

Lest We Forget



For the Fallen

By Laurence Binyon

With proud thanksgiving, a mother for her children,
England mourns for her dead across the sea.
Flesh of her flesh they were, spirit of her spirit,
Fallen in the cause of the free.

Solemn the drums thrill: Death august and royal
Sings sorrow up into immortal spheres.
There is music in the midst of desolation
And a glory that shines upon our tears.

They went with songs to the battle, they were young,
Straight of limb, true of eye, steady and aglow.
They were staunch to the end against odds uncounted,
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

They mingle not with their laughing comrades again;
They sit no more at familiar tables of home;
They have no lot in our labour of the day-time;
They sleep beyond England's foam.

But where our desires are and our hopes profound,
Felt as a well-spring that is hidden from sight,
To the innermost heart of their own land they are known
As the stars are known to the Night;

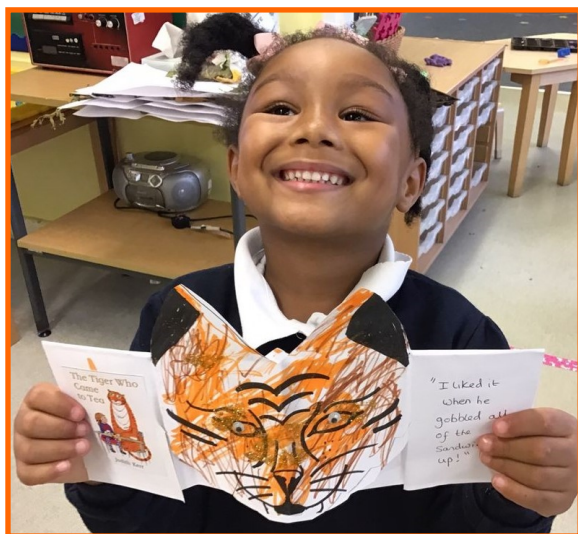
As the stars that shall be bright when we are dust
Moving in marches upon the heavenly plain,
As the stars that are starry in the time of our darkness,
To the end, to the end, they remain.

Children in Mrs Cox's class have been analysing the poem, 'For the Fallen' by Laurence Binyon. They talked about how the poem is often used during church remembrance services and encourages us to be thankful the sacrifice the soldiers made during the world wars and beyond.

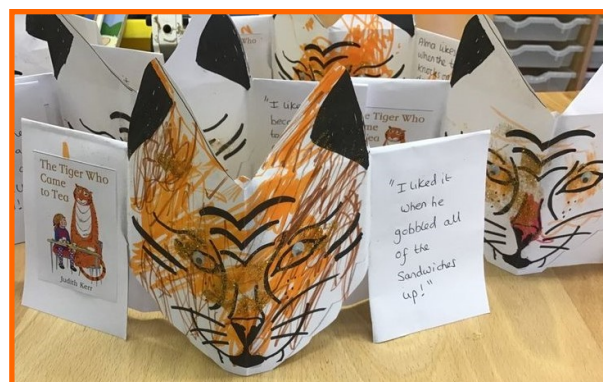


Nursery and Reception Long Ago

In Reception and Nursery this week we've been exploring the story 'They Tiger Who Came to Tea' by Judith Kerr. When looking closely at the illustrations, the children were able to find lots of differences between life in the past compared to present day. For examples, the milkman delivered the milk and the kettle boiled on the hob. We then experimented with a range of tea bags to see what happens when they diffuse in water. One tea bag even smelt of chocolate! The children have also been making their own tiger cupcakes and tiger masks ready for their own tea party as well as a pop-up tiger book.



Nursery and Reception Long Ago





Year 1/2/3 Bright Lights, Big City



As part of the launch for our new topic 'Bright Lights Big City', we had a royal garden party. The children practiced some of the formal introductions and conversations that might take place. The children talked about the purpose of garden parties and why they are important. Everybody also had fun eating delicious scones with jam and cream.



Article 29: Goals of education

Anti-Bullying Day



Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. This is one of the reasons, that **'One Kind Word'** has been chosen as the theme of Anti-Bullying Week for this year.

Show your support for anti-bullying by coming to school wearing your own choice of clothes ODD SOCKS on Friday 26th November! Bring 50p and we'll donate it to The Anti Bullying Alliance.



In a world that can sometimes feel like it's filled with negativity, one kind word can provide a moment of hope. It can be a turning point. It can change someone's perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying.

Best of all, one kind word leads to another. Kindness fuels kindness. So from the playground to Parliament, and from our phones to our homes, together, our actions can fire a chain reaction that powers positivity.

<https://anti-bullyingalliance.org.uk/anti-bullying-week>

Friday 26th November



UN Convention on the Rights of the Child
Article 31: Goals of Education

Lighthorne Heath Learning Heroes

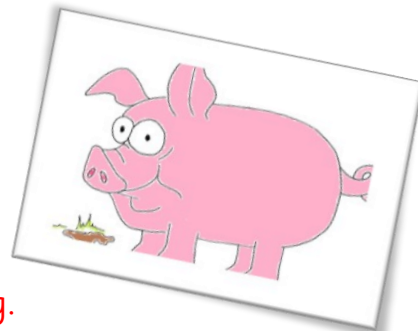
Nursery and Reception

Amilah is our Reception and Nursery class hero this week because she is really making a more noticeable effort to join in with our class routines.

Amilah is also playing cooperatively with other children and asking questions about our new learning. This week she has decorated a lovely tiger for her book. Well done Amilah!



Co-operate



Have a go



Persevere

Year 1/2/3

Our hero is Amber for her wonderful research about The Queen that she completed for her home learning. She presented her work beautifully, taking great care with her handwriting and detailed illustrations. Well done Amber, great work!



Concentrate

Year 4/5/6

Mrs Cox's learning hero this week is Amy. She has worked hard and persevered with her learning. This has meant that in one week she has gone up two levels in her times tables work. Keep up the fantastic attitude to learning Amy!



Keep on improving



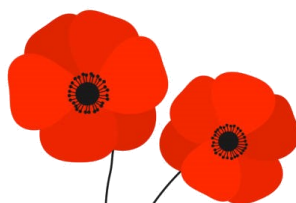
Be curious



Use your imagination



Enjoy



Other Information

Thursday 11th November 2021	Individual Pupil Photographs
Thursday 25th November 2021	Year 2 and Year 3 Theatre Trip to The Belgrade to see 'Beauty and the Beast' pantomime 10.15am
Friday 26th November 2021	MUFTI (non uniform) Day—bring 50p to wear your own choice of clothes to school. All donations to School Fund.
Wednesday 8th December 2021	Whole School Silent Disco (details to follow soon)
Thursday 9th December 2021	Whole School Christmas Performance 'Supersonic Lamb' and refreshments 2.00pm
Monday 13th December 2021	Christmas Dinner
Tuesday 14th December 2021	Year 5 and 6 Theatre Visit to the Royal Shakespeare Company to see 'The Magician's Elephant' at 7.15pm
Thursday 16th December 2021	Nursery, Reception and Year 1 Visit to Warwick Arts Centre to see 'The Very Hungry Christmas Caterpillar' at 1.30pm
Friday 17th December 2021	MUFTI Day—bring 50p to wear a festive outfit.
Friday 17th December 2021	Break up for Christmas Holidays
Monday 20th December—Friday 31st December School Closed for Christmas holiday	
Monday 3rd January 2022 school closed for Bank Holiday	
Tuesday 4th January 2022 school closed for in-service (teacher) training	
School re-opens on Wednesday 5th January 2022	
Thursday 10th March 2022	School Nurse Annual Health Needs Assessment Year 6
Thursday 10th March 2022	School Nurse National Child Measurement Programme Year 6 and Reception

Reception and Nursery would like your unwanted toys! If you have any toy vehicles, animals, dinosaurs, people, play food and kitchen items that are in good condition and no longer needed, we would really appreciate your donation. Many thanks.!

With best wishes from Mrs Westwood and all the staff at Lighthorne Heath.



Be a Super Star Reader!



Congratulations to Lucien for being this week's Super Star Reader! It's so wonderful that Lucien and other children at Lighthorne Heath are developing a passion for reading books!

7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

- 1 Concentrate on reading quality (it isn't all about reading lots!)



Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

- 2 Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

- 3 Ask your child to make predictions about what they have read



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

- 4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

- 5 Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

- 6 Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!'

- 7 Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'

Fantastic news!

Construction company Taylor Wimpey have very generously made a financial donation to school to meet the full cost of all of our Christmas theatre trips! Full refunds will shortly be made to any families who have already made payment.

Taylor Wimpey

Reception and Year 1

The Very Hungry Christmas Caterpillar

At Warwick Arts Centre

On Thursday 16th December at 1.30pm

Children will eat their lunch at school and then travel by coach to Warwick Arts Centre. The children should be back in school by the end of the school day at 3pm.

The full cost of this visit is being generously sponsored by Taylor Wimpey.



Years 2 and 3

Beauty and the Beast

At The Belgrade Theatre

On Thursday 25th November at 10.15am

Children will travel to Coventry by coach, and have a slightly later packed lunch (snacks will be provided at the theatre by school). The children will be back in school by the end of the school day at 3pm.

The full cost of this trip is being kindly sponsored by Taylor Wimpey.



Years 4, 5 and 6

The Magician's Elephant

At the Royal Shakespeare Company

On Tuesday 14th December at 7.15pm

Children will go home at the end of the school day for their dinner and then return to school at 5.45pm, for departure by coach to Stratford-upon-Avon. The show will finish late (approximately 10pm) so children will be allowed to come into school a little later on 15th (details to follow nearer the time).

The full cost of this trip is being generously sponsored by Taylor Wimpey.



MHST tips for wellness

Movement

This week's theme is Movement.

During the winter months it gets darker and we don't always want to engage in physical activity, especially if it involves going outside. Being active, even when we don't want to, can help our mental health.

Try one, or both, of the below activities throughout this week.

- 1) Each day this week just before breaktime, do five exercise moves (you can sit or stand for this). This can be anything such as five star jumps, five squats or five arm curls. This can be fun for the whole class, including teachers.
- 2) It is important to try and add simple things to our daily routine to improve our mental health. Each day this week spend five minutes doing an extra physical activity. It can be as simple as a 5 minute dance party or 5 minutes of jumping as high as you can. Try to keep this going beyond this week.

Useful links: Try a [5 min workout](#) to get you moving

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

Useful dates for November:

9th Social Media Kindness Day
13th Blue Wednesday
13th World Kindness Day

Improve Healthier Happier **Positive** New skills Empowered
Make friends Confidence Enjoyment
Resilient Grow Reach potential

MENTalk

#MakingADifference

MENTalk is a weekly group session, designed to bring men together to improve their wellbeing. Delivered by mental health specialists, professional sports coaches and expert activity instructors



MENTalk is delivered in four locations:

• Coventry • Warwick • Nuneaton • Rugby

If you'd like to get involved with one of our friendly MENTalk sessions, please get in touch today
robert.chandler@sbitc.org.uk | 07845 812639

Healthier Happier **Positive** New skills Empowered
Make friends Confidence Enjoyment Grow

WOMENTalk

#MakingADifference

WOMENTalk
is a weekly group
session, designed to bring
women **together** to provide
support and improve their
mental health and well-being.
Delivered by SBitC's mental
health team and professional
sports coaches.

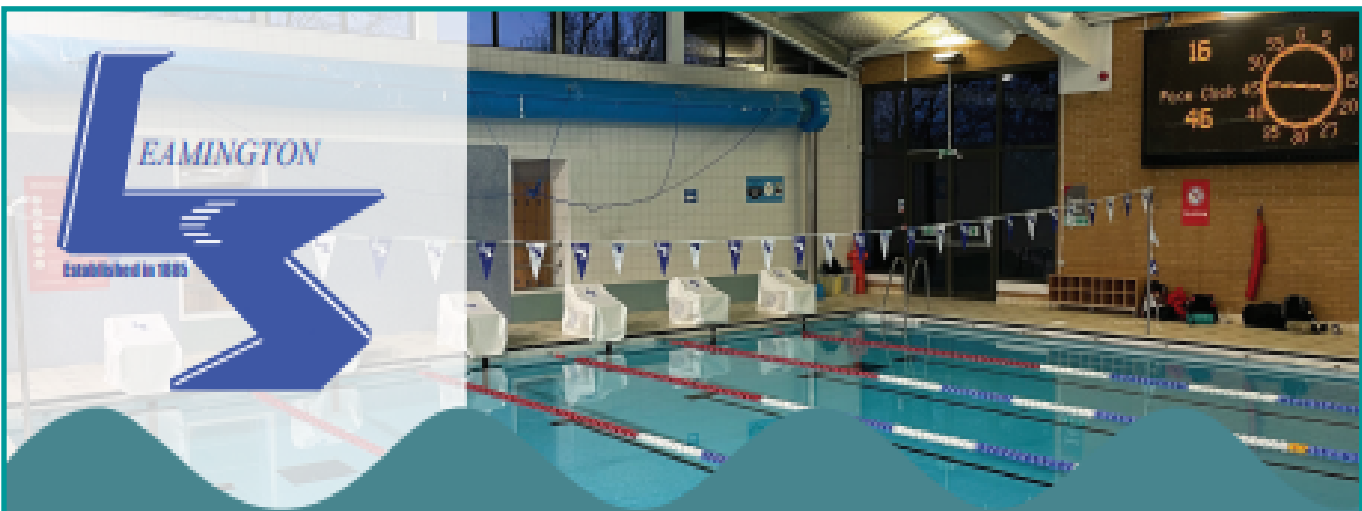
Don't feel alone, join WOMENTalk

Launching
OCTOBER
2021

WOMENTalk is delivered in two locations: Warwick | Nuneaton

If you'd like to get involved with one of our friendly WOMENTalk sessions, please get in touch today
jack.clemons@sbitc.org.uk | 07494734264

Together • Improve Confidence • Chat • Multi-sport Activities • Meet New People



Calling all young swimmers

Leamington swimming club is running a free taster session
for children in years 3, 4 and 5.

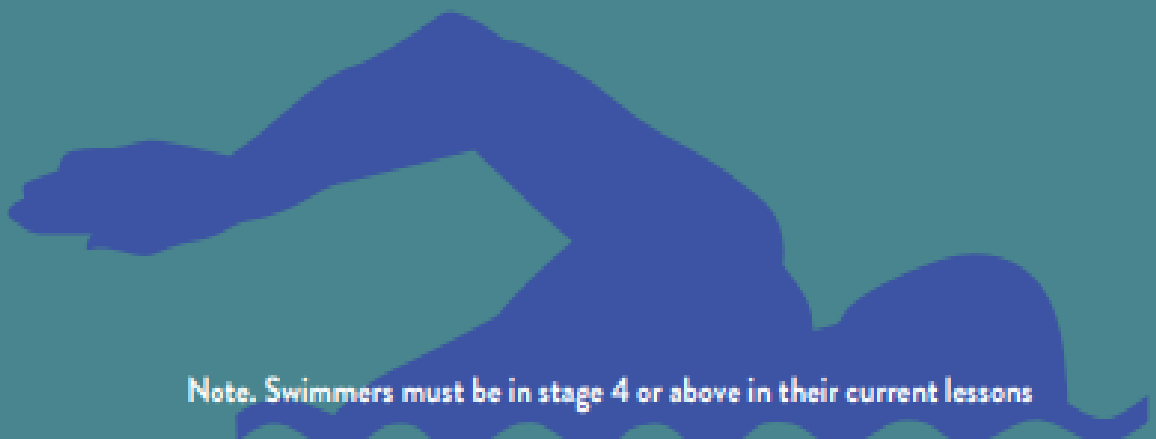
Come along and experience a lesson with one of the
Warwickshire's top swimming clubs, to include stroke technique,
diving and racing skills.

Sunday 5th December at Newbold Comyn

1 to 2pm for year 5

2 to 3pm for years 3 and 4

Please e-mail treasurer@swimleamington.org
before 20 November to reserve a place,
detailing child's name, date of birth and current stage of swimming.



Note. Swimmers must be in stage 4 or above in their current lessons