Lighthorne Health

Newsletter 3

Friday 19th September

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Reception















What a fantastic and busy week we've had in Reception! In Phonics, we began learning our very first sounds - 's' and 'a'. The children have thoroughly enjoyed exploring these letters in fun and creative ways. We wrote the letter 's' using spaghetti, made playdough snails, and even played with astronauts to help us remember the sound 'a! We've also been practising our letter formation and are so proud of how hard everyone is

In Literacy, we have been reading the story 'Lost and Found' by Oliver Jeffers. This sparked some lovely discussions about friendship – what it means to be a good friend and how we can help cheer someone up when they are feeling sad. We then worked together to create a checklist of all the qualities a good friend has.







Healthy Schools



















trying.





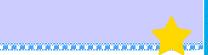
Drama Session - The Three Little Pigs



In Literacy lessons the children have been learning the traditional tale of The Three Little Pigs.

This week we acted out the story, which helped us to rehearse some of the story language and phrases. We then created our own story maps to show the different parts of the story, adding in key language and labels. The children worked incredibly hard and included fantastic detail, well done!







Years 1 and 2



MUSIC

Years 3 and 4

This week, children in Years 3 and 4 have particularly enjoyed their music lesson with Mrs. Owen. They learned some traditional playground clapping games-, just like the ones many of us remember from our own school days!

The children enjoyed cooperating and worked on developing their coordination, concentration, and social skills through the rhythmic clapping and chanting.



The children enjoyed playing both in pairs and in groups, and could see their precision increase as they became more confident.

They were also introduced to a musical clave to enhance their rhythm and keep to time as they clapped along!



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Years 5 and 6



Textiles

This term in design technology (DT) the children in years 5 & 6 are completing a textiles unit called 'combining different fabric shapes.'

As part of this unit they will be learning different types of stitch, designing making and evaluating a pencil case. They will have to consider the best choice for materials and fasteners so they are 'fit for purpose.'

During our first lesson we talked about the importance of safety when handling needles and scissors.

To help us remember how to stay safe we designed eye-catching posters.









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With support from Reverend Dave Bixby from St Lawrence Church, Lighthorne, we will be holding a special Harvest Assembly during the morning on Thursday 25th September.

We will be supporting Fosse foodbank this harvest and invite any families wishing to offer support to people who are in need to donate an item off the charity's current



Urgently needed food items 'wish list'.

Tinned ready meals

Coffee

Packets of instant mash

Tins of custard

Shower gel

toilet rolls

Laundry powder/liquid/capsules

Shampoo

We've got plenty of

Cereal

Baked Beans

Pasta

tinned soup

WISH IIST.

Food collection points will be available in the school office between Monday 22nd and Thursday 25th September. Please note that food items must be in date.

Mrs Tencuse is also able to take cash donations that will be passed onto



Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction: Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

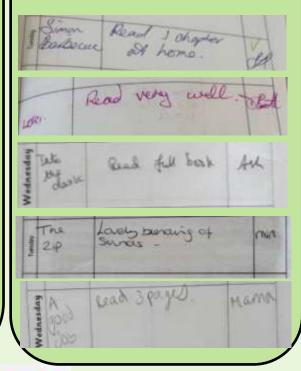
Encouraging Critical Thinking:

What do you think will happen next?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to.





REMEMBER...YOU'VE GOT TO BE IN IT TO WIN IT!

- 1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
- 2. Ask the adult to sign your reading diary each time they share a book with you.
- 3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
- 4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



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Diary

Dates



Spring Term					
September					
Thursday 25th September	Children's Harvest Assembly led by Reverend Dave. Please bring a donation for The Fosse Food Bank. Harvest donations are been collected between 22nd-25th September.				
Friday 26th September	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1				
October					
Thursday 2nd Octo- ber	Parents phonics information session (all parents welcome). 3,30pm				
Wednesday 8th Octo- ber	Year 5 & 6 Healthy Eating workshop				
	Parents and Carers workshop— Healthy eating, led by School Nurse Service. 2.15- 15. Book your place through the school office.				
Thursday 9th October	World Mental Health Day. Please wear blue.				
Friday 17th October– Tuesday 21st Octo- ber	Scholastic book fair in school (see flyer).				
Monday 20th Octo- ber	School Tour for prospective reception parents, 2pm				
Thursday 23rd Octo- ber	Early Years Diwali celebrations, parents welcome. Nursery 8.55am- 9.30am Reception 3.00-3.20pm				
Friday 24th October	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1				
27 th October– 31st October	Half Term Holiday				







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Diary

Dates



Spring Term				
November				
Monday 3 rd November	Autumn 2 begins			
Tuesday 4th Novem-	Change makers programme begins (children and parents). Flyer to follow			
Friday 7th November	Individual photos (siblings welcome— more details to follow			
Friday 28 th November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1			
December				
Monday 1st December	INSET Day- school is closed			
Tuesday 2nd December	EYFS, Year 1 and Year 2 to visit Warwick Arts Centre to watch The Tiger Who Came To Tea.			
Wednesday 3rd De-	Years 3 & 4 to visit Coventry's Belgrade Theatre to watch Sleeping Beauty			
Thursday 11th December	Years 5 and 6 to visit the RSC to watch The BFG			
Wednesday 17th December	Christmas Jumper Day			
Monday 22nd De-	Christmas Holiday			
cember 2025 to Friday 2nd January 2025	School returns on Monday 5th January			

INSET Days 2025-26

Friday 10th October 2025 Monday 1st December 2025 Monday 1st June 2026 Monday 20th July 2026

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.





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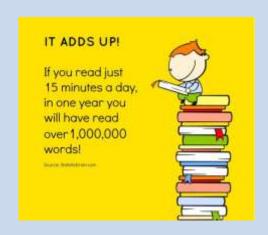


We love reading!

At Lighthorne Heath Primary School, we believe that reading with your child regularly is the most valuable thing you can do with your child to help support their progress.

Giving a child time and full attention when reading them a story tells them they matter. It builds selfesteem, vocabulary, feeds imagination and even improves their sleeping patterns.

We expect all children to be heard reading a minimum of <u>four</u> times a week by an adult at home. This ideally should be daily.





Reading aloud everyday is the single most important thing you can do to prepare your child to learn.

BOOK FAIR
GIFT VOUCHER

Please record reading in your child's reading diary.
Staff will regularly monitor these diaries. Please note that reading in school may take place in a variety of ways and may not always be recorded in your child's diary. For example, teachers keep central records of guided reading sessions.

Your child's reading diary will contain a star sticker on the front. If they can look after their diary and show still have it at the end of the academic year then there will be a small reward.

All children who read four times a week, or more, between Monday 22nd September and Thursday 9th October will be entered into a prize draw to win one of five £5 book tokens to be spent at the Scholastic Book Fair in October.





7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

Concentrate on reading quality (it isn't all about reading lots!)



Don't worry too much about the 'what' and 'how' of reading each day. Books are great-but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of "Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

Ask your child to make predictions about what they have read



If it is a book, look at the front cover-or the last chapter-and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?"

Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?"

Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!"

Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'

Education Endowment Foundation (2018) Preparing for Literacy: Improving Communication, Language and Literacy in the Early Years. Education Endowment Foundation: London. Available online: eaf.li/literacy-early-years

Education Endowment Foundation (2019).

Improving Literacy in Secondary Schools. Education Endowment Foundation: London.

Available online: eaf I/literacy +x3+x4

Breadmore, H.L., Vardy, E.J., Ourningham, A.J., Kwok, R.K.W., & Carroll, J.M. (2019). Literacy Development: Evidence Review. Education Endowment Foundation: London. Available online: education endowment foundation.org.uk/publio/files/Literacy_Development_Evidence_Review.pdf



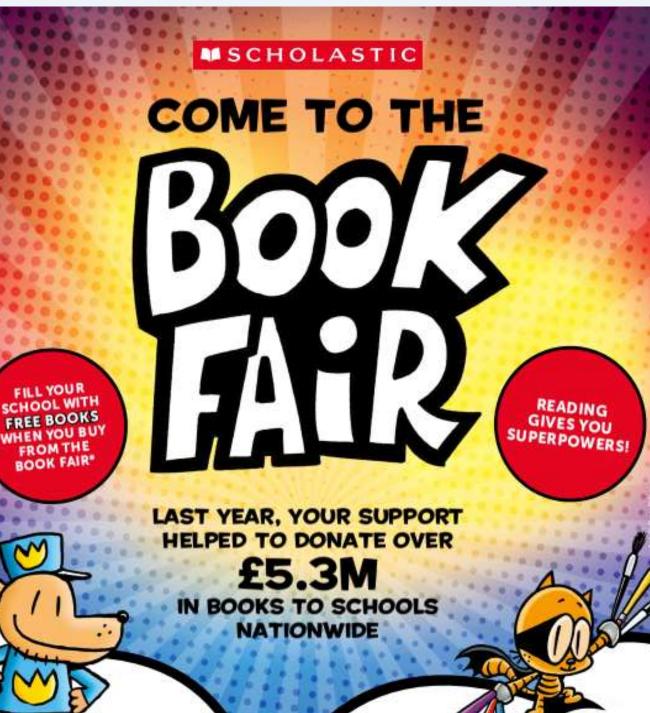


FILL YOUR SCHOOL WITH

FREE BOOKS

FROM THE BOOK FAIR





3.20 - 3.45pm Main Hall17th, 20th and 21st October

HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stacked school libraries and classrooms.



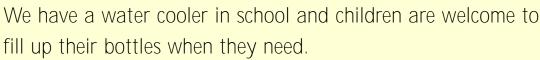


Jighthorne Heats

We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to

bring juice or squash to drink during the day. This is in line with NHS advice.





my school's

4 life

The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.







UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18: Parental responsibilities

Article 24: Health and health services



educaterers











Wednesday



Roast Pork Slice



eef Grill G.SB.SU in a Bun G.

Friday



Breaded Fish Fillet Fingers F.G

Vegetarian Customers Only



(v) Jacket Potato with Cheese D.



(v) Veggie Bolognaise G.SB.



(vg) Quorn Roast G.



(vg) Plant Power Burger in a Bun G.



(vg) Crispy Vegetable Fingers G

Educaterers' New

Menu

Next week is Week 3

Jacket potato and choice
of fillings available daily

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at https:// www.warwickshire.gov.uk/ education-learning/applyfree-school-meals



Mrs. Manley and Mrs
Hendriksen are happy to
help with FSM
applications, please ask if
you require assistance.



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Emotional Wellbeingand Mental Health







Strength

Each of us has a unique set of strengths and abilities that help us face life's challenges. Focusing on your strengths doesn't mean ignoring your weaknesses — it means using what you're naturally good at to help you grow, build confidence, and work through tough times. In doing so, you move closer to living a more fulfilling and resilient life.

Our Tips for strength:

- Appreciate your strength when you experience a difficult time, it's easy to forget
 how strong you are! Try and remember other times in your life when you've got
 through something challenging. Remember how strong you were to get through those
 circumstances and know you have the strength to get through other difficulties too.
- 2. Remind yourself "all we can do is try our best" and "you are good enough".
- 3. Being kind to others can help build our own strength as well as others! As a class, have a go at playing 'kindness bingo' by following the QR code:
- 4. Take Time to Rest and Recharge your mind needs breaks just like your body. Take a few quiet minutes to breathe, read, draw, or go outside. That helps your brain feel strong and calm.
- Ask for Help When You Need It being strong doesn't mean doing everything alone.
 It's smart and brave to ask for help that's how we grow and learn!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.







Join the fun with Change Makers

The FREE healthy lifestyles programme for Warwickshire families.

An afterschool programme for families with children of all ages, who want to improve their lifestyle and make healthier decisions.

The chance to take part in fun games and activites together, whilst having access to expert information and support.

Discover how small changes can make a big difference to your families health and wellbeing.

Lighthorne Heath Primary School

Starts Tuesday November 4th, 2025 And runs every Tuesday after school

Please note that parents are expected to attend the Change Makers Club with their children. Please complete the application form on the next page—paper copies available from the school office.













Change (makers

Healthy Lifestyles Services



Places are limited to first come, first served.

To book a place please fill out the form below.

Please note that a parent or carer must also attend the session.

Parent's name:			
Address:			
Postcode:			
Mobile number.			
Email address:			
Please outline the far	mily members	you would like	to attend.
Children that would be attending	DOB	Gender	School



Lighthorne Heath Learning Heroes

Reception

Mrs Gill has chosen Lizzie as her Lighthorne Heath Superhero this week. Lizzie has worked super hard with her letter formation and has enjoyed exploring our new sounds.



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Years 1 & 2

We have chosen Ralph for our Years 1 & 2 hero this week. Ralph brings such an amazing energy to our classroom, he is always excited to learn new things and works hard in all lessons. He particularly impressed Mrs Hill this week with his positive attitude to reading both at home and in school. It was really lovely reading with him and listening to his enthusiasm as he talked about his book. Great work Ralph, you should be proud of yourself!



 $C_{oncentrate}$

Years 3 & 4

Mrs Madahar would like to nominate Flo as this week's Class Hero! Flo has had a wonderful week in school. She has shown perseverance during swimming, impressing all the adults with her determination and positive attitude. In the classroom, Flo continues to shine with her kindness and helpful nature, always ready to support others. Well done, Flo!



Be curious!

Years 5 & 6

Keep

improving

Mrs Cox's hero this week is Poppy who has shown fantastic effort and imagination during lessons this week. She has had a go at every challenge that has come her way and been an absolute delight to teach. Keep up the good work Poppy.



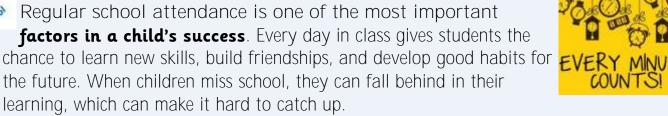
Enjoy learn ing

Use your imagination

UN Convention on the Rights of the Child Article 29: Goals of education



Why Good School Attendance Matters

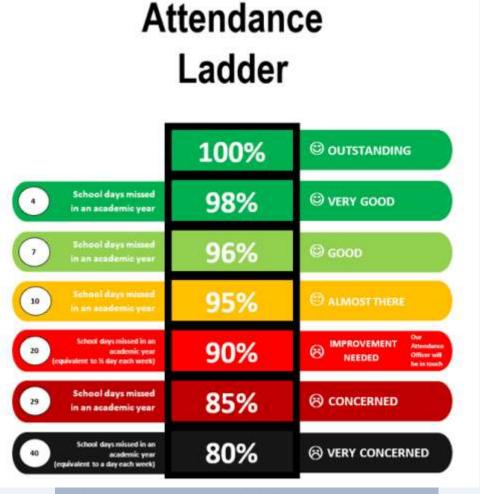




Please ensure that your child attends school each day. Absences should be avoided wherever possible. Children should stay at home if they are too ill to engage in learning or have a contagious illness (chicken pox, diarrhoea/ vomiting). Children should attend, as usual if they are tired, have a mild cold/ runny nose or a non contagious rash, particularly is they are active and playing normally. If families are unsure as to whether or not to send their child to school then please contact the office for advice. We wish to reassure parents that if a child becomes ill at school (or, in the case of mild illness, their condition deteriorates) we will contact parents.

If your child is absent from school then please contact the school office on each day of the absence so that this can be correctly recorded on the school

register.





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School admissions





Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information https://www.warwickshire.gov.uk/school-admissions-appeals

Applying for a primary school place

November Application opens

15 January

Closing date for applications

1 February

Extended closing date for house

16 April

National offer day

14 May

Deadline for submitting appeals

Applying for a Secondary School Place

September Application opens

31 October

Closing date for applications

31 December

Extended closing date for house moves

2 March

National Offer Day

27 March

Deadline for submitting appeals



OPEN EVENING

Thursday 25th September 2025 5.00pm to 8.30pm

Come and find out how we support our students in achieving their personal best

Meet our teachers and students; take part in exciting subject activities and have a look at our fantastic, brand-new school and facilities.

Honor Personal Best Students at Kineton High School are confident and successful. We believe in and constantly strive for outstanding progress, both academically and in students' personal development.

You are invited to join us anytime during the evening from 5.00pm to 8.30pm (arrival. from 4,45pm) and parking is available on site.

Headteacher's speech at 5.15pm, 6.15pm and 7.00pm.

"We were all so chuffed when our boys got offered their places at KHS and haven't once been disappointed." Parent 2025

*Kineton High School is a fun place to learn and gives people many opportunities." Year 7 Student

"Pupils flourish academically and personally." OFSTED 2024

We can't wait to meet you!





OPEN EVENING

Thursday 18th September 2025 5:30pm - 8:30pm

Headteacher Presentation 5:45pm, 6:30pm and 7:00pm

An opportunity to:

- Talk to staff and students
- Have a look at our fantastic, brand-new school and facilities.
- Understand our values and ethos



