



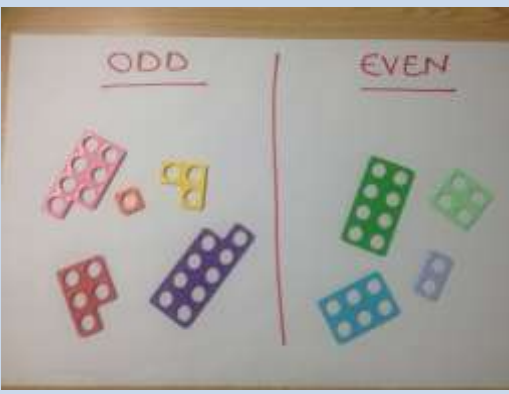
Reception

Odd & Even



This week in Reception, we have been learning about odd and even numbers. The children explored how numbers can be sorted into equal and unequal groups, helping them understand the difference between even and odd.

We noticed a repeating pattern when counting: odd, even, odd, even. We also used Numicon and discovered that numbers with a flat top are even numbers, as they can be split into equal parts. Numbers with one piece sticking out are odd numbers, as they cannot be shared equally.



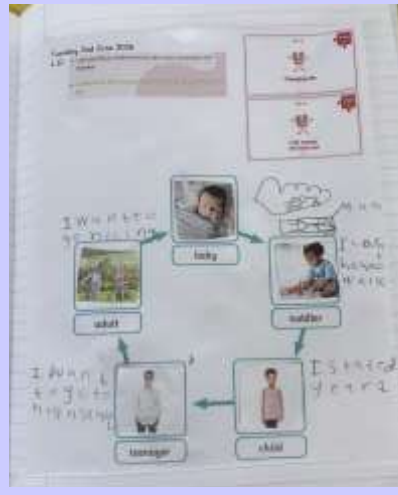
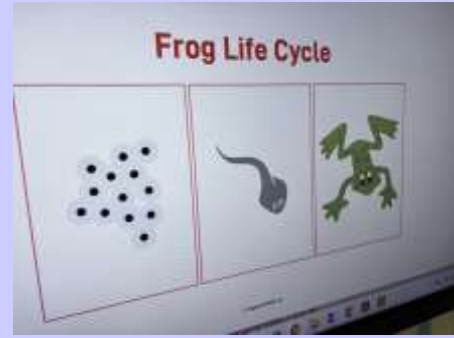
UN Convention on the Rights of the Child
Article 29: Goals of education

PSHE- Changes

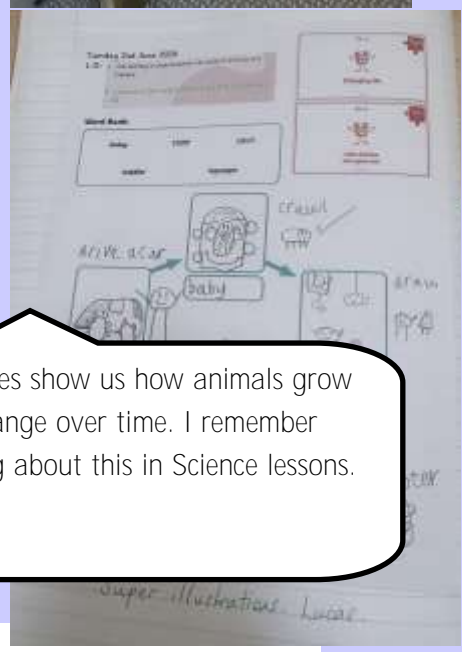
Looking at Learning



This half term the children in Years 1 and 2 are learning about changes as part of their Jigsaw PSHE lessons. In this weeks lesson, the children learned about life cycles and the changes that happen as humans and animals grow. We discussed the things we used to be able to do when we were younger compared with now and also discussed the types of activities and changes we may face in the future.



We all start off as babies and need lots of care from our adults. As we grow we learn to do more by ourselves. When we become an adult we help and teach others too. When we are very old we slow down and can be less active.



When I was a baby I learned to crawl, as a toddler I learned to draw. Now I can ride my scooter. When I am a teenager I hope to ride a skateboard. When I am an adult I would like to drive a car.

Lifecycles show us how animals grow and change over time. I remember learning about this in Science lessons.





Children in Year 3 and 4 have been learning about Roman mosaics and exploring how the Romans used art to decorate their homes and public buildings. We discovered that mosaics are pictures or patterns made by arranging many small pieces of coloured stone, glass, or tile called *tesserae*.



The children first designed their own mosaic patterns on square paper, carefully planning their layouts and thinking about colour and shape. They then brought their designs to life by cutting and arranging small pieces of coloured paper to create a variety of pictures, patterns, and decorative designs.



The children enjoyed becoming mosaic artists themselves and were very proud of their colourful creations!



THE NATIONAL GALLERY

For this year's Take One Picture project children across the country are looking at the painting 'A Muse (Calliope?)' by Cosimo Tura



In Year 5/6, we have taken inspiration from both the painting and our topic, Groundbreaking Greeks, to begin creating a mixed-media artwork.

We started by exploring and collecting a range of textures, initially with the idea of producing a seascape. We then ventured outdoors to search for natural materials that could add depth, interest, and detail to our final piece.

We were amazed by the variety of textures and objects we discovered and have begun building a collection of materials ready for the next stage of our artwork.

As we shared and discussed our findings, our ideas developed further. This inspired us to think creatively about how we could incorporate elements of the original painting, such as the hidden images and Calliope, alongside our learning about Greek mythology, with a particular focus on the fascinating creatures and beasts that feature within many of the myths.



Looking at Learning



Looking at Learning



I found lots of items around the classroom that produced some really interesting texture. The wool rainbow next to Miss Mackie's desk, gave the look of waves and could be good to use as part of our final piece of art.



We used a variety of mediums to create our textures, including chalk, pastels, crayon, pencil, pen and of course our lovely found objects too!





On Friday, Mrs Manley and a group of children led an assembly on racism. During the assembly, we shared the story *Our Skin* by Megan Madison to help everyone develop their understanding of what racism is, what it can look like in everyday life, and why it is always wrong.

The story encouraged thoughtful discussion about treating others with respect, celebrating diversity, and standing up against unfairness and discrimination. The children also shared key messages about kindness, inclusion, and the importance of ensuring that everyone feels valued and respected within our school community.

**We all have skin.
It comes in different colors!**



**Our skin is beautiful, strong,
and important just the way it is!**

**The darker your skin,
the more melanin you have.
The lighter your skin,
the less melanin you have.
Melanin makes our skin many
beautiful shades from dark to light.**



Looking at Learning

Skin color can't tell you much about what people are like, what they know, what foods they think are yummy, what their favorite books are, or even where they were born.



Just by looking at someone, we can't tell who they are on the inside. But sometimes people try to anyway.



Racism is also the things people do and the unfair rules they make about race so that white people get more power, and are treated better, than everybody else. Racism happens in lots of big and small ways. It's all around us, even if we don't always notice it.

THAT'S NOT RIGHT!



Racism hurts and is always unfair!



Diary Dates



Summer Term	
June	
Monday 8th June	Year 1 phonics screening begins
Wednesday 10th June	1.45 MHST parent session on anxiety, please book with the office
Monday 5th– Friday 19th June	Careers week
Monday 15th June	New Reception welcome meeting 4pm
Friday 19th June	String Quartet visiting
Monday 22nd– Friday 26th June	Refugee week
Monday 22nd June	Sports morning 9.30-11.15am– parents welcome
Wednesday 24th June	Years 1 & 2 visiting St John's museum
Friday 26th June	Non uniform day, please donate to school fund– suggested donation £1
Tuesday 30th June	Years 5 & 6 residential trip, 1 night
Friday 3rd July	Years 3 & 4 history workshop
Tuesday 7th July	Playmaking drama group to Stratford with Miss Mackie
Wednesday 8th July	Induction day– class changeover New Reception Stay and Play
Thursday 9th July	Year 6 leavers celebration (pizza party), 3.20-5.00 in school
Wednesday 15th July	Year 6 leavers assembly 10.30am, parents welcome
Friday 17th July	End of Summer term



With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.

INSET Days 2025-26

Friday 10th October 2025

Monday 1st December 2025

Monday 1st June 2026

Monday 20th July 2026




UN Convention on the Rights of the Child



Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



Monday	
	or
Pork Meatballs in Tomato Sauce (G)	(v)(h) Tomato Pasta Bake (G.D)
Tuesday	
	or
(h) Mild Chicken Curry	(v) Cheese & Tomato Pizza Wedge (G.D)
Wednesday	
	or
Roast Pork, Apple Sauce	(vg) Quorn Roast, Apple Sauce (G)
Thursday	
	or
(v)(h) Broccoli & Sweetcorn Pasta (D.G)	((v) Cheese (D)
Friday	
	or
Fish Fillet Fingers (F.G)	(vg) Garden Vegetable Fingers (G)

Educaterers' New Menu

This week is Week 1. Jacket potato and choice of fillings available daily

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.



We are incredibly proud of Ruby Mae, who has made the selfless decision to donate her hair to The Little Princess Trust.

After growing her hair for many years, Ruby Mae is having it cut so that it can be used to help create real hair wigs for children and young people who have lost their hair due to cancer treatment and other medical conditions. Her generous act will help bring confidence and smiles to children facing difficult challenges.

As well as donating her hair, Ruby Mae is also raising money for The Little Princess Trust, a charity that provides wigs free of charge to children and young people and funds vital childhood cancer research.

Ruby Mae's kindness, determination and willingness to help others is inspiring. We are delighted to celebrate her achievement and support her fundraising efforts.

Ruby's mum, Kelly, has set up a Just Giving page to support The Little Princess Trust. If any of our school families would like to support Ruby and this wonderful cause.

Thank you, Ruby Mae, for making such a positive difference to the lives of others.

We wish you the very best with your hair donation and fundraising journey.

https://www.justgiving.com/page/kelly-swindells-1?utm_medium=FR&utm_source=CL



UN Convention on the Rights of the Child
Article 29: Goals of education
Article 12: Respect for the views of the child

Emotional Wellbeing and Mental Health



What is resilience?

Resilience is the ability to cope with difficult situations, learn from experience and develop the strength to take on future challenges. For children and young people, resilience has many benefits, from problem solving skills and the ability to manage stress, to improved mental health and wellbeing.

The role of resilience in children's mental health

Resilience can have a significant impact on children and young people's mental health. Without resilience, they can become easily overwhelmed and unable to see a way through difficult situations. They may struggle to manage their feelings, display distressed behaviour and struggle with low confidence and a lack of self-esteem.

However, building resilience can help to mitigate mental health challenges as it equips young people to handle emotional distress in a healthy way.

Why is resilience important for children and young people?

Resilience helps children and young people to develop their problem solving skills. Resilient children are able to think critically, problem solve and come up with solutions to overcoming a challenge, rather than giving up – a skill that will serve them well in all areas of their lives.



Emotional Wellbeing and Mental Health



Resilience ladder

Name:

My goal is...

**My positive affirmation/
resilience motto is...**

Along the way I might feel:

**But when I complete my
goal I will feel:**

The Resilience Ladder: Help your child break down a large or intimidating goal into smaller, manageable steps, allowing them to celebrate mini-victories along the way



Lighthorne Heath Learning Heroes

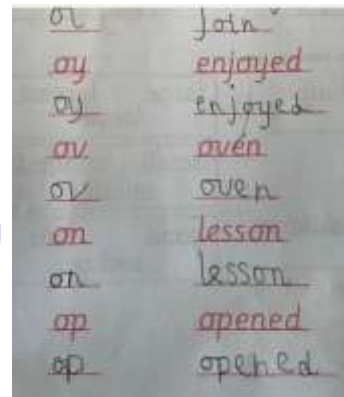
Reception

Mrs Gill has chosen Emilia as her learning hero this week. Emilia has a brilliant attitude towards learning and has shown great interest to our new topic 'On the Beach'. She has loved sharing her knowledge about sea creatures with the class.

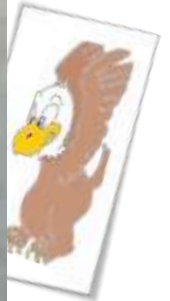


Years 1 & 2

This week we have chosen Zilan as our Hero. Zilan has been working hard to improve her handwriting, ensuring her letters are joined and correctly sized. In this week's lessons, she really amazed us with the care and attention she put into her work. She has also been transferring these skills during phonics lessons, showing her careful presentation when using the whiteboards and pens. Well done Zilan!



Have a go



entrate

Years 3 & 4

Mrs Madahar has chosen Muhammed as this week's Lighthorne Hero. Muhammed has been working hard to learn his multiplication facts and improve his recall speed. It has also been wonderful to see Muhammed participating more confidently in school life and communicating more clearly with both his peers and adults. Keep up the excellent work, Muhammed!



Be curious!

Years 5 & 6

The hero in Years 5 & 6 this week is Luke. Miss Mackie has been impressed with his Greek comedy performance and also for his imaginative contribution to our National Gallery work. Keep it up, Luke.



Enjoy learning

Co-

Persevere

Keep improving

Use your imagination



UN Convention on the Rights of the Child

Article 29: Goals of education

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

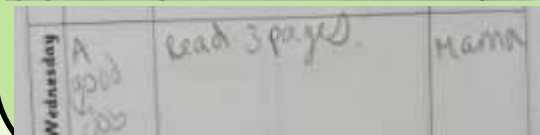
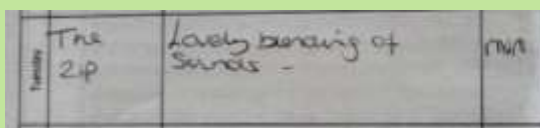
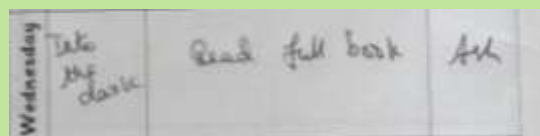
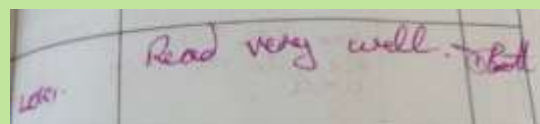
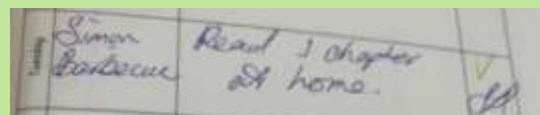
Encouraging Critical Thinking:

What do you think will happen next?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional **information about your child's** engagement, comprehension and confidence or some praise if you would **(and this is useful) but you don't have to.**



READING INCENTIVE

REMEMBER... YOU'VE GOT TO BE IN IT TO WIN IT!

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.

EXCITING MATHS CLUB COMING TO YOUR SCHOOL

Embark on a journey to discover the wonderful world of maths. You'll make fantastic creations, take part in mind-blowing challenges and have some serious fun.
WE LOVE MATHS - YOU WILL TOO



WWW.SPAGHETTIMATHS.CO.UK



Spaghetti Maths is coming to your child's school! Our clubs are creative, active and educational and are designed to boost engagement with maths.

SPAGHETTI MATHS
untangling numbers

...IT'S MATHS, BUT NOT AS YOU KNOW IT

What will my child do?

- ✓ Be creative and investigative!
- ✓ Learn new concepts and terminology!
- ✓ Develop positive attitudes towards maths!
- ✓ Have fun!



untangling numbers
Inspiring educational maths activities for the world.



In Warwickshire, parents to be, parents, carers and grandparents have access to a variety of family and relationships resources and advice.

Support can be accessed online, face-to-face through informal advice, one-to-one consultations, group programmes and workshops. This support is free to access.

Lighthorne Heath Primary School Newsletter



Going fast

Boundaries and Rules Workshop (Virtual)

Tue 26 May, 18:00 BST

Free



Sleep workshop (virtual)

Mon 18 May, 10:30 BST

Free



Understanding Children's Behaviour virtual workshop

Mon 8 Jun, 12:30 BST

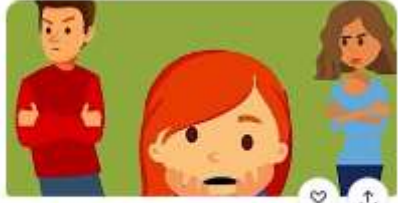
Free



Understanding your teenager workshop (virtual)

Tue 2 Jun, 09:30 BST

Free



Parenting Together (virtual workshop)

Tue 26 May, 12:00 BST

Free



Family and Relationship Support

A guide to free support available to Warwickshire families

www.warwickshire.gov.uk/parentguides

Warwickshire County Council



<https://www.eventbrite.co.uk/o/warwickshire-parentingsupport-71623337213>

To book a place at an online workshop please follow the QR code or this link. More courses and dates are available on the linked page.

Solihull Approach Online Guides

We offer a range of free parenting guides to support parents/carers feel more confident across all ages of childhood. You are in control of what you learn, at a time that suits you and at your own pace. You can do them alone or with someone else, together or separately but in tandem – it's your choice. They can also be translated into many languages using ReachDeck online.

You can access the online guides via: www.warwickshire.gov.uk/parentguides
There are 15 to choose from including:

- Understanding your pregnancy
- Understanding your baby
- Understanding your child
- Understanding your teenager's brain
- Understanding your child with additional needs

Enter the access code BEAR when promoted and a Warwickshire postcode.

The Family Information Service

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

Free Phone: 0800 408 1558
Email: fis@warwickshire.gov.uk
@WarwickshireFIS
@WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.



UN Convention on the Rights of the Child
Article 29: Goals of education
Article 5, Parental Guidance, Article 18, Parental responsibility



Parent Workshop

Supporting your Child with Anxiety

Join us at school on Wednesday 10 June at 1.45-3.15 for an informative workshop with strategies for managing your child's anxiety.

All parents/carers welcome!



Look out for information in the school newsletter on how to sign up, or visit the school office



UN Convention on the Rights of the Child
Article 29: Goals of education
Article 5, Parental Guidance, Article 18, Parental responsibility

Activities to help children move more every day

Children need 60 minutes of physical activity each day, with at least 30 minutes of that outside of school. You don't need to buy expensive equipment or find lots of extra time to make a difference. Every bit of movement adds up to support their health and wellbeing.



Need some inspiration? The NHS advice pages have lots of ideas to help! Whatever your family enjoys, there's a fun way to get moving together.



<p>Not sure where to start? Take the sports and activities quiz! Answer 3 quick questions to discover the perfect sports, activities and a Disney game tailored to your child's interests.</p>	<p>Indoor activities for kids We have loads of fun ideas for at-home games and activities to keep the kids active when they're inside.</p>	<p>10 Minute Shake Up games Have you tried our Disney, Pixar and Marvel inspired games? Shake Up activities are fun for all the family – and a great way for kids to get active!</p>	<p>Accessible activities Explore tips and activities designed to help kids with additional needs stay active in ways that work best for them.</p>
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Why being active matters

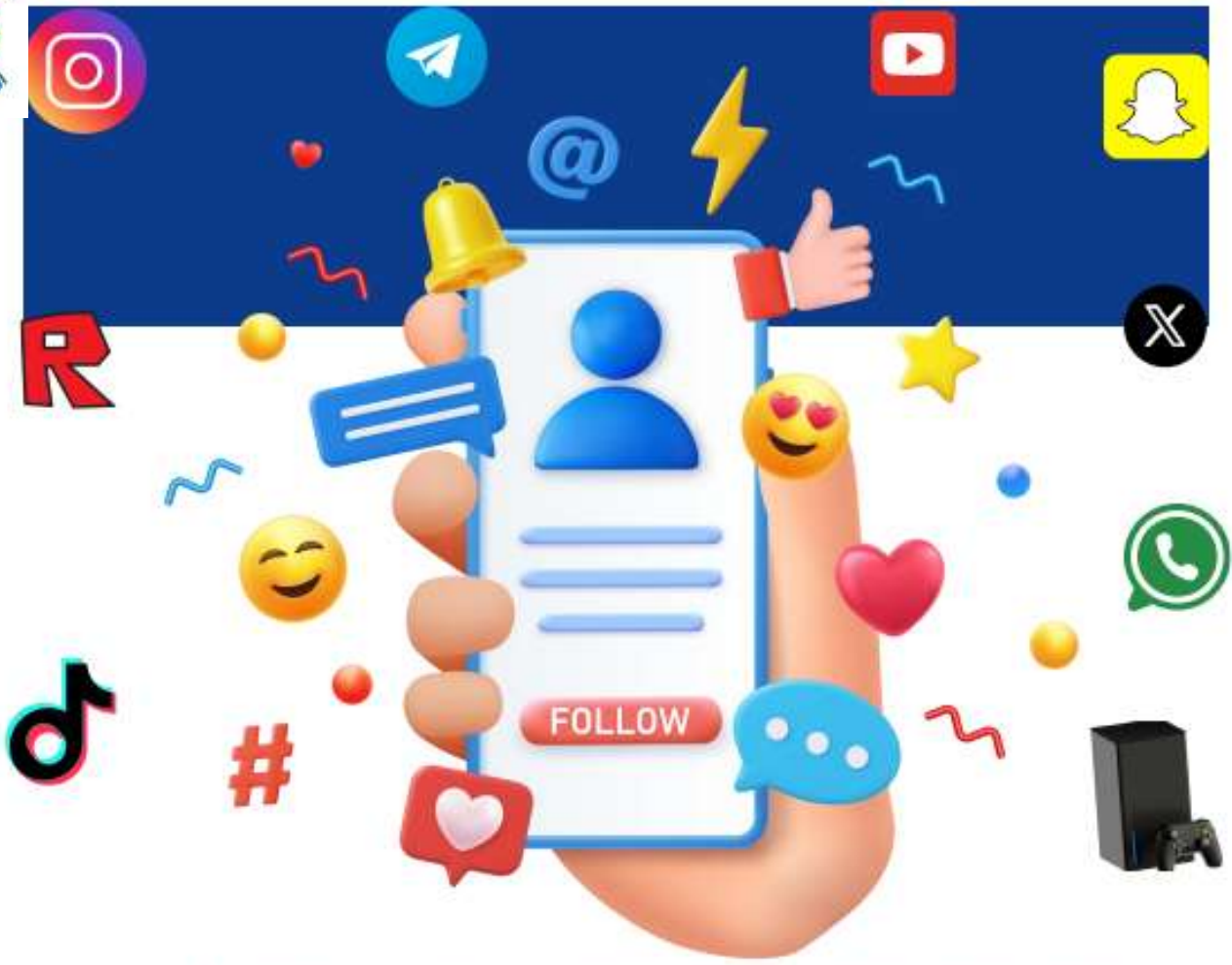
There are lots of good reasons for kids to be active! Research shows that physical activity helps school-age children in lots of ways.

Here are some of the benefits of staying active:

- | | | | |
|--|---|--|---|
| | <p>Improves behaviour, self-confidence and social skills</p> | | <p>Improves attention levels and performance at school</p> |
| | <p>Develops co-ordination</p> | | <p>Strengthens muscles and bones</p> |
| | <p>Improves health and fitness</p> | | <p>Maintains healthy weight</p> |
| | <p>Helps them sleep better</p> | | <p>Improves mood and makes them feel good</p> |



UN Convention on the Rights of the Child
 Article 29: Goals of education
 Article 18: Parental responsibilities
 Article 24: Health and health services



SAFELINE PARENT WORKSHOP INTERNET SAFETY

Date: 10th of June 2026

Time 5pm-6pm

Location: Join Zoom meeting ID 765 294 7590

This workshop highlights the sexual abuse risk online; provides key knowledge around apps our children use and support available. If you would like to attend, please confirm by emailing PEI@safeline.org.uk. Please reference the school your child attends.



UN Convention on the Rights of the Child
Article 29: Goals of education
Article 5, Parental Guidance, Article 18, Parental responsibility



Early Support Team Family Support Drop in Sessions

Stratford Children's Centre Every **Thursday 12.30-3pm**

Alcester Children's Centre Every **Wednesday 1-3pm**

Lighthorne Heath Children's Centre Every **Wednesday 1-3pm**

We can offer Support with...

Health and wellbeing

Supporting your Child's Mental Health

Understanding your Child's Behaviour

Behaviour Management

Developing Routines and Boundaries

Parenting Advice

Guidance and Support

So Much More...

**Pop in for a Relaxed Chat, Cuppa and
Support or Call us on**

Early Support Duty Line 01926414144

Monday-Friday between 9am-4pm



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



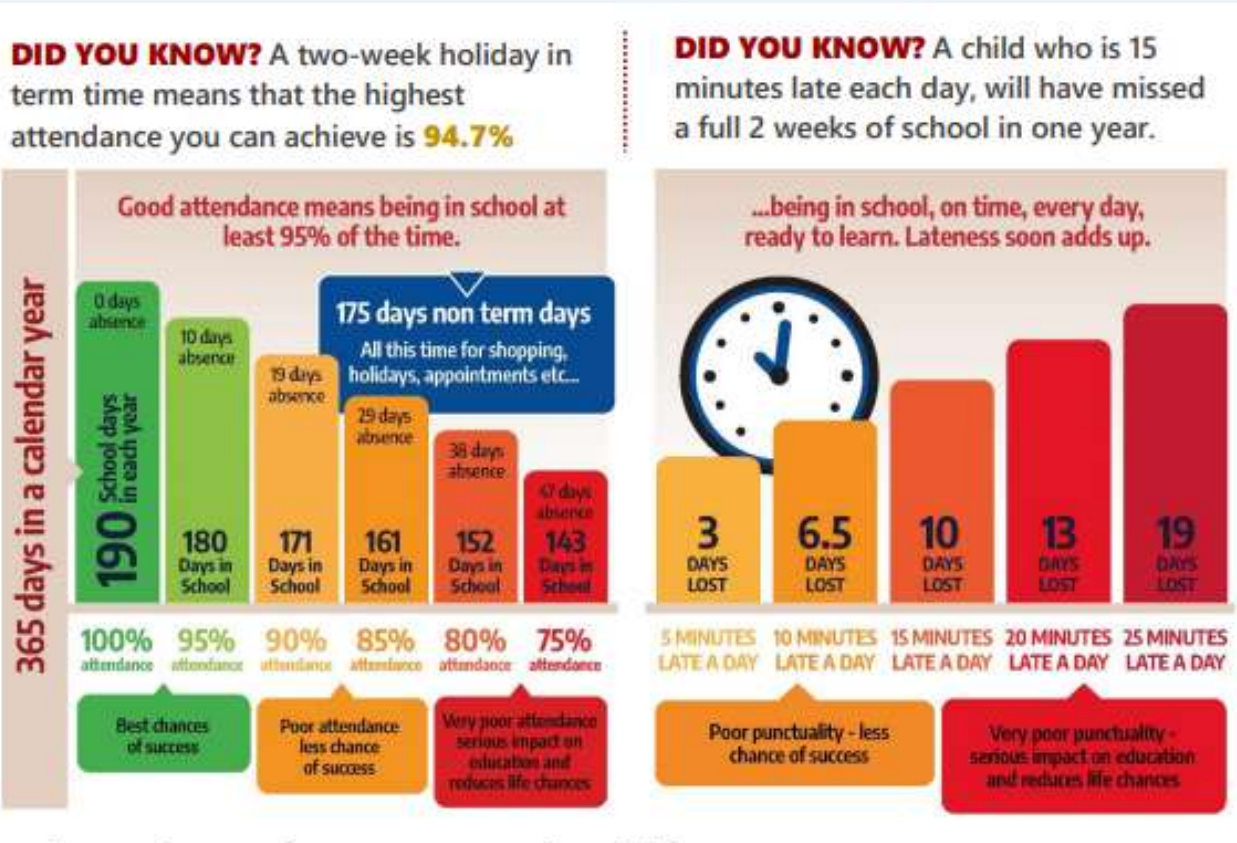
Attendance Matters

Regular school attendance is essential for every child's learning, wellbeing, and future success. At our school, we are committed to promoting good attendance and working proactively with families to ensure all pupils benefit from being in school every day they can.

Attendance is everyone's responsibility. Good attendance supports academic achievement, personal development, safeguarding, and welfare. The most effective schools consistently promote the benefits of attending school regularly and on time.

Parents and carers have a legal responsibility to ensure their child receives a suitable full-time education and attends school every day unless there is a valid reason for absence, such as illness, authorised leave in exceptional circumstances. If your child is absent, please contact the school as early as possible on the first day to explain the reason.

Thank you for your continued support in helping every child make the most of their education.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and well-being, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'toughen up' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a child safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportthemforcontent.com.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or mute triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.

School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

Applying for a primary school place



Applying for a Secondary School Place





SLAM JAM

BASKETBALL
ENGLAND

DESIGNED FOR
CHILDREN
AGED
7-11

OFFICIAL JUNIOR PROGRAMME

Jam packed with fun basketball games, festivals and rewards,
giving children a great way to learn the basic skills of the game!

TUESDAYS 4:30PM

COMING SOON TO LIGHTHORNE HEATH

Email Amywidman@everyoneactive.com to find out more
information and book!

everyoneactive.com



everyone
ACTIVE

Swim Lessons

with **Leamington Swimming Club**



LEAMINGTON SPA
AMATEUR SWIMMING CLUB



This is a unique opportunity for children in Years 3 and 4 to improve their swimming and learn the skills used by our competitive swimmers.

21st June, 28th June, 5th July, 12th July

3 to 3.50pm

Newbold Comyn Leisure Centre

Cost £20

All children should be able to swim 50m front crawl, backstroke and breaststroke.

Email info@swimleamington.org to reserve your place

Community information



Warwickshire County Council

May 2026

Family Learning

What is Family Learning?

Family Learning takes place among family members including parents, grandparents and carers. Families learn together, in a relaxed atmosphere and parents and carers discover how their children learn and develop.

Family Learning includes courses for adults and children together as well as adult only courses, including adult-only qualifications.

Examples of courses are Family Food, Understanding your Child, Story and Number Explorers (REAL programme), Play and Learn, Film Club, Story Sacks, and more!

These types of Family Learning courses are always FREE. They help you to help your child with reading, maths, wellbeing and more!

Our qualification courses

Our qualifications for parents and carers who want to develop their knowledge and skills to help their own families and gain a qualification alongside! They also suit people who want to work with children and families and are looking for a way to do that that fits into family life.

Level 1 Moving On has topics around family life, like 'Family Cooking', 'Making and Using Story Sacks', 'Using Crafts with Children', 'Family Relationships' and more! This course is FREE.

Our Level 2 Supporting Teaching and Learning is a qualification for those working in support roles in education, or those who want to in the future. Topics include 'Understanding children's learning and development', 'Enabling Effective Learning Environments', 'Building Professional Relationships', 'Promoting Positive Behaviour' and more!

Flyers for our courses have been sent to your child's school. Ask for a copy of the parent flyer or qualification flyer, if you are interested.

Family Learning and University of Warwick

Did you know, if you complete a Family Learning qualification you get a **guaranteed interview** on one of these degree courses at the University of Warwick:

BA (Hons) Early Childhood

BA (Hons) Child and Family: Health and Wellbeing

Please see university website for fee information, terms and conditions about their courses. More information on the qualification flyers.

Those who complete a Family Learning qualification get a **guaranteed interview** at University of Warwick!

Express Interest in Level 1: <https://forms.cloud.microsoft/e/7B6czA60Vp>

Express Interest in Level 2: <https://forms.cloud.microsoft/e/j42Epxpnqc>

If you are interested in finding out more about Family Learning, please email FamilyLearningACL@warwickshire.gov.uk

COMMUNITY ACTIVITIES IN UPPER LIGHTHORNE



→ **Indoor Short Mat Bowls**

Mondays 5:30 pm during term-time
Lighthorne Heath Primary School Stratford Road
£2 per week (first 2 weeks free).



→ **Allotment Sessions**

Tuesdays at 2 pm and Saturday at 10 am throughout the year
Allotment off Coppice Avenue
All are welcome. ,
Contact: allotments.upperlighthorne@gmail.com



→ **Free Community Health Walk**

2nd and 4th Tuesday of the month
11am meet at the Lighthorne Heath Village Hall
Free refreshments afterwards - all welcome.

→ **Outdoor Community Pétanque**

Wednesdays at 2 pm
Avon Valley Bowls Club Lighthorne Heath
£1 per week - all welcome



→ **Free Chair Exercise**

Thursdays at 1 pm at Lighthorne Heath Village Hall.

→ **Indoor Bowls for Health Programme**

Free six-week programme
Starts Thursday, March 13th 6:30 pm,
Avon Valley Bowls club in Lighthorne Heath.
New programmes run throughout the year.



→ **Contact** emma.hills@trustgreen.com or pop into our Time Bank Cafe at the Lighthorne Heath Village Hall on **Wednesdays** between 11 am - 1 pm or our Warm Hub coffee morning 11 am - 2 pm for more details of what's happening in Upper Lighthorne.

For more top tips on being active visit: www.thinkactive.org

Village Hall, Lighthorne Heath
3:15-3:45

2026:

5th Jan, 2nd Feb, 2nd March, 30th March,
27th April, 26th May, 22nd June, 20th
July, 17th August, 14th September, 12th
October, 9th November, 7th December



Each mobile library stocks:

- A selection of books, including large print
- Spoken word
- Books for young children

For more information, call (01926) 851031 or visit our website at
warwickshire.gov.uk/mobilelibraries
To see our current routes, go to:
https://apps.warwickshire.gov.uk/MobileLibraries/library_routes