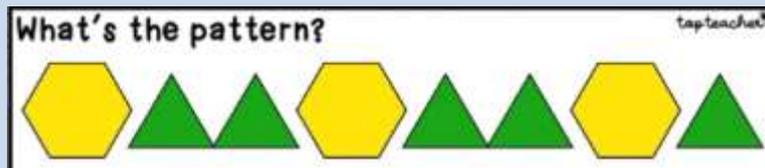


Reception



Repeating patterns



This week in Maths lessons, our Reception children have been exploring repeated patterns. The children learned how to identify and create AB patterns (such as red, blue, red, blue) and ABB patterns (red, blue, blue, red, blue, blue). We looked at patterns in everyday objects, colours, shapes, and movements.

The children then had a go at creating their own repeating patterns, using a range of resources including cubes, beads, counters, and natural materials. They enjoyed predicting what would come next in a sequence and explaining the rules behind the patterns they created.

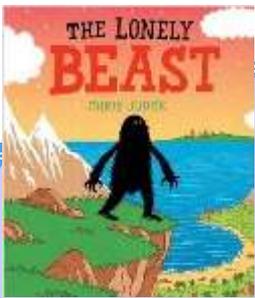


Congratulations to Rafferty, Sonny, Aurora and Lottie for coming first place and WINNING the Year 4 reading celebration run by Warwickshire School Library Service.



The children shared what they had learned during their Iron Man topic and acted out their performance poem titled Iron Man. The children competed against other local schools and impressed the judges with their confidence, imagination and eloquence.





Drama- Hot Seating

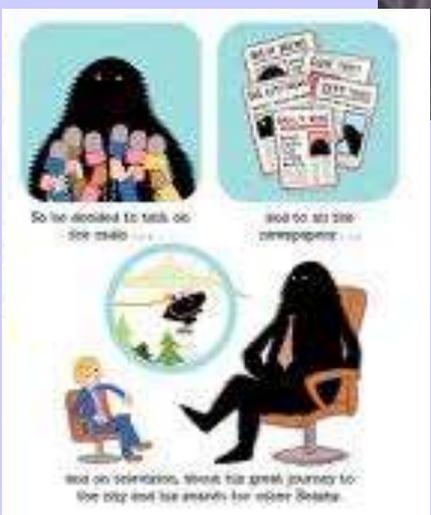
The children in Years 1 and 2 have enjoyed taking on the role of news presenters this week, as they interviewed the main character of our story 'The Beast.' They took turns to dress up as The Beast and answered questions that the news presenter posed, in role as the character. The children were challenged to think hard about the answers they gave, using the knowledge of the story to help them.



How have you been keeping busy?

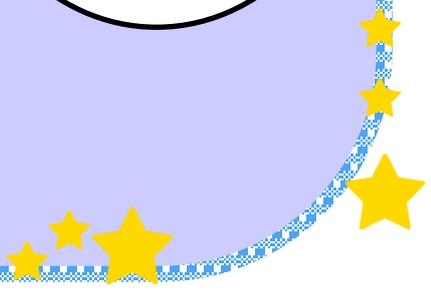
I've been on a long journey to a city and met lots of humans.

I enjoy baking and gardening. I take walks in the snow too.



What news are you sharing with the world?

I need to find The Beasts that are hiding around the world. They have black fur and yellow eyes like me!





Looking at Learning

Years 3 and 4 have been learning the Spanish colour names in their languages lesson this week.

The children played an exciting card game, matching Spanish words to the correct colours while competing with their learning partners. The children showed great teamwork and enthusiasm as they practised saying each colour aloud. The children then made colourful charts in their books and have even started answering their lunch choices in Spanish.



This learning supports the National Curriculum aim for pupils to listen attentively and respond to spoken language, explore the sounds and patterns of language and to communicate using simple words and phrases in conversation.

Red Rojo	Purple Morado
Orange Naranja	Pink Rosa
Yellow Amarillo	Brown Marrón
Green Verde	Gray Gris
Blue Azul	Black Negro

Rojo, por favor



Verde, por favor



Road Safety: Distractions



As part of the offering from Warwickshire Safe and Active travel, the children in Years 5 & 6 were visited by Louise from the road safety education team.

The session was about distractions, and its aim was to make the children aware of how impulsiveness can make affect their decision making around the road.

They learned the 7 main motivators that might influence impulsivity in young people of their age:



By identifying possible motivators the children were able to decide on coping strategies to help them avoid becoming distracted.

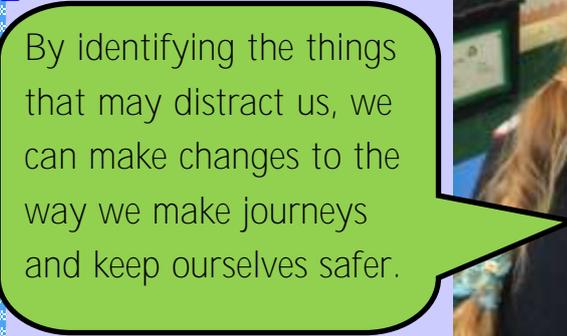


Looking at Learning

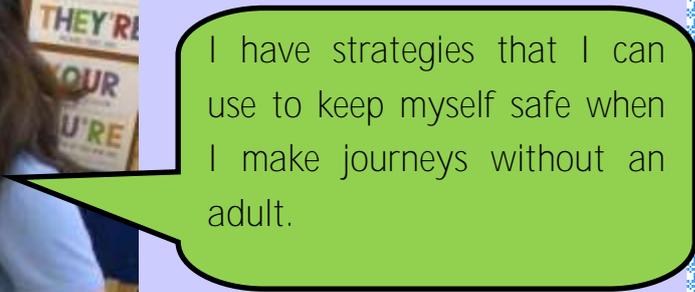


Looking at Learning

By identifying the things that may distract us, we can make changes to the way we make journeys and keep ourselves safer.



I have strategies that I can use to keep myself safe when I make journeys without an adult.



This session is particularly important in preparing the children for the move the high school, and their growing independence around roads.



WARWICKSHIRE ROAD SAFETY CLUB

Road Safety Club Code

- THINK about roads
- STOP at the kerb and wait
- LOOK and LISTEN for traffic
- THINK about what to do
- CROSS the road safely, looking and listening all the time



Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

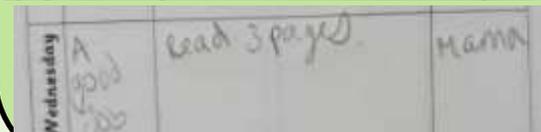
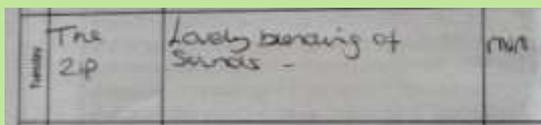
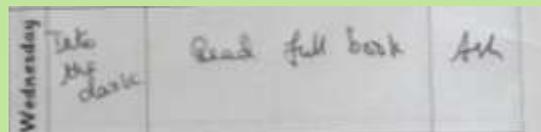
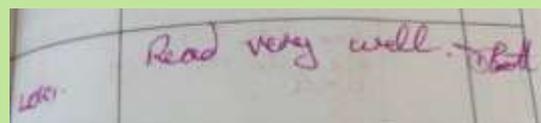
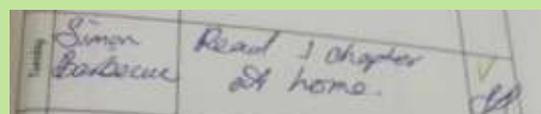
Encouraging Critical Thinking:

What do you think will happen next?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional **information about your child's** engagement, comprehension and confidence or some praise if you would **(and this is useful) but you don't have to.**



READING INCENTIVE

REMEMBER... YOU'VE GOT TO BE IN IT TO WIN IT!

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



Warwickshire
ACL and Family Learning



Family Reading Workshop



**At Lighthorne Heath Primary School
On Tuesday 24th March
Time: 1:30– 3.00pm**

Come along and help your child develop a love of reading in a FREE workshop for parents and their children.

Stories, arts, crafts, games, messy play and more.

Find out about The National Year of Reading' and collect a Bingo Card to use in your local library.

You will be required to complete an enrolment

To book your place please contact the school office.



 www.facebook.com/warksacl
 www.twitter.com/warksacl




UN Convention on the Rights of the Child
Article 29: Goals of education
Article 5, Parental Guidance, Article 18, Parental responsibility

EASTER

Celebrations

Monday 23rd March

Easter Egg Bingo. 3.25pm in the school Hall, all welcome (children must be accompanied by an adult). £1 a book of tickets.



Friday 27th March

Easter Bonnets. Design and create an Easter Bonnet and bring it to school on 27th March. Our rights Respecting School Ambassadors will be judging winners in the following categories:

- Best use of recycled materials
- Most unique design
- Best in school



Diary Dates



Spring Term	
March	
Monday 23rd March	Easter Egg BINGO! 
Tuesday 24th March	FREE Family learning session 1.30– 3.00pm – reading. Booking required.
Thursday 26th March	Reception Shared assembly. Parents welcome 2.45pm
Friday 27th March	Non uniform day. Please bring a suggested donation of £1 for school fund.
Monday 30th March—Friday 10th April	Easter holiday.

22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible
--	---	--	--	--	--	---

ACTION FOR HAPPINESS

Happier · Kinder · Together



With best wishes from Mrs Westwood, Mrs Manley and all the staff at Lighthorne Heath Primary School.

INSET Days 2025-26

Friday 10th October 2025

Monday 1st December 2025

Monday 1st June 2026

Monday 20th July 2026

UN Convention on the Rights of the Child



Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



HAF



Easter

Holiday

Activities

At **Lighthorne Heath Primary School**

TIMES

9.30am to 3.30pm

Monday
30th March
to Thursday
2nd April

Holiday Activities & Food Programme

FREE spaces available for all Lighthorne Heath children

BOOK NOW AT haf.onsidelive.co.uk



Activities to help children move more every day

Children need 60 minutes of physical activity each day, with at least 30 minutes of that outside of school. You don't need to buy expensive equipment or find lots of extra time to make a difference. Every bit of movement adds up to support their health and wellbeing.



Need some inspiration? The NHS advice pages have lots of ideas to help! Whatever your family enjoys, there's a fun way to get moving together.



 <p>Not sure where to start? Take the sports and activities quiz! Answer 3 quick questions to discover the perfect sports, activities and a Disney game tailored to your child's interests.</p>	 <p>Indoor activities for kids We have loads of fun ideas for at-home games and activities to keep the kids active when they're inside.</p>	 <p>10 Minute Shake Up games Have you tried our Disney, Pixar and Marvel inspired games? Shake Up activities are fun for all the family – and a great way for kids to get active!</p>	 <p>Accessible activities Explore tips and activities designed to help kids with additional needs stay active in ways that work best for them.</p>
---	---	---	---

Why being active matters

There are lots of good reasons for kids to be active! Research shows that physical activity helps school-age children in lots of ways.

Here are some of the benefits of staying active:

- | | | | |
|--|--|--|--|
| | Improves behaviour, self-confidence and social skills | | Improves attention levels and performance at school |
| | Develops co-ordination | | Strengthens muscles and bones |
| | Improves health and fitness | | Maintains healthy weight |
| | Helps them sleep better | | Improves mood and makes them feel good |



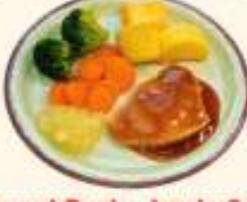
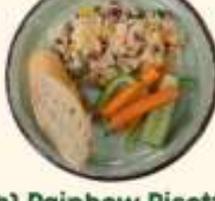
UN Convention on the Rights of the Child

- Article 29: Goals of education
- Article 18: Parental responsibilities
- Article 24: Health and health services

Lighthorne Heath Primary School Newsletter



educaterers

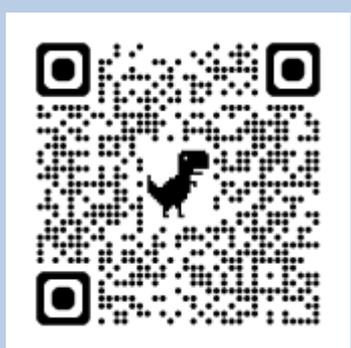
<p>Monday</p>  <p>Chicken Burger in a Bun G.</p>	or	 <p>(vg) Plant Power Burger in a Bun (G)</p>
<p>Tuesday</p>  <p>Cheese & Tomato Pizza (G,D)</p>	or	 <p>(v) Cheese D.</p>
<p>Wednesday</p>  <p>Roast Pork . Apple Sauce</p>	or	 <p>(vg) Classic Quorn Roast, Apple Sauce G.</p>
<p>Thursday</p>  <p>Chicken & Vegetable Pie (G)</p>	or	 <p>(vg) Quorn Dippers in a Wrap with Tomato Salsa (G)</p>
<p>Friday</p>  <p>Battered Fish Fillet F.G</p>	or	 <p>(v)(h) Rainbow Risotto (D)</p>

Educaterers' New Menu

Next week is Week 2 Jacket potato and choice of fillings available daily

Free School Meals

If you think that you may be eligible for free school meals applications can be made online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Mrs. Manley and Mrs Hendriksen are happy to help with FSM applications, please ask if you require assistance.

For families who pay for meals, the cost is now £2.94 per day (£14.70 per week)



UN Convention on the Rights of the Child
Article 29: Goals of education

Emotional Wellbeing and Mental Health



Mental Health in Schools Team
Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Positivity

"Every day may not be good, but there is something good in every day." - Alice Morse Earle.

Positivity means focusing on the good things in life, even when things get tough. It's about thinking and acting in a way that makes you feel happy and hopeful. Being positive can help you feel better, solve problems, and have a more joyful life.

Our tips for practising positivity:

- **Focus on the good** – Look for the positive in every situation. Every day, there is always something positive.
- **Use positive words** – Try saying things like "I can do this" or "I'll keep trying and I will get there".
- **Be kind to yourself** – Don't be too hard on yourself. Try to remind yourself that you are trying your best. Celebrate any small successes!
- **Practise gratitude** – Think about three things that you are thankful for each day. It could be something as simple as a sunny day or a friend saying something nice to you.
- **Spend time with positive people.**
- **Find something you enjoy** – Whether it is a hobby, sport, quality time with friends and family, or watching your favourite TV programme, doing something you love can bring you joy.
- **Try using positive affirmations** – Tell yourself one positive thing every day, like "I am enough" or "I am trying my best".
- **Help others** – Helping someone else, even in a small way, can make you feel good about yourself too.
- **Keep a positive journal** – Write down things that you are proud of or moments that made you smile.

Positivity makes a big difference!

When you practise positivity, you start seeing the world in a brighter way. You can face challenges with confidence and believe in yourself.

Positivity is also contagious — when you're positive, you inspire others to be positive too!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

Emotional Wellbeing and Mental Health



Our Mental Health Champions have been exploring the positive impact that good self-esteem can have on our wellbeing.



Feeling confident and valuing ourselves helps us to try new things, build friendships and cope with challenges more positively.

Why not have a go at using some positive self-affirmations each day to boost how you feel? Simple phrases such as *“I am proud of myself,”* *“I can try my best,”* or *“I am kind and important”* can make a big difference. Practising these regularly can help everyone feel happier, more confident and ready to learn.



Lighthorne Heath Learning Heroes

Reception

Mrs Gill's hero this week is Alice. Alice always gives her learning 100% and even when something is tricky she perseveres and doesn't give up. This week she has also put great effort into her maths learning and created some wonderful repeated patterns. Well done Alice!



Co-

Years 1 & 2

Miley is our hero this week for his fantastic concentration and attitude to work. Miley is always ready to learn and has interesting ideas to share. This week Miley has amazed us with his efforts across all lessons, always giving his best. Great job Miley!

Have a go



Concentrate

Years 3 & 4

Mrs Madahar has chosen Emily as this week's Year 3 and 4 Lighthorne Hero! Emily has worked incredibly hard on her presentation and handwriting and has really impressed Mrs Madahar with her fantastic improvement. Well done, Emily, keep up the great work!



Be curious!

Years 5 & 6

Mrs Cox has chosen Amelia as her Hero this week. Amelia is always kind and helpful to staff and other pupils making a real difference to others. Well done, Amelia.



Enjoy learning

Lighthorne Heath Primary School Newsletter



Persevere



Keep improving



Use your imagination



UN Convention on the Rights of the Child

Article 29: Goals of education



Early Support Team Family Support Drop in Sessions

Stratford Children's Centre Every **Thursday 12.30-3pm**

Alcester Children's Centre Every **Wednesday 1-3pm**

Lighthorne Heath Children's Centre Every **Wednesday 1-3pm**

We can offer Support with...

Health and wellbeing

Supporting your Child's Mental Health

Understanding your Child's Behaviour

Behaviour Management

Developing Routines and Boundaries

Parenting Advice

Guidance and Support

So Much More...

**Pop in for a Relaxed Chat, Cuppa and
Support or Call us on**

Early Support Duty Line 01926414144

Monday-Friday between 9am-4pm



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

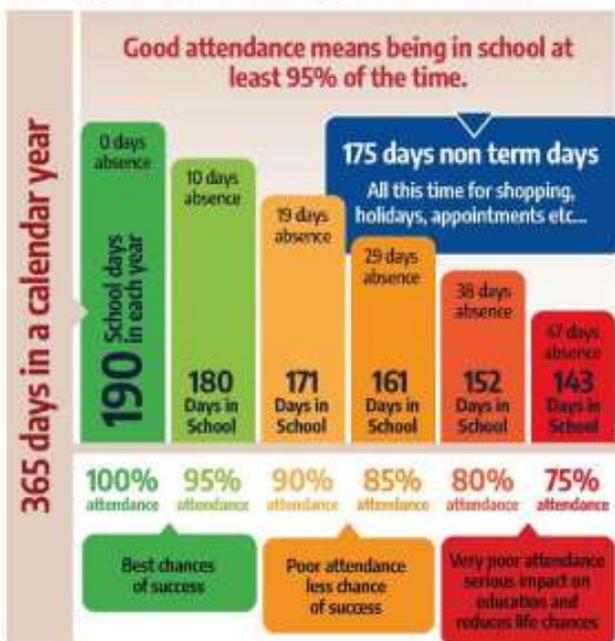


Attendance and Punctuality



Thank you to the many parents who ensure that their children attend regularly and arrive on time. Attendance is incredibly important to the education of our children and makes a big difference to a child's ability to do well at school.

DID YOU KNOW? A two-week holiday in term time means that the highest attendance you can achieve is **94.7%**



DID YOU KNOW? A child who is 15 minutes late each day, will have missed a full 2 weeks of school in one year.



In addition to attending school, it is also important that your child has what they need each day. Parents should be aware of the days in which their child has PE and-/ or swimming and ensure that children have the correct kit on the relevant day.



At this time of year it is important that children have a warm coat in school so that they can safely and comfortably play outside and complete learning activities outside the classroom.



UN Convention on the Rights of the Child

Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility

What Parents & Educators Need to Know about AI-GENERATED VIDEOS

WHAT ARE THE RISKS?

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can imitate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

DEEPFAKE ABUSE CONTENT

Shockingly, artificial intelligence is now being exploited to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse, often generated by manipulating real children's photos, including ones shared innocently online. Worryingly, the Internet Watch Foundation (IWF) has identified a sharp rise in this disturbing trend. Whether real or AI-generated, this content causes lasting trauma – and its creation or possession remains a criminal offence under UK law.

BLURRED REALITY

Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos – including actual abuse or injustices. This is known as the 'liar's dividend', where real harm is dismissed as fake news. It can discourage victims from coming forward or speaking up.

USED FOR BULLYING

Deepfake technology is already being used by peers to create embarrassing or explicit clips of classmates. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying adds a new layer of harm that is deeply personal and difficult to prove.

EMOTIONAL MANIPULATION

AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. Fake footage of crying children, injured animals or burning buildings may be created purely for clicks, donations or political influence. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their reaction.

DISINFORMATION

AI-generated videos can spread fake news, making it harder for children to separate fact from fiction. Fake clips may include deepfake interviews, hoax disasters or fabricated health claims. AI is already being used to produce misleading or persuasive material that appears authentic. If they don't develop media literacy, children may accept false content as truth.

IMPERSONATION AND SCAMS

With just a few photos or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers or bullies to create fake videos of children, teachers or celebrities. These impersonations can be used for fraud, harassment or humiliation – and can spread quickly through social media or group chats, due to the viral potential of video. In particular, on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating side-by-side examples of real vs AI-generated clips helps to build awareness. Discuss how faces, voices and even movements can be copied by machines. Understanding the technology reduces fear and builds confidence in navigating digital content safely.

TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This also helps you step in quickly if harmful content has been shared: trust is vital and needs to be nurtured.

ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? Is it trying to persuade me? These habits encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared by friends or influencers is true, even if it looks convincing at first, and that the initial approach should always be one of speculation.

STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies or personal videos on public platforms. AI tools often scrape content from social media to create deepfakes. Use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.

Meet Our Expert

Brandon O'Keefe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.11.2025



Some useful information for parents and carers, including online webinars can be accessed via The National College (formerly National Online Safety). At school, we teach the children about safe online behaviours but it is important that these messages are reinforced at home at that parents and carers are aware of how to support their children if issues arise.



School admissions



Warwickshire County Council

If you have a child who is due to start Reception or Year 7 next September, you need to apply for their school place. Applications can be made via the Warwickshire School Admissions Service. Visit their website for more information <https://www.warwickshire.gov.uk/school-admissions-appeals>

Applying for a primary school place



Applying for a Secondary School Place





BOUNDARIES AND RULES



**TUESDAY 24TH
MARCH 2026**



12:45-14:45



**LIGHTHORNE HEATH
CHILDREN AND
FAMILIES CENTRE**

Stratford Road,
CV33 9TW

Please note we are unable to accommodate children during these sessions.

For further information about this workshop please email ehparenttrainers@warwickshire.gov.uk



**Scan the QR
Code to
book your
free place**

This workshop is for parents/carers of children of all ages. It will focus on:

- How and why boundaries support children's development
- Parenting strategies that can be used to support boundaries such as rules, praise, routines.
- Identify different parenting styles
 - Build an awareness of positive parenting and how to implement this in day to day life
- Looking after ourselves as parents and carers



For Warwickshire parents only.



St
Laurence
Lighthorne &
Upper Lighthorne



Palm Sunday

Join us to explore the Easter story through craft, songs and teaching.

A free meal is provided.

Ideal for children and their families.

To book please scan QR code
or visit www.stlaurencelighthorne.org/whats-on

let us know how many are coming and any food
allergies

Sunday 29th March
4 - 5.30pm

Lighthorne Heath Village Hall





A MULTI-SENSORY STORYTELLING EXPERIENCE FOR UNDER 5'S

Open the pages of imagination as we explore books and stories through singing, performance storytelling, phonics, british sign language, and a HUGE range of weekly play activities such as messy play, mark making, sensory play, small world, numeracy and SO much more! We explore a new theme and book every week. Our classes are perfect for individuals or siblings, we have something for everyone!

Classes coming to Lighthorne Heath Village Hall!

To enquire please email Kate on
warwickleamingtonspa@storyimaginary.co.uk or visit
www.warwickleamingtonspa.storyimaginary.co.uk

Community information



WARM HUB EVERY THURSDAY

11 - 1.30

LIGHTHORNE HEATH VILLAGE HALL

Enjoy a free tea, coffee, cake
and conversation, FREE wi-fi
and laptops available

FREE SEATED CHAIR EXERCISES
EVERY WEEK - 1.00 - 1.30
a great workout

EVERYONE WELCOME!



Village Hall, Lighthorne Heath
3:15-3:45

2026:

5th Jan, 2nd Feb, 2nd March, 30th March,
27th April, 26th May, 22nd June, 20th
July, 17th August, 14th September, 12th
October, 9th November, 7th December



Each mobile library stocks:

- A selection of books, including large print
- Spoken word
- Books for young children

For more information, call (01926) 851031 or visit our website at warwickshire.gov.uk/mobilelibraries
To see our current routes, go to:
https://apps.warwickshire.gov.uk/MobileLibraries/library_routes

Community information

Join the Fun! Youth Cricket 2026 at Leamington Khalsa CC

All Stars Cricket (Ages 5-8)



A fun, game-based introduction to the sport that builds the foundations of physical activity and cricket skills in a safe environment.

All Stars Player Pack



Every participant receives a personalized T-shirt, a backpack, a cricket bat, and a ball.

Dynamos Cricket (Ages 8-11)



Focuses on developing specific cricket skills each week, ending with an exciting 60-ball "countdown cricket" match to build confidence.

Dynamos Personalised Kit



Includes a personalized Dynamos T-shirt and exclusive Topps Wildcards to collect.

Dates and Logistics



**Every Friday from
May 15 to July 10, 2026**

The 8-session course runs weekly from 18:00 to 19:00 (note: no session on May 29).

£50

**Price: £50 for
the Full Season**

The cost covers all 8 coached sessions and the participant's merchandise pack.



**Location:
Lighthorne Ground**

Held at Leamington Khalsa Cricket Club @ Lighthorne, Chesterton Bd, Warwick CV35 0AB.

Get Involved & Contact



Become a Parent Activator

Parents and carers are invited to help out on the pitch; no cricket expertise is required to support the Lead Activator.



Lead: Yohan Mendis

For more information, email Yohan yohan.mendis@gmail.com.



Scan to Register for All Stars



Scan to Register for Dynamos