Newsletter 33

Friday 13th June 2025

01926 640326
 admin2064@welearn365.com

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Quality

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County Counci

rsery and Reception

Reception and Nursery children have really enjoyed using our new outdoor climbing frame. It is a brilliant resource to support children in developing their physical development. It helps develop gross motor skills such as balance, coordination, and strength as they climb, hang, and navigate different levels. Climbing also supports spatial awareness and problem-solving abilities, encouraging children to assess risks and make

decisions. Many children have had repeated turns to improve their confidence and balance when using the frame. We are also able to adapt the positioning of the ladders to change the level of challenge.





UN Convention on the Rights of the Child Article 29: Goals of education





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Year 1 and 2 have been exploring maps this week. We compared maps to aerial photographs and looked at which one was easier to navigate with.

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We then explored the different symbols we could find on a map and the physical and human geographical features that they represented.

We used compass directions to navigate around the map.

We then went on to create our own maps of coastlines.

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UN Convention on the Rights of the Child

Article 29: Goals of education

WE HAD A FABULOUS TIME CELEBRATING SOCCER AID THIS WEEK. THE CHILDREN SHOWED FABULOUS SPORTSMANSHIP DURING THEIR PENALTY SHOOTOUT. WELL DONE YEAR 1 AND 2!





UN Convention on the Rights of the Child Article 29: Goals of education

-Years-3 and

 Problem
 Problem

control our breathing, speak with clarity and act with a level of professionalism, the children have had



Article 29: Goals of education

## Father's Day ighthorne Hears

Father's Day in the UK has roots in both religious traditions and the American tradition of celebrating fathers. In the UK, the holiday was initially observed on June 5th, the feast day of St. Boniface, a patron saint of fathers. However, it's more widely celebrated on the third Sunday of June, mirroring the American tradition, which was first officially recognized in 1972.

In 5/6 class we had great fun folding paper to make our cards ready for Sunday. We also though about what we love about our dads and other significant figures in our lives:



I love how my dad is always so supportive of me and my brother.

I love how funny and



mary school

UN Convention on the Rights of the Child

Article 29: Goals of education

Summer Term			
June			
Week beginning Monday 16th June	Refugee week- activities in classes		
Tuesday 17th June	Family Learning maths game workshop- please book a place (see newsletter for details)		
Thursday 19th June	RSC performance– KS2 children performing to other classes		
Friday 27th June	Sports day led by Onside Coaching, weather permitting.		
	Parents welcome to watch.9.30am—11.00am		
Friday, 27th June	Mufti (non uniform) day, places bring a bettle (drip), toilet		
Friday 27th June	Mufti (non uniform) day, please bring a bottle (drink, toilet- ries or other for bottle tombola)		
July			
Tuesday 2nd July	Transition day		
Tuesday 8th July	Summer Fair 3 - 4pm		
Wednesday 9th July	Chef Idris Caldora visiting Years 5&6		
Tuesday 15th—Thursday17th July	Years 5&6 residential trip to PGL Liddington		
Friday 18th July	Last day of term		
	Mufti day		

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Dates

With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.





UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

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Persevere

### Lighthorne Heath Learning Heroes

#### EYFS

Mrs Cox and Mrs Hartley have chosen Maddie as their learning hero this week. Maddie has made huge progress with learning our classroom routines and has settled in well. She has also shown her kindness to others by checking if they are ok. Well done Maddie!



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### Years 1 and 2

Our Year 1 and 2 hero for this week is Aria. She has shown fabulous determination and perseverance this week and has continued to apply all of her knowledge to her new learning. Well done Aria!

#### Years 3 and 4

This Year 3 & 4 learning hero is Ben for trying really hard lessons. He's been putting in great effort, staying on task, and

#### Years 5 and 6

Mrs Cox's hero this week is Luke for some fantastic interactive homework about Maafa. His work helped the class to consolidate their learning and showed great creativity. Keep up the good work.

Use your imagination UN Convention on the Rights of the Child

Article 29: Goals of education



Concentrate





Enjoy learning



## **Emotional Wellbeing and Mental Health**

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Mental Health in Schools Team
Tips For Wellness

#### Transition

Transitioning into a new class or school can feel exciting and scary at the same time. It is important to remember, you are not alone in this situation or alone with experiencing these feelings. If you are worried, it can be helpful to talk about how you are feeling about the transition with others as they may help you get prepared or give you a different perspective to consider, which can help you to feel better about it. Below are some tips to help you manage your transition into a new class or school.

#### Our tips for coping with transitions:

#### 1 - What will be the same?

When moving to a new class or school, it can feel overwhelming because we feel that everything will change but there may be some similarities. For example, you may still have some people you know in your new class and you may still be learning subjects that you love.

#### 2 - Think about what you can control

You may be worrying about the things that will be different in your new class. Think about the things you have control over and can think of practical solutions for. For example, can you visit your new classroom or complete your new journey to school, ahead of the first day? Can you ask a sibling or a friend to walk into class with you? You can ask for ideas from friends and family members too!

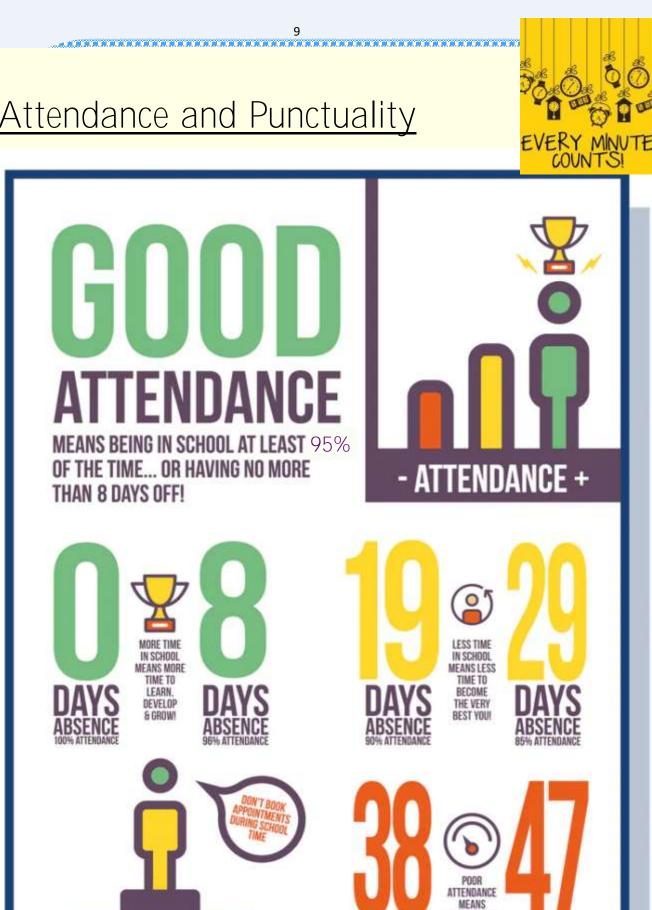


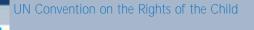
Scan this QR code to see how these children solved some of their wornes!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

> MHST are available to support you and your school throughout the school year including term time and school holidays.

> > Please contact your school's Mental Health Lead for information and advice.





Article 5, Parental Guidance, Article 18, Parental responsibility

Article 29: Goals of education

ATTENDANCE + EFFORT =

ENDLESS POSSIBILITIES

New York Constraints

BRASTICALLY REDUCED LIFE CHANCES!



ATTENDANCE

RIGHTS

SCHOOLS

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We want to provide the healthiest possible environment for all our children to thrive.
<u>Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.</u>
We have a water cooler in school and children are welcome to fill up their bottles when they need.
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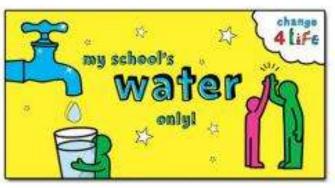
We have a water cooler in school and children are welcome to

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



Article 18: Parental responsibilities

Article 24: Health and health services







## 🔆 SUN SAFETY 🔆

This week, we have seen increased temperatures and several particularly sunny days at school.

During warm weather, please make sure that your child is safe at school by ensuring the following:

#### 1. Sun Hat

Make sure your child brings a sun hat to school every day.

#### 2. Named Water Bottle

Send your child with a named water bottle (water only, please). They can refill their bottles throughout the day from our water cooler to stay well hydrated.

#### 3. Apply Sun Cream

Please apply sun cream before school.

Children will be outside throughout the day—using the playground, school field, and class gardens.

While we provide access to shade and avoid extended sun exposure, we recommend a long-lasting sunscreen for added protection.

Let's Work Together to Keep Everyone Safe in the Sun!



UN Convention on the Rights of the Child Article 29: Goals of education Article 5: Parental Guidance, Article 18, Parental responsibility Article 24: Health and health services











SCHOOLS

#### Educaterers' New

#### <u>Menu</u>

Next week, we will be on Week 3 of the new Educaterers menu.

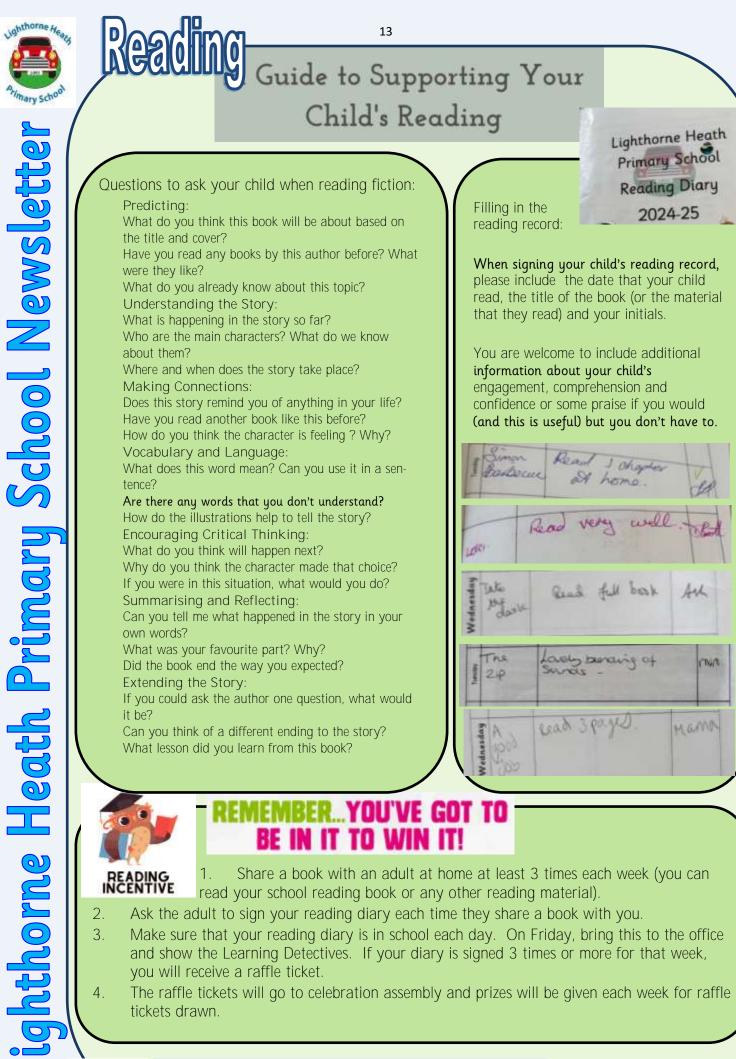
Jacket potato and choice of fillings available daily

#### Free School Meals

If you think that you may be eligible for free school meals applications can be made online at https:// www.warwickshire.gov.uk/ education-learning/applyfree-school-meals



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.



- 3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
- 4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.

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Article 29: Goals of education

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Executive Head Teacher Stratford Road Mrs Juliette Westwood Lighthorne Heath

Leamington Spa

Warwickshire

CV33 9TW Tel: 01926 640326 Fax: 01926 641818 Email: admin2064@welearn365.com



20 May 2025

Dear Parents/Carers of Year 2 Children

As you are aware your child is currently eligible for a free school meal under the Governments Universal Infant Free School Meal Scheme and children from Reception class up to and including Year 2 are eligible.

With effect from 1 September 2025 your child will no longer be eligible for a meal under this scheme and if you wish your child to continue to have school meals there will be a cost to you. The current school meal price that our external catering provider charges is £2.88 per day. Please note this may be subject to change.

If you think you may be eligible for free school meals please visit <u>https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals</u> to make an application. If successful, this will allow your child to continue to receive free school meals.

Please do not hesitate to contact the school office if you require further information.

Yours sincerely

Juliette Westwood

Juliette Westwood Executive Headteacher



UN Convention on the Rights of the Child Article 29: Goals of education Article 24: health and health services



Warwickshire Adult & Community Learning

### Family Learning Making and Playing Maths Games Workshop



For children and their parents to attend together Lighthorne Heath Primary School Tuesday 17th june 9.00-10.30am

Spend time with your child having fun with maths. Practice your skills with fun games and activities.

Things to take home so you can keep playing!

For more information email amandadavies@warwickshire.gov.uk. Please book your place with the school office. All adults must complete an enrolment form for funding.

www.facebook.com/warksacl

www.twitter.com/warksacl

www.instagram.cm/warksacl

I would like to attend the Family Learning course (Games Workshop)

Ad	ult'	s ne	ame	e	
					_

Tel

Child's name and class

Warwickshire County Council

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UN Convention on the Rights of the Child

Article 29: Goals of education

Article 3: Leisure, play and culture

Lighthorne Hears





Coventry and Warwickshire Partnership

Immunisation & Vaccination Service Community Health & Wellbeing Wayside House Wilsons Lane Coventry CV6 6NY

Date: June 2025

### We're changing how we get consent for vaccinations, and it should save you time.

Dear Parent/Carer

Our local school-aged immunisation service has been working with NHS England on improving how vaccinations in schools are managed.

As part of this work, the School-Aged Immunisation Service Team will now contact you directly to request consent for vaccinations. The new approach will make it quicker and easier for you to give or refuse consent for vaccinations.

This new process will allow the follow up of uncompleted consent forms to happen automatically if we have not received them.

What we will share with the school-aged immunisation service team:

When the School-Aged Immunisation Service Team asks our school for class lists, we will provide email addresses and phone numbers for parents and guardians of children who are eligible for vaccinations. The School-Aged Immunisation Service Team will use these contact details to send consent requests and reminders to parents and guardians.

For further information about the role of the School-Aged Immunisation Service Team in supporting vaccinations, please click here.

#### Keeping your contact details safe

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All personal data will be securely stored in line with NHS guidelines. Only the School-Aged Immunisation Service Team will have access to your contact details.

If you have any questions about this change, please contact the School-Aged Immunisation Service team via email <u>SouthImms@covwarkpt.nhs.uk</u>."

Kind regards, School-Aged Immunisation Service Children's Directorate Coventry and Warwickshire Partnership NHS Trust Tel: 01926 353899 Website: Home | Coventry and Warwickshire Partnership NHS Trust

> Eamonn Kelly - Chair Melanie Coombes MBE - Chief Executive



Coventry and Warwickshire Partnership NHS Trust Wayside House, Wilsons Lane, Coventry, CV6 6NY Tel: 024 7636 2100 Fax: 024 7636 8949



### JOIN US FOR A PLATE PAINTING HEDGEHOG-THEMED ACTIVITY!

Date: Saturday 14 June Time: 12 noon – 2pm Location: Upper Lighthorne Allotments

Come and paint your own happy hedgehog plate to take home

and learn a little bit more about your hedgehog friends

ALL MATERIALS PROVIDED

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### **Family Support Drop In Sessions**

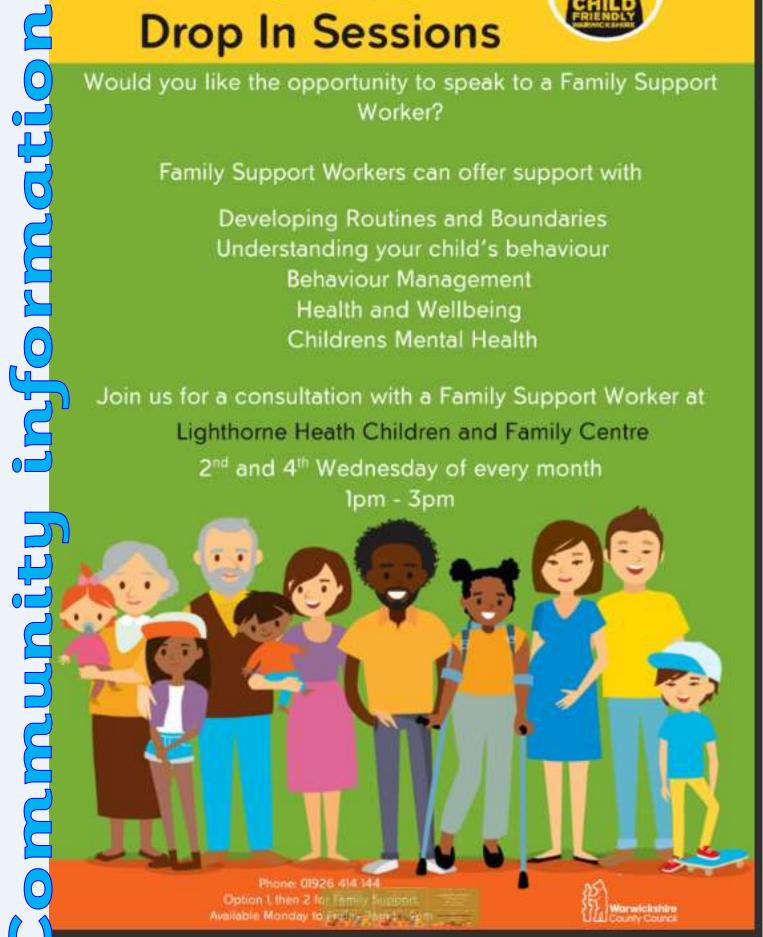


Would you like the opportunity to speak to a Family Support Worker?

Family Support Workers can offer support with

**Developing Routines and Boundaries** Understanding your child's behaviour **Behaviour Management** Health and Wellbeing **Childrens Mental Health** 

Join us for a consultation with a Family Support Worker at Lighthorne Heath Children and Family Centre 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of every month 1pm - 3pm









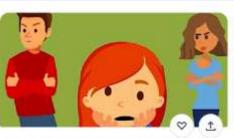
### Warwickshire Family and Relationship Support

Our workshops and programmes are only available to parents/carers living in Warwickshire.

None of us were taught how to be parents and sometimes we may find what we're doing isn't working or we just want some different strategies in our toolbox. In Warwickshire, parents to be, parents, carers and grandparents have access to a variety of parenting resources and advice. Support can be accessed online, face-to-face through informal advice, one-to-one consultations, group programmes and workshops.

This is part of the information, advice and support that is often referred to as 'universal support' as it is freely available to all families.

For more information on any of our workshops or programs please email ehparenttrainers@warwickshire.gov.uk



Keeping Your Child In Mind (4 week programme) Wed, 18 Jun, 12:30 BST Free



Understanding Your Children's Behaviour-(Harbury) Thu, 19 Jun, 09:30 Harbury C of E Primary Solicol Free



Understanding Your Teenager Workshop Southam Fri, 20 Jun, 13:00 Southam College Free

### Peep child South Warwickshire Desp 00000000

#### What is Peep?

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Peep supports parents and carers in understanding and enhancing their child's development through sharing fun, simple, low cost ideas and information with each other, and helping to create strong support networks.





#### What are Peep groups like?

Our 5-6-week groups offer opportunities to do more of the little things, like talking, listening, playing, singing and sharing books. Groups are small (4-6 families), encouraging, nonjudgemental and friendly. For 1-2yr olds (or 3yrs with SEND)

Where can I find a group? Stratford Children & Family Centre (CV37 9PB) Alcester Children & Family Centre (B49 6AG) Lighthorne Heath Children & Family Centre (CV33 9TW) Shipston Scout Hut (CV36 4EW)

For more information, please contact: Sarah Walker peep@homestartsouthwarwickshire.org.uk 07435 117 198

#### To reserve your space



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# Father's Day PURSUITS FESTIVAL VAR

### RETURNS 14-15 JUNE ST NICHOLAS PARK, WARWICK

### FAMILY FRIENDLY FREE COMMUNITY EVENT LIVE MUSIC FOOD & DR



WARWICKSHIR

Perfect for

WWW.PURSUITSFESTIVAL.CO.UK

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### **SAFELINE PARENT WORKSHOP**

FOLLOW

....

### **INTERNET SAFETY**

#### Date: 25<sup>th</sup> June 2025 Time 5pm-6pm Location: Join Zoom meeting ID 765 294 7590

This workshop highlights the sexual abuse risk online, provides key knowledge around apps our children use and support avalaible. If you would like to attend please confirm by emailing **PEI@safeline.org.uk**. Please reference the school your child attends.

Safeline Preventing & Surviving Sexual Abuse



Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.

# What Parents & Carers Need to Know about

WHAT ARE THE RISKS?

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#### EVOLVING SCAMS

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#### CONTACT FROM

#### FAKE NEWS

#### EMPHASISE CAUTION

#### ADJUST THE SETTINGS

#### Meet Our Expert

💓 @natonlinesafety ÷

@national\_online\_safety



Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.

#### Advice for Parents & Carers ..TYPING ...

#### THINKING BEFORE SHARING

#### CHAT ABOUT PRIVACY

...HEY

OSCAR.



#### VIEW ONCE

#### CHAT LOCK

#### VISIBLE LOCATION

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Safety

#WakeUpWednesday