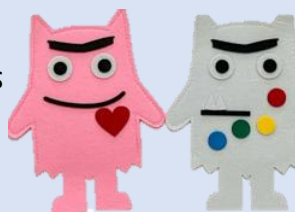




This week, our Reception class has been reading the wonderful story *The Colour Monster* by Anna Llenas. We used this book to talk about our big feelings and explore how emotions can sometimes feel completely mixed up inside!

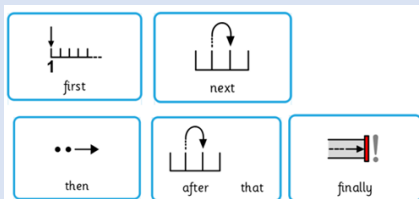
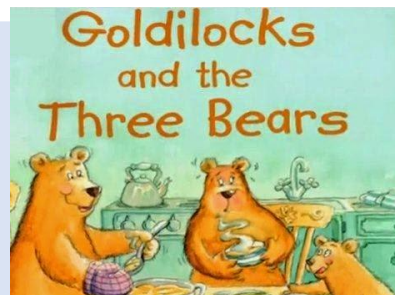


Reception



To bring the story to life, the children became colour scientists. We explored colour mixing, learning how combining primary colours creates brand-new secondary colours. Following this, the children designed and created their very own unique Colour Monster, which they used to share and express exactly how they were feeling.

Year 1 – Literacy



This week, the children have been developing their storytelling skills through the familiar tale of Goldilocks and the Three Bears.

They learned to retell the story using a story map, which helped them remember the key characters and important events in the correct order. To support their recall and understanding, the children also used Makaton signs as they retold the story. This was a fun and engaging way to help them remember the sequence of events and develop confidence when speaking.

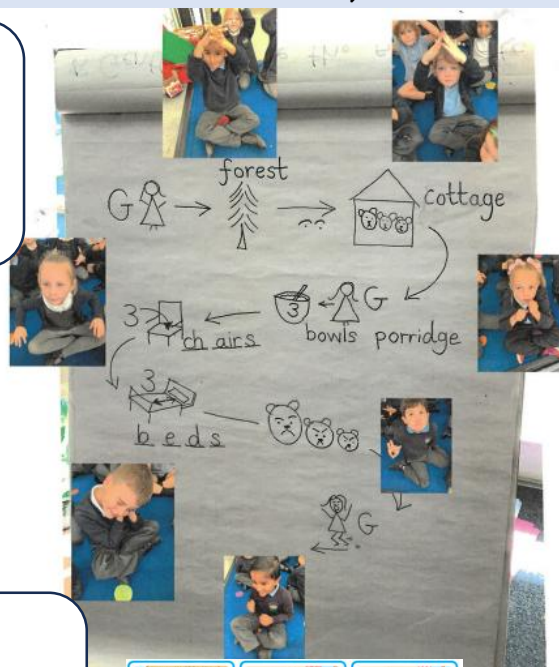
Later in the week, the children were introduced to time words such as first, next, then and finally. Working with their talk partners, they orally rehearsed sentences before taking turns to retell the story. They matched picture cards to the appropriate time words, helping them organise events and understand how these words sequence a story.



First,
Goldilocks
went to
the little
cottage.



Next,
Goldilocks
ate the tasty
porridge





This week, a very special visitor arrived in Year 2: our class dragon, Rainbow! After reading *Tell Me a Dragon*, the children used story maps, pictures and actions to retell parts of the text and build their confidence as storytellers.

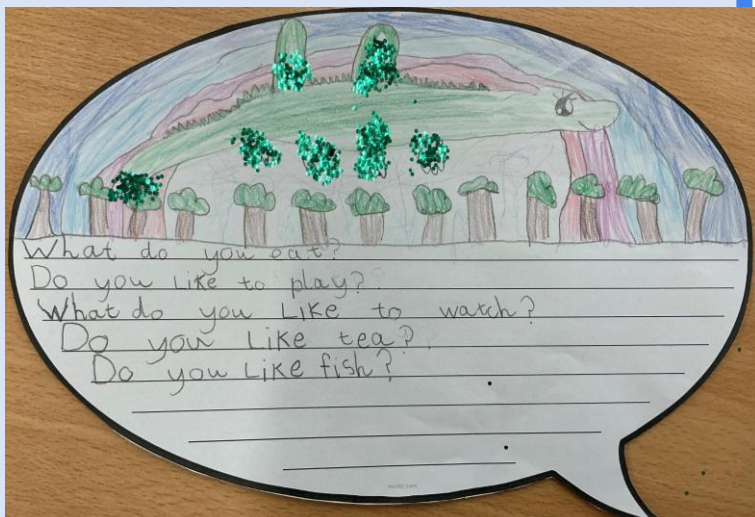
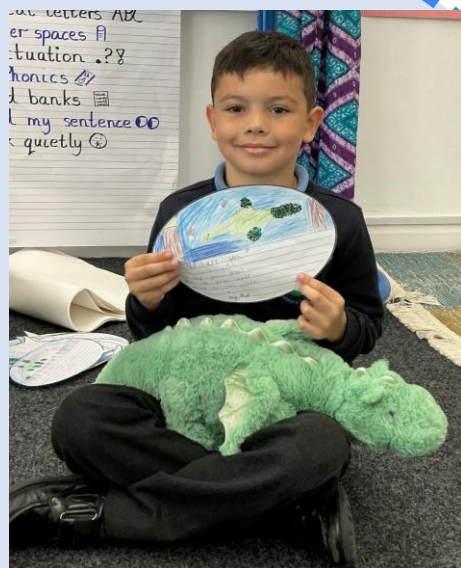
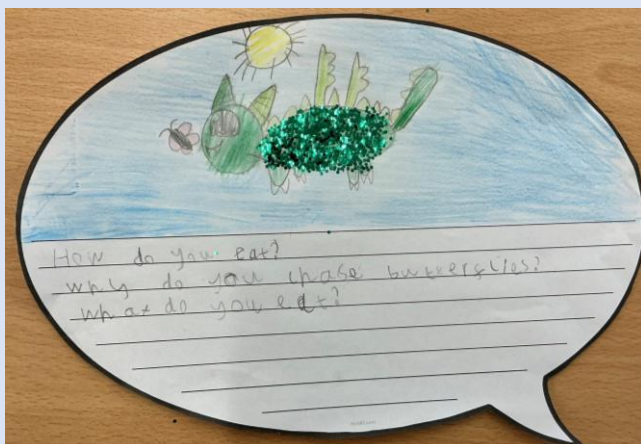
The children then used the story as inspiration to create a new class version all about Rainbow. They discussed her appearance, personality and the activities she might enjoy, changing parts of the original text to make it their own.

As part of this learning, the children explored how to write questions. They learned that questions can begin with what, why, when, where, who and how, and that every question ends with a question mark.



The children thought of some fantastic questions for Rainbow, including, “What do you like to eat?”, “Why does your tail glitter?” and “Who do you play with?”

Finally, the children wrote their questions in their best handwriting and drew colourful pictures of Rainbow, adding glitter to make her sparkle. They left their questions for Rainbow and were incredibly excited to discover that she had answered every one.



ART

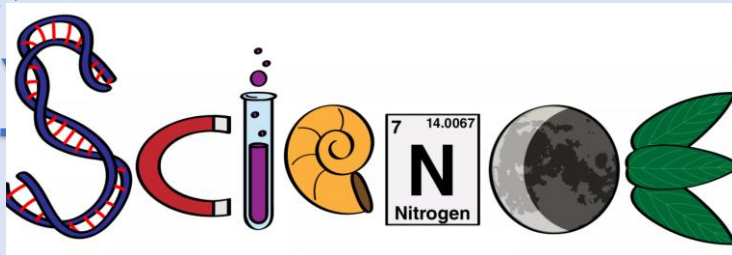
Years 3 & 4

This week, the children in Years 3 & 4 had lots of fun exploring charcoal, taking inspiration from artists Laura McKendry and Edgar Degas. We looked at how artists can use charcoal to create movement, texture and different shades of light and dark.



The children then got creative, experimenting with different marks and textures using charcoal, rubbers, brushes, their hands and white chalk. They enjoyed seeing how changing the pressure, direction and tools they used could create completely different effects.

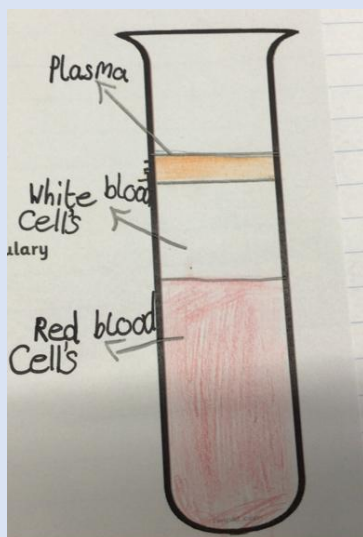
It was wonderful to see the children being creative, curious and confident as they explored the possibilities of charcoal and discovered that art can simply be about experimenting and having fun with materials.



This term in science, the children in 5/6 class have been learning about the circulatory system.

In this week's lesson, we had great fun learning about the different components of blood and making a representation of a real blood sample

Blood is made of 4 components: white blood cells, platelets and red blood cells. These components are usually mixed together but can be separated using a spinning machine called a centrifuge. When spun, the heavy components sink to the bottom, and the lighter components rise to the top. Our representation helped to show us these separate parts. The top layer represented the plasma, the thin white layer represented the white blood cells and platelets, and the red lower layer represented the red blood cells.



Years 5 & 6

Lighthorne Heath Primary School Newsletter



We worked carefully to add the right amount of each element. This would mean it was a more true representation of our blood.

After we made our samples, we thought carefully about questions we had about blood.



We used our information to find the answers to our questions. Miss Mackie looked up any questions that were not answered.

Years 5 & 6

Peer Mediation

5/6

On Tuesday morning, the children in 5/6 had a visitor to their classroom. They were excited to take part in Peer Mediation training with Peter Timms..

Peer Mediators are trained in the process and skills needed to mediate between two parties neutrally. It also gives students a forum for resolving conflicts that might never come to the attention of adults.

The children learned the 5-stages of mediation and 4 important rules to ensure that everyone feels safe and happy to share their experiences.

Rules of mediation

1. Talk only to us (Mediators)
2. Don't interrupt - let people finish before speaking
3. Don't try to upset each other
4. What we say stays with us

5 stages of mediation

- 1 What has happened?
 - 2 What do you feel about it?
 - 3 What can you do? - 'Brainstorm'
 - 4 What shall we agree to do?
 - 5 When shall we meet again - Review
- Photocopiable resource
© Peter Timms, Roger Green & Teresa Bliss

We talked about which situations we can resolve and which ones we must talk to an adult about. If we see fighting, bullying or stealing we need to involve the adults.



As peer mediators, we can help each other to solve disagreements on the playground or in other areas of life.



On Thursday, dental charity, Bright Bites, visited school to deliver oral health sessions to all children. The sessions were fun, practical and interactive, helping children learn about effective toothbrushing techniques, the names and functions of their teeth, making healthy food and drink choices and the importance of regular dental check ups. The children thoroughly enjoyed taking part in the activities and were keen to share what they had learned. It was wonderful to hear them talking confidently about how to care for their teeth and the simple steps they can take each day to keep their mouths healthy.

At the end of the session, every child received a toothbrush and toothpaste to take home. We hope families will continue to support these important messages and encourage good oral health habits at home.

We look forward to seeing lots of bright, healthy smiles around school!



All aboard, next stop YOUR SCHOOL!

The Book Bus will be holding a Book Fair at your child's school.

We invite all children, parents, and carers aboard The Book Bus to purchase from our hand-picked selection of quality books—always at fantastic value, with up to 70% off RRP.

Every book sold helps provide free books for your school's classrooms and library, supporting a love of reading for all!



Don't forget to place your child's money in a sealed envelope so they can safely spend it during class.



How to Pay
(this bit's for the grown ups)

Pay by Cash or Card

We will be available at school collection time to take cash or card payments on the bus.

Buy a Voucher

You can buy a voucher which can be redeemed by your child on the bus. Visit www.thebookbus.co.uk for more info

Not able to make it to the fair?

Visit our website and purchase books to be delivered to directly to your house.





Thursday 8th October

Children are able to bring a small amount of cash in a named envelope to visit the bus with their class during the afternoon. Families will also be able to browse after school.

Books start at £3. On average we see £5-£10 spent, or parents can purchase vouchers if they are hesitant with children bringing money:

<https://thebookbus.co.uk/product/s/the-book-bus-gift-card-15>





Our new team of Learning Detectives visited our nursery class on Friday to look for examples of positive learning behaviours. They were delighted to report that they spotted many strengths across the classroom.

The Learning Detectives noticed children showing excellent listening skills, working cooperatively with their friends, and demonstrating curiosity through their play and exploration. They were particularly impressed by the children's enthusiasm, independence and willingness to try new activities.

The Learning Detectives play an important role in celebrating positive learning behaviours across the school, helping children recognise what successful learning looks like and encouraging everyone to be the best learners they can be.

The detectives also commented on how settled and engaged the children were, creating a positive learning environment where everyone could thrive. Well done, Nursery!



We saw groups of nursery children playing together and taking turns using resources. Mrs Bush explained that they spend time learning to share and practising this skill.

Freddie was showing wonderful determination. We saw him use a hammer to push golf tees into a marrow, he managed more than 20.





We noticed the children talking to each other about what they were doing.



Ariellah was playing a game with Mrs Maull. Ariella was listening really carefully to Mrs Maull's instructions and following them. We heard Mrs Maull repeat the words if she needed to.



It was Scarlett's second day in nursery and the other children were so kind and helpful showing her where the toys belong and how to use the different resources.



We saw lots of children asking the teachers and each other different questions.

We saw one child building a tower. He wasn't put off when it fell down and had another go.



Warwickshire
Adult & Community Learning

All about Bears

Workshop for parents and their children

We're Going on a Bear Hunt
Michael Rosen
Ellen Goudrey

**A free Bear-themed workshop at
Lighthorne Heath Primary School**

**29th September
9:00-10:30am**

Fun, free session for children
and their parents.
This will include stories, early writing,
oral language and reading skills,
sensory activities, art
Crafts, games and more!

Please book your place at
The school office.

Warwickshire
County Council

www.facebook.com/warksad
www.twitter.com/warksad
www.instagram.com/warksad

A big thank you to all the families who joined us on Tuesday for our Bear Themed Learning Workshop led by Nicola from The Family Learning Service. It was lovely to see so many children engaging with the important adults in their lives through stories, poems, creative activities and investigations inspired by some of our favourite bears from children's books.



The children were fully involved throughout the session, and it was wonderful to see adults and children learning, exploring and having fun together.



Thank you for helping to make the workshop such a success. Please keep an eye on future newsletters for details of similar family learning sessions that we will be hosting throughout the year. We look forward to seeing many of you again soon.



UN Convention on the Rights of the Child
Article 29: Goals of Education
Article 18, Parental responsibility



We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.



The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 94% OF THE TIME... OR HAVING NO MORE THAN 8 DAYS OFF!



0

DAYS ABSENCE
100% ATTENDANCE



MORE TIME IN SCHOOL MEANS MORE TIME TO LEARN, DEVELOP & GROW!

8

DAYS ABSENCE
96% ATTENDANCE

19

DAYS ABSENCE
90% ATTENDANCE



LESS TIME IN SCHOOL MEANS LESS TIME TO BECOME THE VERY BEST YOU!

29

DAYS ABSENCE
85% ATTENDANCE



38

DAYS ABSENCE
80% ATTENDANCE



POOR ATTENDANCE MEANS DRASTICALLY REDUCED LIFE CHANCES!



47

DAYS ABSENCE
75% ATTENDANCE

A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

Predicting:

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

Understanding the Story:

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

Making Connections:

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

Vocabulary and Language:

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

Encouraging Critical Thinking:

What do you think will happen next?

Why do you think the character made that choice?

If you were in this situation, what would you do?

Summarising and Reflecting:

Can you tell me what happened in the story in your own words?

What was your favourite part? Why?

Did the book end the way you expected?

Extending the Story:

If you could ask the author one question, what would it be?

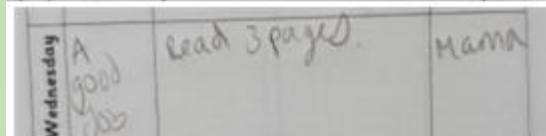
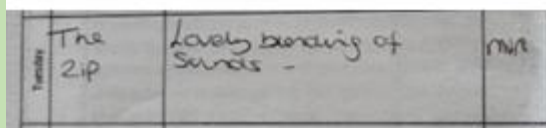
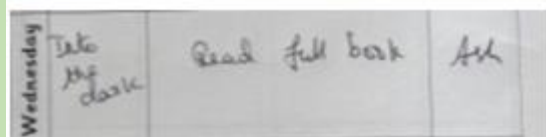
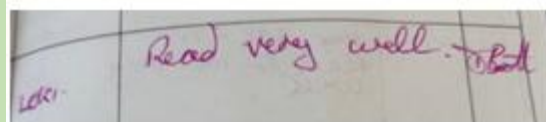
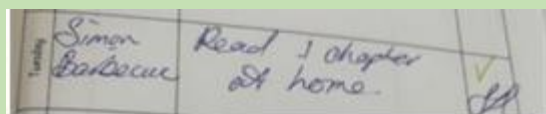
Can you think of a different ending to the story?

What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



Reading



**REMEMBER... YOU'VE GOT TO
BE IN IT TO WIN IT!**

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



Lighthorne Heath Learning Heroes

Reception

This week Mrs Gill has chosen Vanessa as her Lighthorne Hero. Vanessa has worked super hard with her phonics this week and is now starting to blend some words. I am also proud of the way she has settled into school. She is a super role model in our class.



Co-operate



Have a go



Persevere



Concentrate



Keep
improving



Be curious!



Use your imagination



Enjoy learning

Year 1

This week, we have chosen Malaya as our Hero! Malaya has gone above and beyond by spending time at home researching dinosaurs to find out more about our class topic, Dinosaur Planet. She then created and filmed her very own dinosaur news channel to share her fascinating findings with the class. We loved watching her Dino News. What fantastic enthusiasm and dedication to learning. Well done, Malaya.

Year 2

Miss Singh has chosen Alex as this week's Lighthorne Heath Hero. Alex has shown great curiosity about our learning and has continued exploring our class dragon and Rapunzel at home. He has created lovely pictures for the class and brought in interesting items to share. Well done, Alex.

Years 3 & 4

This week, Mrs Madahar has chosen Aria as our Class Hero! Aria is such a happy and caring member of our class, always greeting everyone with a smile and being an absolute joy to teach. I have been so impressed with her imaginative ideas and fantastic creativity during our adventure story writing. Aria has shown great enthusiasm and confidence when sharing her ideas.

Years 5 & 6

Our Y 5 & 6 hero this week is Rogan for his beautifully presented work and neat joined handwriting. It is always a pleasure to look at his books as he keep trying and improving like our learning characters. Well done Rogan

Emotional Wellbeing and Mental Health



ACTION FOR HAPPINESS

Optimistic October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 5 Be a realistic optimist. See life as it is, but focus on what's good	 6 Remind yourself that things can change for the better	 7 Look for the good in people around you today	1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list
12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing	14 Do something constructive to improve a difficult situation	15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead
19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time	21 Let go of the expectations of others and focus on what matters to you	22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?
26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?	29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month	

ACTION FOR HAPPINESS

Happier · Kinder · Together



Check out Action for Happiness' Optimistic October for daily prompts to support happier living, and take a moment each day to pause, reflect and focus on the positives ahead.

20 Find joy in tackling a task you've put off for some time

29 Plan a fun or exciting activity to look forward to

7 Look for the good in people around you today



UN Convention on the Rights of the Child
Article 29: Goals of Education

Diary Dates



October	
Thursday 1 st October	Bright Bites Dental Health presentations to all classes in school
Monday 5 th October	INSET day- school closed to pupils
Thursday 8 th October	Book Bus visiting school (more information to follow.
Friday 9 th October	World Mental Health Day. Please wear yellow to promote hope and happiness. We will be collecting money for Young Minds. Classes will complete activities to promote this important day.
Wednesday 14 th October	Years 5 & 6 trip. Primary STEM Careers Days with Playground Games.
Monday 19 th October	School Tour for prospective reception parents, 10.00-11.00am
Tuesday 20 th October	Parent teacher meetings
Wednesday 21 st October	Parent teacher meetings
Friday 23 rd October	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
26 th October– 30 th October	Half Term Holiday
November	
Monday 2 nd November	Autumn 2 begins
Friday 6 th November	Pupil individual photographs
Monday 9 th November	NHS vision screening for Reception pupils
Tuesday 10 th November	Nasal Flu Vaccinations
Monday 9 th November	School Tour for prospective reception parents, 4.00-5.00pm
Friday 27 th November	Non uniform day. We request that children bring a donation to school fund. Suggested donation £1
December	
December dates to follow.	

Next week is Week 2. Jacket potatoes and fillings are also available daily.

Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

• **Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit

• **Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400. Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:



Monday		
	or	
Pork Sausages (G,SU,SB,D)		(v) Plant Power Sausages (D)
Tuesday		
	or	
(h) Beef Bolognese (G,D)		(v) Vegetarian Bolognese (G,SB,D)
Wednesday		
	or	
Roast Chicken Fillet Stuffing ball (G)		(vg) Quorn Roast Stuffing ball (G)
Thursday		
	or	
(v) Cheese & Tomato Pizza Wedge (G,D)		(v) Cheese (D)
Friday		
	or	
Battered Fish Fillet (F,G)		(v)(h) Cheesy Omelette (E,D)



Love British Food
25th ANNIVERSARY 2002-2026
FORTNIGHT
26th September to 12th October 2026

British Cuisine

 Fish & Chips	 Sausage & Mash	 Shepherd's Pie
 Yorkshire Pudding	 Afternoon tea	 Apple Pie

educaterers
caring is our secret ingredient



Jungle Explorer Lunch
Thursday 1st October 2026
Census Day Menu

Explorer's Big Brunch with Safari Potatoes - sausages, hash brown and baked beans (G.SB.SU)
or
(v) **Sweet 'n' Sour Quorn with Wild Jungle Rice** (G.E) - served with Broccoli Trees
or
(v.h) **Rainforest Crunch Cookie** (G)
or
(vg) **Jungle Jelly with Snakes Eggs** - jelly with grapes
Allergen Free alternatives are also available

Allergens:
H-Homemade
G-Gluten
SB-Soya
SU-Sulphites
E-Egg
VG-Vegan
V-Vegetarian



Roald Dahl Day
Tuesday 13th October

Georges Marvellous Meatballs with Wormwood Noodles (SB.SU.G)

(VG) Mosquitoes' Toes & Wampish Roes most delicately formed into Vegetable Fingers with Crabcruncher Diced Potatoes (G)

Trunchbull's Vegetables
Snazz Vegetable Sticks

(V.h) Bruce Bogtrotter's Chocolate Cake (G.D.E)
Bunces Doughnuts (G.E.D.SB)

Allergen Key:
V-Vegetarian
VG-Vegan
SB-Soya
SU-Sulphites
G-Gluten
D-Dairy
E-Egg
H-Homemade

Allergen Free alternatives are also available



BONFIRE Night
THURSDAY NOVEMBER 5th 2026

Fire Cracker Burger in a Bun (G,G,SB)
or
(v.h) Campfire Crunch Wrap (G.D)
Sticks of Dynamite Chipped Potatoes
Cascade of Vegetables (carrots & sweetcorn)
or
Sky Rocket Salad
(v) Glowing Gingerbread Biscuit (G)
or
(v) Swirling Strawberry Whip (D)

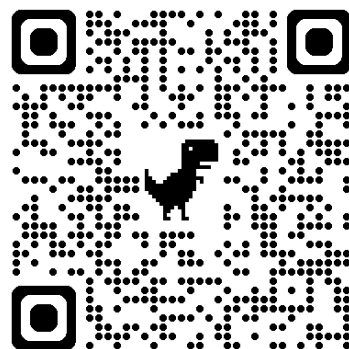
Allergens:
H-Homemade
G-Gluten
SB-Soya
SU-Sulphites
E-Egg
VG-Vegan
V-Vegetarian

Allergen Free alternatives are also available

Free Parenting Courses

Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.



<https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/>



Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course

SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE



No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274

fis@warwickshire.gov.uk

[@WarwickshireFIS](https://www.facebook.com/WarwickshireFIS) [@WarksFIS](https://twitter.com/WarksFIS)

Available Monday to Friday, 9am to 5pm.
All enquiries will be responded to during this time.

FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm.
All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: www.warwickshire.gov.uk/familysupport for more information.

For more information and advice for families including parenting courses, workshops and other support services go to: www.warwickshire.gov.uk/childrenandfamilies



Delivered by



Chat and a cuppa

Face-to-face support groups for
parents/carers of autistic children

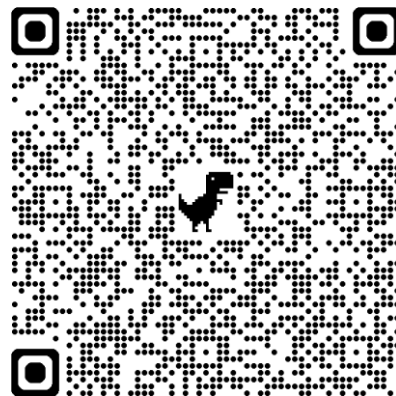
For Coventry and Warwickshire residents only

**Chat and Cuppa – LEAMINGTON I
support group for parents/carers by...**

Wed, Oct 7 • 12:30 PM + 2 more

Royal Leamington Spa

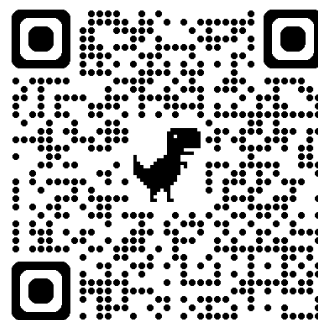
Free



UN Convention on the Rights of the Child

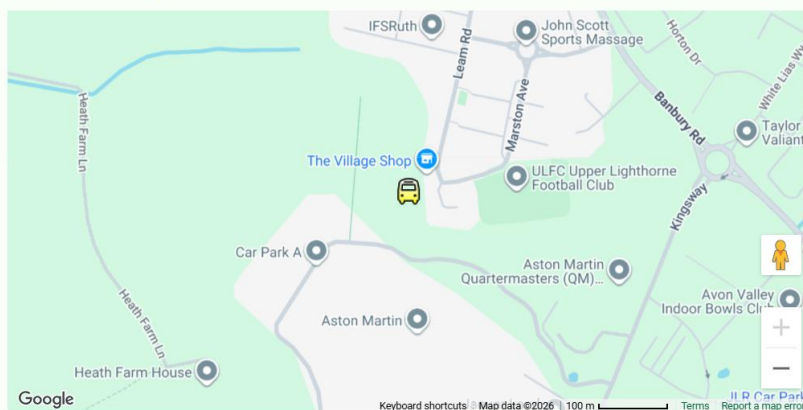
Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall on the following dates: **[insert dates]**. Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026 12 October 2026 9 November 2026 7 December 2026

FREE SINGING WORKSHOP

For Children aged 5-18

6pm to 7pm for ages 5-9
7pm to 8.30pm for ages 10-18



Wednesday
14th October

St John the Baptist Church

Tachbrook Street, Leamington Spa CV31 3BN



www.warwickshireyouthchoirs.org

Registered Charity Number 1211368