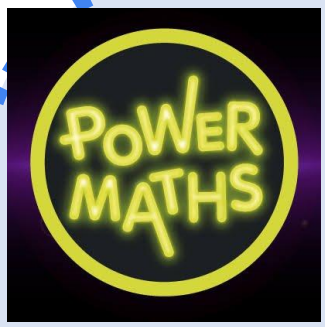
Lighthorne Heath Primary School Newsletter

Newsletter 9
Friday 20th November 2026

01926 640326
admin2064@welearn365.com

Reception





This week in maths we have been learning about the part whole model. The children have been exploring how numbers up to 5 can be partitioned into 2 parts. We used cubes, counters, pictures and our fingers to investigate number bonds. This supports the children to understand that numbers can be made up of different parts and helps to develop a secure understanding of early number concepts. Through practical exploration and discussion, the children are building confidence in recognising, representing and manipulating numbers to 5.





2 is a part. 3 is a part. The whole is 5





Lighthorne Heath Primary School Newsletter

Forces at work - Science Photography Competition

Competition Time

Dear Parents/Carers,

Each year we love to offer a whole federation science competition which promotes 'super scientist' learning and discussion at home with families.

This year we are inviting you to join in our '**Forces at Work' photography competition**. Simply get the family exploring forces all around us and take a photo. For example it could be kicking a football, investigating friction, kneading some dough or playing with magnets. Then in one sentence explain how it shows your child exploring forces at work. Upload it to our special online ***competition PADLET*** (link below) to enter.



https://padlet.com/cattoj/forces-at-work-s024j6epsp7wlz0jo6oj

The competition is being run with other local schools in our **Science Partnership** and there will be prizes for each school as well as a certificate for every child who enters.

Please upload entries to the Lighthorne Heath section of the ***competition PADLET*** with a sentence explaining the forces experienced. Ensure you **state your child's first name and class**. (Without this we will be unable to issue certificates or prizes.) *Note: Entering means you are happy for the photograph and information to be seen by children and parents from all schools involved.*

The closing date is 9:00am Monday 23rd November

Any questions, please contact me on the email below: dhillon.p@welearn365.com

Thanks for all your support with our budding STEM enthusiasts!

Mrs Gill (Science lead)





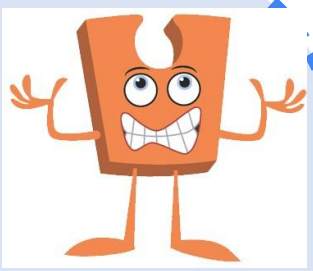
UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

Year 1 – PSHE







Bullying makes people feel sad and afraid. People should look after each other.





If someone is being bullied, they can ask someone on their safe network for help.



We are a team, and we'll help look after each other.

This week, the children have been learning about bullying. We learned that it's not what a person looks like but how they behave that makes someone a bully. Being bullied can make someone feel very sad, worried or lonely. That's why it's so important to notice when someone needs help.

Key features of bullying:

It doesn't just happen once: it goes on over time and happens again and again.

It is deliberate: hurting someone on purpose, not accidentally.

It is unfair: the person doing the bullying is often stronger or more powerful (or there are more of them)

We designed our own anti-bullying wristbands based on what we learned.

UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

Year 2 Magnificent Monarchs

The children have been learning how William the Conqueror became King of England. They began with our exciting "Battle for the Crown" activity and considered three possible claimants: Harold Godwinson, the Anglo-Saxon brother-in-law of Edward the Confessor; William of Normandy, who claimed that Edward and Harold had promised him the throne; and Harald Hardrada, a powerful Viking warrior.











The children voted before and after hearing the different claims. At first, most chose William, but after discussing the evidence, many changed their vote to Harald Hardrada because they believed he was a strong and experienced warrior.

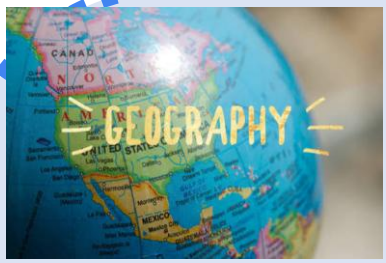
The children then watched the story of the Battle of Hastings as told through the Bayeux Tapestry. They discussed what this important historical source reveals about William, while also considering whether we can believe everything it shows.

Working collaboratively, the children sequenced six scenes from the tapestry. The children used their sequenced pictures to retell the events in their own words. In a later lesson, they brought the story to life through actions and drama before writing diary entries in role as William on the day of his coronation. They considered how he might have felt, what he hoped to achieve and how life in England changed following the Norman Conquest.

unicef UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter



Years 3 & 4





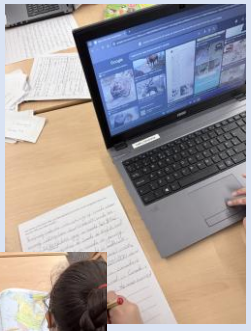
In Geography this week, Year 3 and 4 pupils used a range of geographical resources, including laptops and atlases, to research countries in North and South America.

Pupils developed their geographical enquiry and fieldwork skills by locating countries using maps and atlases and gathering information from a variety of sources .Using the internet and reference books, the children researched each country's location, climate, culture, famous landmarks and other interesting facts.



They learned how physical and human geographical features can vary across different regions of the world and compared similarities and differences between countries.

This helped pupils deepen their understanding of the Americas while developing important research skills. They practised selecting, organising and presenting information, becoming more confident in using both digital technology and traditional resources to support their learning.





UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

Years 5 & 6

English

During our English lessons this week, we have been learning more about information texts.
On Monday, we received a letter from Ted Splorer with an interesting animal he discovered while travelling in Africa... the **rhiswanozebtah**. *It is believed to contain DNA from four different animals: rhinos, swans, zebras and cheetahs – which gives it its name.*



We read the an information text on the rhiswanozebtah reflecting on what questions we had about it. We used our VIPERS reading skills in order to answer questions about it

We learned about the use of brackets within our writing to give extra information and made some of our own examples for the rhiswanozebtah.

UN Convention on the Rights of the Child
Article 29: Goals of Education

Years 5 & 6



It was great fun making our own hybrid animals using switchzoo.com We could choose the body, head, legs and tail for our creature

Later in the week, we had a go at creating our own interesting mixed-up animals using switchzoo.com.

We then planned and started to write our own information text about our creations.

Although we all knew that the rhiswanozebtah was not a REAL animal, it was fun to pretend, and helped to make our English lessons more interesting.



UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

School Christmas Fair

Monday 14th December 3.30pm
free entry

Lighthorne Heath primary School

Raffle, games
tombola
Santa's grotto, Refreshments, Stalls
childrens choir and festive
Medley from Frankie and Ade



UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

Lighthorne Heath Primary School Newsletter





Unfortunately, we have seen a number of cases of headlice in school this term. Please check your child's hair regularly and, if lice are found, treat them promptly to avoid spreading to other children.

Head lice and nits are very common among young children. They are not caused by dirty hair but are spread through head to head contact. Head lice can be difficult to spot, and symptoms may include an itchy scalp. Nits (eggs) are usually brown or white and attached to the hair.

If lice are found, treatment should begin promptly. Wet combing with ordinary shampoo, conditioner and a detection comb is an effective option; repeat on days 1, 5, 9 and 13, then check again on day 17. Medicated lotions or sprays are also available if needed, and instructions should be followed carefully. Please check all household members and close contacts, treating anyone with live lice on the same day. If treatment is unsuccessful, seek advice from your pharmacist.



NHS

UNICEF UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 24: Health and health services

Lighthorne Heath Primary School Newsletter



We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.

NHS

The NHS states that the best drinks to give children are water and milk.

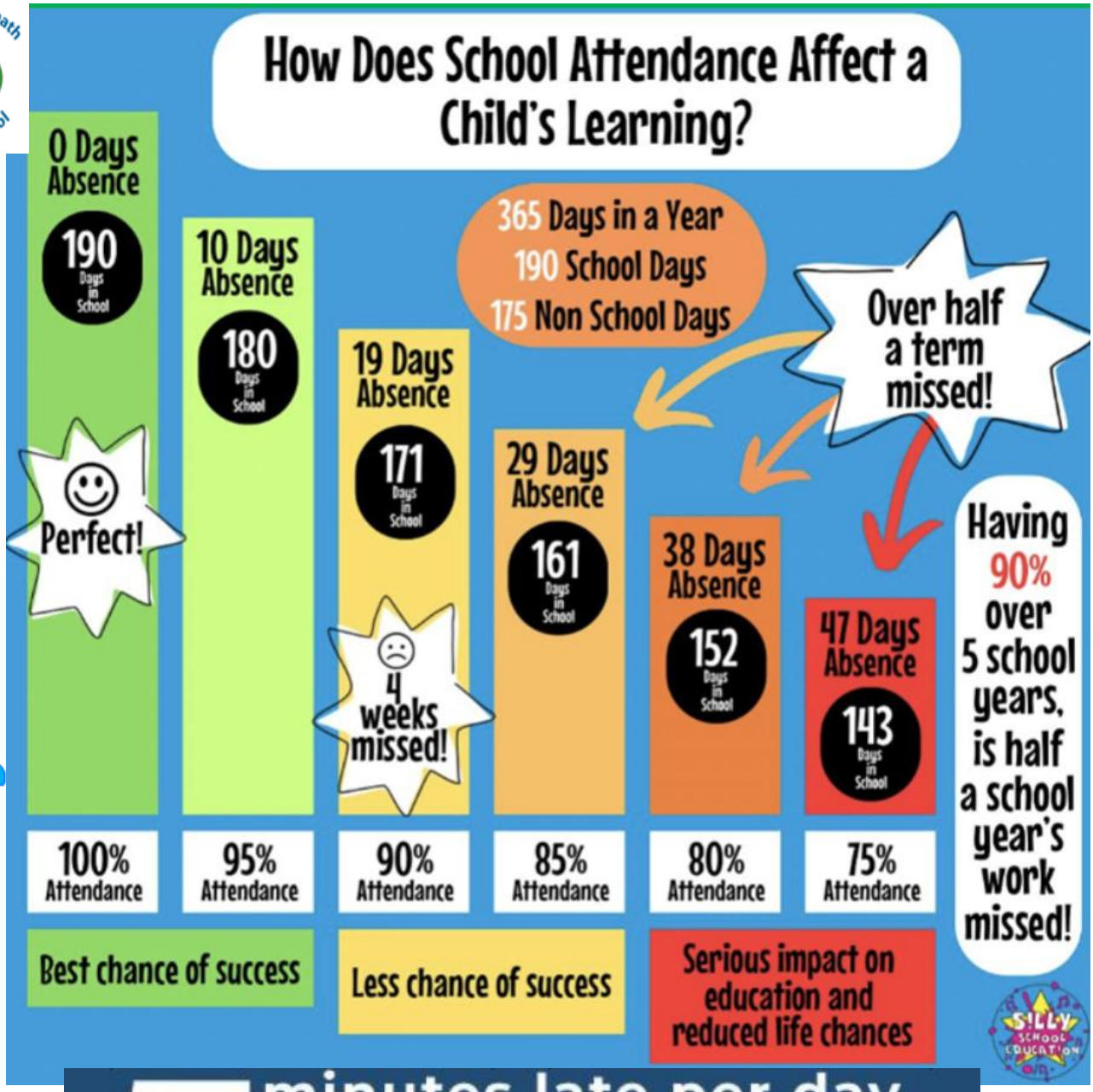
Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



unicef UNITED KINGDOM
RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 24: Health and health services

Lighthorne Heath Primary School Newsletter





unicef UNITED KINGDOM
RIGHTS RESPECTING SCHOOLS

Convention on the Rights of the Child
Article 29: Goals of education Article 5, Parental Guidance Article 18, Parental responsibility

Lighthorne Heath Primary School Newsletter

Reading

A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:
What do you think this book will be about based on the title and cover?
Have you read any books by this author before? What were they like?
What do you already know about this topic?

Understanding the Story:
What is happening in the story so far?
Who are the main characters? What do we know about them?
Where and when does the story take place?

Making Connections:
Does this story remind you of anything in your life?
Have you read another book like this before?
How do you think the character is feeling ? Why?

Vocabulary and Language:
What does this word mean? Can you use it in a sentence?
Are there any words that you don't understand?
How do the illustrations help to tell the story?

Encouraging Critical Thinking:
What do you think will happen next?
Why do you think the character made that choice?
If you were in this situation, what would you do?

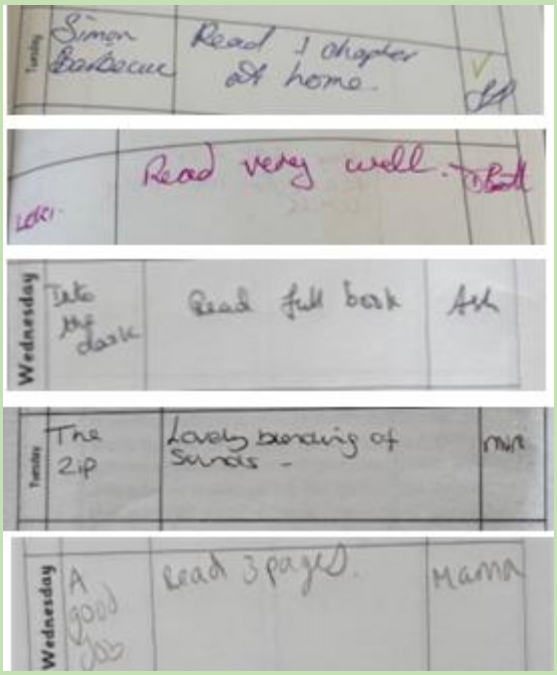
Summarising and Reflecting:
Can you tell me what happened in the story in your own words?
What was your favourite part? Why?
Did the book end the way you expected?

Extending the Story:
If you could ask the author one question, what would it be?
Can you think of a different ending to the story?
What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

Lighthorne Heath Primary School Newsletter

Reading



REMEMBER...YOU'VE GOT TO BE IN IT TO WIN IT!

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

Lighthorne Heath Learning Heroes

Lighthorne Heath Primary School Newsletter

Reception



Mrs Gill has chosen Millie as her Learning Hero this week. Millie has worked super hard with her phonics, and I am so impressed with how much she has grown in confidence with her reading.



Year 1

Co-operate

This week, we chose Leon as our Y1 Hero for his wonderful story writing in Literacy and the fantastic moon model he created as part of his home learning. It is great to see him so engaged with his learning both in the classroom and at home. Well done, Leon.

Have a go





Persevere

Year 2

Miss Singh has chosen Archie as this week's Lighthorne Hero. Archie has worked very hard to improve his handwriting. He has listened carefully to the adults' advice and is beginning to produce lovely handwriting more independently. Well done, Archie!

Concentrate





Keep improving

Years 3 & 4

Our Y3 & 4 Learning Hero this week is Zoe for her independent writing using excellent language choice and sentence starters .

Be curious!



Years 5 & 6



The 5/6 hero this week is Emilia. She has worked hard in all lessons, spoken well in class discussions and been kind and helpful. Well done, Emilia

Enjoy learning

Use your imagination

UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

Emotional Wellbeing and Mental Health



MHST
Mental Health Support Team in Schools



Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness
Laughter

"Laughter is the shortest distance between two people" – Victor Borge

Laughter is like a natural boost for your brain and body—it helps you feel happier, less stressed, and more relaxed. When you laugh, your body releases chemicals that make you feel good and even help you connect with friends. Laughter also helps to boost your immune system, helps you think more clearly and be more creative too. So, having fun and sharing a laugh is a great way to take care of your mental wellbeing!

Our tips for laughter:

1. **Keep note of your favourite memories** — write down some of your favourite memories that have made you laugh the most and keep them in a jar. You can then pull one out and read them in the future. It can feel difficult to start laughing if you are feeling low, but a good place to begin is to remember what has made you laugh in the past.
2. **Spend time with friends who make you laugh** — hanging out with funny, positive people lifts your mood.
3. **Watch or listen to funny shows, cartoons, or jokes** — find things that make you smile or giggle.
4. **Don't be afraid to be silly** — make funny faces, play games, or be playful to invite laughter.
5. **Share jokes** or funny stories with family or friends to spread the laughter around.
6. **Look for humour in everyday situations** — try to find something to smile about, even on tough days.

Laughter is contagious…by laughing more, you will not only boost your own wellbeing but also the wellbeing of those around you!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

unicef UNITED KINGDOM
RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

Diary Dates

November	
Wednesday 25th November	Moon Zoom Workshop for Reception children.
Friday 27th November	Non uniform day. We request that children bring a donation of wrapped chocolates for the Christmas Chocolate Tombola.
Monday 30th November	Height/Weight Check Reception and Year 6.
December	
Tuesday 1st December	Family Learning (snow themed) for children in Reception, Year 1 & 2 and a caregiver. Please book with the school office. Limited places.
Thursday 3rd December	N,R, Year 1 and 2 Christmas Trip to Warwick Art Centre
Tuesday 8th December	Year 3 and 4 Christmas Trip to Belgrade Theatre
Thursday 10th December	Years 3, 4, 5 & 6 Christmas performance. 2.30pm
Friday 11th December	Reception, years 1 & 2 Christmas performance. 2.30pm
Monday 14th December	Christmas Fair 3.30pm, all welcome
Tuesday 15th December	Year 5 and 6 Christmas Trip to RSC Stratford
Wednesday 16th December	Christmas lunch. Children are invited to wear a Christmas jumper to help celebrate.



UN Convention on the Rights of the Child
Article 29: Goals of Education

Lighthorne Heath Primary School Newsletter

educaterers A FOOD STORY

Next week is Week 3. Jacket potatoes and fillings are also available daily.

Monday

(V) Cheese and Tomato Pizza Slice with Potato Wedges (D.G)

Vegetarian Only
(V) Jacket Potato with Cheese (D)

(Vg) Carrot & Orange Cookie (G)

Tuesday

Chicken Fillet Wrap with Herby Diced Potatoes (G)

Vegetarian Only
(V) Pasta Peas & Sweetcorn with Malted Wheat Baguette (D.G)

(V) Caramelised Banana Waffle (G.E.SB)

Wednesday

Pork Toad in the Hole & Gravy with Roast Potatoes (G.SB.SU.E.D)

Vegetarian Only
(V) Quorn Fillet in Gravy, Yorkshire Pudding with Roast Potatoes (D.E.G)

(Vg) Chocolate Cracknell (G)

Thursday

Beef Bolognaise with Garlic Bread (G) Cheese (D)

Vegetarian Only
(V) Vegetarian Bolognaise with Garlic Bread (G.SB) Cheese (D)

(V) Apple Crumble & Custard (G.D)

Friday

(Msc) Fish Fillet Finger with Chips (F.G)

Vegetarian Only
(V) Crispy Quorn Dippers with Chips (G.)

(V) Spiced Pear Muffin (G.E.D)

Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

- **Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit
- **Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400.

Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:

unicef UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education

Adult and Community Learning

Winter Story Explorers

Lighthorne Heath Primary School

For children in Reception, Years 1 and 2 and their caregivers.

Family Learning



Come and explore a world of winter stories, imagination and fun with your child.
Bringing stories to life through songs, art and play!

1st December 2026
9.00-10.30
Please contact the school office to book

UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

Lighthorne Heath Primary School Newsletter



UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

Lighthorne Heath Primary School Newsletter

Year 5 and Year 6 Christmas Trip

RSC ROYAL SHAKESPEARE COMPANY

The Bear and the Piano

A heart-warming and magical story about friendship, music and bravery. When a lonely bear discovers a piano on a snowy mountainside, he finds a new friend and a world of possibilities.

Join us for this unforgettable performance at the RSC, full of music, wonder and heart!



The Royal Shakespeare Company (RSC), Stratford

Tuesday 15th December 2026

Cost: £18.90 per pupil

UNICEF UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

Lighthorne Heath Primary School Newsletter



UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 31: Leisure, play and culture

Lighthorne Heath Primary School

Community Information

Free Parenting Courses

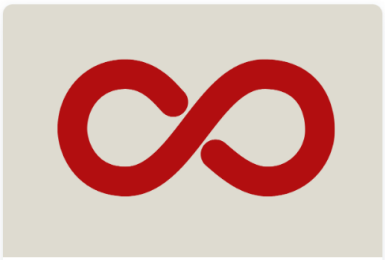
Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.

https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/



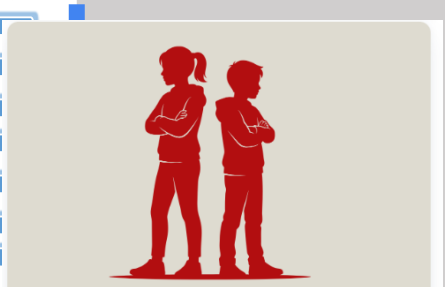
Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course

unicef UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

Lighthorne Heath Primary School

Community Information

SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE

CHILDREN & FAMILY SUPPORT

No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274
fis@warwickshire.gov.uk
@WarwickshireFIS @WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: www.warwickshire.gov.uk/familysupport for more information.



SCAN THE QR CODE

Scan the QR Code to sign up to the Family Information Service newsletter for regular updates to support you and your family!

www.warwickshire.gov.uk/parentupdates

For more information and advice for families including parenting courses, workshops and other support services go to: www.warwickshire.gov.uk/childrenandfamilies

Warwickshire County Council

Delivered by cass

Chat and a cuppa

Face-to-face support groups for parents/carers of autistic children

For Coventry and Warwickshire residents only

Chat and Cuppa – LEAMINGTON | support group for parents/carers by...

Wed, Dec 2 • 12:30 PM

Royal Leamington Spa

Free

unicef UNITED KINGDOM RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

Lighthorne Heath Primary School

Community Information

St Laurence's Community Pantry

Thursdays 4-6pm

Lighthorne Heath Village Hall

Free produce, near or passed its best before date

Everyone is welcome



St Laurence Lighthorne & Upper Lighthorne

unicef UNITED KINGDOM
RIGHTS RESPECTING SCHOOLS

UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

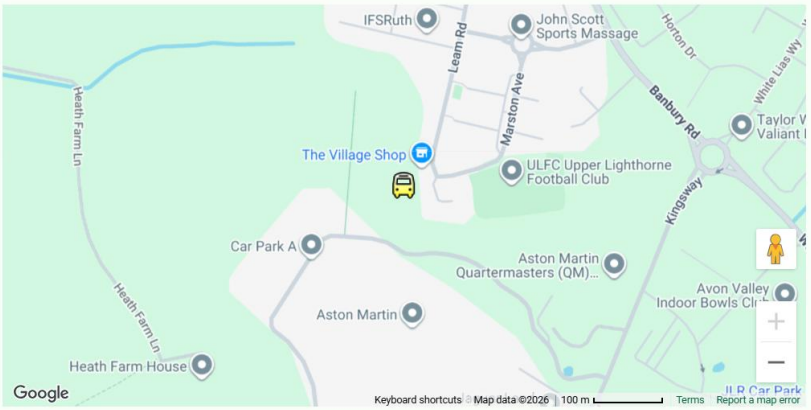
Community Information

Warwickshire Mobile Library
DISCOVER | IMAGINE | CONNECT
www.warwickshire.gov.uk/libraries
01926 851031



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall . Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026 12 October 2026 9 November 2026 7 December 2026

UN Convention on the Rights of the Child
Article 29: Goals of Education