

Welcome back!

Welcome back to school, everyone! We hope you all enjoyed your summer holiday and managed some sort of a break, even if it was just a staycation.

It has been absolutely fantastic having all the children back together again and in class every day. Although government guidelines mean that we are having to adapt our usual school routines, pupils have been very positive about their learning and have enjoyed spending time with friends. Our teachers and teaching assistants are really enjoying their new classes and are making learning fun and engaging both in the classroom and outdoors.

It is a privilege getting to know our delightful new pupils and we are very impressed with the way they have settled straight in to school life.

Best wishes, Juliette Westwood, Executive Head Teacher



In Reception and Nursery the children have explored a variety of fruit and vegetables as part of their Maestro project 'Why are carrots orange?'. Some fruit and vegetables were familiar and some were new to the children. They felt the different items and talked about their appearance and texture. No-one had seen a pomegranate before so Mrs Hartley cut it in half with a knife. Everyone then tried a piece of honeydew melon. Yum!

The children read the story 'Pass the Jam, Jim!' by Kate Umansky which includes lots of rhyming words. They then made their own jam wraps by spreading on the jam and rolling up the wrap. We then ate them as an afternoon snack.



UN Convention on the Rights of the Child

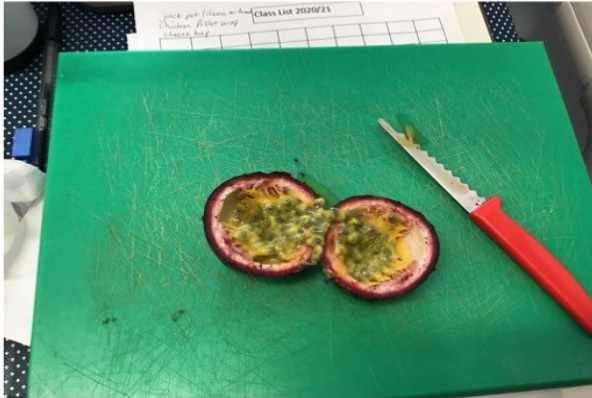
Article 28: Right to Education



Y1/2/3 have been Exploring Foods

Exploring Foods

L.O: To explore and identify a variety of fruits and vegetables using our senses.



Today we learned about fruits and vegetables. First we had the challenge of identifying a mystery food using our senses. After we had finished we discovered that everyone either had a fruit or a vegetable. We learned about why they are important for our body and to keep us healthy.

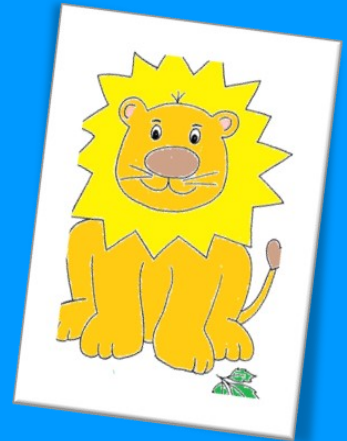
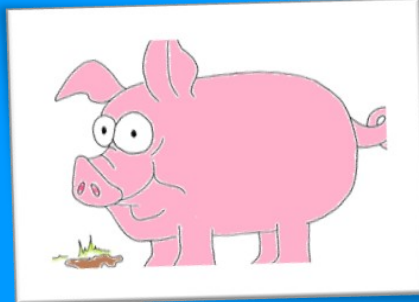
Our Learning Characters

These are the characters we use at school to help us develop a good attitude to our learning and **GROW** our brains!

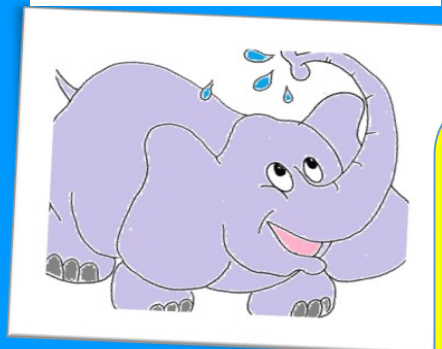
Concentrate.



Have a go.



Never give up.



Cooperate.

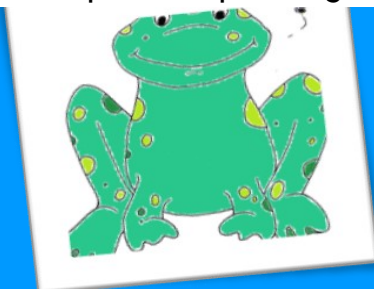
Be curious.



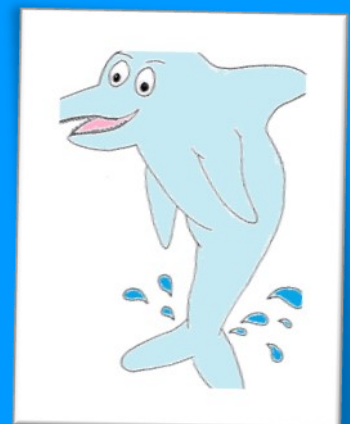
In class this week we have been thinking about having a positive attitude to learning so that we keep on trying even if things are hard.

When we think like our characters, we become learning superheroes!

Keep on improving.



Enjoy learning.



Use your imagination.



Information for the Forthcoming Year

Even if you are an existing parent, please take the time to read the following information which includes some important changes.

School Meals

A reminder that all infant children are entitled to a free school meal. School dinners for juniors (years 3, 4, 5 and 6) now cost **£2.25**. Please pay using Parent Pay.

P.E. Kit

For health and safety reasons it is vital that your child has a full PE kit, **including trainers**, in school at all times. Pupils will require black shorts and a white T shirt as well as jogging bottoms and a sweat top when the weather gets colder (as lessons may still take place outside.) All kit must be named and placed in a separate, labelled bag. **Please note that canvas pumps are no longer recommended for sport as they do not provide enough ankle support.**

Lateness and Absence

Please make sure your child is lined up in the playground, ready for a prompt start to the school day at five to nine. Please remember that lateness causes disruption to a child's learning and can make children to feel upset and anxious.

Parents' Evenings

We anticipate that you will have the chance to meet individually with your child's new class teacher via Microsoft Teams during the Autumn Term—dates to be confirmed. This meeting will be an opportunity to share information with the teacher and keep up to date with your child's academic progress.

Curriculum

We will soon be sending out the Knowledge Organisers and information for parents and carers about the children's Cornerstones Maestro Projects for this term... look out for them on email!

MUFTI (non-uniform) Days

We regularly hold MUFTI (non-uniform) Days when pupils are invited to wear clothes of their own choice to school. We do ask that clothing is safe, suitable for the weather and not revealing in any way (so no high heels, flip-flops or crop-tops, please!) MUFTI Days are fund raising events to support School Fund so please provide a donation of 50p per child if they choose to wear their own clothes. All donations are spent on buying extra resources that help to make learning even more fun.

MUFTI Dates for the Autumn Term are as follows:

Friday 25th September

Friday 23rd October

Friday 27th November

Friday 18th December—Christmas jumper day!

Home Learning and Book Bags

Home learning is a wonderful way to become involved in your child's education. It also promotes time management and academic discipline as well as being a fun way to practise skills or find out new things.

Your child should have received a new home learning book. Class teachers will stick homework into your child's book each week. We will try hard to give your child several suggested activities related to their learning in school, so that everyone feels able to achieve something. You may choose to do one or two of the suggested activities, or may find that you have time to do all of them! Children are also expected to read at home on a regular basis and learn any spellings they are given. Children from Y1 –6 must also practise their times tables. Please ensure your child has their book bag and reading book in school every day. If you have any difficulties with home learning, please speak to your child's class teacher.

Medical Appointments and Medication

Please try to make medical / dental appointments out of school hours, so that your child does not miss out on any of her / his learning. Thank you, in anticipation of your support.

If your child requires regular medication such as an asthma inhaler or an EpiPen, please inform the school office who will give you the relevant paperwork to complete. Please note that school staff are not allowed to routinely administer prescription medicines (such as antibiotics) to pupils. If your child requires antibiotics three times a day, we recommend that you administer the medicine before school, after school and before bed. Alternatively, you may come in to school and administer the medicine yourself at lunch time.

Covid-19 Safety Precautions

Please follow the one-way system whilst on the school site and maintain a physical distance from others. Please note that office staff cannot visit class 'bubbles' to deliver P.E. kit or packed lunches that arrive late at school so please ensure pupils have all necessary equipment with them on arrival at school—thank you!

Online Safety

All children in school are taught how to stay safe online as part of our Computing curriculum. If your child does have electronic devices, please check that they are being used appropriately and set up correct privacy settings and parental controls—the following links will be helpful in this matter:

<https://www.internetmatters.org/wp-content/uploads/2019/04/Internet-Matters-Booklet-Discovery-Digital-at-Primary-School.pdf>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://www.internetmatters.org/parental-controls/>

<https://www.thinkuknow.co.uk/parents/>

We would urge you to be particularly vigilant with mobile phones and to check that your child is using them appropriately on a regular basis. The minimum recommended age for using WhatsApp is 16 years. Tik Tok is 13 years.

School Office

Please be aware that our school office is temporarily closed to visitors due to Covid-19 restrictions. If you have a query or need to pass on information, please telephone or email and we will be happy to respond to your query or concern.

School Meals

Our lunch menu for next week can be seen below.

Your child may choose either a hot deli bag, a cold deli bag or a baked potato with cheese. Please note that the baked potato is also served with vegetable sticks, a dessert and a carton of juice.


If your child is a vegetarian, please look carefully at the options for each day before making your choice.

This is a temporary menu, suitable for serving in the classroom. Once "class bubbles" are allowed to mix again, we hope to return to our normal service in the dinner hall.


Applying for Free School Meals

All meals are free for pupils in Reception, Year One and Year Two. Although families must pay for lunches after this point, you may be eligible for free school meals if you receive certain benefits or have an annual income of below £16,190. You can apply for free school meals online by visiting:

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Educaterers Hot and Cold Deli Bag Menu Week 3 – w/c Mondays 14/09, 5/10, 2/11, 23/11, 14/12.

	or	
Monday (v) Cheese Sandwich (D.G.SB.), Chocolate Cracknel (G.), Juice Carton	or	British Red Tractor Chicken Fillet Wrap (G.)
Tuesday British Sliced Turkey Wrap (G.), Yoghurt (D.), Raisin Box, Juice Carton	or	(v) Veggie Hot Dog Linda McCartney veggie sausage (G.SB.SU.)
Wednesday Tuna Mayo Soft Bap (G.F.E.) Up Beet Chocolate Cake (G.E.), Fresh Fruit, Milkshake (D.)	or	Lowerhurst Farm Organic Beefburger in Bap (G.) (vegetarian only) 2 x Veggie Fingers in a Bap (G.)
Thursday British Roast Chicken Soft Bap (G.), Zesty Orange Cookie (G.), Fresh Fruit, Milkshake (D.)	or	Hot Dog featuring our award winning pork sausage (G.SU.) (vegetarian only) Veggie Hot Dog (G.SB.SU.)
Friday (v) Cheddar Cheese Wrap (D.G.), Fruit Muffin (G.E.D.), Juice Carton	or	Fish Fillet Finger Bap 2 x Fish Fingers (F.G.)

Please note all deli bags are served with either vegetable sticks or salad.

A drink is provided with each meal, water is also available on request.

Ketchup is offered with the hot bap of the day

Presentation may vary to that shown in the photographs.

Meals may be served in bags or on plates depending on where they are to be served and eaten.



www.educaterers.co.uk

Menu may change to meet customer preferences.

Tel: 01926412999

Email: contactus@educaterers.co.uk



Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



UN Convention on the Rights of the Child

Article 24: Health



A health and wellbeing update from your school nurse team

The Warwickshire School Health & Wellbeing Service is still here to provide support - even if this may be given in a different way to usual! Here's our latest newsletter with useful links, wellbeing advice, and details of how you can get help when you need it.

World Suicide Prevention Day

World Suicide Prevention Day takes place every year on the 10th September. The objective is to bring organisations and communities together to raise awareness of how we can create a world where fewer people die by suicide.

To support Suicide Prevention Day, we've put together some activities, information and resources for children and young people.



Support network and Stay Safe activities

It's important children and young people are aware of their support network and strategies for staying safe when they have periods of low mood or are struggling with their mental health. These activities can help identify coping strategies and organisations and individuals they can talk to when they need to - the details of support services below can be added to this.

[Activity one \(suitable for younger children and SEND\): hand drawing support network](#)

[Activity two: PAPYRUS Stay Safe plan](#)

Who to talk to if you need some help

If you're a child/young person and you have feelings about suicide or wanting to hurt yourself, it's really important to speak to a trusted adult. There are a number of services who can help, you can get their contact details here: compass-uk.org/cyp-services

Why not save some of these to your phone?



Did you know...

Suicide is the biggest killer of young people - male and female - aged under 35 in the UK.

In 2018, over 6,500 people died of suicide in the UK - around 18 per day.

Useful links




Back to school resources

NHS Every Mind Matters - back to school resources for all: cutt.ly/nhs-back-to-school

For parent/carers - Young Minds - what to do if your child is anxious about school: cutt.ly/ym-school-anxiety

For children and young people - Young Minds - coping with anxiety about going back to school: youngminds.org.uk/blog/coping-with-anxiety-about-going-back-to-school/

Wellbeing activities for at home

-  Draw or paint a portrait of you and your friends or family.
-  Find a green space and go for a walk. Try and spot 5 things you don't normally see.
-  Try out some of these healthy recipes that use seasonal veg: nhs.uk/change4life/recipes/dinner#seasonal

Emotional and mental health resources

Resources for professionals, parents/carers and young people: camhs-resources.co.uk

NHS Every Mind Matters
nhs.uk/oneyou/every-mind-matters

Young Minds Coronavirus support:
cutt.ly/young-minds-coronavirus

RISE resources: cwrise.com



Your school nurse team is here to help!

We know these times can be unsettling for children, young people and families. Our school nurse team is here to provide support with any concerns or questions about health and wellbeing: get in touch using the details below for free, confidential advice.

Parents/carers


Service mainline: 03300 245 204
Text Parentline: 07520 619 376

Children/young people aged 11–19 years

Text ChatHealth: 07507 331 525



www.compass-uk.org/services/warwickshire-school-health-wellbeing-service

Further links for children & young people around suicidal feelings 
youngminds.org.uk/find-help/feelings-and-symptoms/suicidal-feelings

cutt.ly/childline-suicidal-feelings

nhs.uk/conditions/suicide/

helpguide.org/articles/depression/teenagers-guide-to-depression.htm

For SEND

Video for young people & young adults with learning disabilities about suicide prevention/staying safe:
youtu.be/6ZpjtVAgJns

COVID-19 family guidance

Information for Warwickshire families:
warwickshire.gov.uk/fis

Warwickshire FIS family newsletters:
<https://cutt.ly/FIS-newsletters>

Support accessing food:
cutt.ly/accessing-food-advice

Refuge Domestic Abuse Service Warwickshire:
Call 0800 408 1552
cutt.ly/refuge-warwks

For urgent support with mental health for children and young people, please call the 24/7 CW RISE supportline:

02476 641 799 between 8am and 8pm
0300 200 0011 outside these hours

Just a quick question that's been on my mind the past few days

No problem, we're here to help. What's on your mind?