dressed in Diwali-style clothing to give the children an authentic experience. The children then got involved by having a go at some Diwali dancing and trying some foods that are eaten during the festival, such as samosas, popadoms and sweets.

By the end of this lesson, the children understood why Diwali was special and significant for Hindus.



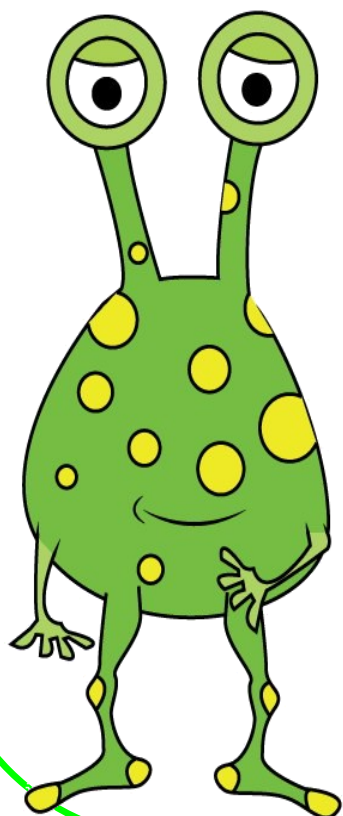
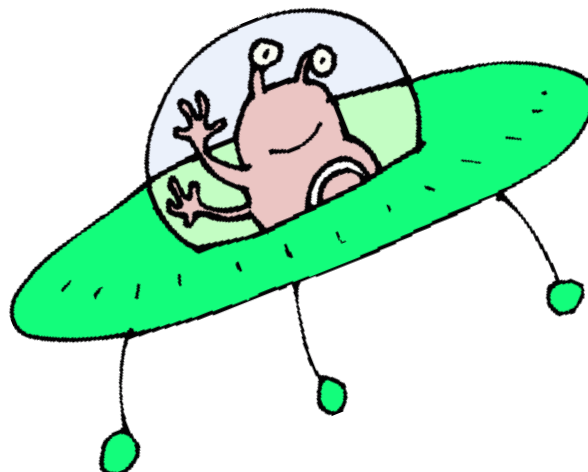
Year 3/4



Life on Mars?

Year 5/6

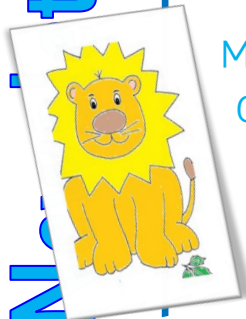
This week, the children discussed about the likelihood of there being life on another planet. They discussed the size of Space and that we are such small part of what is out there. They talked about the Sun being a star and that there are billions of stars. Potentially each star could be like ours with planets orbiting it. The children chose one of the planets in our solar system. Using their knowledge of that planet (they were able to use the topic specific books from our book corner for more information) they were able to decide on appropriate adaptations that would be needed to live in their environment. For example, an alien living on Mercury would need to thrive in a very hot climate whereas an alien living on Jupiter would need to survive in the cold environment. All aliens would need to survive with differing gases on their planets. Would they need to breathe at all? Perhaps they were like whales and had a blow-hole, or maybe they were like fish and had gills.



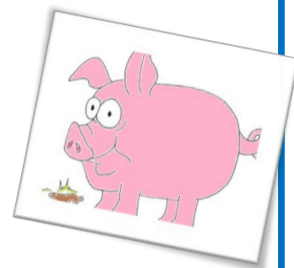
Lighthorne Heath Learning Heroes

Nursery and Reception

Mrs Manley and Mrs Hartley's Reception and Nursery hero is Osman is this week. We have chosen Osman because he has been showing great concentration during our phonic lessons, especially on his letter formation. With regular practice, we can see that Osman has already shown good progress. Well done Osman!



Co-operate



Have a go

Year 1/2

This week Mrs Hill and Mrs Sahota have chosen Adan who has completed some fantastic home-learning every week during this half term. Adan always works really hard in lessons, showing great concentration and trying hard to do his best. Well done for your hard working attitude this half term Adan!



Persevere



Concentrate

Year 3/4

Ms Singh has chosen Luke as this week's hero, as he has shown good concentration and an excellent attitude towards learning. He has particularly shown a lot of enthusiasm in Maths and never gives up. Keep up the great work.



Keep on improving



Year 5/6

Mrs Cox's nomination for this week's Learning Hero is Eldar. He has shown a fantastic creative side and sense of humour during our literacy lessons. He has confidently performed in front of the class and read with expression to add more excitement to what he is saying. Keep up the good work Eldar!



Use your imagination



Enjoy learning

UN Convention on the Rights of the Child
Article 29: Goals of education

Diary Dates

Autumn Term

October 2022

Friday 21 st October	MUFTI Day and Break up for Half Term
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24 th -28 th October	Half-Term
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November 2022

Thursday 3rd November	Writes Individual Portrait Photographs at Lighthorne Heath 8.45am
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Tuesday 8 th November	Peer Mediation training for Year 5/6 pupils & MDS @ Lighthorne Heath am
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Tuesday 8 th November	Y5 & Y6 Theatre Visit to RSC 'A Christmas Carol' 7pm
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Monday 14th November	NHS Vision Screening Programme with Reception
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Monday 21 st November	School closed for teacher training INSET Day: RSC Rehearsal Room Pedagogies, led by the Royal Shakespeare Company
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Tuesday 22 nd November	School closed for teacher training INSET Day: Emotion Coaching, led by Dr Louise Gilbert
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Wednesday 23 rd November	School closed for teacher training INSET Day: An Introduction to Attachment and PACE, led by EPS
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Thursday 24 th November	Y3 & Y4 Theatre Visit to the Belgrade 'Jack and the Beanstalk' 10.15am
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December 2022

December Date TBC	Participation in Leamington's inaugural Christmas Tree Festival
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Thursday 8 th December	YN, YR, Y1 & Y2 Theatre Visit to WAC 'Stick Man' 10.30am
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Friday 9 th December	Christmas Jumper Day / MUFTI Day
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Friday 16 th December	Break up for Christmas holidays
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19 th December-2 nd Jan	Christmas Holidays
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Super Star Reading!

This week's reading super star is Alma. Alma's frequent home practice of rainbow tricky word cards and phonic flashcards has really supported Alma's early reading skills. We hope you enjoy taking our reading bear and star bag home, Alma.

With best wishes from Mrs Westwood and all the staff at Lighthorne Heath Primary School. Have a lovey half-term!

Community Information



Warwickshire
County Council

Resources Directorate

Kushal Birla

Assistant Director for Business and Customer Services

Warwickshire County Council

Shire Hall

Warwick

CV34 4RL

www.warwickshire.gov.uk

October 2022

Dear Parent/Carer

The government's Household Support Fund has provided local authorities with one-off funding for families, and vulnerable residents, who may need financial help with significantly increased living costs.

As a parent or carer with one or more children who are eligible for benefits related free school meals, Warwickshire County Council will be providing vouchers to support you during these challenging times.

Previously we have used the Household Support Fund to provide vouchers for eligible families during the school holidays. To offer more flexibility, we are changing how funding will be distributed this year and you will receive two automatic cost of living payments in November 2022 and February 2023.

You will receive your first cost of living payment by 8th November 2022. This will be a £30 voucher for each child at home who is in receipt of free school meals in addition to one £75 voucher for your household to help with your family's shopping costs.

The supermarket vouchers will be processed automatically, and you **do not** need to contact us to apply. You will be sent an SMS text message from our voucher scheme **Huggg**, with a message from Warwickshire County Council that will have a link to the supermarket vouchers attached.

You will need to activate your voucher by:

- clicking on this link and then 'Tell me more' followed by 'I'm ready to claim',
- selecting which supermarket you would like to shop at (the choices are Morrisons, Aldi, Asda, Iceland, Sainsbury's, Tesco or Waitrose),
- selecting 'Claim now' and,
- once you have chosen your voucher, hitting 'Click for your voucher'.

The final screen will reveal the voucher from your chosen supermarket, and you will need this to pay for your shopping. Vouchers can all be used instore and those from Asda, Sainsbury's and Waitrose can also be used online. The voucher value does not have to be spent all at the same time, so please ensure you keep your vouchers safe.

If we do not have a valid mobile number for you, we will send the voucher link to you by email from hello@huggg.me If you do not have a smartphone, we will post the voucher.

Community Information

If you have a problem with activating your voucher, please use the 'Frequently Asked Questions' online at <https://www.warwickshire.gov.uk/localwelfarescheme> or use the Chat facility on the Hugg website <https://www.huggg.me/>

Please check the expiry date on your voucher as it cannot be redeemed or reissued after the expiry date, so ensure you activate your voucher within this time. Do also check your spam or junk folders just in case the emails have gone in there.

The Local Welfare Scheme can help with the following issues. Please call 0800 4081448 or 01926 359182, between **10am and 2pm**, when staff will be available to assist you.

- You do **not** receive the SMS text or email voucher link for your child or children by **Wednesday 9th November 2022**. You can call us between 9th November and 18th November 2022 and will still receive the full voucher value. We receive an exceptionally high volume of calls so you may wish to consider calling after the 15th November 2022 when the phone lines may be less busy.
- If a supermarket from the options listed is not easily accessible and an online delivery is not possible.
- If you have other children who are not yet attending school and would like to claim an additional Hugg supermarket voucher for these children, please call us to apply before 18th November 2022. Again, we receive an exceptionally high volume of calls so you may wish to consider calling after the 15th November 2022 when the phone lines may be less busy. Remember that calling us later will not change the amount of the award you will receive.

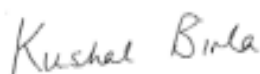
You should expect to receive your second cost of living payment on 8th February 2023, we will write to you again nearer the time.

Please note: The Local Welfare Scheme will be using Household Support Fund to provide further support with utility costs during December 2022 for some residents in Warwickshire. As you would be eligible we have included this support in your cost of living payments, therefore you will not need to apply.

Further information on support is available for residents on the following websites:

- <https://www.warwickshire.gov.uk/localwelfarescheme>
- <https://www.warwickshire.gov.uk/costofliving>
- <https://helpforhouseholds.campaign.gov.uk/>

Yours sincerely



Kushal Birla
Assistant Director, Business & Customer Services



Community Information



WINTER WELLNESS

A guide to help you stay safe and well this winter 2022/23

warwickshire.gov.uk/winterwellness

"As we head into the winter months, many people are worried about the rising cost of living.

Agencies across Warwickshire are here with a range of resources and support so you can access the help you need.

These pressures can also impact on your health.

Understanding this and taking steps to look after your physical and mental health is important. This can include creating positive habits to add to your daily life or accessing the range of health support services across Warwickshire."



Shade Agboola
Warwickshire Director of Public Health



Food support

warwickshire.gov.uk/foodsupport



Warm and well

warwickshire.gov.uk/keepwarm



Cost of living

warwickshire.gov.uk/costofliving



Mental health

warwickshire.gov.uk/mentalhealth



Skills

www.warwickshire.gov.uk/acf

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Your community	p6
Useful contacts	p8



Community Information

Cost of Living help and advice



Cost of living

The rise in living costs is having an impact on household budgets for many and people are making some tough decisions about what to prioritise.

Food and energy

Help is available if you are struggling to afford food or pay household bills this winter. Information and support is online at warwickshire.gov.uk/costofliving which features links to services to help with budgeting to meet the costs of food and energy. Alternatively you can call **01926 410410**.



Emergency support

At times of crisis the **Local Welfare Scheme** can help the county's most vulnerable residents who have no means of support by providing financial assistance and general advice. Call **0800 4081448** or visit warwickshire.gov.uk/localwelfarescheme

Help for households

The Government has put support packages in place with help for eligible individuals. Help for Households information is online at gov.uk/costoflivingsupport

Housing and support

Your local **District or Borough Council** can also offer information about employment, financial support and money management, food access, mental health, household energy concerns, loneliness and isolation. Contact details for your area can be found on the back page.



Homelessness

Preventing Homelessness Improving Lives (PHIL) helps Warwickshire residents who need advice about their housing situation. PHIL offers help and support to prevent homelessness at an earlier stage before crisis point is reached. Call **01788 533644** or **01788 533643** Monday to Friday or email phil@rugby.gov.uk

Support for families

There is a lot of support available for families in Warwickshire.

Warwickshire's Family Information Service (FIS) provides information, advice and one-to-one support on issues including family relationships, finance, housing, parenting support, special educational needs and disabilities (SEND), childcare, health and wellbeing and more. You can contact FIS by phone on **01926 742274** or via email fis@warwickshire.gov.uk



Family support workers are also available across Warwickshire to listen, offer advice and support around all family, parenting and behaviour concerns. Call the Family Support Helpline on **01926 412412**.

For more information for families visit warwickshire.gov.uk/childrenandfamilies

Warm and Well Warwickshire offer

- Energy saving and fuel bill advice
- Referrals for energy saving measures such as insulation
- Advice on funding support
- Onward referrals for benefit checks

For more information visit actonenergy.org.uk or call for **FREE** on **0800 988 2881**

Community Information

Stay warm

The cold weather can make some health problems worse and even lead to serious complications in more vulnerable people. **Here are some tips to stay warm during the colder months:**

- Set your thermostat to 18-21 degrees Celsius
- Try to have warm drinks and at least one hot meal each day
- Dress in plenty of layers and make sure all footwear has a snug fit with non-slip soles
- Keep active and remove hazards that may cause you to fall
- Have an emergency contact number for a friend or neighbour in case you need help. For more advice, visit warwickshire.gov.uk/keepwarm



Keep your home warm and reduce your bills

- Make sure your loft and cavity walls are insulated and don't forget to fit draught proofing
- If you are a pensioner, disabled or chronically sick; have a hearing or visual impairment, you can sign up to your suppliers Priority Services Register (PSR)
- Ensure that you switch off appliances and lights that are not in use
- Get your heating serviced annually by a qualified central heating engineer and have your chimneys swept at least once every year to reduce the risk of chimney fires

We understand that the rise in the cost of living can lead to worry and stress which can impact your mental health. There are steps you can take to look after your mental health and we've included some tips and advice in the following pages.



SUPPORT FOR FAMILIES LIVING IN WARWICKSHIRE



We offer a wide range of safe, accurate and up-to-date information including the Warwickshire childcare finder, parenting courses, workshops, support services and much more

Scan the QR code above or visit:
warwickshire.gov.uk/childrenandfamilies



For updates on new support groups, courses, events and information to support you and your family, scan the QR code or visit:
warwickshire.gov.uk/parentupdates
to sign up to the weekly Family Information Service newsletter.



Homes for Ukraine

Could you help?

Hundreds of people across the county have provided a home to families and individuals from Ukraine through the Homes for Ukraine scheme. If you have space, and want to help a family in need, you can become a host as part of the scheme.

Find out more at
warwickshire.gov.uk/ukraine

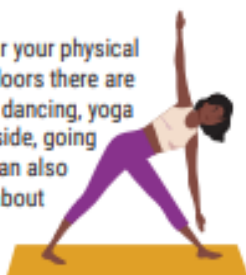
Community Information

Staying well this winter



Stay well

Being active is a great way to look after your physical and mental health. If you're staying indoors there are plenty of activities you can do such as dancing, yoga or online workouts. If you do head outside, going for a brisk walk is great exercise and can also keep you warm. For ideas and advice about staying active indoors and out, visit warwickshire.gov.uk/beactive



A healthy weight is good for your heart and immune system and can improve your ability to fight infections. It also reduces your risk of serious illness should you catch coronavirus, flu or other respiratory illnesses. warwickshire.gov.uk/fitter-futures

Respiratory illnesses are more prevalent in winter months and smoking can increase the severity of symptoms. Now is a great time to quit smoking and the Warwickshire website Quit4Good can help you start. warwickshire.gov.uk/quit4good

Pregnant women and their families have access to a specialist team of experienced, confidential 'stop smoking in pregnancy' advisors. warwickshire.gov.uk/quit4baby

Medical advice

There are different ways to seek medical advice if you are worried about your health. In addition to your GP the following services can help you.

NHS 111 online

For urgent but not life-threatening medical support contact NHS 111 online at 111.nhs.uk rather than going straight to A&E. You'll get help right away and, if needed, a healthcare professional will call you. NHS 111 gives general health information and advice and tells you where to get repeat prescriptions or an emergency supply of your prescribed medicine. For concerns about children under 5, please call 111 for the telephone service.

Pharmacies

Pharmacists offer expert advice for many common winter ailments such as coughs and colds, sinusitis, earaches and sore throats. Some pharmacies also offer flu vaccinations and more. For the full range of services visit nhs.uk/nhs-services/

Winter illnesses

Winter viruses can be very infectious, and some people may become seriously ill.

Help to reduce the spread of winter viruses by:

- Getting your vaccine if you're eligible
- Staying at home if you're feeling unwell
- Opening windows when you're indoors to help air ventilation

COVID 19 1st, 2nd and booster doses

Available to all adults over 18 years and children aged 5 at high risk due to health condition or weakened immune system.



Autumn booster (4th dose)

Is currently available for those aged over 60 with further age cohorts opening over the winter period. To check if you are eligible for the autumn booster please visit the national booking service: nhs.uk/covidvaccination or call 119 to book an appointment or find a walk-in vaccination site.

Local information for Warwickshire and Coventry on clinics and walk in locations for vaccination are available at happyhealthylives.uk. Please note this website is updated on a regular basis and you are able to change the language of the content at the top of the webpage.

Flu vaccination

Anyone can get the flu vaccination and it is free for certain groups:

- People aged 50 or over
- Pregnant women
- All adults and children (from the age of 6 months) with health conditions
- Children aged 2 to end of year 11
- Carers and those working in health and social care
- People living with someone who is more likely to get infections.

If you're eligible for a free vaccination your GP will get in touch, or you can book directly or at a pharmacy.

nhs.uk/conditions/vaccinations/flu-influenza-vaccine

Community Information

Five ways to wellbeing

To improve your mental health and wellbeing, and your overall feeling of happiness, try to introduce at least one of the five ways to wellbeing into your routine.

warwickshire.gov.uk/5ways



Make sure your friends and neighbours are okay too. Doing things for others makes everyone feel good.

Adult Community Learning

If you are an adult who wants to make a fresh start with learning, to return to learning, or to continue learning we may have a course in Warwickshire for you. Find out more about Warwickshire's Adult Community Learning Service, the subjects on offer and the support available for learners at

warwickshire.gov.uk/acl

Combat loneliness

Loneliness and social isolation affects around nine million people in the UK and contributes to a range of physical and mental health conditions. Walking, finding ways to communicate with others, befriending services and keeping a healthy daily routine can help. For support in Warwickshire visit

warwickshire.gov.uk/loneliness



Warwickshire libraries events and activities

Warwickshire libraries host free events and activities for adults and for children throughout the year which can help to improve communication skills, increase knowledge, and encourage creativity. During school holidays, libraries often host children's craft activities, science workshops, theatre and dance performances and visits from storytellers.

For adults there is also the opportunity to join or set up a local reading group to meet others and help stay connected.

warwickshire.gov.uk/libraries



Support with your mental health

There is a wide range of low level and more intensive support available across the county, find out more at warwickshire.gov.uk/mentalhealth

Coventry and Warwickshire Helpline is available 24/7 on **0800 616 171** (or **0300 330 5487** from a mobile) for free, confidential help and emotional support.

We want everyone to feel safe and supported, so if you, or someone you know, is having thoughts of suicide or significant self-harm, help and support is available now. Please visit dearlife.org.uk where you will find details for crisis support. Alternatively, telephone the Samaritans on **116 123**. If there is immediate risk to life, call **999**.

Children and young people in Warwickshire can find support at Kooth.com - a free, safe and anonymous online community for mental health and wellbeing. There is also cwrise.com for information, advice and guidance.

ChatHealth is a secure, anonymous text service to contact a healthcare professional

- Parents or carers of under 5s can text a health visitor on **07520 615 293**

- Parents or carers of school age children to 19 year olds can text a school nurse on **07520 619 376**

- 11 to 19 year olds can text a school nurse on **07507 331 525**

Under 17s experiencing a mental health crisis can contact the

Rise Crisis Team on **0808 196**

6798 (select option 2) at all times though it is an advice-only service overnight from 8pm to 8am.



For more information for adults about health, financial advice, assistive living and other support visit

warwickshire.gov.uk/livingwell

Community Information

Helping your Community to thrive



Carers

If you are an adult or young person who cares for someone who couldn't cope without you there is health and wellbeing support for you.

Caring Together Warwickshire is the wellbeing support service for all carers of any age who care for family, a neighbour or a friend. The service offers online and phone support, as well as emotional and practical face to face support, including carrying out a carers assessment. Please visit the new interactive website

caringtogetherwarwickshire.co.uk or call 0800 197 5544 Mon, Wed and Fri 9am to 5pm, Tues and Thurs till 8pm and Sat 9am to 2pm. For more information for carers visit warwickshire.gov.uk/carer



Safe in Warwickshire

Organisations across the county work together in partnership to keep individuals and communities safe. To sign up for the latest news and alerts visit safeinwarwickshire.com. If you've been affected by crime, call your local victim care team in Warwickshire on 01926 682 693.

Volunteering

If you have some spare time, you can make a difference to your local community by volunteering. You could meet new people, develop new skills, increase your confidence and try something new. You could help others in your community by donating to foodbanks, charity shops or local collections.

Check out local opportunities at wcava.org.uk or warwickshire.gov.uk/volunteering



Trading Standards

Trading Standards uses information you supply to investigate unfair trading and illegal business activity, like rogue traders and scams.

Make sure you buy from a reputable seller and report anything that seems dodgy or dangerous.

To get advice, make a complaint or report a breach of Trading Standards law call 0808 223 1133 or visit warwickshire.gov.uk/tradingstandards for more information.

Preventing cybercrime

Are you using the internet more - buying online, sending money, using online banking? To find out more about how to prevent cybercrime visit cybersafewarwickshire.com



Helping to prevent vehicle crime

Take a few simple steps to keep your vehicle, and what's in it, safe this winter: always lock it, close windows and hide things or take them with you rather than leaving items visible to opportunist thieves. Find out more warwickshire.police.uk/cp/crime-prevention/keeping-vehicles-safe/

Only call 999 if:

- There's a danger to life
- There's immediate concern for a person's safety
- A crime is happening or you see something suspicious that needs immediate attention
- There's a serious collision or blockage on a road

Go online to:

- Report non-emergency crimes
- Report anti-social behaviour
- Get advice and guidance
- Keep up to date with the latest local news

www.warwickshire.police.uk

WARWICKSHIRE POLICE

Community Information

Domestic abuse

Increased isolation and financial pressure can result in a higher incidence of domestic violence. There is no excuse for abuse. Whether physical, emotional, psychological, sexual, financial or technological, no one should have to suffer alone. Help is available. Information and advice for victims, their friends and family, young people, professionals and perpetrators can be found at talk2someone.org.uk

Refuge Domestic Violence and Abuse Service helps anyone experiencing domestic abuse in Warwickshire. The service offers a 24-hour national helpline, safe house accommodation, advocacy and outreach support. Call **0800 408 1552** or visit refuge.org.uk and search Warwickshire.

Child exploitation

Child exploitation is the manipulation and/or coercion of young people under the age of 18 and it does happen in Warwickshire. It's everyone's responsibility to spot the signs of child exploitation and protect children and young people in Warwickshire, for more information visit somethingsnotright.co.uk/

Socialise safely

On nights out people are reminded to take steps to be safe on the streets and in bars. Always let someone know where you are, keep a close eye on your drinks and use reputable taxi services.

For more information and advice visit safeinwarwickshire.com

Drink safely and know your limits, visit drinkaware.co.uk for guidance. Advice on what to do if your drink is spiked is also available at this site.

If you experience or witness a sexual assault call **0800 970 0370** or visit blueskycentre.org.uk for confidential support.



Staying well together this winter

Services are here to help you but we can all play a part. Check in on neighbours and friends, particularly those more vulnerable to the effects of cold weather.

Those with long-term health conditions, older people, children under five, low income groups and pregnant women may need extra support at this time. It might help to have your own winter wellness plan - consider the things you can do to keep yourself and others safe and well.

Fire safety in the winter

For advice around safe use of electric blankets, portable heaters and general information go to warwickshire.gov.uk/electricblanket

Warwickshire libraries

Warwickshire libraries offer a warm and welcoming environment for all. You can join your local library in person (bring some ID with you that shows your name and address or photo ID), or online at warwickshire.gov.uk/jointhelibrary.

We have a Home Library Service, which can deliver books to you in a range of formats including audio material, and a Mobile Library Service which makes almost 250 stops across Warwickshire. We also have Reading Well book collections curated by health practitioners to support you on topics such as dementia, loneliness, and mental wellbeing.

For more information visit warwickshire.gov.uk/libraries

Helping the environment

Reducing our impact on the climate can also be good for our own health and wellbeing, our local environment - and saves money.

There are lots of small things that you can do this winter which can make a difference, such as using local shops, re-using packaging, recycling and planning menus ahead to reduce the amount of wasted food.

You could even try swapping one or two of your usual car journeys with a walk or a cycle instead. It will bring lots of health benefits, whilst also being good for the planet!

For more ideas, visit warwickshireclimateemergency.org.uk



Community Information

Warwickshire County Council works closely with partners in district and borough councils, health, police and community and voluntary sectors. We are working together to ensure that everyone can access the level of support they need.

Warwickshire Directory

Find information about local organisations, groups and agencies that provide activities, advice, services and support:

warwickshire.gov.uk/searchout



North Warwickshire Borough Council
www.northwarks.gov.uk Tel: 01827 715341

Nuneaton and Bedworth Borough Council
www.nuneatonandbedworth.gov.uk
Tel: 02476 376376

Rugby Borough Council
www.rugby.gov.uk Tel: 01788 533533

Stratford-on-Avon District Council
www.stratford.gov.uk Tel: 01789 267575

Warwick District Council
www.warwickdc.gov.uk Tel: 01926 456111

Police non-emergency number Tel: 101

Crime Stoppers crimestoppers-uk.org Tel: 0800 555 111

NHS nhs.uk For medical assistance: 111.nhs.uk Tel: 111

WCAVA wcava.org.uk

EquiP The Equality Inclusion Partnership Tel: 07377 431997

Age UK Tel: 01926 458100

Samaritans Tel: 116 123

RISE cwrise.com Children's mental health Tel: 0300 200 2021

Coventry and Warwickshire Mind (mental health)
Tel: 0300 123 3393 Text: 86463

Citizens Advice

For free, confidential, impartial and independent advice on a range of matters, visit:

brancab.org.uk for Nuneaton, Bedworth, and Rugby

nwcab.org.uk for North Warwickshire

casouthwarwickshire.org.uk for South Warwickshire

There is also an out of hours phone service on Monday evenings from 5-7pm. This is to enable access to the service for people who are unable to contact Citizens Advice during the day. The freephone number is 0800 995 6047

citizens
advice

@WarwickshireCountyCouncil
 @bestwarwickshire
 @warwickshire_cc

For the latest service news from the council subscribe at warwickshire.gov.uk/keepmepested

To have your say on council services and priorities you can take part in our ongoing consultation and engagement at warwickshire.gov.uk/ask

For help to understand this information please contact us on 01926 410410



Christmas Theatre Visit Nursery, Reception, Year 1 and Year 2

We are very excited to have booked tickets for the children in Nursery, Reception, Year 1 and Year 2 to visit Warwick Arts Centre On Thursday 8th December at 10.30am to see
Stick Man

The children will travel by coach to Warwick Arts Centre. They will eat lunch when they are back in school, and school pick-up time will be at 3pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. Parents and carers may now pay £14 in instalments via Parent Pay.

JULIA DONALDSON

AXEL SCHEFFLER



What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?



This award-winning production, from the team behind *Zog*, *Tiddler* and other *Terrific Tales*, and *Tabby McTat* features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Christmas Theatre Visit Year 3 and Year 4

Jack AND THE Beanstalk



This year's legendary Belgrade pantomime is the enchanting tale of Jack and the Beanstalk.

The children will be travelling to the village of Prickly Bottom where the evil giant Blunderbore is causing havoc! What the village needs is a hero brave enough to climb up to the giant's castle and send him packing. Will Jack and his mysterious beanstalk prove to be the heroes we are looking for? There's only one way to find out!

Jack and the Beanstalk will feature spectacular scenery, stupendous costumes, magical mayhem and a show stopping giant that make a trip to the Belgrade panto an unmissable Christmas treat.

Funny, festive and extremely feel-good, don't miss out on this absolute GIANT of a show.

On Thursday 24th November at 10.15am

The children will travel by coach to The Belgrade Theatre. School pick-up time will be at 3pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. Parents and carers may now pay £14 in instalments via Parent Pay.

Christmas Theatre Visit Year 5 and Year 6

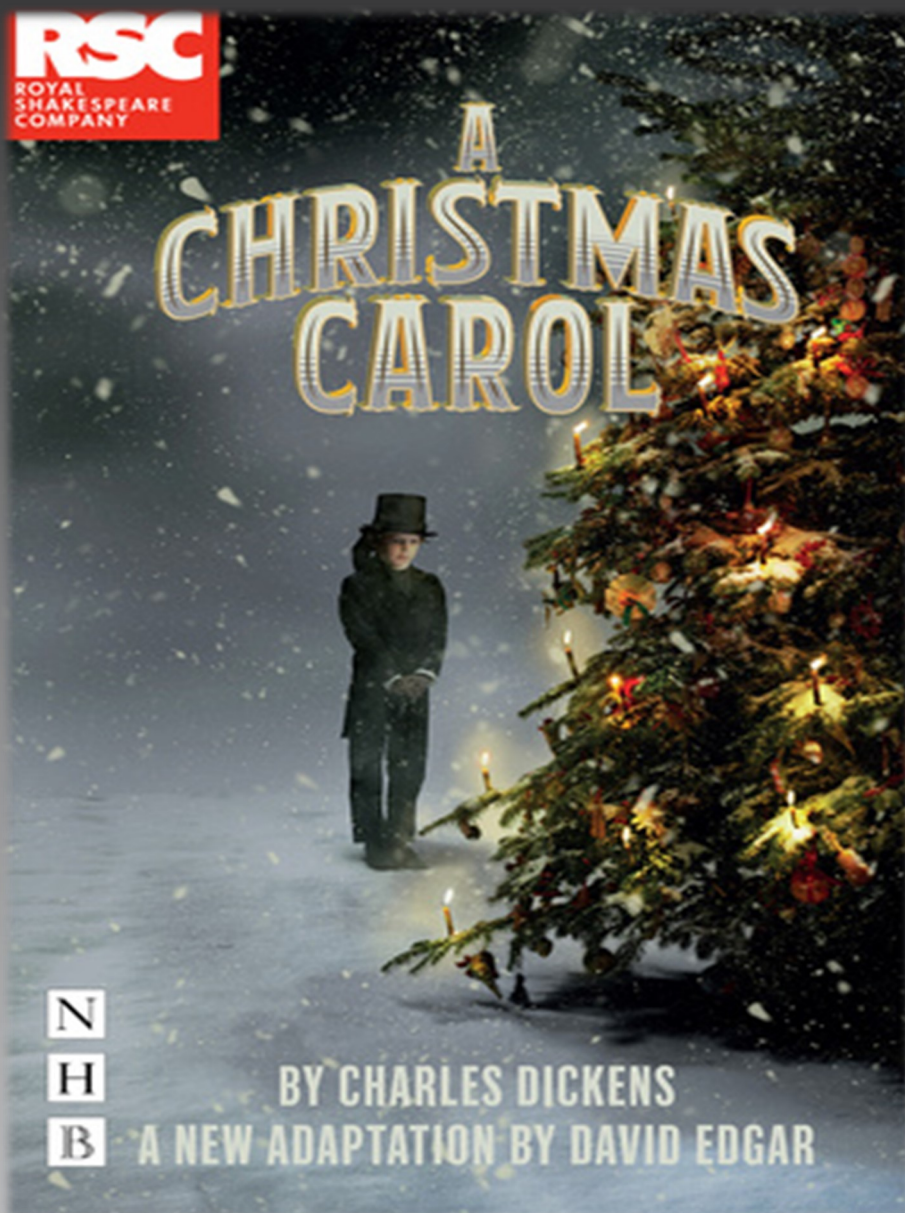
Charles Dickens' festive tale of redemption and compassion. One of the most loved short

On Tuesday 8th November at 7pm.

The children will travel by coach to The RSC.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsidising the cost of the trip and meeting the costs for all adults. Parents and carers may now pay £14 in instalments via Parent Pay.



The smash hit of Christmas past returns to the Royal Shakespeare Theatre by popular demand following sell-out success in 2017 and 2018.

Adrian Edmondson will play Ebenezer Scrooge in David Edgar's critically acclaimed adaptation of Charles Dickens' much-loved classic, A Christmas Carol.

In 1843, Charles Dickens decided to write a political manifesto, exposing and condemning the abject misery of the Victorian poor. Instead, he wrote one of the most enduring popular short stories ever written. In one ghostly Christmas night, miserly businessman Ebenezer Scrooge discovers the limitations of his life and beliefs. He learns to pity himself and to love his neighbour – but is that enough?

A Christmas Carol is the perfect accompaniment to the festive season for ages seven to 107.