

Reception

This week, we were very excited to welcome PCSO Robbie to our class. He told us all about his job and how he helps to keep people safe in our community. We enjoyed learning about some of the equipment he uses, including his cameras, walkie talkies and protective vest with special metal plates inside.

We even had the opportunity to try on his police vest and police hat, which was lots of fun! Afterwards, we went outside to see his police van. We watched the flashing sirens and learned more about how the vehicle is used. The highlight for many of us was getting the chance to sit inside the secure cage area in the back of the police van.

It was a fantastic visit and we would like to thank PCSO Robbie for taking the time to teach us about his important role in helping our community.



Year 1 – Science

Animal Diets

Animals all have different diets. Diet means the type of foods they eat.

The stick insect eats bramble leaves. It's a herbivore.

I found out that a crocodile is a carnivore, a tortoise is a herbivore and a chimpanzee is an omnivore.



This week, the children have been learning about animal diets and discovering the difference between carnivores, herbivores and omnivores.

We began by sorting different foods for a range of toy animals, encouraging the children to think carefully about what each animal might eat. We then had the exciting opportunity to observe a real stick insect eating fresh bramble leaves, helping us to understand how animals get their food. Building on this experience, the children moved on to independent research to investigate the diets of different animals. They explored what animals eat and began to identify whether they are carnivores, herbivores or omnivores.

It was fantastic to see the children developing their scientific knowledge, asking questions and using their research skills to discover more about the fascinating eating habits of animals.

This week in Science, the children in Y2 learned how to identify and compare the suitability of different everyday materials.

They were presented with an exciting problem: our school bookshelf was broken, and we needed to find the most suitable material to build a new one.

Before beginning the investigation, the children explored the meanings of the words suitable, strong, rigid and durable. They also discussed how to carry out a fair test. After carefully examining samples of paper, cardboard, plastic and wood, they predicted which material would be the strongest and ranked them from strongest to weakest.

As a class, the children tested each material to see how much weight it could hold. They were incredibly excited when the paper, cardboard and plastic bent and failed the test. Finally, they discussed the results and wrote a conclusion. The class agreed that wood was the strongest, most rigid and most suitable material for building our new bookshelf.



LO: To identify and compare the suitability of a variety of everyday materials. 10



Bookshelf Investigation

Our scientific question: Which material is suitable for your bookshelf?

I predict the strongest will be wood

Material	Prediction ranking	Weight held	Did it bend?	Final ranking
Paper 	4	0	yes	4
Cardboard 	3	1000g	yes	2
Plastic 	2	1000g	yes	3
Wood 	1	1000g	No	1

The best material was wood because it was strong and rigid

SWIMMING

Years 3 & 4

Lighthorne Heath Primary School Newsletter

This week, Year 3 and 4 enjoyed a one off swimming lesson, giving them a wonderful taster of what's to come next term.

The children had a fantastic time, with plenty of excitement, laughter and smiles all around! Any initial nerves soon disappeared as they grew in confidence and enjoyed their time in the pool.

It was lovely to see the children embracing the experience so enthusiastically, and we are already looking forward to our weekly swimming lessons starting in January!



STEM Careers Day

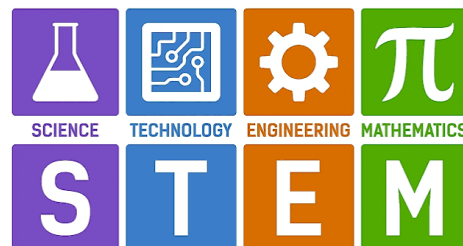
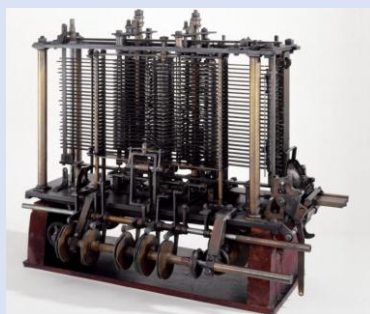
BRITISH
MOTOR
MUSEUM

The children in Years 5 & 6 had a wonderful day at the British Motor Museum this Wednesday taking part in a special STEM careers day.

During their visit they took part in a selection of exciting activities, during which they learned about a wide variety of jobs in STEM.

The day began with a talk and presentation from Playground Games- the makers of Forza. The children were stunned to learn just how many different types of roles go into the making of a computer game. These included the more obvious roles of coders or artists but also musicians, foley artists and project managers to name just a few. They learned about which of their own qualities would be valuable in helping to make a game.

The children amazed the staff with their knowledge- being the first group to be able to identify Ada Lovelace and also knowing her important role as the 'first computer programmer.'



STEM Careers Day

BRITISH
MOTOR
MUSEUM

In the Forza exhibition the children had a chance to view cars that featured in the game and they even got to sit in a beautiful soft-top Bentley. They got to test out the game with both a steering wheel and controller.

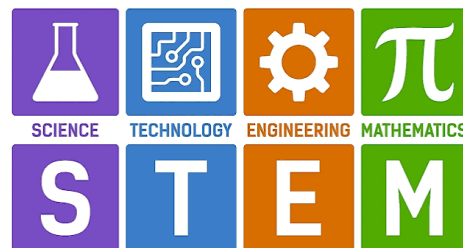
We got to explore the museum with their experienced guides. We learned about the history of many of the vehicles, the different materials they were made of and also the story behind them.



There was a chance to dress up and we got to sit on an old wooden London Bus.



Did you know that this wooden bus could go at a maximum of 20mph. Back then the speed limit was only 8mph!



STEM Careers Day

Years 5 & 6

BRITISH
MOTOR



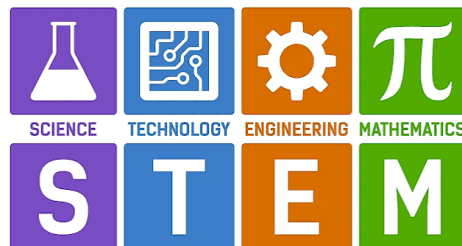
We got an exclusive look into the museum's archives. We learned how the archivist and his team sort, store and preserve the artefacts so that they can be kept for future generations.

Due to the delicate nature of the historical items, people (including staff) are not usually admitted into the archives, so we were really lucky to have the chance to go inside and carefully handle some of them.



We all had a turn of the wheel challenge where we removed and replaced a tyre on a Mini. Ellie got the fastest change of the whole day in just 1 minute 7 seconds.

We learned about racing cars and more specifically Formula 1. We looked in detail at their tyres and were amazed to find out that the world record for changing 4 tyres in formula 1 was 1.8 seconds.



Join Our Team at Lighthorne Heath Primary School

We are looking to appoint a cleaner to join our friendly and supportive site team.

This is a permanent role for 9 hours per week, helping us maintain a clean, safe and welcoming environment for our children, staff and visitors.

Previous cleaning experience is desirable but not essential, as training will be provided.

The closing date for applications is Friday 16 October 2026.

For full details and to apply, please visit the WMJobs website:

<https://www.wmjobs.co.uk/job/278167/cleaner/>



Sporting SUCCESS

By Stefan

On Monday, we went to a rowing competition at Newbold Comyn Leisure Centre in Leamington Spa. We started the day by doing some speed cup stacking to warm our bodies and minds up before the rowing. After this we were taught to use a rowing machine. We then did some other activities like curling and boccia. We were then called back into the centre to start the competition. There were two races in total, we were in the second one and got the third place.





Unfortunately, we have seen a number of cases of headlice in school this term. Please check your child's hair regularly and, if lice are found, treat them promptly to avoid spreading to other children.

Head lice and nits are very common among young children. They are not caused by dirty hair but are spread through head to head contact. Head lice can be difficult to spot, and symptoms may include an itchy scalp. Nits (eggs) are usually brown or white and attached to the hair.

If lice are found, treatment should begin promptly. Wet combing with ordinary shampoo, conditioner and a detection comb is an effective option; repeat on days 1, 5, 9 and 13, then check again on day 17. Medicated lotions or sprays are also available if needed, and instructions should be followed carefully. Please check all household members and close contacts, treating anyone with live lice on the same day. If treatment is unsuccessful, seek advice from your pharmacist.

What are head lice?

- Definition: Small, wingless insects that live on the scalp, feeding on human blood.
- Appearance: Tan or greyish-white. Adult lice are about the size of a sesame seed.

Signs & Symptoms

- Itching: Caused by an allergic reaction to louse bites.
- Red Bumps: On the head, neck, and shoulders.
- Visible Nits: Lice eggs (nits) look like tiny white dots and are often seen at hair roots.

How do they spread?

- Close Contact: Lice mostly spread through direct head-to-head contact with an infested person.
- Sharing Items: Sharing hats, combs, pillows, and other personal items can also facilitate spread.

Prevention Tips

- Avoid Sharing: Teach children not to share combs, hats, and scarves.
- Regular Checks: Regularly inspect your child's hair for lice, especially after an outbreak at school.
- Use Preventive Products: Consider using shampoos or sprays designed to deter lice.

NHS





We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.



The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 94% OF THE TIME... OR HAVING NO MORE THAN 8 DAYS OFF!



0

DAYS ABSENCE
100% ATTENDANCE



MORE TIME IN SCHOOL MEANS MORE TIME TO LEARN, DEVELOP & GROW!

8

DAYS ABSENCE
96% ATTENDANCE

19

DAYS ABSENCE
90% ATTENDANCE



LESS TIME IN SCHOOL MEANS LESS TIME TO BECOME THE VERY BEST YOU!

29

DAYS ABSENCE
85% ATTENDANCE



38

DAYS ABSENCE
80% ATTENDANCE



POOR ATTENDANCE MEANS DRASTICALLY REDUCED LIFE CHANCES!



47

DAYS ABSENCE
75% ATTENDANCE

A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

Encouraging Critical Thinking:

What do you think will happen next?

Why do you think the character made that choice?

If you were in this situation, what would you do?

Summarising and Reflecting:

Can you tell me what happened in the story in your own words?

What was your favourite part? Why?

Did the book end the way you expected?

Extending the Story:

If you could ask the author one question, what would it be?

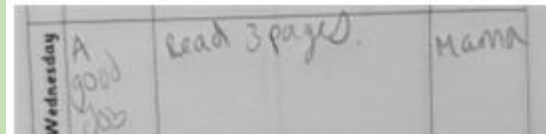
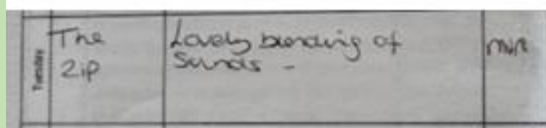
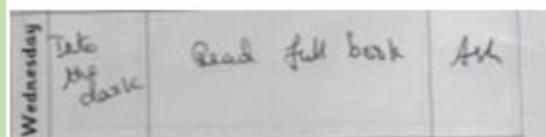
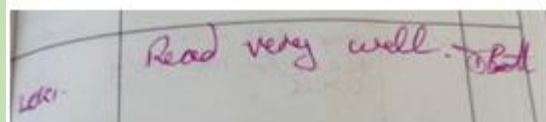
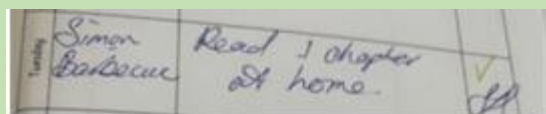
Can you think of a different ending to the story?

What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



Reading



**REMEMBER... YOU'VE GOT TO
BE IN IT TO WIN IT!**

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



Lighthorne Heath Learning Heroes

Reception

This week Mrs Gill has chosen Aurey as her Lighthorne Hero. Aurey always goes above and beyond with her home learning and it is so lovely to see how much pride she takes in her work. She is always ready for school and excited to learn. Well done Aurey.



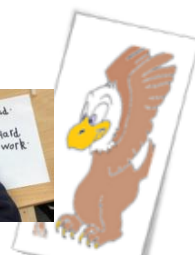
Year 1

This week we have chosen Alyx as our Hero. Alyx always demonstrates great enthusiasm for her learning, by listening, following instructions and asking questions in all lessons. This week she really shone in our PSHE lesson, where she created an informative poster about our rights and responsibilities as learners. Well done Alyx.

Co-operate



Have a go



Year 2

Miss Singh has chosen Ruby S as this week's Lighthorne Hero. Ruby has shown wonderful determination by giving everything a go, even when she has found the work a little tricky. She has pushed herself, worked hard and produced some lovely work. Well done, Ruby.

Persevere



Keep trying to win

Years 3 & 4

Mrs Madahar is so pleased with the time, effort and attention Emily is putting into improving her writing. She has shown real perseverance and a fantastic attitude towards her learning. Emily has also been an excellent support to her friends in class, always offering kind words of encouragement and helping others to feel positive and confident. Well done, Emily!

Concentrate



Be curious!

Years 5 & 6

Miss Mackie's hero in Years 5 & 6 this week is Stefan. During our STEM Careers trip he showed fantastic knowledge but also curiosity. He asked great questions and showed real enthusiasm towards all the tasks. Keep being curious and pushing your learning on further Stefan.

Use your imagination



Enjoy learning

Emotional Wellbeing and Mental Health



Mental Health Support Team
in Schools



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness Being Brave

We can show bravery in lots of different ways, such as recognising that we feel a certain way (e.g., sad, anxious), asking someone for help when we need it and trying new things, even if we feel scared!

Feeling scared is often a sign that we are doing something challenging and it is completely normal to feel this way. Even though it can feel uncomfortable, being brave and facing these difficulties can also help us to learn and grow (both physically and emotionally). This can mean we need to step outside our comfort zone at times to be able to overcome challenges, but it is important to remember that being brave does not mean we have to cope alone.

Our Tips for Being Brave:

1. **Set yourself a goal to try something new.** Create a plan to break your goal down into smaller, more achievable steps! This can help your goal to feel less overwhelming.
2. **Take chances and make mistakes!** Sometimes it is helpful to fail, so you can practise being brave. Try something you have been wanting to try and take that chance to move out of your comfort zone. You might even find that it wasn't as bad as you thought it would be.
3. Practise **positive self-talk** to help develop your bravery. Repeat these sentences to yourself or out loud - 'I can do hard things'; 'I try my best'; 'I can enjoy challenge'. You might want to write positive statements on post-it notes and stick them around your mirror so you can remind yourself of them every day!
4. **Ask for help** when you need it from someone you trust. Taking the step to talk to someone is one of the bravest things you can do!
5. **Strike a power pose!** Standing up tall with your feet apart, your head held high and with your hands on your hips can help make you feel more confident and ready to take on a challenge. What pose makes you feel more confident?



Follow the QR code for activities to support the theme 'being brave'!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



UN Convention on the Rights of the Child
Article 29: Goals of Education

Diary Dates



October	
Monday 19th October	School Tour for prospective Reception parents, 10.00-11.00am
Tuesday 20 th October	Parent teacher meetings
Wednesday 21 st October	Parent teacher meetings
Friday 23 rd October	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
26 th October– 30 th October	Half Term Holiday
November	
Monday 2nd November	Autumn 2 begins
Friday 6 th November	Pupil individual photographs
Monday 9th November	School Tour for prospective reception parents, 4.00-5.00pm
Monday 9 th November	NHS vision screening for Reception pupils
Tuesday 10 th November	Nasal Flu Vaccinations
Thursday 12 th November	Year 2 to Warwick Castle
Friday 27 th November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
Monday 30 th November	Height/Weight Check Reception and Year 6.
December	
Thursday 03 rd December	N,R, Year 1 and 2 Christmas Trip to Warwick Art Centre
Tuesday 08 th December	Year 3 and 4 Christmas Trip to Belgrade Theatre
Tuesday 15 th December	Year 5 and 6 Christmas Trip to RSC Stratford

Next week is Week 1. Jacket potatoes and fillings are also available daily.

Monday



Pork Meatballs in Tomato Sauce (G)

or



(v)(h) Tomato Pasta Bake (G.D)

Tuesday



(h) Mild Chicken Curry

or



(v) Cheese & Tomato Pizza Wedge (G.D)

Wednesday



Roast Pork, Apple Sauce

or



(vg) Quorn Roast, Apple Sauce

Thursday



(v)(h) Broccoli & Sweetcorn Pasta (D.G)

or



[(v) Cheese (D)

Friday



Fish Fillet

or



Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

•**Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit

•**Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400. Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:



Disney BEAUTY and the BEAST

Year 3 and Year 4 Christmas Trip

Join us for a magical adventure filled
with enchantment, laughter and
Christmas magic!

Beautiful Belle finds herself in a mysterious
castle with a fearsome Beast, who hides a
surprising secret. Can Belle see beyond
appearances, discover the kindness within,
and help break the spell?

Join us to find out in this enchanting
pantomime full of fun, music and adventure!



1. The Belgrade Theatre,
Coventry



2. Tuesday 8th December 2026



3. Cost: £20 per pupil



★ Year 5 and Year 6 Christmas Trip ★

The Bear and the Piano

A heart-warming and magical story about friendship, music and bravery. When a lonely bear discovers a piano on a snowy mountainside, he finds a new friend and a world of possibilities.

Join us for this unforgettable performance at the RSC, full of music, wonder and heart!



The Royal
Shakespeare
Company
(RSC), Stratford



Tuesday
15th December
2026



Cost: £18.90
per pupil



Year Nursery, Reception,
Year 1 and Year 2
are going on a

Christmas Trip!

to **WARWICK
ARTS CENTRE**

to see

**The Gruffalo's
Child**

Join the Gruffalo's Child
on her brave adventure
in this magical, playful
and heart-warming show,
full of fun, friendship
and a few surprises!



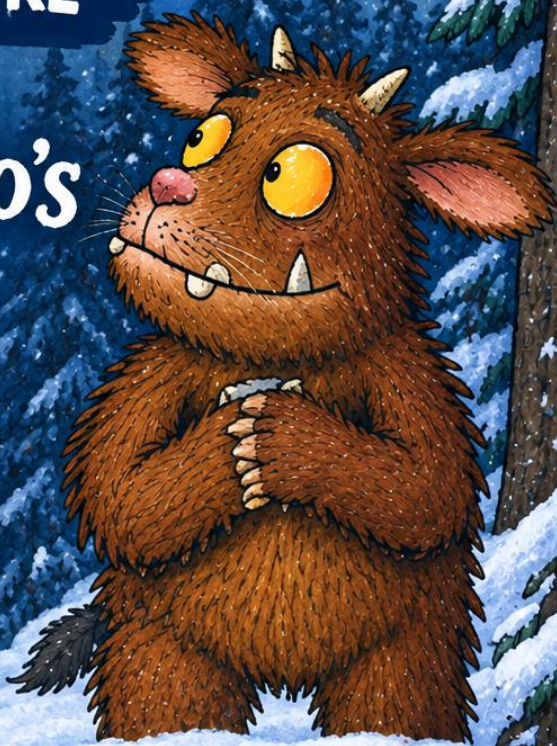
**Wednesday
3rd December**



Cost:

£18.90

paid on Parent Pay.





BONFIRE Night

THURSDAY NOVEMBER 5TH 2026

Fire Cracker Burger in a Bun (C,G,SB)

or

(v,h) Campfire Crunch Wrap.(G,D)

Sticks of Dynamite Chipped Potatoes
Cascade of Vegetables (carrots & sweetcorn)

or

Sky Rocket Salad

(v) Glowing Gingerbread Biscuit (G)

or

(v) Swirling Strawberry Whip (D)

Allergen Free alternatives are also available

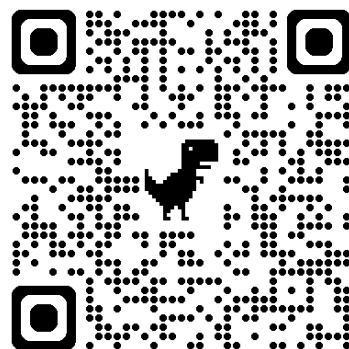
Allergens:
H-Homemade
G-Gluten
D-Dairy
E-Egg
VG-Vegan
V-Vegetarian

educaterers®

Free Parenting Courses

Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.



<https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/>



Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course



SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE



No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274

fis@warwickshire.gov.uk

@WarwickshireFIS @WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: www.warwickshire.gov.uk/familysupport for more information.



For more information and advice for families including parenting courses, workshops and other support services go to: www.warwickshire.gov.uk/childrenandfamilies



Delivered by



Chat and a cuppa

Face-to-face support groups for parents/carers of autistic children

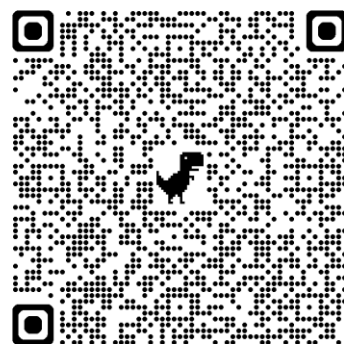
For Coventry and Warwickshire residents only

Chat and Cuppa – LEAMINGTON | support group for parents/carers by...

Wed, Nov 4 • 12:30 PM + 1 more

Royal Leamington Spa

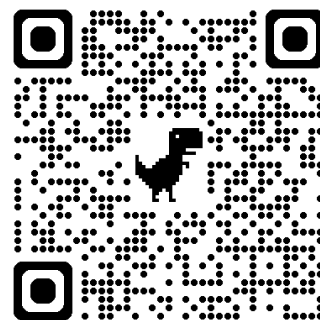
Free



UN Convention on the Rights of the Child

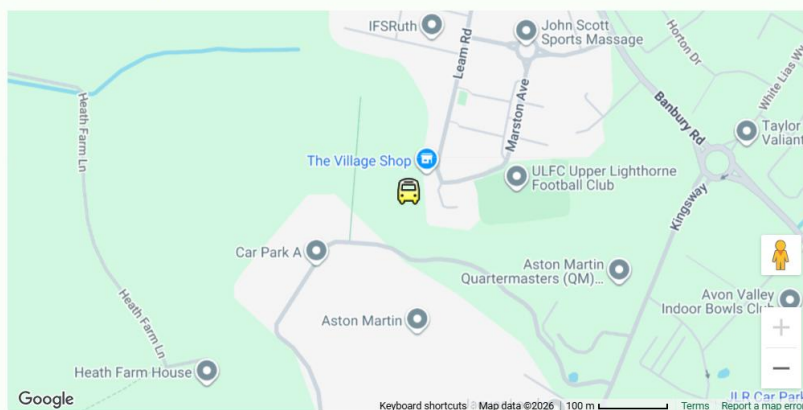
Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall on the following dates: **[insert dates]**. Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026 12 October 2026 9 November 2026 7 December 2026

FREE SINGING WORKSHOP

For Children aged 5-18

6pm to 7pm for ages 5-9
7pm to 8.30pm for ages 10-18



Wednesday
14th October

St John the Baptist Church

Tachbrook Street, Leamington Spa CV31 3BN



www.warwickshireyouthchoirs.org

Registered Charity Number 1211368



Upper Lighthorne
Residents Association
CREATING COMMUNITY

SCARECROW TRAIL 2026

REGISTRATION
IS NOW OPEN!



FREE TO ENTER

One scarecrow per household



NO SET THEME

Let your imagination run wild!



TRAIL DATES

24 – 30 OCTOBER 2026



REGISTER BY

SUNDAY 18 OCTOBER 2026

Sponsored by



REGISTER
HERE





A vibrant Halloween-themed poster for a community event. The background is a large, glowing orange and yellow moon with a jack-o'-lantern face in the center. The moon is surrounded by a dark purple sky with white spider webs, yellow stars, and several black bats in flight. At the bottom, there are several orange jack-o'-lanterns with carved faces, some with green stems. To the right, there is a black silhouette of a haunted house with yellow windows and a witch's hat. On the left, there is a white ghost with a smiling face. The text is arranged in a central, bold, and playful font.

Community HALLOWEEN PARTY

Saturday 31st October
3 pm – 5 pm
Lighthorne Heath
Village Hall

FANCY DRESS GAMES SPOOKY FUN

★ Children must be accompanied by a parent or responsible adult. ★