

[www.lighthorneheathprimaryschool.co.uk](http://www.lighthorneheathprimaryschool.co.uk)

Dear parents and carers,  
The first week of remote learning completed. Well done! It's certainly been an unusual and disconcerting week for all of us. I do hope everyone is staying safe and well. At least we have had some beautiful sunshine to enjoy as best we can.



We are so impressed and delighted with the work the children are doing, and the photos that the children have been sharing with their teachers are really lovely and quite heart-warming to see. We are all really proud of the way in which you have responded in such exceptional times. We are really missing seeing you all.

We are setting a wide range of learning activities across a number of digital platforms, which we realise are not accessible to all. Teachers are trying to also set non-digital tasks and ideas too, so everyone can be included. We fully appreciate that all families can only respond to what's been set on their own terms, taking into account your own family circumstances. Email or use Seesaw to communicate with us and we will do our best to support and help you all.

We are sharing lots of ideas and links also on the text and whole school email service to you all. Some may find this too much and again, just access the ones which you find helpful. Let's all remember we are all part of a community still, even though we are not physically together and show whatever kindness we can to others at the moment.



Designed by Sera in Valkyrie





Mrs Bazeley has been thinking about you this week, and has written this poem about being in a playground for you all.  
Perhaps you could draw a picture to go with it and send your photo's to her @

### Playgrounds

Playgrounds with swings, slides, climbing frames  
Children running, screaming and having fun  
Fun with their families and friends  
Picnics in the park, enjoying our favourite ice cream or two  
The swimming pool looks inviting, in the hot sunshine  
For just a paddle or a swim  
It's time to go, be back tomorrow for more fun and playful times  
Tomorrow comes, we're told the parks are closed, until another day  
The swings are still, so quiet and eerie the park is today  
We are told to stay inside, we can go for a walk or two, play in the garden from  
time to time  
We draw, colour and paint rainbows to share with others, giving hope for the  
future  
Soon the parks will be open, to share fun times and have fun once again  
Out in the sunshine with our friends and family

24.03.2020

By Megan Bazeley

Wishing you all a safe weekend and week ahead. Take care of yourselves and each other.

Jacquie Birch  
Associate Headteacher



# Useful links and sites

## Reading

Free online reading resources

<https://home.oxfordowl.co.uk/school-closure-resources/>

Power of Pictures - Looking deeply at picture story books.

<https://twitter.com/clpe1/status/1241077048719732736?s=21>

<https://facebook.com/Story-time-with-mummy-107690724204430/>



## Writing

Jane Consodine—Literacy specialist

Sentences stacking ideas

<https://bit.ly/2UmEU10>

*You're braver  
than you believe,  
stronger than you  
seem, and smarter  
than you think.*

A.A. Milne

## Nature

<https://www.edinburghzoo.org.uk/webcams/rockhopper-penguin-cam/&rockhopperpenguincom>

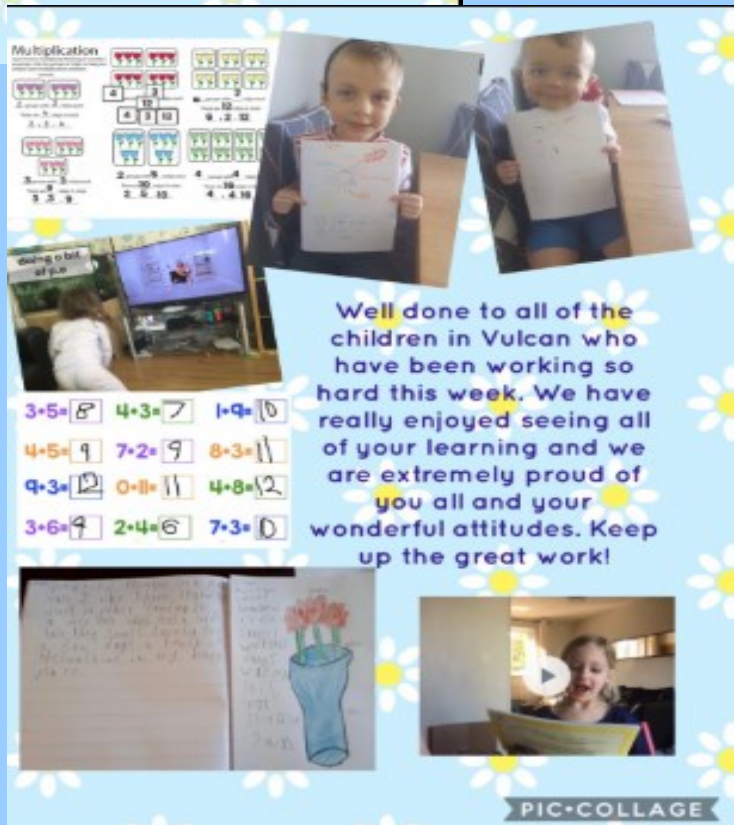
## Home Learning help

<https://www.facebook.com/groups/dragonflyontrack/>

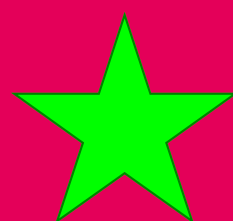
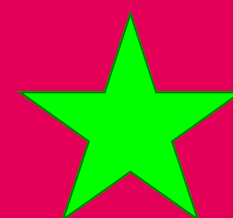
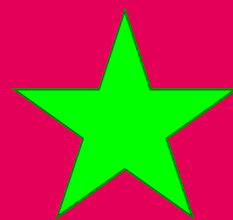
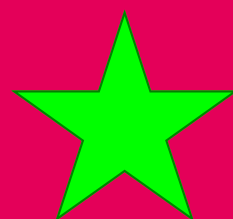
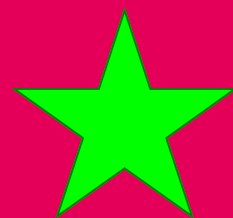


# Home Learning...

## Vulcan Class



Special shout outs to Teodora, Lathan, Kacper, Spencer, Eldar, Toby and Lewis this week.



# Vantage

# ISOLATION TIPS BY SERA, LILY -MAI AND JOSH



# Valkyrie



Dragonfly: Impact Education

## Tips for Parents

**Some ideas and support for those self-isolating**

### What can you try?

#### 1. Set up a routine

The key here is to make it a routine – not a schedule. Be flexible, but with boundaries. That means getting up at the same times and having things that you do in a regular order...it doesn't mean timing every second of the day with military precision! Make the routine visual, factor in free time without screens and when they're doing schoolwork, do some of your own work/jobs/chores alongside them.

#### 2. Try new things

Introduce them to the things you love and share stories with them – make it an opportunity to connect. Watch documentaries and nature programmes (who doesn't love a bit of 'Blue Planet'?!); cook together and measure out ingredients, create exercise routines together, play board games and card games, show them how you manage the household budget and divide up money to cover bills, food and other things.

#### 3. Keep it simple

Read to them. Yes – even the older ones! It ignites a love of reading, creates a bond between you and it's soothing and calming. Get them starting a gratitude journal, drawing or doodling and colouring – all activities that support mental health. When you are working on things together, or working side by side, begin conversations. Sitting next to someone without the requirement to make eye contact can encourage them to open up! It also helps if you share something first.

We hope you find this knowledge useful. Warm wishes, Claire and Rachel, Dragonfly Co-founders.

#### TALKS

[www.dragonflyimpact.co.uk](http://www.dragonflyimpact.co.uk)

#### TRAINING

[info@dragonflyimpact.co.uk](mailto:info@dragonflyimpact.co.uk)

#### CONSULTANCY

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