Lighthorne Heath Primary School

Newsletter 7
Friday 6th November 2026

01926 640326
admin2064@welearn365.com

Lighthorne Heath Primary School Newsletter

Reception





To launch our new topic, Once Upon a Time, we welcomed Jen from The Magical World of Stories into school. She introduced the children to the story of The Gingerbread Man. We then acted out the story, incorporating different movements and key phrases to bring it to life. The children used natural materials such as soil, twigs, berries and grass to create their own gingerbread men. We finished the session with an exciting Gingerbread Man hunt. The children had a brilliant time.















Magical World of Stories!

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Forces at work - Science Photography Competition

Competition Time

Dear Parents/Carers,

Each year we love to offer a whole federation science competition which promotes 'super scientist' learning and discussion at home with families.

This year we are inviting you to join in our '**Forces at Work' photography competition**. Simply get the family exploring forces all around us and take a photo. For example it could be kicking a football, investigating friction, kneading some dough or playing with magnets. Then in one sentence explain how it shows your child exploring forces at work. Upload it to our special online ***competition PADLET*** (link below) to enter.



https://padlet.com/cattoj/forces-at-work-s024j6epsp7wlz0jo6oj

The competition is being run with other local schools in our **Science Partnership** and there will be prizes for each school as well as a certificate for every child who enters.

Please upload entries to the Lighthorne Heath section of the ***competition PADLET*** with a sentence explaining the forces experienced. Ensure you **state your child's first name and class**. (Without this we will be unable to issue certificates or prizes.) *Note: Entering means you are happy for the photograph and information to be seen by children and parents from all schools involved.*

The closing date is 9:00am Monday 23rd November

Any questions, please contact me on the email below: dhillon.p@welearn365.com

Thanks for all your support with our budding STEM enthusiasts!

Mrs Gill (Science lead)



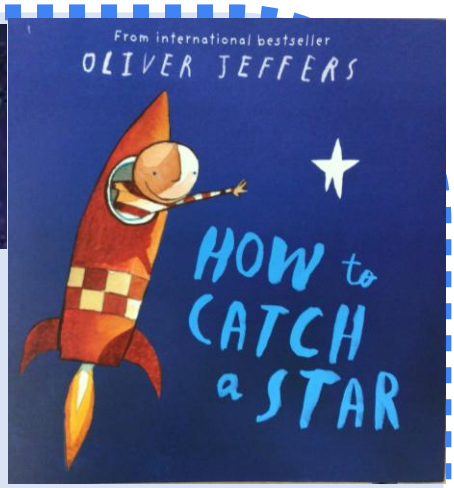


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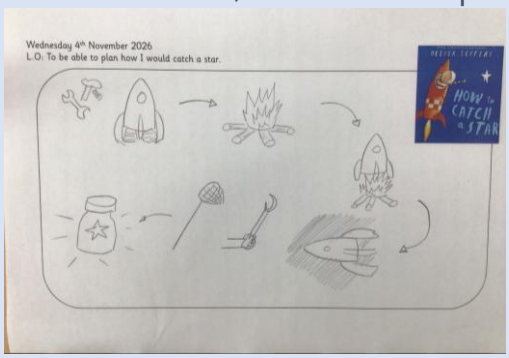
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Moon Zoom!



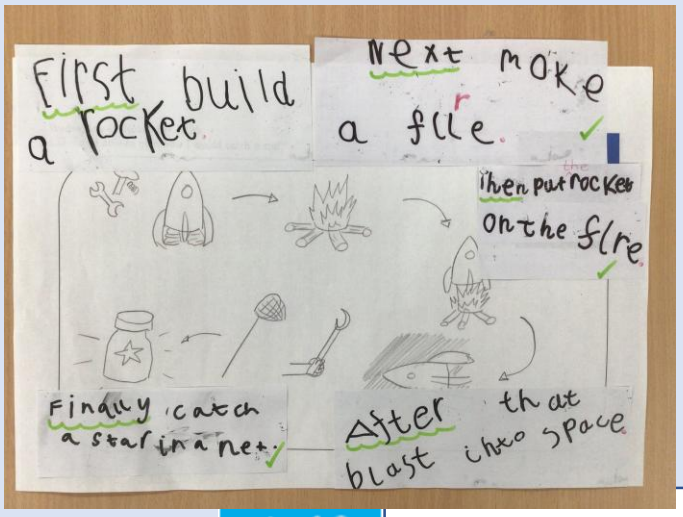
The children in Year 1 have been really excited to start our new topic – Moon Zoom!

To start our learning, we looked at the cover of the story 'How to Catch a Star' by Oliver Jeffers. We talked about the different ways that we could catch a star and as a class, we created a plan.



We thought about the different steps we would need to follow to make a rocket (although some children have seen rockets we could all fit in for sale in Morrisons apparently!), how we would make the rocket blast into space and what we would need to do to catch a star once we were there.

We then rehearsed our sentences orally before working in teams to record each of the steps. We are going to end the week writing the instructions independently and I'm sure our writing is going to be fabulous!





Year 1

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Year 2

Literacy – writing a short story.

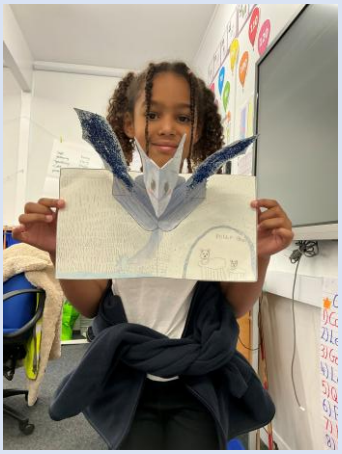
This week in Literacy, the children in Year 2 have been creating pop-up books for their own dragon stories. This exciting project followed a sequence of lessons inspired by Tell Me a Dragon by Jackie Morris.

The children began by reading the model text before innovating a story map and adding actions to help them rehearse their ideas. They explored adjectives and adverbs to make their writing more interesting and used these skills to create their own page for our class dragon book.

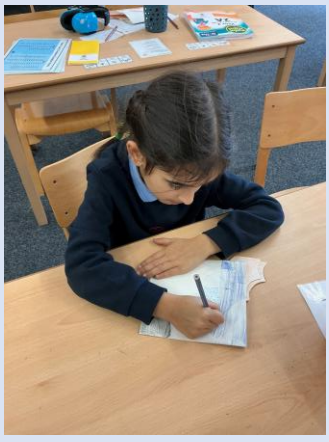
The children thought carefully about the type of dragon they wanted to create, where it lived, what it looked like and what it liked to do. They also developed their Design and Technology skills by carefully cutting, folding and sticking to create the moving parts of their pop-up books.

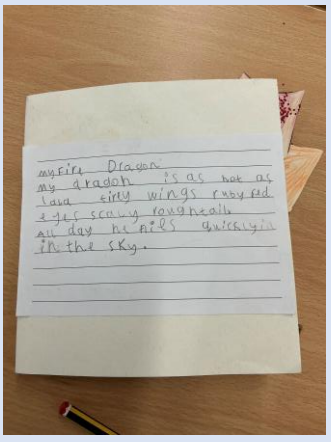
Finally, the children took great pride in sharing their finished stories with the class. They have worked incredibly hard throughout this project and have produced some fantastic writing and wonderfully creative books.

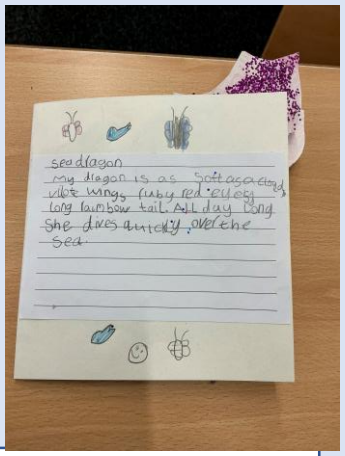












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Years 3 & 4









This morning, some of our fantastic Year 3 and Year 4 children enjoyed a special visit to the Reception classroom, where they spent time reading with and to our youngest learners.

The older pupils shared a variety of stories, helping to bring books to life through their expressive reading and storytelling. As well as practising their own reading skills, the volunteers developed important communication skills by using clear and engaging voices, asking thoughtful questions, encouraging predictions, and helping the Reception children talk about the stories they were listening to.

The Reception children thoroughly enjoyed the experience, eagerly joining in with discussions, answering questions, and sharing their favourite parts of the books. It was wonderful to see the older pupils acting as positive role models and building confidence in both themselves and the younger children.

Reading together is a fantastic way to promote a love of books, develop language skills, and strengthen friendships across the school. We are incredibly proud of our reading volunteers for showing such maturity, patience, and enthusiasm, and we look forward to many more Reading Buddy sessions throughout the year.





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Years 5 & 6



This term, Years 5 & 6 are exploring the question 'Do religions change or stay the same?'

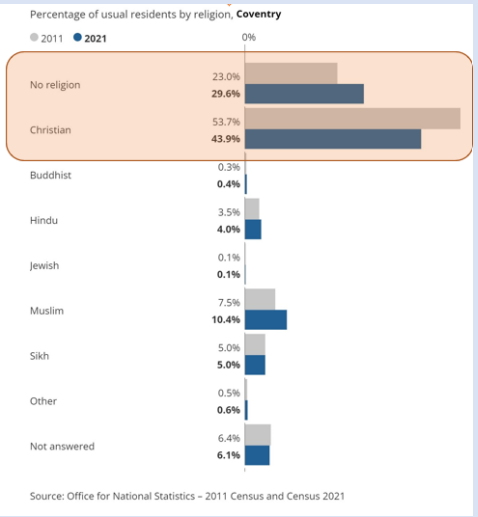
This week we began by examining how the religious landscape of the UK is changing by looking at census data.
We learned that a census is a big form that is sent to households every 10 years with questions about the people living in that home. The government and local councils use the answers to figure out what a community needs. If the census shows many new children live in a town, the local council knows they need to build more schools, doctors' surgeries, and hospitals.


Individual questions – continue

16 What is your religion?

This question is **voluntary**

- [ ] No religion
- [ ] Christian (including Church of England, Catholic, Protestant and all other Christian denominations)
- [ ] Buddhist
- [ ] Hindu
- [ ] Jewish
- [ ] Muslim
- [ ] Sikh
- [ ] Any other religion, write in



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Years 5 & 6

We looked at how Sikhi teachings on equality have changed over time and how the Sikhi worldview has been demonstrated in our local community

Langar is a community kitchen and, as part of it, free vegetarian food is served in the kitchens of a Gurdwara (a Sikh temple) every day.
In the Sikh religion, anyone can enjoy langar, no matter what their faith, gender, age or status is. It is offered by every single Gurdwara in the world.



Gurdwara Sahib, Leamington & Warwick





We explored how some Sikhi people have combined the idea of langar with the needs of their local communities by setting up initiatives to support those who are in need with charities such as Langar Aid. These are the people that provide the school with food bags which we are able to donate to families in school.

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Unfortunately, we have seen a number of cases of headlice in school this term. Please check your child's hair regularly and, if lice are found, treat them promptly to avoid spreading to other children.

Head lice and nits are very common among young children. They are not caused by dirty hair but are spread through head to head contact. Head lice can be difficult to spot, and symptoms may include an itchy scalp. Nits (eggs) are usually brown or white and attached to the hair.

If lice are found, treatment should begin promptly. Wet combing with ordinary shampoo, conditioner and a detection comb is an effective option; repeat on days 1, 5, 9 and 13, then check again on day 17. Medicated lotions or sprays are also available if needed, and instructions should be followed carefully. Please check all household members and close contacts, treating anyone with live lice on the same day. If treatment is unsuccessful, seek advice from your pharmacist.



NHS

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We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.

NHS

The NHS states that the best drinks to give children are water and milk.

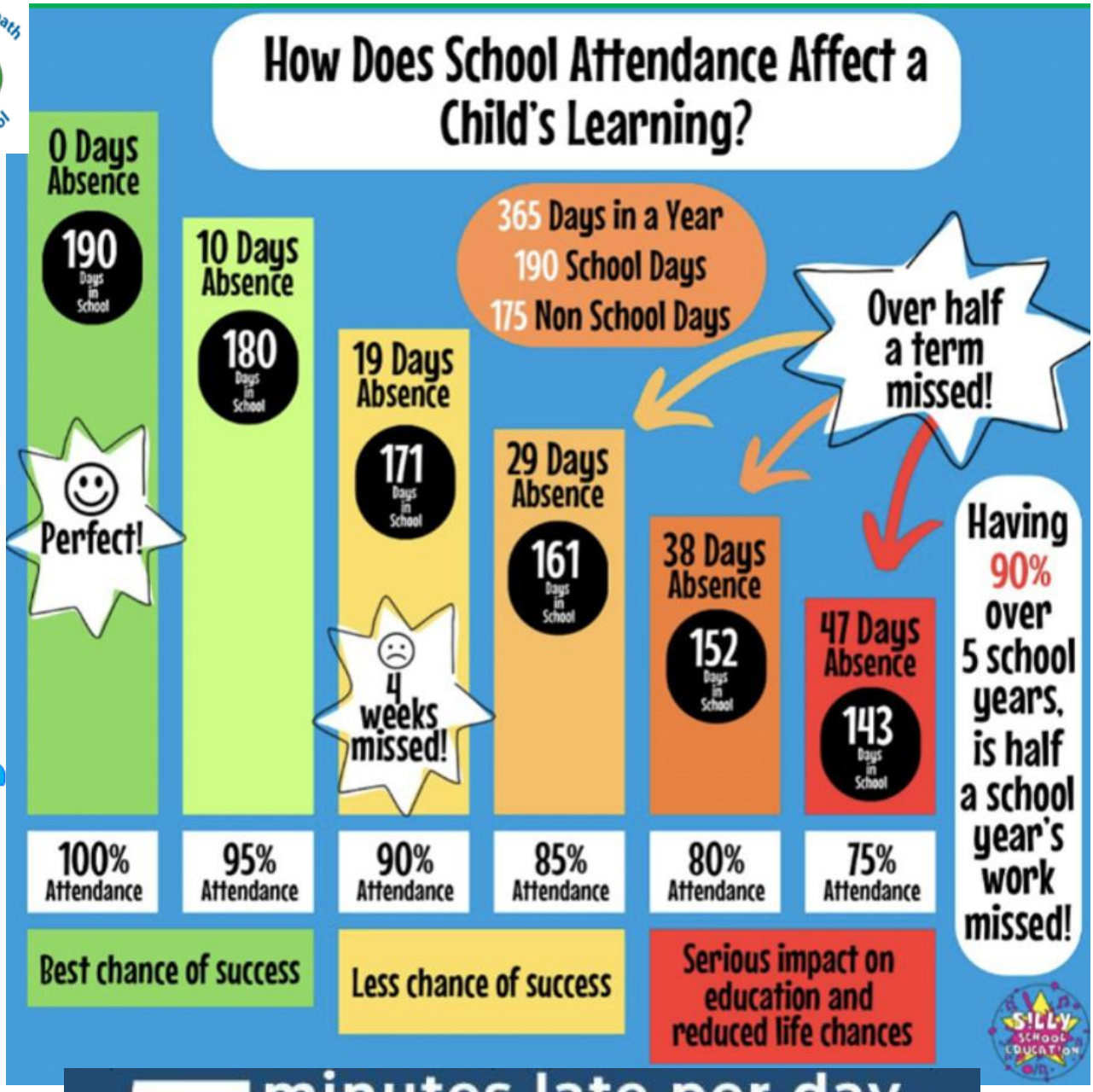
Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



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Reading

A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:
What do you think this book will be about based on the title and cover?
Have you read any books by this author before? What were they like?
What do you already know about this topic?

Understanding the Story:
What is happening in the story so far?
Who are the main characters? What do we know about them?
Where and when does the story take place?

Making Connections:
Does this story remind you of anything in your life?
Have you read another book like this before?
How do you think the character is feeling ? Why?

Vocabulary and Language:
What does this word mean? Can you use it in a sentence?
Are there any words that you don't understand?
How do the illustrations help to tell the story?

Encouraging Critical Thinking:
What do you think will happen next?
Why do you think the character made that choice?
If you were in this situation, what would you do?

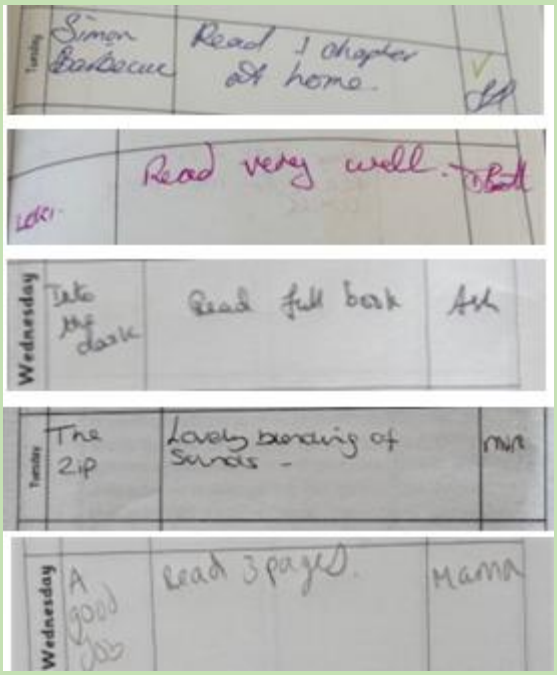
Summarising and Reflecting:
Can you tell me what happened in the story in your own words?
What was your favourite part? Why?
Did the book end the way you expected?

Extending the Story:
If you could ask the author one question, what would it be?
Can you think of a different ending to the story?
What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



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Reading



REMEMBER...YOU'VE GOT TO BE IN IT TO WIN IT!

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



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Lighthorne Heath Learning Heroes

Reception

This week Mrs Gill has chosen Mahila for always showing the learning characteristics. She enjoys learning and has a wonderful imagination. I am so proud of the progress Mahila has made.





Year 1

Our Year 1 hero for this week is Skylar. Skylar has shown a fabulous attitude towards her learning and a real sense of perseverance. It is so lovely to see her growing in confidence in all that she can do





Year 2

Miss Singh has chosen Milan as this week's Lighthorne Heath Hero. Milan has given some fantastic answers to questions, particularly in History, where he demonstrated a great understanding of William the Conqueror. He has also shown wonderful enthusiasm for his Maths learning.





Years 3 & 4

Our hero in years 3 & 4 this week is Willow G for persevering during maths and mastering calculations in different ways with numbers of increasing value.





Years 5 & 6

Our Years 5 & 6 learning hero is Pharell. During out poetry work, he has shown curiosity and enthusiasm towards the poems we have looked at and given great insight into the metaphors and themes that we have discovered in them. Well done, Pharell.



Have a go

Co-operate

Persevere

Concentrate

Be curious!

Keep improving

Use your imagination

Enjoy learning

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Emotional Wellbeing and Mental Health



MHST

Mental Health Support Team in Schools



Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness

Strength

Each of us has a unique set of strengths and abilities that help us face life's challenges. Focusing on your strengths doesn't mean ignoring your weaknesses — it means using what you're naturally good at to help you grow, build confidence, and work through tough times. In doing so, you move closer to living a more fulfilling and resilient life.

Our Tips for strength:

1. **Appreciate your strength** – when you experience a difficult time, it's easy to forget how strong you are! Try and remember other times in your life when you've got through something challenging. Remember how strong you were to get through those circumstances and know you have the strength to get through other difficulties too.
2. Remind yourself **"all we can do is try our best"** and **"you are good enough".**
3. Being kind to others can help build our own strength as well as others! As a class, have a go at playing **'kindness bingo'** by following the QR code:
4. **Take Time to Rest and Recharge** - your mind needs breaks just like your body. Take a few quiet minutes to breathe, read, draw, or go outside. That helps your brain feel strong and calm.
5. **Ask for Help When You Need It** - being strong doesn't mean doing everything alone. It's *smart and brave* to ask for help — that's how we grow and learn!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

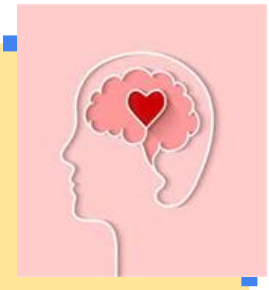
Please contact your school's Mental Health Lead for information and advice.

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Emotional Wellbeing and Mental Health





Check out Action for Happiness' New Ways November for daily tips to support you emotional wellbeing.



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Diary Dates

November	
Monday 9th November	School Tour for prospective reception parents, 4.00-5.00pm
Monday 9th November	NHS vision screening for Reception pupils
Tuesday 10th November	Nasal Flu Vaccinations
Wednesday 11th November	Parent fundraising group meeting at school, 10am
Thursday 12th November	Year 2 to Warwick Castle
Monday 16th November	Warwickshire School Attendance Officer visiting school
Friday 27th November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
Monday 30th November	Height/Weight Check Reception and Year 6.
December	
Thursday 03rd December	N,R, Year 1 and 2 Christmas Trip to Warwick Art Centre
Tuesday 08th December	Year 3 and 4 Christmas Trip to Belgrade Theatre
Thursday 10th December	Years 3, 4, 5 & 6 Christmas performance, 2.30pm
Friday 11th December	Reception, Years 1 & 2 Christmas performance, 2.30pm
Tuesday 15th December	Year 5 and 6 Christmas Trip to RSC Stratford







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educaterers A FOOD STORY

Next week is Week 1. Jacket potatoes and fillings are also available daily.



Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

- **Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit
- **Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400.

Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:

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Article 29: Goals of Education
Article 31: Leisure, play and culture



UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

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Community Information

Free Parenting Courses

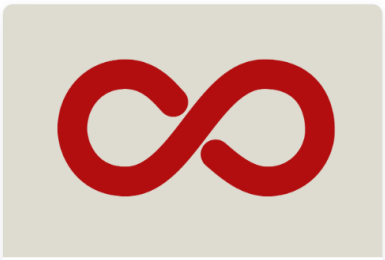
Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.

https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/



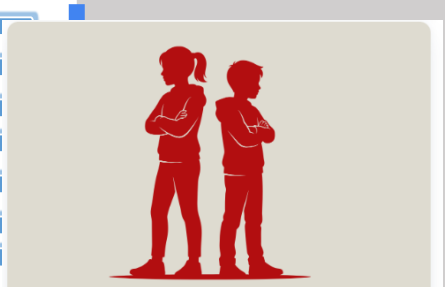
Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course

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Community Information

SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE

CHILDREN & FAMILY SUPPORT

No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274
fis@warwickshire.gov.uk
@WarwickshireFIS @WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: www.warwickshire.gov.uk/familysupport for more information.



SCAN THE QR CODE

Scan the QR Code to sign up to the Family Information Service newsletter for regular updates to support you and your family!

www.warwickshire.gov.uk/parentupdates

For more information and advice for families including parenting courses, workshops and other support services go to: www.warwickshire.gov.uk/childrenandfamilies

Warwickshire County Council

Delivered by cass

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Face-to-face support groups for parents/carers of autistic children

For Coventry and Warwickshire residents only

Chat and Cuppa – LEAMINGTON | support group for parents/carers by...

Wed, Dec 2 • 12:30 PM

Royal Leamington Spa

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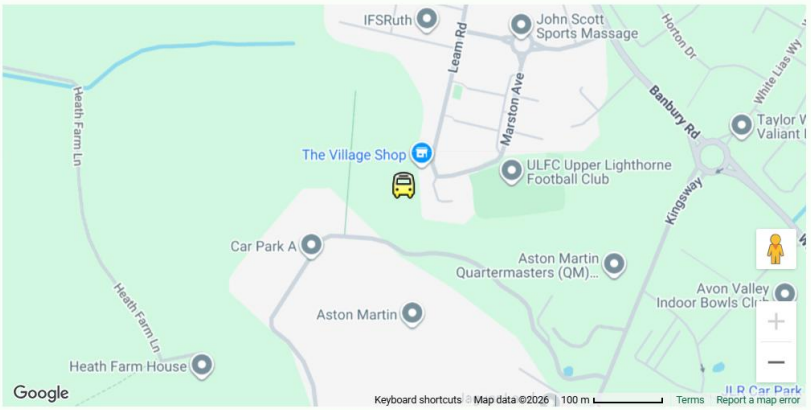
Community Information

Warwickshire Mobile Library
DISCOVER | IMAGINE | CONNECT
www.warwickshire.gov.uk/libraries
01926 851031



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall on the following dates: **[insert dates]**. Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026 12 October 2026 9 November 2026 7 December 2026

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