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Phonics

Thank you to the families who attended our Phonics workshop on Thursday. We hope you found it useful.

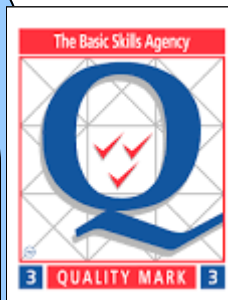
Parents in Vulcan and Vantage Classes are reminded that the phonics folders for their children need to be in school with them **every day**. They are an ongoing working file, and being sent home as an opportunity for parental engagement/ support. Any difficulties, please do not hesitate to speak to your child's class teacher.



Keeping Fit with Running

We made a super start to our New Year fitness campaign- all running around the field at lunchtime for 25-30 mins.

The children made such a great start—with all levels of fitness participating at their own level. I am basing it on the NHS 'Couch to 5k' programme, which involves a gradual build up to improve fitness and stamina. There are short running periods, and rest/walk parts too to get your breath back. The main thing is to get moving. Its an easily accessible download tool if you want to follow it at home.



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RSC Theatre trip -Boy in The Dress



Valkyrie enjoyed a fabulous evening at the RSC this week, watching David Walliams' Play 'The Boy in The Dress'. It was a joyous production, with much music, dancing and lights and a brilliant message on inclusivity and individuality.

Road Safety

We had a visit from Kate Castle on Wednesday who taught each class all about Road Safety.

Vantage learned about the basic road safety rules with Warwick Bear, Vulcans looked at Scooter Safety Circus Skills and Valkyrie had a session on Distractions. Everyone looked like they were having fun whilst doing this important safety learning .



Diary Dates

Reading Fridays—every Friday @ 09.00 in your child's Class.

Whole School Running—every Thursday and Friday lunchtimes 12.35-1.00. All welcome.

Friday 14th February—

Sharing afternoon in Classes/ Break up for half term

Monday 24th February—Return to school.

Thursday 27th February-Whole School-Cadbury's World Trip.

Thursday 5th March—World Book Day.

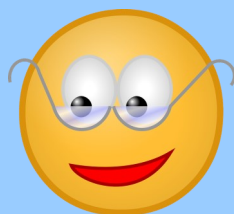
Tuesday 31st March—Parents' Evening 1

Thursday 2nd April - Parents' Evening 2

Friday 3rd April- Break up for Easter.

Monday 20th April— School closed IN-SET

Tuesday 21st April—Return to school.



House Points for this week

Rabbits 60

Dogs 68

Guinea Pigs 93

Cats 54

Lighthorne Heath Heroes!

Congratulations to all of this week's
Lighthorne Heath Heroes and our Smiler !





STEP 1: Make sure you only go on the internet with your parents supervision. (You can also ask your parents to put a block on bad websites on your computer)

STEP 2: Don't click on pop-up adds or mail.

STEP 3: Don't give details to anyone online even if they are your friends.

STEP 4: If you get cyber bullied (bullying online) tell an adult and don't keep it a secret as it will only get worse.

STEP 5: Remember all our tips and you will be safe online! 😊

