Newsletter 33

Lighthorne Health

Friday 20th June 2025

01926 640326

admin2064@welearn365.com



Nursery and Recepti































Last week, Reception and Nursery children took a trip to Hill Close Gardens in Warwick as part of our learning topic 'Sunshine and Sunflowers'. The gardens are a rare example of Victorian detached leisure gardens. During our visit, the children took part in a range of activities including a minibeast hunt, minibeast crafts and they also made a bug hotel using natural materials. We were lucky the weather was lovely so we were able to enjoy a picnic outside and play some games before heading back to school. A big thank you to all the parents who supported our trip.

























UN Convention on the Rights of the Child Article 29: Goals of education





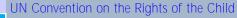
Years-1-and-2

Guided Reading - Water play!

The children in Years 1 and 2 have continued to analyse the work of author, Shirley Hughes during guided reading lessons. This week's lesson focused on predicting the onomatopoeic words that Shirley might include in her poem titled 'Water.' The children were given a template of the poem with illustrations but the words removed.

We decided to bring the illustrations alive through our own water play. This helped the children to describe the sounds and actions they observed, enabling them to suggest suitable words that she might include in the poem. We had a lot of fun and it also helped us to cool down in this hot weather!





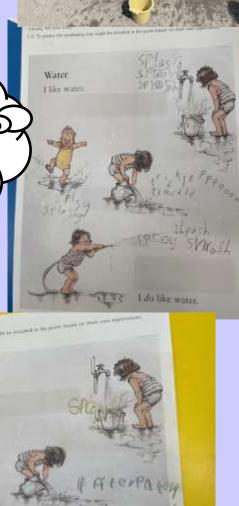
Article 29: Goals of education

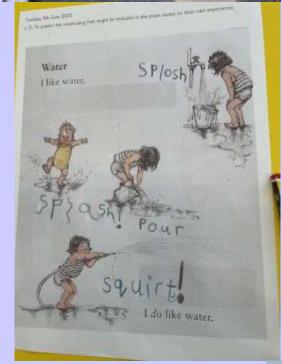


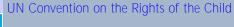


Years-1-and-2









Water

Article 29: Goals of education







Safe and Active Travel Awards

On Friday 13th June, the Junior Road Safety Officers went to the prestigious Warwickshire Safe and Active Travel awards in Warwick.

Not only did the children get to go on stage to collect our Platinum Road Safety award, but they were able to complete lots of fun road safety based activities including speaking to the police and fire service, making their own smoothies in a bike powered blender.





We were one of only 11 schools in the county to receive a platinum award



We had to pedal quickly to power the blender at the front of the bike. It took 20 rotations to make my smoothie.



Article 29: Goals of education

Article 6: Life, survival and development







Police help keep us safe on the roads in many ways, including directing traffic, enforcing speed limits, and responding to accidents. They also ensure drivers and passengers are wearing seatbelts and that people are not driving under the influence of alcohol.







unicef 🥨

We had a wonderful time learning more about what road safety means in Warwickshire, and have lots of ideas for things we can do to earn an award again next year.

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 6: Life, survival and development







Staffing for September 2025

Pre-School	Mrs Rachel Hartley (Mondays, Tuesdays & Wednesdays)
	Mrs Lisa Cox (Thursdays & Fridays)
Reception	Mrs Poonam Gill
Year 1 & 2	Mrs Katy Hill (Mondays & Tuesdays)
	Mrs Rhian Munday (Wednesdays, Thursdays & Fridays)
Year 3 & 4	Mrs Sharon Madahar
Year 5 & 6	Mrs Cassie Cox
Associate Headteacher	Mrs Jill Manley (Monday, Tuesday, Wednesday, Friday)
	Mrs Rachel Hartley (Thursday)

Mr Sangha

Unfortunately, Mr Sangha will be leaving us at the end of this academic year. Mr Sangha is leaving to complete his final year as an ECT (Early Careers Teacher) at our federated school, Sydenham Primary. We wish him all the best!

Mrs Gill

We are delighted to be welcoming Mrs Gill to the role of Reception class teacher. Mrs Gill is a highly experienced teacher and has taught Reception most recently at a school in Cheltenham. She is moving to the area and is looking forward to meeting everyone.



Mrs Sharon Madahar

We are thrilled to welcome Mrs Madahar to the role of Year 3 & 4 class teacher. Mrs Madahar is an experienced teacher, currently working at Sydenham Primary School. We are certain she will be a brilliant addition to our teaching team.

Transition Day - Wednesday 2nd July

Children in current Years Reception to Year 5 will have the opportunity to spend the morning with their new class teacher on Wednesday 2nd July.







Pre-school expansion



We are very excited that from September 2025 we will be offering morning and afternoon Pre-School sessions. Children are able to join pre-school the term after they turn 3 years old. We are pleased that this expansion means we will be able to accommodate families with 15 and 30 hour funding. We are currently working hard to finalise the details and admission form but would welcome expressions of interest to join the waiting list by emailing admin2064@welearn365.com









School day changes

In line with guidance from the Department for Education (DfE), all mainstream statefunded schools are expected to ensure that their school week is a minimum of 32.5 hours. This expectation has been set to help ensure all pupils receive consistent access to high-quality education across the country.

To meet this requirement, we will be extending our school day so that it ends at 3:20pm each day, from September.

This small adjustment will ensure that we are fully compliant with national expectations and will support us in continuing to deliver a high standard of education to all our pupils.

We understand that changes to the school day may require some families to adjust their routines slightly, and we thank you in advance for your support and understanding as we implement this change.





UN Convention on the Rights of the Child Article 29: Goals of education







What an unforgettable week we've had! After weeks of hard work, collaboration, and creative exploration, the children finally took to the stage to perform their version of *A Midsummer Night's Dream*, and they were outstanding.

Bethany from the Royal Shakespeare Company joined us to support the children in adding final, polished touches to their performance. Her direction and encouragement helped the children push themselves, fine-tuning their stage presence, voice work, and character interactions.



On Thursday, we performed alongside other schools from across the area. Our pupils represented us with maturity, passion, and a genuine love for performing. Watching them step confidently into the shoes of Shakespeare's characters and deliver lines with such expression and energy was moving. They made us all incredibly proud — not only with their acting skills, but also in the way they supported one another, respected the work of other schools, and showed what young people can achieve when they work together.

Their acting prowess, creativity, and team spirit shone through in every scene, and the positive feedback we received from the RSC, other schools, and audience members was very well deserved. The children should be immensely proud of what they achieved, they've not just performed a play, they've stepped into the world of Shakespeare and made it their own.





Set Design

In years 5 & 6, we have started the practical side of our art topic on Set Design.

As we have been working on a Midsummer Night's Dream, we decided to use this as the inspiration for our designs.

This week, we began to make 'maquettes'. We learned that a maquette is a scale model or rough draft of an unfinished sculpture or work of architecture. The term is a loanword from French. It is often used to refer to the scales down set designs that are made before a theatre puts on their production.

First we sketched down out ideas, and later in the week we tried out some different techniques to make part of our sets out of a cardboard box.

It's been exciting to see everyone's creativity come to life in miniature form, with each maquette showing a unique interpretation of the play.

We're looking forward to refining our designs further and seeing how they evolve over the next few weeks.



Years 5 and 6



We began by making individual items, which we then put together with the other people on our table.



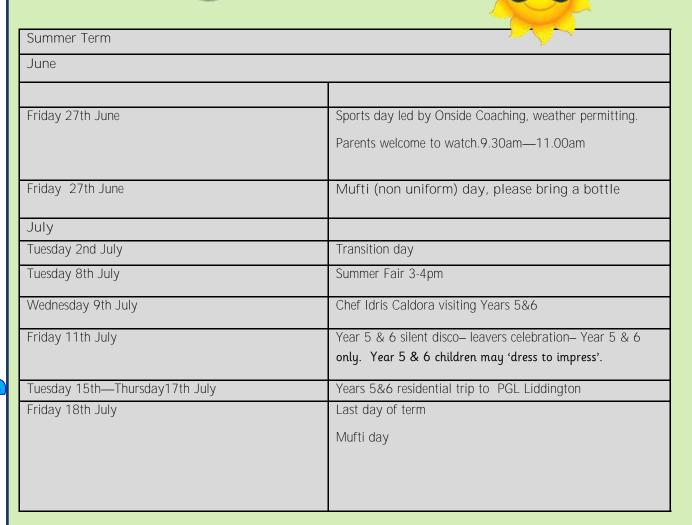
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Diary





With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.





UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



Co-operate

deta thre to li and who who Years

Persevere

Lighthorne Heath Learning Heroes

EYFS

Our class learning hero this week is Ibrahim because he has begun to use talk to play with other children more frequently. As a result of this we have noticed lots of smiles and excitement from Ibrahim. He has a good knowledge of number and has been learning to share this in a group. Well done Ibrahim.



eai

Years 1 and 2

We have been delighted to welcome Beanie back to our class this week! Beanie is our hero due to his hardworking nature and for settling back into class with ease. He has shown fantastic effort in all lessons this week as well as impeccable behaviour! Well done Beanie!



 $C_{oncentrate}$

Years 3 and 4

This week's Y 3 & 4 learning hero is Yuvraj for showing resilience, determination, and creativity throughout the playmaking process. He threw was always looking for ways to improve and bring his character to life. Even when though there were a few bumps, he never gave up and his ideas, energy, and thoughtful contributions helped elevate the whole performance. Well done, Yuvraj.



Be curious!

Years 5 and 6

Mrs Cox has chosen Mateusz as her learning hero this week. Mateusz has been working hard to speak more in class and everyone has been pleased to hear his ideas and opinions. Well done, Mateusz, you should be very proud.



Enjoy learning

Use your imagination

UN Convention on the Rights of the Child Article 29: Goals of education





Emotional Wellbeing and Mental Health





Talking

We can't always see when people are struggling, and people may not be able to see when we are struggling. We need to ask people how they are feeling, and we need to let them know how we are feeling so we can help each other.

There are people we can talk to if we are struggling; whether that be someone in our life already, such as a family member, a friend, or staff in school or college, or someone such as a mental health professional. Always try and speak to someone who you trust and someone who you feel will be able to help you.

There is no shame in wanting to speak with someone about your feelings, we all need to do it sometimes, it is an action of bravery!

Our Top Tips For Talking

- If you want to speak to someone but are struggling to, try writing your thoughts and feelings down or drawing a picture to show how you are feeling and giving this to someone you trust instead.
- 2. You can also agree to have a 'safe word' to use with someone too, which signals that you have something you would like to talk about. For example, you may agree with a family member or teacher that you will say 'bananas!' when you need a private chat. Make sure you say it so that they hear and notice it.
- 3. Draw your handprint and on each finger, write someone's name who you could speak to if you needed to talk about something.
- 4. Try and write down a list of ways you could support someone if they were talking to you about worries or sad feelings they were having.
- 5. Remember, you are never a burden for asking for support...there is always someone who will want to help.

Scan the QR codes for more information about who you can talk to:

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

> MHST are available to support you and your school throughout the school year including term time and school holidays.

> > Please contact your school's Mental Health Lead for information and advice.



Attendance and Punctuality



GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 95% OF THE TIME... OR HAVING NO MORE THAN 8 DAYS OFF!





Name and Address of the Owner, where the Owner, which the



& GROW!

DAYS ABSENCE 96% ATTENDANCE





LESS TIME IN SCHOOL MEANS LESS TIME TO BECOME THE VERY BEST YOU!















--- doodle.

UN Convention on the Rights of the Child









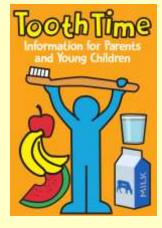
A regular teeth-cleaning routine is essential for good dental health.

It's important to use a fluoride toothpaste, as this helps prevent and control tooth decay

Children aged 3 to 6 years

- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion (ideally in the morning).
- Parents or carers should brush the teeth.
- Use children's fluoride toothpaste
- Use only a pea-sized amount of toothpaste.
- Spit out after brushing and don't rinse if you rinse, the fluoride won't work as well.





Children aged 7 and over

- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion.
- Use fluoride toothpaste containing between 1,350ppm and 1,500ppm of fluoride (check label).
- Spit out after brushing and don't rinse if you rinse, the fluoride won't work as well.
- Children aged 7 and over should be able to brush their own teeth, but it's still a good idea to watch them to make sure they brush properly and for about 2 minutes.

Good oral health is important!

What do we need to know about toothbrushing?

Rs soon as your child's first tooth appears, brush twice a day for two minutes, using a small, soft tooth brush and fluoride toothpaste. Rluays brush last thing at night before bed and on one other occasion Fluoride is a mineral and can help prevent tooth decay, this is added to many brands of toothpaste.

Children under three should use a smear of fluoride toothpaste, which contains at least 1000ppm (PPM - parts per million, this is the measurement of fluoride strength). Children over three should use a pea size amount between 1350-1500ppm.

brushing should be supervised until at least 7 years of age





Spit out the toothpaste after toothbrushing, do not rinse after. This helps the fluoride stag in the mouth longer and work harder to strengthen the teeth.

Remember to change your toothbrush every 3 months.

What kind of foods can my child eat?

Choose sugar free snacks in between meals such as



Healthy Fruit Options

Plain milk and water are the only safe drinks for teeth.

If you choose to give your child other drinks, well-diluted fruit juice or squash should be limited to meal times.





UN Convention on the Rights of the Child

Article 29: Goals of education

Article 18: Parental responsibilities

Article 24: Health and health services







This week, we have seen increased temperatures and several particularly sunny days at school.

During warm weather, please make sure that your child is safe at school by ensuring the following:

1. Sun Hat

Make sure your child brings a sun hat to school every day.



2. Named Water Bottle

Send your child with a named water bottle (water only, please).

They can refill their bottles throughout the day from our water cooler to stay well hydrated.



3. Apply Sun Cream

Please apply sun cream before school.

Children will be outside throughout the day—using the playground, school field, and class gardens.

While we provide access to shade and avoid extended sun exposure, we recommend a long-lasting sunscreen for added protection.



Let's Work Together to Keep Everyone Safe in the Sun!



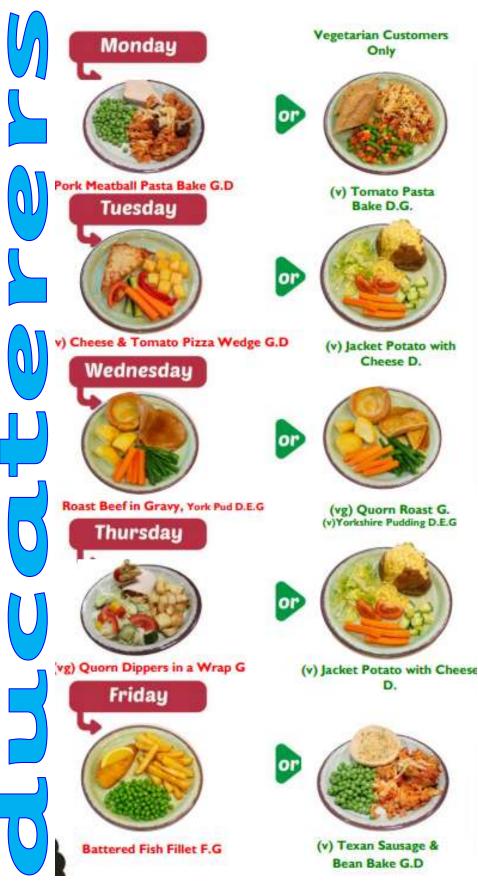
UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5: Parental Guidance, Article 18, Parental responsibility

. Article 24: Health and health services





Educaterers' New

Menu

Next week, we will be on Week 1 of the new Educaterers menu.

Jacket potato and choice of fillings available daily

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at https:// www.warwickshire.gov.uk/ education-learning/applyfree-school-meals



Mrs. Manley and Mrs
Hendriksen are happy to
help with FSM
applications, please ask if
you require assistance.



UN Convention on the Rights of the Child
Article 29: Goals of education



Reading

Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life? Have you read another book like this before? How do you think the character is feeling? Why? Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

Encouraging Critical Thinking:

What do you think will happen next?

Why do you think the character made that choice? If you were in this situation, what would you do?

Summarising and Reflecting:

Can you tell me what happened in the story in your own words?

What was your favourite part? Why?

Did the book end the way you expected?

Extending the Story:

If you could ask the author one question, what would it be?

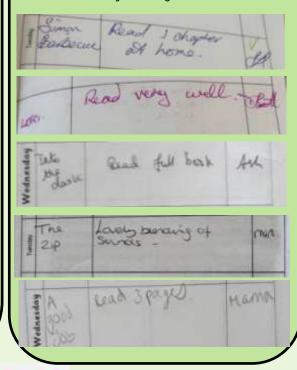
Can you think of a different ending to the story? What lesson did you learn from this book?

Filling in the reading record:

Primary School
Reading Diary
2024-25

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to.





REMEMBER...YOU'VE GOT TO BE IN IT TO WIN IT!

- 1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
- 2. Ask the adult to sign your reading diary each time they share a book with you.
- 3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
- 4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



UN Convention on the Rights of the Child









Immunisation & Vaccination Service
Community Health & Wellbeing
Wayside House
Wilsons Lane
Coventry
CV6 6NY

Date: June 2025

We're changing how we get consent for vaccinations, and it should save you time.

Dear Parent/Carer

Our local school-aged immunisation service has been working with NHS England on improving how vaccinations in schools are managed.

As part of this work, the School-Aged Immunisation Service Team will now contact you directly to request consent for vaccinations. The new approach will make it quicker and easier for you to give or refuse consent for vaccinations.

This new process will allow the follow up of uncompleted consent forms to happen automatically if we have not received them.

What we will share with the school-aged immunisation service team:

When the School-Aged Immunisation Service Team asks our school for class lists, we will provide email addresses and phone numbers for parents and guardians of children who are eligible for vaccinations. The School-Aged Immunisation Service Team will use these contact details to send consent requests and reminders to parents and guardians.

For further information about the role of the School-Aged Immunisation Service Team in supporting vaccinations, please click here.

Keeping your contact details safe



All personal data will be securely stored in line with NHS guidelines. Only the School-Aged Immunisation Service Team will have access to your contact details.

If you have any questions about this change, please contact the School-Aged Immunisation Service team via email <u>SouthImms@covwarkpt.nhs.uk</u>."

Kind regards,

School-Aged Immunisation Service Children's Directorate Coventry and Warwickshire Partnership NHS Trust

Tel: 01926 353899

Website: Home | Coventry and Warwickshire Partnership NHS Trust

Eamonn Kelly - Chair Melanie Coombes MBE - Chief Executive







Family Support Drop In Sessions



Would you like the opportunity to speak to a Family Support Worker?

Family Support Workers can offer support with

Developing Routines and Boundaries
Understanding your child's behaviour
Behaviour Management
Health and Wellbeing
Childrens Mental Health

Join us for a consultation with a Family Support Worker at Lighthorne Heath Children and Family Centre 2nd and 4th Wednesday of every month







We are looking for additional players for several of our teams ahead of the 25/26 season.

Our focus is on the FUNdamentals of football, we don't trails players and instead all we ask is a desire to learn and play from all of our players

Under 9s - School Year 3 (Yr 4 in Sept 25')

Under 8s - School Year 2 (Yr 3 in Sept 25')

Wednesday evening training Saturday morning games Message us for more information

07466 169120 upperlighthornefc@outlook.com







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VENUES



Where the children decide how they spend their day, from fast-paced sports to technical skills-labs & coding sessions.

Camp for 7-12 year olds who are ready for a fresh experience. We go that XTRAI mile to offer engaging activities that will broaden our youngaters' minds & develop independent setting them up for the teenage years ahead.

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* * * RATED S STARS ON GOOGLE



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BRITISH -MUSEUM



FEATURED

28

Armed Forces Day 2025



Online - Celebrating Le Mans 24 Hours

In this month's online activity we're celebrating the greatest endurance race in the world - Le Mans 24 Hours!

Find Out More



Gaydon Gathering - June 10 Am 2025

Every kind of automotive enthusiast and every kind of tor is invited to the June edition of the ever

Find Out More





Classic & Vintage Commercial Show

14-15 JUN 2025

Take a nostalgic drive to the Classic & Vintage rmercial Show and see over 400 pre-2004 mercial vehicles

Find Out More









Warwickshire Family and Relationship Support



Our workshops and programmes are only available to parents/carers living in Warwickshire.

None of us were taught how to be parents and sometimes we may find what we're doing isn't working or we just want some different strategies in our toolbox. In Warwickshire, parents to be, parents, carers and grand-parents have access to a variety of parenting resources and advice. Support can be accessed online, face-to-face through informal advice, one-to-one consultations, group programmes and workshops.

This is part of the information, advice and support that is often referred to as 'universal support' as it is freely available to all families.

For more information on any of our workshops or programs please email ehparenttrainers@warwickshire.gov.uk



Keeping Your Child In Mind (4 week programme)

Wed, 18 Jun, 12:30 BST

Free



Understanding Your Children's Behaviour-(Harbury)

Thu, 19 Jun, 09:30

Harbury C of E Primary School

Free



Understanding Your Teenager Workshop Southam

Fri, 20 Jun, 13:00 Southam College

Free





Peep child development groups

pesp 666666

What is Peep?

Peep supports parents and carers in understanding and enhancing their child's development through sharing fun, simple, low cost ideas and information with each other, and helping to create strong support networks.





What are Peep groups like?

Our 5-6-week groups offer opportunities to do more of the little things, like talking, listening, playing, singing and sharing books. Groups are small (4-6 families), encouraging, non-judgemental and friendly.

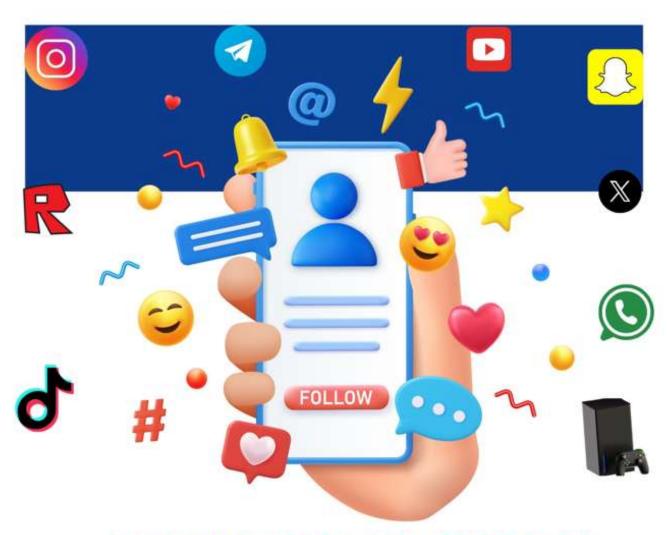
For 1-2yr olds (or 3yrs with SEND)

Where can I find a group?
Stratford Children & Family Centre (CV37 9PB)
Alcester Children & Family Centre (B49 6AG)
Lighthorne Heath Children & Family Centre (CV33 9TW)
Shipston Scout Hut (CV36 4EW)

For more information, please contact: Sarah Walker peep@homestartsouthwarwickshire.org.uk 07435 117 198 To reserve your space







SAFELINE PARENT WORKSHOP

INTERNET SAFETY

Date: 25th June 2025 Time 5pm-6pm

Location: Join Zoom meeting ID 765 294 7590

This workshop highlights the sexual abuse risk online, provides key knowledge around apps our children use and support avalaible. If you would like to attend please confirm by emailing **PEI@safeline.org.uk**. Please reference the school your child attends.





Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.

