

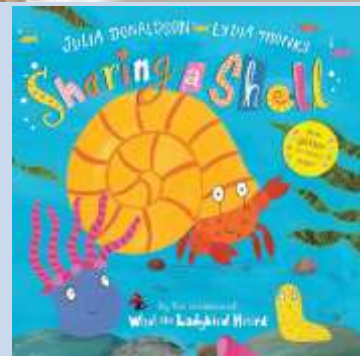
Reception



Rockpools

Reception have been thoroughly enjoying their new topic, 'On the Beach'. This week, the children have been exploring rockpool habitats and learning about the different plants and creatures that live there. They learned facts about species such as starfish, blenny fish, crabs, and sea anemones.

The children then created their own rockpool habitats. We also shared the story Sharing a Shell and discussed friendship, teamwork, and the importance of helping one another.



UN Convention on the Rights of the Child
Article 29: Goals of education





Looking at Learning

Around the world

This week Nursery children learned about different countries in 'Around the World' week. They tried croissants from France, learned the haka from New Zealand, did some block printing from Kenya, made masks from Sri Lanka and made sushi from Japan.



UN Convention on the Rights of the Child

Article 29: Goals of education





Looking at Learning

SCHOOL NEWSLETTER

Reception

'Snuggle and Share'

on Wednesday
1st July
at 3pm

Reception 'Snuggle and Share' will be held on Wednesday 1st July at 3.00pm. This is a wonderful opportunity for you to sit with your child, look through their learning folders, and celebrate the fantastic progress they have made so far this year. We hope to see you all there!



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility





Looking at Learning

River Bear Yoga

We have been practising our yoga poses this week in Year 1 and 2.



"Yoga makes me feel calm."



We learnt that it is important to take our time, focus on ourselves and try and control our bodies so we can control and hold our poses for as long as possible.



"I feel ready for my learning when I am calm."



"I like to focus on my breathing and forget everything else."



PIC•COLLAGE



UN Convention on the Rights of the Child

Article 29: Goals of education





Year 3 and 4 have been exploring the fascinating world of plants by carefully dissecting flowers to identify their different parts and understand the important roles they play.

The children examined structures such as the petals, stem, roots, and reproductive parts, learning how each one helps the plant survive and reproduce.

They discovered that the roots absorb water and nutrients from the soil, while the stem transports these around the plant and provides support.



They also learned that petals attract pollinators like bees and butterflies, helping plants to produce seeds. It was a fantastic hands-on science lesson that encouraged curiosity, observation, and a deeper appreciation of the natural world.

Looking at Learning



Thermally conductive and non-conductive materials

During science this week the children in Miss Mackie's class have been learning about thermal conductivity. Thermal conductivity is a measure of a material's ability to conduct or transfer heat.



Thermally conductive materials, such as gold, copper and steel, allow heat to pass through them.



Thermally non-conductive materials, such as fabric, glass and wood, do not allow heat to pass through them.

We spent time exploring this using thermocolour sheets. A thermocolour sheet (also known as a thermochromic or liquid crystal sheet) is a smart material that changes colour in response to temperature variations. The material typically shifts from black to a visible spectrum of colours



Looking at Learning

My hands were warm, so they changed the colour of the thermacolour sheet. The longer I held my hand on the paper, the more colourful it became.



We used the air-conditioner to 'reset' the paper. It blasted cool air onto the thermal paper meaning we use it to test for heat again



We used the sheets to test whether a material was a thermal conductor or not. We could tell by the changes to the colour.





Dear Parents and Carers,

As you may have seen, next week is National Thank a Teacher Day (17th June). This is an opportunity to recognise and thank all the wonderful staff who work at Lighthorne Heath Primary School.



We would like to celebrate every member of our team who makes a difference to the lives and education of our children. This includes teachers, teaching assistants, office staff, lunchtime supervisors, site staff, volunteers and everyone else who helps our school run smoothly each day. Their dedication, care and hard work play a vital role in helping our pupils learn, grow and thrive.

You can show your appreciation by sending a free e-card before Tuesday 17th June. It only takes a few moments to complete and will be delivered on National Thank a Teacher Day. You are welcome to send cards to individual members of staff or whole teams.

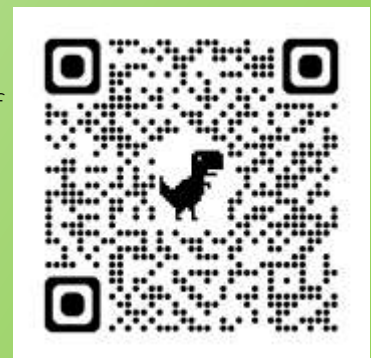
To send an e-card, please visit: thankateacher.co.uk

You can choose to send your message anonymously or include your name. If **you are unsure of a staff member's email address, simply enter their name** and the school email address (admin2064@welearn365.com) and your message will be forwarded to the correct person.

Every message received is greatly appreciated and provides a wonderful opportunity to recognise the positive impact our staff have on the children and families of Lighthorne Heath Primary School.



Please help us make someone's day by taking part in this national celebration and sending a message of thanks.



UN Convention on the Rights of the Child

Article 29: Goals of education

Diary Dates



Summer Term	
June	
Monday 5th– Friday 19th June	Careers week
Monday 15th June	New Reception welcome meeting 4pm
Friday 19th June	String Quartet visiting Class Group photo's
Monday 22nd– Friday 26th June	Refugee week
Monday 22nd June	Sports morning 9.30-11.15am– parents welcome
Wednesday 23rd June	Y 5 & 6 Sharing Assembly, 3pm
Tuesday 23rd June	Years 1 & 2 visiting St John's museum
Wednesday 24th June	Years 3 & 4 Sharing Assembly, 9am
Friday 26th June	Non uniform day, please donate to school fund– suggested donation £1
Tuesday 30th June	Years 5 & 6 residential trip, 1 night
Wednesday 1st July	Reception sharing event, 3pm
Friday 3rd July	Years 3 & 4 history workshop
Tuesday 7th July	Playmaking drama group to Stratford with Miss Mackie
Wednesday 8th July	Induction day– class changeover New Reception Stay and Play
Thursday 9th July	Y1 & 2 Sharing Assembly, 3pm
Thursday 9th July	Year 6 leavers celebration (pizza party), 3.20-5.00 in school
Wednesday 15th July	Year 6 leavers assembly 10.30am, parents welcome
Friday 17th July	End of Summer term

With best wishes from Mrs Westwood,
Mrs Manley and all the staff at
Lighthorne Heath Primary School.

!

NSET Days 2025-26

- Friday 10th October 2025
- Monday 1st December 2025
- Monday 1st June 2026
- Monday 20th July 2026



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



Educaterers

Week 2

Monday



Pork Sausages (G.SU.SB.D)

or



(v) Plant Based Sausages (D)

Tuesday



(h) Beef Bolognese (G.D)

or



(v) Vegetarian Bolognese (G.SB.D)

Wednesday



Roast Chicken Fillet
Stuffing ball (G)

or



(vg) Quorn Roast Stuffing ball (G)

Thursday



(v) Cheese & Tomato Pizza
Wedge (G.D)

or



(v) Cheese (D)

Friday



Battered Fish Fillet (F.G)

or



(v)(h) Cheesy Omelette (E)

Educaterers' New

Menu

Next week is Week 2.
Jacket potato and choice
of fillings available daily

Free School Meals

If you think that you may
be eligible for free school
meals applications can be
made online at [https://
www.warwickshire.gov.uk/
education-learning/apply-
free-school-meals](https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals)



Mrs. Manley and Mrs
Hendriksen are happy to
help with FSM
applications, please ask if
you require assistance.



We are incredibly proud of Ruby Mae, who has made the selfless decision to donate her hair to The Little Princess Trust.

After growing her hair for many years, Ruby Mae is having it cut so that it can be used to help create real hair wigs for children and young people who have lost their hair due to cancer treatment and other medical conditions. Her generous act will help bring confidence and smiles to children facing difficult challenges.

As well as donating her hair, Ruby Mae is also raising money for The Little Princess Trust, a charity that provides wigs free of charge to children and young people and funds vital childhood cancer research.

Ruby Mae's kindness, determination and willingness to help others is inspiring. We are delighted to celebrate her achievement and support her fundraising efforts.

Ruby's mum, Kelly, has set up a Just Giving page to support The Little Princess Trust. If any of our school families would like to support Ruby and this wonderful cause.

Thank you, Ruby Mae, for making such a positive difference to the lives of others.

We wish you the very best with your hair donation and fundraising journey.

https://www.justgiving.com/page/kelly-swindells-1?utm_medium=FR&utm_source=CL



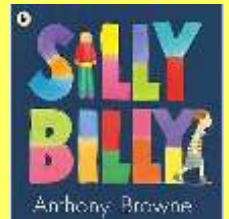
UN Convention on the Rights of the Child
Article 29: Goals of education
Article 12: Respect for the views of the child

Emotional Wellbeing and Mental Health



Thank you to all the families who attended our recent workshop on supporting children with anxiety, led by Anna Bradley from the Mental Health in Schools Team.

We were delighted with the incredibly positive feedback received and hope that the advice, strategies and practical tips shared will have a positive impact for families at home. We look forward to hearing how these approaches have helped your children over the coming weeks. Please keep an eye out for similar parent workshops and support events planned for the Autumn Term.



Parent Workshop
Supporting your Child with Anxiety

Join us at school on Wednesday 10 June at 1.45-3.15 for an informative workshop with strategies for managing your child's anxiety. All parents/carers welcome!

Look out for information in the school newsletter on how to sign up, or visit the school office

Emotional Wellbeing and Mental Health



Words of Kindness

a i g g h c q w b b m n
s m y e j a w e h v e m
d p p n k r a w e c n k
f a p e l i r r l z t i
k c a r e n m t p x a n
i t h o u g h t f u l d
n a s u d v e y u c h n
d c d s s n a u l p e e
t c e p s e r i i o a s
x b s n o i t o m e l s
h w e l l b e i n g t b
d f r i e n d l y x h a

care
caring
emotions
friendly

generous
happy
helpful
impact

kind
kindness
mental health
respect

thoughtful
warm-hearted
wellbeing

Lighthorne Heath Learning Heroes

Reception Mrs Gill has chosen Harsh as her Learning Hero this week. Harsh is a fantastic role model in the Reception class and always shows real enthusiasm for learning. This week, he has impressed us with his excellent participation in class discussions. He has also thoroughly enjoyed learning about rockpools and confidently shared interesting facts with the class. Well done, Harsh!



Co-

Years 1 & 2

Our hero is Alex. He has shown fantastic enthusiasm and progress with his reading this week and we are all really proud of him. Well done, Alex! Keep up your hard work.

Have a go



Concentrate

Years 3 & 4

Mrs Madahar has chosen Louie as the Year 3 and 4 Lighthorne Hero. Louie has demonstrated all of our learning characters in every lesson, showing a fantastic attitude towards his learning, particularly in Maths. He has worked incredibly hard on fractions and has gone above and beyond by completing additional work on mathematical calculations to further develop his skills. Not only that, but he has shown great dedication in learning and recalling his times tables, making excellent progress through his determination and perseverance. Well done, Louie!



Be curious!

Years 5 & 6 The Years 5 & 6 hero this week is Callum for his fantastic contribution to our RSC Playmaking work. He has brilliantly shown his skills when choosing different options for our scenes, thinking carefully about how the show will be perceived by the audience and the motivation of the characters. Well done, Callum



Enjoy learning

Lighthorne Heath Primary School Newsletter



Persevere



Keep improving



Use your imagination



UN Convention on the Rights of the Child

Article 29: Goals of education

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

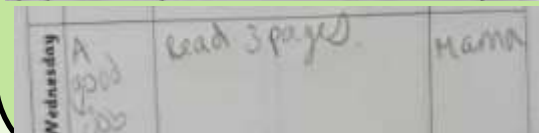
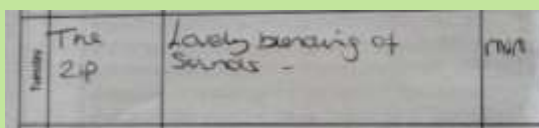
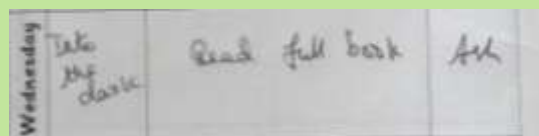
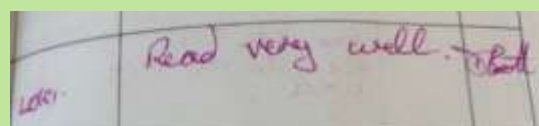
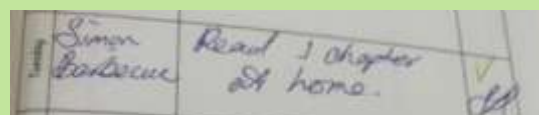
Encouraging Critical Thinking:

What do you think will happen next?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional **information about your child's** engagement, comprehension and confidence or some praise if you would **(and this is useful) but you don't have to.**



READING INCENTIVE

REMEMBER... YOU'VE GOT TO BE IN IT TO WIN IT!

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.

EXCITING MATHS CLUB COMING TO YOUR SCHOOL

Embark on a journey to discover the wonderful world of maths. You'll make fantastic creations, take part in mind-blowing challenges and have some serious fun.

WE LOVE MATHS - YOU WILL TOO



WWW.SPAGHETTIMATHS.CO.UK







Spaghetti Maths is coming to your child's school! Our clubs are creative, active and educational and are designed to boost engagement with maths.

SPAGHETTI MATHS
untangling numbers

...IT'S MATHS, BUT NOT AS YOU KNOW IT

What will my child do?

-  Be creative and investigative!
-  Learn new concepts and terminology!
-  Develop positive attitudes towards maths!
-  Have fun!



untangling numbers

Inspiring educational maths activities for the world.

In Warwickshire, parents to be, parents, carers and grandparents have access to a variety of family and relationships resources and advice.

Support can be accessed online, face-to-face through informal advice, one-to-one consultations, group programmes and workshops. This support is free to access.

Lighthorne Heath Primary School Newsletter



Going fast

Boundaries and Rules Workshop (Virtual)

Tue 26 May, 18:00 BST

Free



Understanding Children's Behaviour virtual workshop

Mon 8 Jun, 12:30 BST

Free



Sleep workshop (virtual)

Mon 18 May, 10:30 BST

Free



Understanding your teenager workshop (virtual)

Tue 2 Jun, 09:30 BST

Free



Parenting Together (virtual workshop)

Tue 26 May, 12:00 BST

Free



Family and Relationship Support

A guide to free support available to Warwickshire families

www.warwickshire.gov.uk/parentguides

Warwickshire County Council



<https://www.eventbrite.co.uk/o/warwickshire-parentingsupport-71623337213>

To book a place at an online workshop please follow the QR code or this link. More courses and dates are available on the linked page.



Solihull Approach Online Guides

We offer a range of free parenting guides to support parents/carers feel more confident across all ages of childhood. You are in control of what you learn, at a time that suits you and at your own pace. You can do them alone or with someone else, together or separately but in tandem – it's your choice. They can also be translated into many languages using ReachDeck online.

You can access the online guides via: www.warwickshire.gov.uk/parentguides

There are 15 to choose from including:

- Understanding your pregnancy
- Understanding your baby
- Understanding your child
- Understanding your teenager's brain
- Understanding your child with additional needs

Enter the access code BEAR when promoted and a Warwickshire postcode.

The Family Information Service

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

Free Phone: 0800 408 1558

Email: fis@warwickshire.gov.uk

@WarwickshireFIS

@WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

UN Convention on the Rights of the Child
 Article 29: Goals of education
 Article 5, Parental Guidance, Article 18, Parental responsibility

Activities to help children move more every day

Children need 60 minutes of physical activity each day, with at least 30 minutes of that outside of school. You don't need to buy expensive equipment or find lots of extra time to make a difference. Every bit of movement adds up to support their health and wellbeing.



Need some inspiration? The NHS advice pages have lots of ideas to help! Whatever your family enjoys, there's a fun way to get moving together.



<p>Not sure where to start? Take the sports and activities quiz! Answer 3 quick questions to discover the perfect sports, activities and a Disney game tailored to your child's interests.</p>	<p>Indoor activities for kids We have loads of fun ideas for at-home games and activities to keep the kids active when they're inside.</p>	<p>10 Minute Shake Up games Have you tried our Disney, Pixar and Marvel inspired games? Shake Up activities are fun for all the family – and a great way for kids to get active!</p>	<p>Accessible activities Explore tips and activities designed to help kids with additional needs stay active in ways that work best for them.</p>
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Why being active matters

There are lots of good reasons for kids to be active! Research shows that physical activity helps school-age children in lots of ways.

Here are some of the benefits of staying active:

- | | | | |
|--|---|--|---|
| | <p>Improves behaviour, self-confidence and social skills</p> | | <p>Improves attention levels and performance at school</p> |
| | <p>Develops co-ordination</p> | | <p>Strengthens muscles and bones</p> |
| | <p>Improves health and fitness</p> | | <p>Maintains healthy weight</p> |
| | <p>Helps them sleep better</p> | | <p>Improves mood and makes them feel good</p> |



UN Convention on the Rights of the Child
 Article 29: Goals of education
 Article 18: Parental responsibilities
 Article 24: Health and health services



Early Support Team Family Support Drop in Sessions

Stratford Children's Centre Every **Thursday 12.30-3pm**

Alcester Children's Centre Every **Wednesday 1-3pm**

Lighthorne Heath Children's Centre Every **Wednesday 1-3pm**

We can offer Support with...

Health and wellbeing

Supporting your Child's Mental Health

Understanding your Child's Behaviour

Behaviour Management

Developing Routines and Boundaries

Parenting Advice

Guidance and Support

So Much More...

**Pop in for a Relaxed Chat, Cuppa and
Support or Call us on**

Early Support Duty Line 01926414144

Monday-Friday between 9am-4pm



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



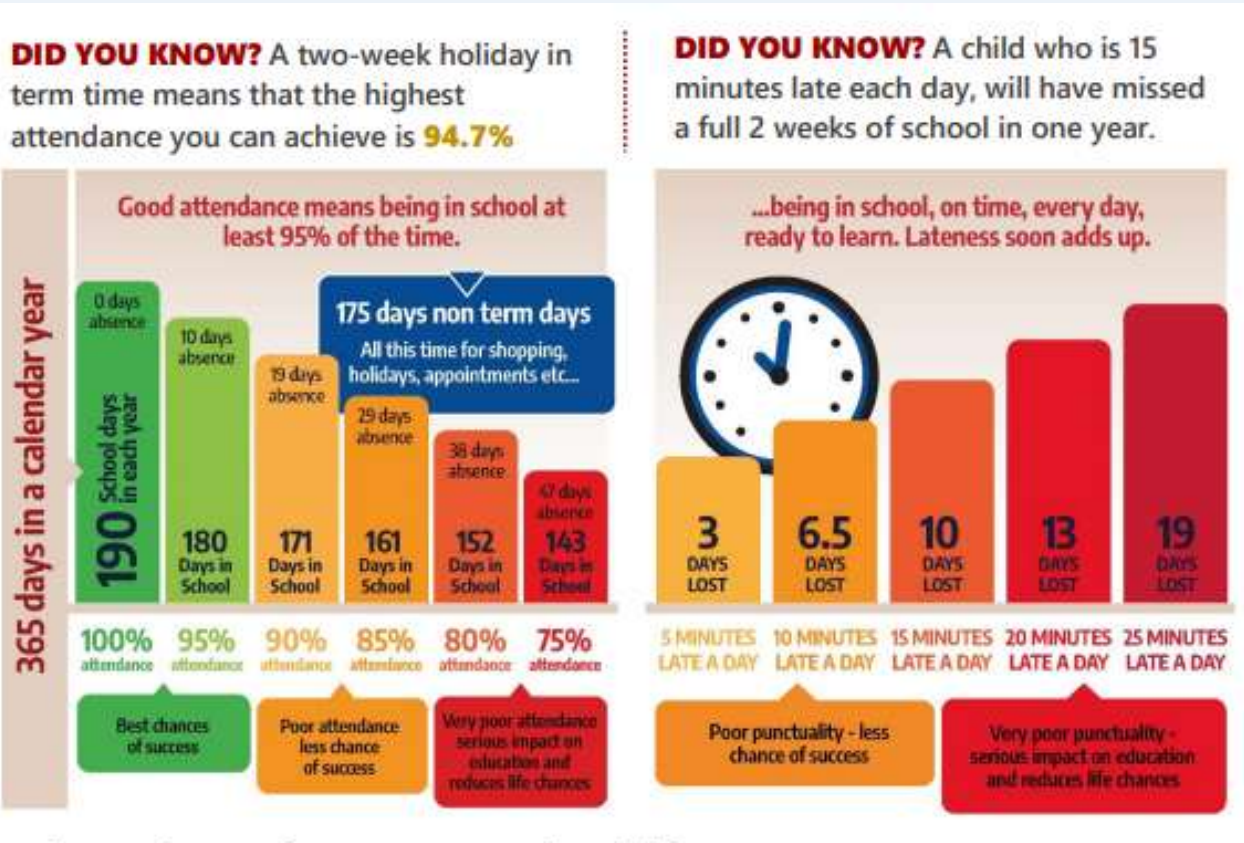
Attendance Matters

Regular school attendance is essential for every child's learning, wellbeing, and future success. At our school, we are committed to promoting good attendance and working proactively with families to ensure all pupils benefit from being in school every day they can.

Attendance is everyone's responsibility. Good attendance supports academic achievement, personal development, safeguarding, and welfare. The most effective schools consistently promote the benefits of attending school regularly and on time.

Parents and carers have a legal responsibility to ensure their child receives a suitable full-time education and attends school every day unless there is a valid reason for absence, such as illness, authorised leave in exceptional circumstances. If your child is absent, please contact the school as early as possible on the first day to explain the reason.

Thank you for your continued support in helping every child make the most of their education.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'tough off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a child safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportthemforcontent.com.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or mute triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



X @wake_up_weds f /wuw.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 21.05.2025



Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.



School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

Applying for a primary school place



Applying for a Secondary School Place





SLAM JAM

BASKETBALL
ENGLAND

DESIGNED FOR
CHILDREN
AGED
7-11

OFFICIAL JUNIOR PROGRAMME

Jam packed with fun basketball games, festivals and rewards,
giving children a great way to learn the basic skills of the game!

TUESDAYS 4:30PM

COMING SOON TO LIGHTHORNE HEATH

Email Amywidman@everyoneactive.com to find out more
information and book!



Swim Lessons

with **Leamington Swimming Club**



LEAMINGTON SPA
AMATEUR SWIMMING CLUB



This is a unique opportunity for children in Years 3 and 4 to improve their swimming and learn the skills used by our competitive swimmers.

21st June, 28th June, 5th July, 12th July

3 to 3.50pm

Newbold Comyn Leisure Centre

Cost £20

All children should be able to swim 50m front crawl, backstroke and breaststroke.

Email **info@swimleamington.org**
to reserve your place

Community information

What is Family Learning?

Family Learning takes place among family members including parents, grandparents and carers. Families learn together, in a relaxed atmosphere and parents and carers discover how their children learn and develop.

Family Learning includes courses for adults and children together as well as adult only courses, including adult-only qualifications.

Examples of courses are Family Food, Understanding your Child, Story and Number Explorers (REAL programme), Play and Learn, Film Club, Story Sacks, and more!

These types of Family Learning courses are always FREE. They help you to help your child with reading, maths, wellbeing and more!

Our qualification courses

Our qualifications for parents and carers who want to develop their knowledge and skills to help their own families and gain a qualification alongside! They also suit people who want to work with children and families and are looking for a way to do that that fits into family life.

Level 1 Moving On has topics around family life, like 'Family Cooking', 'Making and Using Story Sacks', 'Using Crafts with Children', 'Family Relationships' and more! This course is FREE.

Our Level 2 Supporting Teaching and Learning is a qualification for those working in support roles in education, or those who want to in the future. Topics include 'Understanding children's learning and development', 'Enabling Effective Learning Environments', 'Building Professional Relationships', 'Promoting Positive Behaviour' and more!

Flyers for our courses have been sent to your child's school. Ask for a copy of the parent flyer or qualification flyer, if you are interested.

Family Learning and University of Warwick

Did you know, if you complete a Family Learning qualification you get a **guaranteed interview** on one of these degree courses at the University of Warwick:

BA (Hons) Early Childhood

BA (Hons) Child and Family: Health and Wellbeing

Please see university website for fee information, terms and conditions about their courses. More information on the qualification flyers.

Those who complete a
Family Learning
qualification get a
guaranteed interview at
University of Warwick!

Express Interest in Level 1: <https://forms.cloud.microsoft/e/7B6czA60Vp>

Express Interest in Level 2: <https://forms.cloud.microsoft/e/j42Epxpnqc>

If you are interested in finding out more about Family Learning, please email
FamilyLearningACL@warwickshire.gov.uk

COMMUNITY ACTIVITIES IN UPPER LIGHTHORNE



→ **Indoor Short Mat Bowls**

Mondays 5:30 pm during term-time
Lighthorne Heath Primary School Stratford Road
£2 per week (first 2 weeks free).



→ **Allotment Sessions**

Tuesdays at 2 pm and Saturday at 10 am throughout the year
Allotment off Coppice Avenue
All are welcome. ,
Contact: allotments.upperlighthorne@gmail.com



→ **Free Community Health Walk**

2nd and 4th Tuesday of the month
11am meet at the Lighthorne Heath Village Hall
Free refreshments afterwards - all welcome.

→ **Outdoor Community Pétanque**

Wednesdays at 2 pm
Avon Valley Bowls Club Lighthorne Heath
£1 per week - all welcome



→ **Free Chair Exercise**

Thursdays at 1 pm at Lighthorne Heath Village Hall.

→ **Indoor Bowls for Health Programme**

Free six-week programme
Starts Thursday, March 13th 6:30 pm,
Avon Valley Bowls club in Lighthorne Heath.
New programmes run throughout the year.



→ **Contact** emma.hills@trustgreen.com or pop into our Time Bank Cafe at the Lighthorne Heath Village Hall on **Wednesdays** between 11 am - 1 pm or our Warm Hub coffee morning 11 am - 2 pm for more details of what's happening in Upper Lighthorne.

For more top tips on being active visit: www.thinkactive.org

Village Hall, Lighthorne Heath
3:15-3:45

2026:

5th Jan, 2nd Feb, 2nd March, 30th March,
27th April, 26th May, 22nd June, 20th
July, 17th August, 14th September, 12th
October, 9th November, 7th December



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