

Reception



This week, Reception have been enjoying the story Leaf Man and The Leaf Thief. The children explored a wonderful collection of Autumn treasures they brought in from home, including conkers, leaves, pine cones, and acorns. We had some great discussions about the changes we're noticing in our environment during the Autumn season. The children observed that the weather is getting colder, the leaves are changing colour, and more are beginning to fall from the trees.

The children used natural materials to create their very own Leaf Man or Leaf Lady. We were so impressed by their creativity and imagination.



Year 1 – Maths



This week has been Maths Investigation Week, and the children have enjoyed putting their mathematical thinking and problem-solving skills to the test!

We used the story Dinosaur Juniors to inspire our learning. In the story, there were ten dinosaur eggs, which led us to our investigation challenge: “There is only one way to make 10 using two numbers. Is this always, sometimes or never true?”

The children worked practically to explore whether the statement was always, sometimes or never true. Using cubes and part-whole models, they investigated the different ways that two numbers can be combined to make 10. They carefully recorded their findings and shared their ideas and reasoning with the class.

It was fantastic to see the children becoming confident mathematicians as they explored different possibilities, explained their thinking and began to understand that there can be more than one way to make the same number.



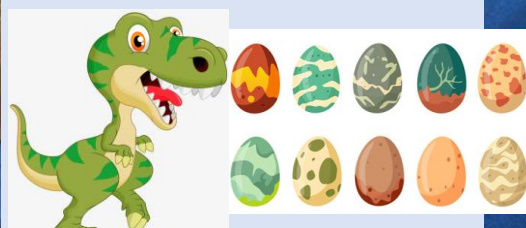
9 and 1
also make
10.

I found that 8 and 2 make
ten!

I made ten using 5 cubes and
adding another 5.



I found a different way!
6 and 4 make 10.



Year 2

Lighthorne Heath Primary School Newsletter

In Year 2, the children have learned how historians use evidence to answer questions about significant people from the past. They identified that paintings, buildings, books, letters and objects can provide clues about how people lived and why they are remembered.

The children became history detectives this week and worked in groups to explore four different stations about King Henry VIII. They examined his portrait closely, looking at his jewels, rich clothing and powerful pose. They used this evidence to explain how Henry appeared and completed sentences such as, "Henry looks powerful because he is wearing rich clothes and jewels."

The children also studied armour and a painting of Henry jousting, identifying the horse, lance and helmet. They discovered that Henry enjoyed jousting and listening to music. They then learned about his six wives and explored some of their stories.

Finally, the children discovered that Henry became Head of the Church of England in 1534. They completed a fact file and confidently explained that Henry VIII is best known for having six wives and changing the Church in England.

Magnificent Monarchs



Evidence to answer questions about Henry VIII

King Henry VIII

What sort of job did young Henry enjoy?
Circle one: ☐ jousting ☐ football ☐ shooting

Henry VIII had?
Circle one: ☐ 2 ☐ 6 ☐ 10

Henry wore rich clothes and jewels.
Circle one: ☐ TRUE ☐ FALSE

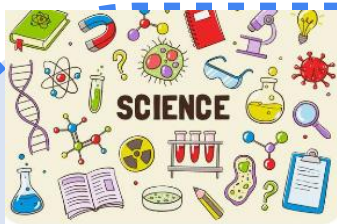
Henry changed the Church in England.
Circle one: ☐ TRUE ☐ FALSE

Draw and write one interesting fact you know about King Henry VIII

Write two questions you would like to ask Henry

1. How did you become king?
2. What did you eat?
3. Why did you want to change the church?
4. Why did you want to change the church?





Years 3 & 4

Year 3 and 4 have been busy investigating healthy teeth in Science. Our scientific question was: "Which drink causes the most damage to our teeth?" We tested five different drinks - water, milk, coffee, cola and orange juice- and used eggs as a model because the hard outer shell is similar to the enamel that protects our teeth.

The eggs were left in the different drinks for several days while we carefully observed and recorded the changes. When we finally removed them, the results were very surprising and certainly made us think.



The children found that the eggs in the cola and orange juice showed the most noticeable changes, including staining and damage to the shells. This helped us to understand how acidic and sugary drinks can affect the enamel on our teeth.

Our investigation gave us lots to think about when choosing what we drink. Water and milk came out as the best choices for keeping our teeth healthy.



Persuasive Letters

During our English lessons in 5/6 class this week, we have been writing persuasive letters. We imagined that the year was 1800 and we were writing to King George III, trying to persuade him to support the abolition of slavery.

As part of this work, we learned different persuasive devices and researched to find facts that we could use to support our case. We planned, wrote, edited and improved our letter before writing it up in king-worthy handwriting using fountain pens.

It was interesting to feel how different writing with a fountain pen was compared to a normal handwriting pen or pencil. It made us have to think more carefully about where we gripped the pen to try to avoid inky fingers!



King George III

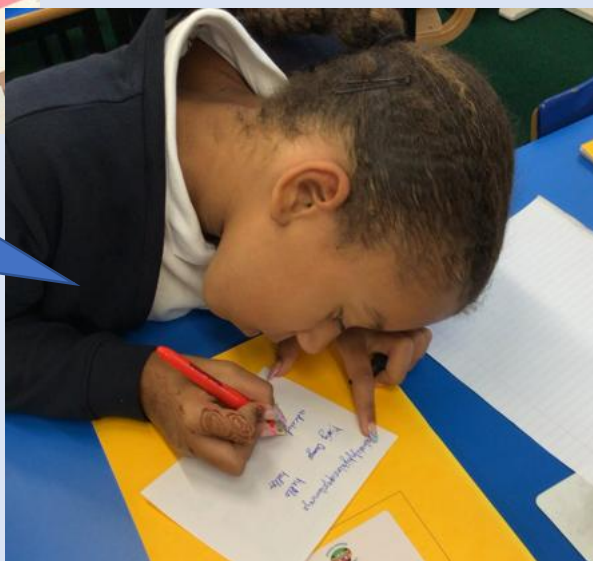
Years 5 & 6

Lighthorne Heath Primary School Newsletter



Sometimes the pen was temperamental and stopped working.

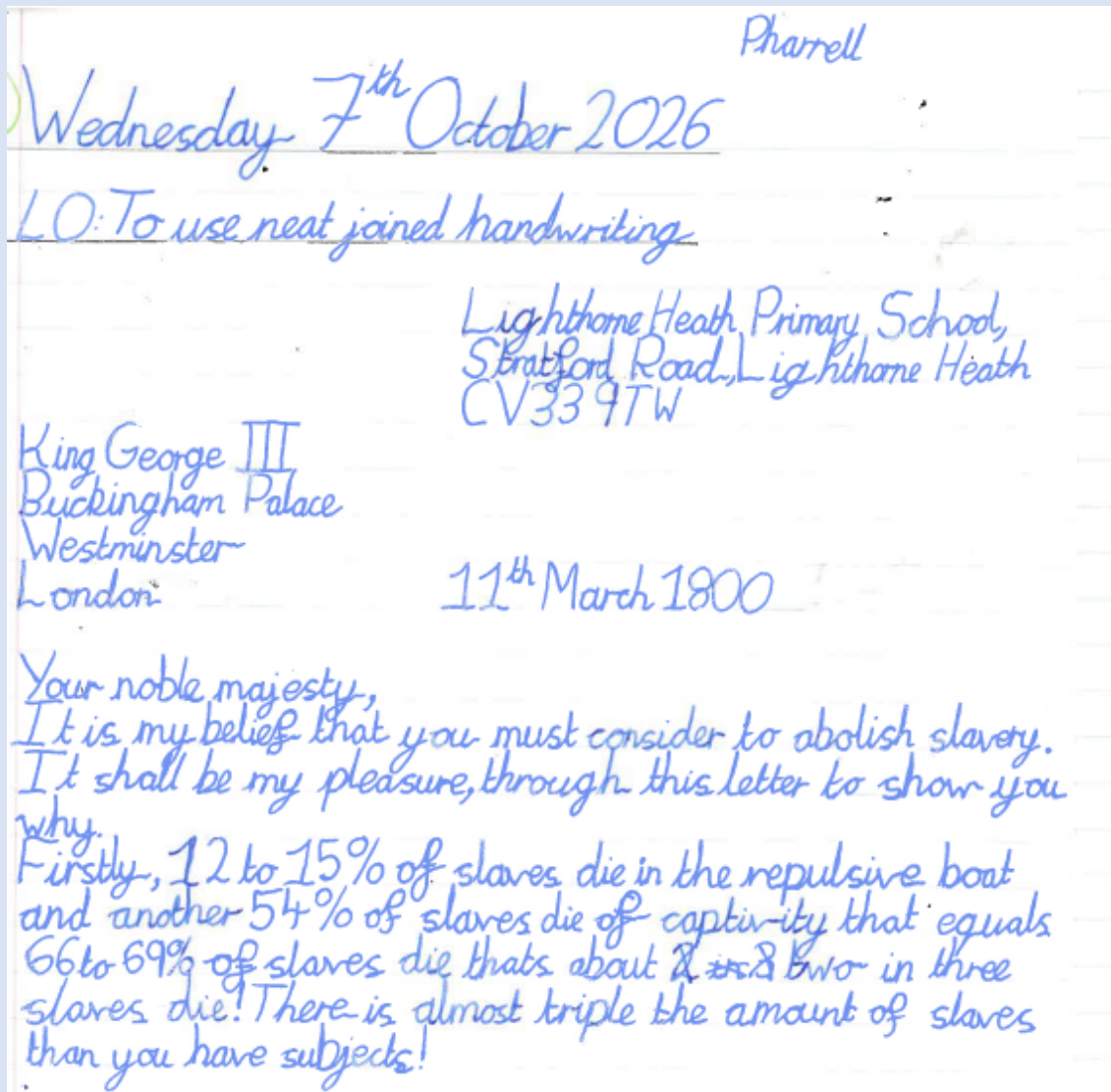
We had to really concentrate hard to make our writing as neat as possible



Using the fountain pens made us feel like we were writing back in the olden days.



Years 5 & 6



Some of the children's handwriting was so beautifully neat, that they ended up getting either their pen or fountain pen licences.

Join Our Team at Lighthorne Heath Primary School

We are looking to appoint a cleaner to join our friendly and supportive site team.

This is a permanent role for 9 hours per week, helping us maintain a clean, safe and welcoming environment for our children, staff and visitors.

Previous cleaning experience is desirable but not essential, as training will be provided.

The closing date for applications is Friday 16 October 2026.

For full details and to apply, please visit the WMJobs website:

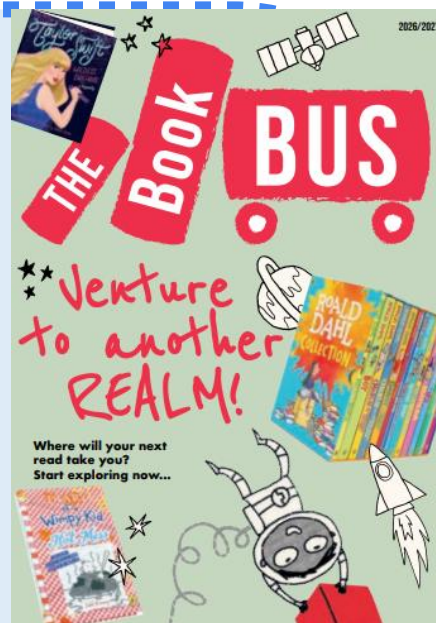
<https://www.wmjobs.co.uk/job/278167/cleaner/>



The **Book Bus** visited school on Thursday and we were pleased to see so many families come along to explore the fantastic range of books on board.

Reading is one of the most important things children can do to develop their language, imagination and understanding of the world. As parents and carers, hearing your child read regularly is a powerful way to support their learning and help them succeed across the curriculum. Even when children are confident independent readers, sharing books with an adult remains invaluable for developing fluency, comprehension and a lifelong love of reading.

For more tips on supporting reading at home, please take a look at the guide to supporting your child with reading. We believe this is so important that we include it in every newsletter (green pages).



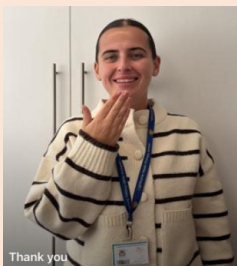


As an inclusive school, we are always working to ensure that all children have access to the learning and support that we offer. To support this, staff have recently completed their Level 1 Makaton training.

Makaton is a unique communication programme that uses signs, symbols and speech together to help people communicate. It can support children and adults with communication difficulties, while also providing visual cues that help to develop language, understanding and confidence in all children.

Staff are enjoying teaching some of the signs to the children, enabling us all to communicate more effectively with everyone within our school community.

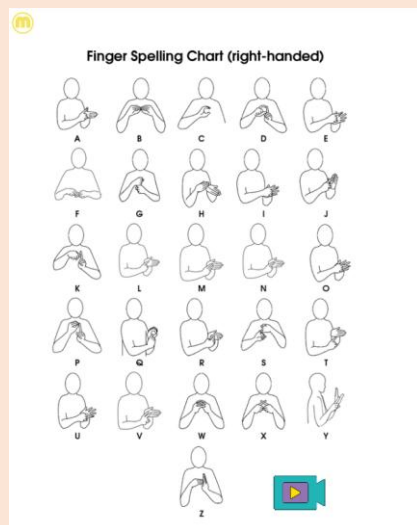
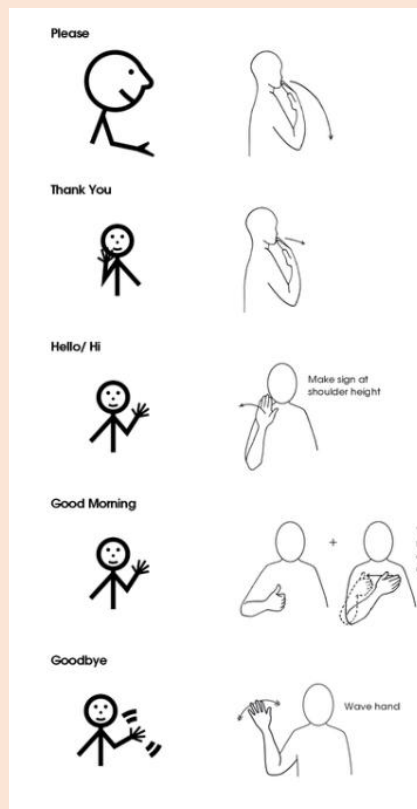
By learning and using Makaton together, we are helping to create an environment where everyone feels included, understood and able to take part fully in school life.



Thank you



Biscuit and cake





Hello Yellow Day

Friday 9th October 2026

HAPPY!



On Friday, our Mental Health Champions invited everyone to wear something yellow to mark World Mental Health Day. Yellow is often associated with hope, happiness and positivity, making it a fitting colour to celebrate the importance of looking after our mental wellbeing.

Thank you to everyone who took part. The assembly hall was a sea of sunshine as children and staff came together for a special assembly led by our Mental Health Champions. The children proudly performed a song they had written together, sharing the important message that we look out for one another at School.

It was a lovely reminder that kindness, friendship and support play an important part in helping everyone feel happy, valued and included.



We Look Out for Each Other

At Lighthorne Heath Primary,
We care for me and you,
We look after our wellbeing,
And help each other through.

Sometimes we're happy,
Sometimes we're sad,
Sometimes we're worried,
Sometimes we're mad.

That's okay,
We all feel this way,
Talking to someone we trust
Can help us every day.

🎵 We're friends, we're classmates,
We're all in this together.
At Lighthorne Heath Primary,
We look out for each other! 🎵

Be kind, be caring,
And remember this too,
Whatever you're feeling,
Someone cares for you.

Emotional Wellbeing and Mental Health



Sporting SUCCESS

Year 5 Hockey Tournament By Lottie and Ellie

Last Friday, we went to Warwick School with Mr Rellis and Miss Gilchrist to take part in a hockey tournament.

We were excited to play against lots of other schools and show what we could do. There were 21 schools in the tournament, and we were really proud to finish in 4th place. We played lots of matches and worked hard the whole day.

Everyone showed great teamwork, encouraged each other and never gave up. A special shout out goes to Pharrell, whose amazing goalkeeping helped us in lots of games. He made some fantastic saves!

We had a brilliant day, and Mr Rellis and Miss Gilchrist were really proud of us. It was great fun, and we were all proud to represent our school.





We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.



The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 94% OF THE TIME... OR HAVING NO MORE THAN 8 DAYS OFF!



0

DAYS ABSENCE
100% ATTENDANCE



MORE TIME IN SCHOOL MEANS MORE TIME TO LEARN, DEVELOP & GROW!

8

DAYS ABSENCE
96% ATTENDANCE

19

DAYS ABSENCE
90% ATTENDANCE



LESS TIME IN SCHOOL MEANS LESS TIME TO BECOME THE VERY BEST YOU!

29

DAYS ABSENCE
85% ATTENDANCE



38

DAYS ABSENCE
80% ATTENDANCE



POOR ATTENDANCE MEANS DRASTICALLY REDUCED LIFE CHANCES!



47

DAYS ABSENCE
75% ATTENDANCE

A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

Encouraging Critical Thinking:

What do you think will happen next?

Why do you think the character made that choice?

If you were in this situation, what would you do?

Summarising and Reflecting:

Can you tell me what happened in the story in your own words?

What was your favourite part? Why?

Did the book end the way you expected?

Extending the Story:

If you could ask the author one question, what would it be?

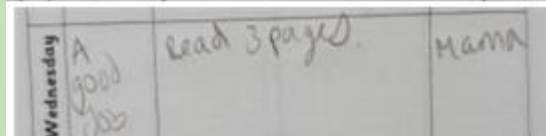
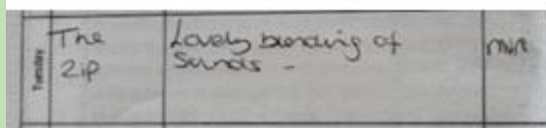
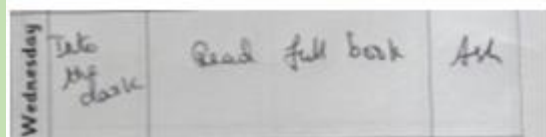
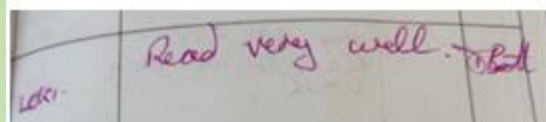
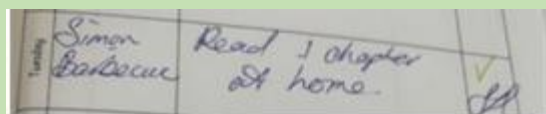
Can you think of a different ending to the story?

What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



Reading



**REMEMBER... YOU'VE GOT TO
BE IN IT TO WIN IT!**

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



Lighthorne Heath Learning Heroes

Reception

Mrs Gill has chosen Sathya as her Learning Hero this week. Sathya has made huge progress with her phonics this week and we have been so impressed with her blending skills. Well done Sathya!



Co-operate



Have a go

Year 1

This week our hero is Aliyah for her helpful attitude when supporting her talk partner during maths this week. Aliyah has been trying really hard to adopt our learning character traits, keep improving like our frog and concentrating like our eagle.



Persevere



Concentrate

Year 2

Miss Singh has chosen Ariella as this week's Lighthorne Hero. Ariella has shown an amazing attitude towards her learning. She puts lots of effort into all her work, takes her time and never rushes. She has also shown herself to be a fantastic historian by answering so many questions about King Henry VIII. Well done, Ariella!



Keep
improving

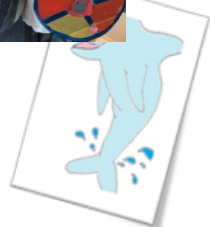


Years 3 & 4

Mrs Madahar has chosen Enzo as Year 3 & 4 Learning Hero this week. He has shown great eagerness and hard work in all of his lessons and always tries his very best. Staff have also been so impressed with his Saxon homework, especially his fantastic shield and sword! Well done, Enzo!



Use your imagination



Enjoy learning

Years 5 & 6

The hero in Years 5 & 6 is Joseph. He has worked so hard, contributed well to class discussion, been a good friend checking in to see that people (including adults) are OK and he even earned his pen license! Keep up the fantastic work Joseph.

Emotional Wellbeing and Mental Health



Mental Health Support Team in
Schools

Tips For Wellness Change



Dimensions tool



Free online personalised self-care
information & support for adults and
children in Coventry & Warwickshire

Changes are a normal part of our lives and they affect us all in different ways. Some changes may feel small to you, but big to another person, and the opposite for a different change. For example, moving to a new class or school, moving homes, or starting a new club. They can feel exciting, but they can also feel overwhelming and stressful, especially when they are unexpected. Below are some tips to help you cope with changes that may feel hard for you.

Our tips for coping with change:

1 – Keep doing things you enjoy!

When we feel stressed or worried, it can be easy for us to focus on the worries all the time and forget to do the things that make us happy. Make sure to plan in time at the weekends and evenings to do things you enjoy to help you relax and boost your mood!

2 – Think about what you can control

When a change is unexpected or overwhelming, we can feel a bit like we have no control over the situation or how it is making us feel. It can be helpful to think about what you do have control over in this situation. For example, we can't control how the change makes us feel but we can control how we react to the situation and what we do following the change. Such as, staying connected with our friends and family, keeping to our daily routines, and planning ahead where we can.

3 – Look for the positives

While change can feel hard, there's often something good that comes from it, even if it is not immediately obvious. Such as, new opportunities, new people or learning experiences. You might even surprise yourself and enjoy the change!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



UN Convention on the Rights of the Child
Article 29: Goals of Education

Diary Dates



October

Thursday 1 st October	Bright Bites Dental Health presentations to all classes in school
Monday 5 th October	INSET day- school closed to pupils
Thursday 8 th October	Book Bus visiting school (more information to follow.
Friday 9 th October	World Mental Health Day. Please wear yellow to promote hope and happiness. We will be collecting money for Young Minds. Classes will complete activities to promote this important day.
Wednesday 14 th October	Years 5 & 6 trip. Primary STEM Careers Days with Playground Games.
Monday 19 th October	School Tour for prospective reception parents, 10.00-11.00am
Tuesday 20 th October	Parent teacher meetings
Wednesday 21 st October	Parent teacher meetings
Friday 23 rd October	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
26 th October– 30 th October	Half Term Holiday

November

Monday 2 nd November	Autumn 2 begins
Friday 6 th November	Pupil individual photographs
Monday 9 th November	NHS vision screening for Reception pupils
Tuesday 10 th November	Nasal Flu Vaccinations
Thursday 12 th November	Year 2 to Warwick Castle
Monday 19 th November	School Tour for prospective reception parents, 4.00-5.00pm
Friday 27 th November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
Monday 30 th November	Height and Weight Checks Reception & Year 6

December

December dates to follow.

Next week is Week 3. Jacket potatoes and fillings are also available daily.

Monday



(v)(h) Mac 'n' Cheese (G.D)

or



(v) Cheese (D)

Tuesday



(h) Beef Lasagne (G.D)

or



(vg) Garden Vegetable Fingers (G)

Wednesday



Roast Chicken Fillet Yorkshire Pudding (G.E.D)

or



(v) Plant Power Toad in the Hole (G.E.D)

Thursday



Pork Hot Dog (G.SU.SB)

or



(v)(h) Vegetable Curry

Friday



or



Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

•**Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit

•**Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400. Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:





Roald Dahl Day

"Having power is not nearly as important as what you choose to do with it." - From: Roald Dahl

Tuesday 13th October

Georges Marvellous Meatballs with Wormwood Noodles (SB.SU.G)

(V6) Mosquitoes' Toes & Wampish Roes most delicately formed into Vegetable Fingers with Crabcruncher Diced Potatoes (G)

Trunchbull's Vegetables
Snazz Vegetable Sticks

(V,h) Bruce Bogtrotter's Chocolate Cake (G.D.E)
Bunces Doughnuts (G.E.D.SB)

Allergen Key:
V - Vegetarian
V6 - Vegan
SB - Soya
SU - Sulphites
G - Gluten
D - Dairy
E - Eggs
H - Homemade

Allergen Free alternatives are also available

BONFIRE Night

THURSDAY NOVEMBER 5th 2026

Fire Cracker Burger in a Bun (G,G,SB)
or
(v,h) Campfire Crunch Wrap (G,D)
Sticks of Dynamite Chipped Potatoes
Cascade of Vegetables (carrots & sweetcorn)
or
Sky Rocket Salad
(v) Glowing Gingerbread Biscuit (G)
or
(v) Swirling Strawberry Whip (D)

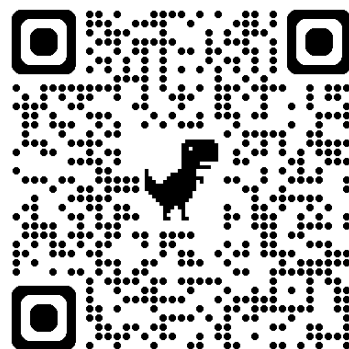
Allergen Key:
M - Mustard
G - Gluten
D - Dairy
E - Eggs
V6 - Vegan
V - Vegetarian

Allergen Free alternatives are also available

Free Parenting Courses

Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.



<https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/>



Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course



SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE



No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274

fis@warwickshire.gov.uk

@WarwickshireFIS @WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: www.warwickshire.gov.uk/familysupport for more information.

For more information and advice for families including parenting courses, workshops and other support services go to: www.warwickshire.gov.uk/childrenandfamilies



Delivered by



Chat and a cuppa

Face-to-face support groups for parents/carers of autistic children

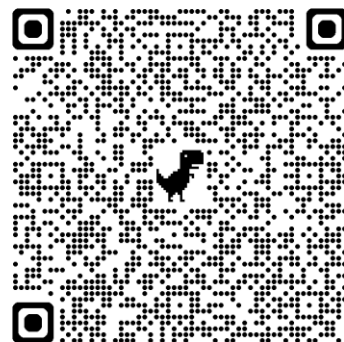
For Coventry and Warwickshire residents only

Chat and Cuppa – LEAMINGTON | support group for parents/carers by...

Wed, Nov 4 • 12:30 PM + 1 more

Royal Leamington Spa

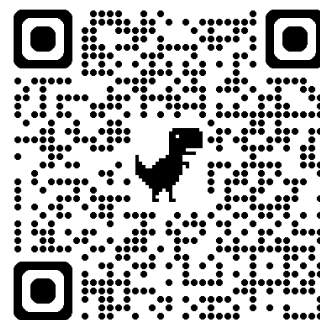
Free



UN Convention on the Rights of the Child

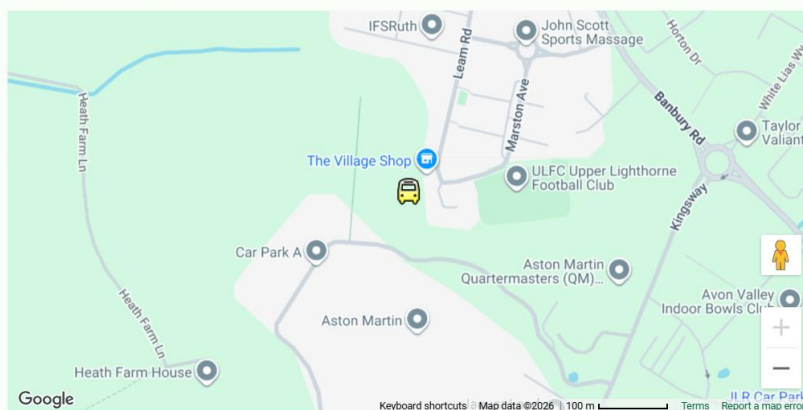
Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall on the following dates: **[insert dates]**. Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026 12 October 2026 9 November 2026 7 December 2026

FREE SINGING WORKSHOP

For Children aged 5-18

6pm to 7pm for ages 5-9
7pm to 8.30pm for ages 10-18



Wednesday
14th October

St John the Baptist Church

Tachbrook Street, Leamington Spa CV31 3BN



www.warwickshireyouthchoirs.org

Registered Charity Number 1211368



Upper Lighthorne
Residents Association
CREATING COMMUNITY

SCARECROW TRAIL 2026

REGISTRATION
IS NOW OPEN!



FREE TO ENTER

One scarecrow per household



NO SET THEME

Let your imagination run wild!



TRAIL DATES

24 – 30 OCTOBER 2026



REGISTER BY

SUNDAY 18 OCTOBER 2026

Sponsored by



REGISTER
HERE

