

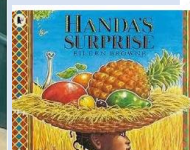
## Reception

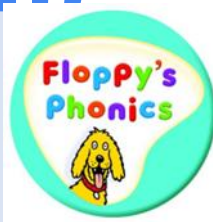
# Keeping Healthy

During our 'All About Me' topic, the children have been learning about how to keep themselves healthy.

We explored healthy eating through the stories Handa's Surprise and The Stone Soup, discussing the different fruits and vegetables featured in each book. The children enjoyed using fruit and vegetables for printing activities and shared their own ideas about which vegetables would make a tasty soup.

The children also learned about the importance of looking after their teeth. Through songs and discussions, they discovered why it is important to visit the dentist and brush their teeth twice a day. We talked about good hygiene habits too, and the children confidently explained why washing their hands before eating and after using the toilet helps to keep us healthy and safe.





# Year 1 – Phonics

This week in Phonics, Year 1 have been developing their reading and spelling skills. We have been practising blending sounds to read words and segmenting words into sounds to spell them.

Our focus sounds have been: ch • sh • th • ng • nk

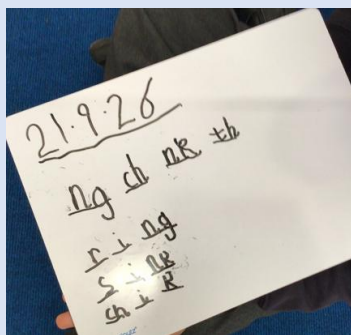
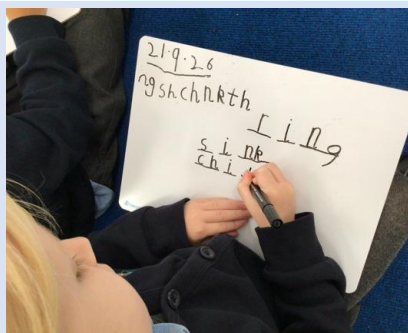
The children have been working hard to recognise these sounds in words and apply their phonics knowledge when reading and writing. Well done, Year 1.

## Spilt drinks

chin cheek  
chicks shelf  
splash teeth  
ship drinks  
ink ankle  
ring pink  
three brush  
this think



ch sh th ng nk





The children in Year 2 have been introduced to our new guided reading book, *Rapunzel* by Bethan Woollvin.

Before beginning the book, the children listened to the traditional tale of *Rapunzel* and used stick puppets to retell the main events in the correct order. This helped them to develop their understanding of sequencing and encouraged them to use the language and features of a traditional tale. They also practised making predictions and discussing the characters, setting and events.

The children then began reading Bethan Woollvin's version of *Rapunzel* and explored the meanings of unfamiliar vocabulary, including 'terrible' and 'curse'. They discussed these words in context and considered how authors choose vocabulary to create particular effects and develop the atmosphere of a story.

Finally, the children designed their own witch's potion using a range of wonderfully disgusting ingredients and invented a terrible curse for Rapunzel. They had great fun selecting imaginative vocabulary and explaining the effects their potions and curses would have. The children produced some wonderfully imaginative ideas, with plenty of gruesome ingredients, creative curses and fantastic descriptive language!





## Years 3 & 4

To launch our Spanish lessons, we were delighted to welcome a special visitor into our classroom. Lucas's mum, who is a native Spanish speaker, shared her language and culture with us through a Spanish story, song and some fun games.



The children particularly enjoyed an exciting and active matching challenge, where they had to move around the classroom to find the person holding the opposite card to theirs.

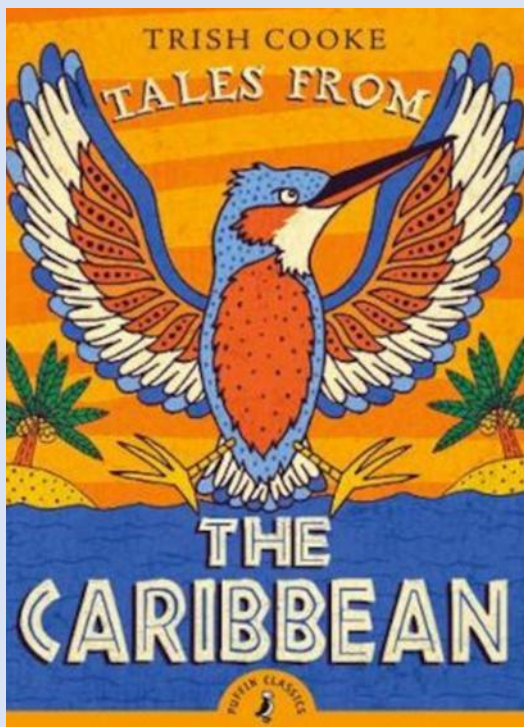
It was a fantastic way to begin our Spanish learning journey, with lots of enthusiasm, laughter and new vocabulary along the way. ¡Qué divertido!

Thank you, Laura, we hope to welcome you to our class again soon.

## Years 5 & 6

# Guided Reading

As part of our Guided Reading this term, the children in years 5 & 6 have been reading 'Tales from the Caribbean' A collection of favourite tales gathered from the many different islands of the Caribbean, one of the world's richest sources of traditional storytelling. From the very first Kingfisher to Anansi the Spider Man, these lively retellings full of humour and pathos, are beautifully retold by Trish Cooke.



This week's story has been Brer Anansi and Brer Snake.

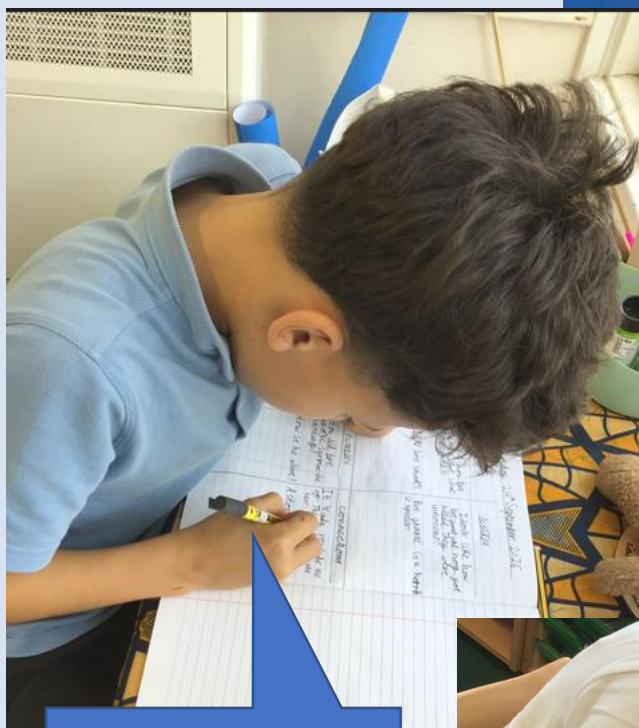
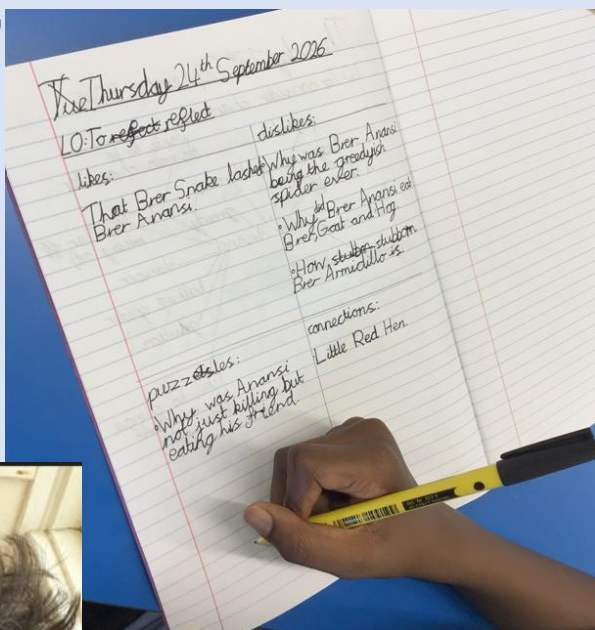
In this story during a severe famine, the other animals work hard to grow crops, but the lazy spider Anansi refuses to help.

As he begins to starve, Anansi goes to Brother Snake to beg for food. Snake agrees to supply him with meals, but on one terrifying condition: Anansi must allow Snake to whip him with his tail every single night.

Anansi accepts the deal, arrogantly believing his own cleverness will allow him to trick Snake and escape the punishment. However, Snake holds him strictly to the bargain, teaching the trickster a painful lesson about laziness and greed.

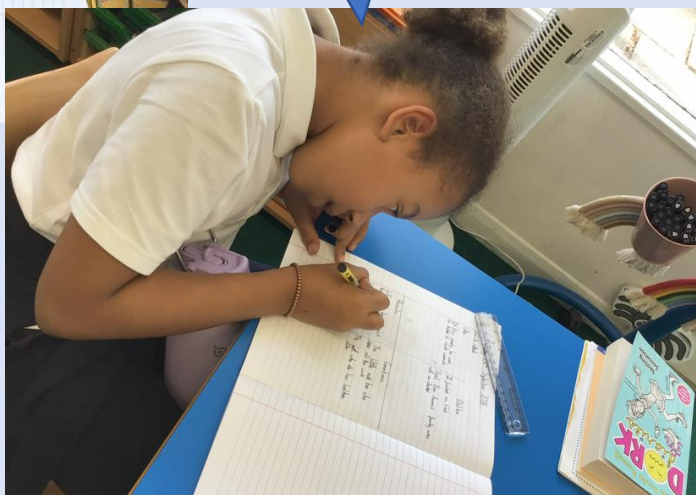
# Years 5 & 6

After listening to the story, the children reflected on what they had heard and we discussed our likes, dislikes, what puzzled us and any connections that we could make.



This way of working helps us to think more critically about what we are reading. We listen carefully and make our own reflections on what has been written

We are often surprised by how many connections we find with other things we have read when we really think about it.



# SKIP2BFIT

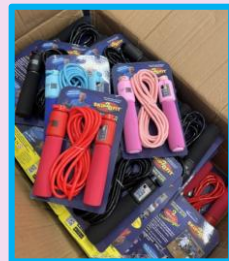
On Tuesday, we welcomed David from Skip 2 Be Fit into school for a fun-filled day of skipping!

David led skipping workshops for all classes, teaching the children new skills, tricks and techniques while encouraging everyone to challenge themselves and have fun. There was lots of enthusiasm, determination and plenty of impressive skipping on show throughout the day!

The day ended with a special assembly, where our class skipping champions were announced. We then enjoyed an exciting Skip-Off between our overall pupil champion, Louie, and staff champion, Miss Singh. After a closely fought competition, Louie was crowned the winner.

To keep the skipping fun going, school has purchased every child their own special skipping rope to use in school. We will be encouraging everyone to practise, challenge themselves and try to improve their personal best scores.

Well done to all of our children and staff for taking part with such enthusiasm, and a huge congratulations to our skipping champions.



# Meet our Junior Leadership Team



Each year, children can nominate themselves to be part of one of our Junior Leadership Committees. The committees work with staff to help make important decisions and share their ideas. This gives children the chance to have their say, help develop our school and make a difference in our community.

We are delighted to introduce our 2026–27 team!



# Meet our Junior Leadership Team



## All aboard, next stop YOUR SCHOOL!

**The Book Bus will be holding a Book Fair at your child's school.**

We invite all children, parents, and carers aboard The Book Bus to purchase from our hand-picked selection of quality books—always at fantastic value, with up to 70% off RRP.

Every book sold helps provide free books for your school's classrooms and library, supporting a love of reading for all!



Don't forget to place your child's money in a sealed envelope so they can safely spend it during class.



**How to Pay**  
(this bit's for the grown ups)

### **Pay by Cash or Card**

We will be available at school collection time to take cash or card payments on the bus.

### **Buy a Voucher**

You can buy a voucher which can be redeemed by your child on the bus. Visit [www.thebookbus.co.uk](http://www.thebookbus.co.uk) for more info

### **Not able to make it to the fair?**

Visit our website and purchase books to be delivered to directly to your house.





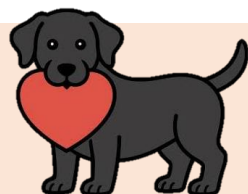
Thursday 8<sup>th</sup> October

Children are able to bring a small amount of cash in a named envelope to visit the bus with their class during the afternoon. Families will also be able to browse after school.

Books start at £3. On average we see £5-£10 spent, or parents can purchase vouchers if they are hesitant with children bringing money:

<https://thebookbus.co.uk/product/s/the-book-bus-gift-card-15>





At school, we offer a wide range of interventions and opportunities to support our children in many different ways, helping them to feel happy, confident and ready to learn.

One of our most popular interventions is a weekly visit from Tommy, our Pets As Therapy dog, who comes into school with his owner, Carol. Tommy provides comfort and support to pupils and is a wonderful listener. He particularly enjoys settling down with the children and listening to them read!

The children were delighted to welcome Tommy back into school again this week and enjoyed spending some special time with him. He brings lots of smiles, calm and positivity to the children he meets.

We currently have a short waiting list for this intervention. If you feel that your child would benefit from spending some time with Tommy, please speak to Mrs Manley.



Warwickshire  
Adult & Community Learning

## All about Bears

Family  
Learning

Workshop for parents and their children

*We're Going on a Bear Hunt*

Michael Rosen Helen Oxenbury



### A free Bear-themed workshop at Lighthorne Heath Primary School

29th September

9:00-10:30am

Fun, free session for children  
and their parents.

This will include stories, early writing,  
oral language and reading skills,  
sensory activities, art  
Crafts, games and more!

Please book your place at  
The school office.



[www.facebook.com/warksacl](https://www.facebook.com/warksacl)  
[www.twitter.com/warksacl](https://www.twitter.com/warksacl)  
[www.instagram.com/warksacl](https://www.instagram.com/warksacl)



We want to provide the healthiest possible environment for all our children to thrive.

Please remember that we are a water only school and children are not permitted to bring juice or squash to drink during the day. This is in line with NHS advice.

We have a water cooler in school and children are welcome to fill up their bottles when they need.



The NHS states that the best drinks to give children are water and milk.

Children should avoid sugary fizzy drinks, squash and juice drinks completely. Children who drink a lot of sugary drinks are more likely to become overweight. The added sugar in these drinks can also damage teeth.



## GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 94% OF THE TIME... OR HAVING NO MORE THAN 8 DAYS OFF!



0

DAYS ABSENCE  
100% ATTENDANCE



MORE TIME IN SCHOOL MEANS MORE TIME TO LEARN, DEVELOP & GROW!

8

DAYS ABSENCE  
96% ATTENDANCE

19

DAYS ABSENCE  
90% ATTENDANCE



LESS TIME IN SCHOOL MEANS LESS TIME TO BECOME THE VERY BEST YOU!

29

DAYS ABSENCE  
85% ATTENDANCE



38

DAYS ABSENCE  
80% ATTENDANCE



POOR ATTENDANCE MEANS DRASTICALLY REDUCED LIFE CHANCES!



47

DAYS ABSENCE  
75% ATTENDANCE

## A Guide to Supporting Your Child's Reading

Questions to ask your child when reading fiction:

### **Predicting:**

What do you think this book will be about based on the title and cover?

Have you read any books by this author before? What were they like?

What do you already know about this topic?

### **Understanding the Story:**

What is happening in the story so far?

Who are the main characters? What do we know about them?

Where and when does the story take place?

### **Making Connections:**

Does this story remind you of anything in your life?

Have you read another book like this before?

How do you think the character is feeling? Why?

### **Vocabulary and Language:**

What does this word mean? Can you use it in a sentence?

Are there any words that you don't understand?

How do the illustrations help to tell the story?

### **Encouraging Critical Thinking:**

What do you think will happen next?

Why do you think the character made that choice?

If you were in this situation, what would you do?

### **Summarising and Reflecting:**

Can you tell me what happened in the story in your own words?

What was your favourite part? Why?

Did the book end the way you expected?

### **Extending the Story:**

If you could ask the author one question, what would it be?

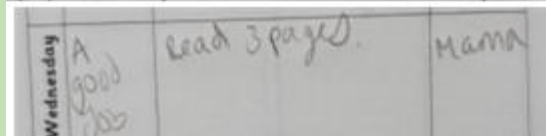
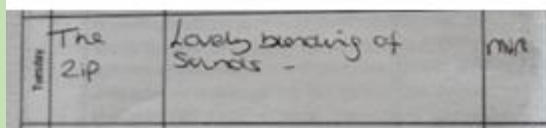
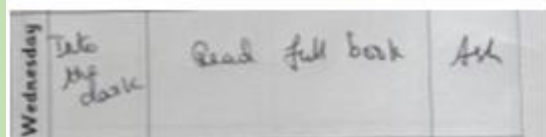
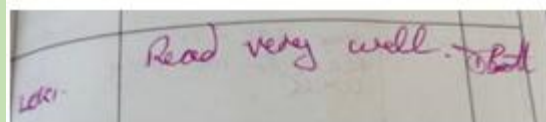
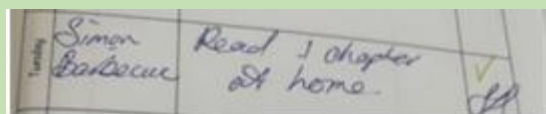
Can you think of a different ending to the story?

What did you learn from this book?

Filling in the reading record:

When signing your child's reading record, please include the date that your child read, the title of the book (or the material that they read) and your initials.

You are welcome to include additional information about your child's engagement, comprehension and confidence or some praise if you would (and this is useful) but you don't have to



## Reading



**REMEMBER... YOU'VE GOT TO  
BE IN IT TO WIN IT!**

1. Share a book with an adult at home at least 3 times each week (you can read your school reading book or any other reading material).
2. Ask the adult to sign your reading diary each time they share a book with you.
3. Make sure that your reading diary is in school each day. On Friday, bring this to the office and show the Learning Detectives. If your diary is signed 3 times or more for that week, you will receive a raffle ticket.
4. The raffle tickets will go to celebration assembly and prizes will be given each week for raffle tickets drawn.



# Lighthorne Heath Learning Heroes

## Reception

Flossy has been chosen for consistently demonstrating a fantastic 'have a go' attitude, just like our *Have A Go Pig* learning character. She is always willing to try new things, have a go even when something feels tricky, and keep going when she doesn't get it right straight away.



Co-operate



Have a go

## Year 1

This week's Year 1 learning Hero is Harsh.

Harsh has been recognised for his excellent behaviour, fantastic concentration and hard work across all lessons. He has shown a positive attitude to learning and has consistently tried his very best.

Well done, Harsh.



Persevere



Concentrate

## Year 2

Miss Singh has chosen Kit as this week's Lighthorne Hero. Kit has shown excellent listening skills and has been very helpful to the adults in class. He also demonstrated great Geography knowledge by naming the different countries and capital cities of the United Kingdom.



Keep  
jump to going



Be curious!

## Years 3 & 4

This week, Mrs Madahar has chosen Atlanta as our Class Hero! She has a calm and sensible approach to everything she does and is always motivated to do her very best. Atlanta is kind, thoughtful and a wonderful member of our class community. We are so proud of how confidently she has settled in and all that she has achieved already. Well done, Atlanta!



Use your imagination



Enjoy learning

## Years 5 & 6

Our hero in years 5 & 6 this week is Hunter. Hunter has had a great first week, has always had a smile on his face. He has concentrated hard during his learning and kept on having a go, even when he has found things hard. Keep up the good work, Hunter.

# Emotional Wellbeing and Mental Health



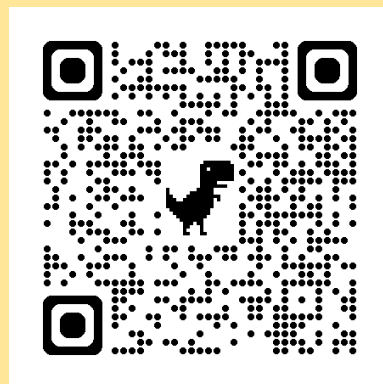
## 10 Keys to Happier Living

ACTION FOR HAPPINESS

Everyone's path to happiness is different.

Based on the latest research, Action For Happiness have identified 10 Keys that tend to make life happier and more fulfilling.

Each can be explored via their website, follow the QR code for more information.



# Diary Dates



## September

|                                    |                                                                                                                                                                                                   |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tuesday 29 <sup>th</sup> September | Family Learning session. For children and their parents in Reception, Years 1 and 2. Raising Early Achievement in Literacy, bear themed session. 9.00- 10.30am. Please contact the office to book |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## October

|                                                    |                                                                                                                                                                                                |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Thursday 1 <sup>st</sup> October                   | Bright Bites Dental Health presentations to all classes in school                                                                                                                              |
| Monday 5 <sup>th</sup> October                     | <b>INSET day- school closed to pupils</b>                                                                                                                                                      |
| Thursday 8 <sup>th</sup> October                   | Book Bus visiting school                                                                                                                                                                       |
| Friday 9 <sup>th</sup> October                     | World Mental Health Day. Please wear yellow to promote hope and happiness. We will be collecting money for Young Minds.<br><br>Classes will complete activities to promote this important day. |
| Wednesday 14 <sup>th</sup> October                 | Years 5 & 6 trip to British Motor Museum - Primary STEM Careers Days with Playground Games.                                                                                                    |
| Monday 19 <sup>th</sup> October                    | School Tour for prospective Reception parents, 10.00-11.00am                                                                                                                                   |
| Friday 23 <sup>rd</sup> October                    | Non uniform day. We request that children bring a donation to school fund. Suggested donation £1                                                                                               |
| 26 <sup>th</sup> October– 30 <sup>th</sup> October | Half Term Holiday                                                                                                                                                                              |

## November

|                                   |                                                                                                  |
|-----------------------------------|--------------------------------------------------------------------------------------------------|
| Monday 2nd November               | Autumn 2 begins                                                                                  |
| Friday 6 <sup>th</sup> November   | Pupil individual photographs                                                                     |
| Monday 9 <sup>th</sup> November   | NHS vision screening for Reception pupils                                                        |
| Tuesday 10 <sup>th</sup> November | Nasal Flu Vaccinations                                                                           |
| Monday 9 <sup>th</sup> November   | School Tour for prospective reception parents, 4.00-5.00pm                                       |
| Friday 27 <sup>th</sup> November  | Non uniform day. We request that children bring a donation to school fund. Suggested donation £1 |
| Monday 30 <sup>th</sup> November  | Height & Weight Check for pupils in Reception and Year 6.                                        |

## December

December dates to follow.

Next week is Week 1. Jacket potatoes and fillings are also available daily.

### Free School Meals

For the new school year starting in September 2026, there will be two categories of free school meal eligibility depending on your financial circumstances:

• **Targeted free school meals** for those getting Universal Credit with annual household earnings of £7,400 or less, or another qualifying benefit

• **Expanded free school meals** for anyone getting Universal credit whose annual earnings are above £7,400. Households in **both categories** will benefit from the financial savings of getting free school meals.

For more information and to apply follow this link:

| Week 1                                                         |                                           |
|----------------------------------------------------------------|-------------------------------------------|
| <b>Monday</b><br><br>Pork Meatballs in Tomato Sauce (G)        | <br>(v)(h) Tomato Pasta Bake (G.D)        |
| <b>Tuesday</b><br><br>(h) Mild Chicken Curry                   | <br>(v) Cheese & Tomato Pizza Wedge (G.D) |
| <b>Wednesday</b><br><br>Roast Pork, Apple Sauce                | <br>(vg) Quorn Roast, Apple Sauce (G)     |
| <b>Thursday</b><br><br>(v)(h) Broccoli & Sweetcorn Pasta (D.G) | <br>[(v) Cheese (D)                       |
| <b>Friday</b><br><br>Fish Fillet Fingers (F.G)                 | <br>(vg) Garden Vegetable Fingers (G)     |



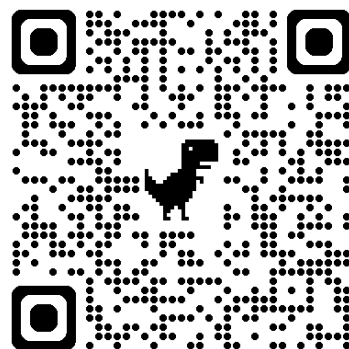
# Lighthorne Heath Primary School Newsletter



## Free Parenting Courses

Warwickshire offers a range of free parenting courses covering topics such as play, sleep, behaviour and co-parenting.

The courses provide helpful tips, techniques and ideas from experienced parenting professionals to support you in feeling confident as a parent. Follow the link below to view the full course timetable.



<https://www.coramfamilylives.org.uk/how-we-can-help/online-parenting-courses/>



Let's Play online parenting course



Parenting Neurodivergent Children online course



Parents Together online parenting course



Sibling Arguments online parenting course



Bringing Up Confident Children online course



Challenging Behaviour in Teens online course

# SUPPORT AND ADVICE FOR FAMILIES IN WARWICKSHIRE



No one ever said being a parent or carer was easy! There are lots of support services available in Warwickshire to support you and your family...

## THE FAMILY INFORMATION SERVICE

Get in touch with Warwickshire's Family Information Service for advice and guidance on a wide range of subjects including:

- Housing
- Finance
- Childcare
- Parental conflict and contact
- Special Educational Needs and Disabilities (SEND)

01926 742274

fis@warwickshire.gov.uk

@WarwickshireFIS @WarksFIS

Available Monday to Friday, 9am to 5pm. All enquiries will be responded to during this time.

## FAMILY SUPPORT

Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life.

Support can be offered through telephone calls, video calls, text messages or email to suit your needs.

01926 412412

Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.

To contact your local district or borough family support team via email please visit: [www.warwickshire.gov.uk/familysupport](http://www.warwickshire.gov.uk/familysupport) for more information.



For more information and advice for families including parenting courses, workshops and other support services go to: [www.warwickshire.gov.uk/childrenandfamilies](http://www.warwickshire.gov.uk/childrenandfamilies)



Delivered by



## Chat and a cuppa

Face-to-face support groups for parents/carers of autistic children

**For Coventry and Warwickshire residents only**

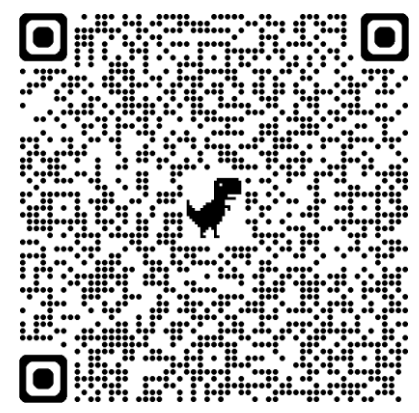


**Chat and Cuppa - LEAMINGTON I support group for parents/carers by...**

Wed, Oct 7 • 12:30 PM + 2 more

Royal Leamington Spa

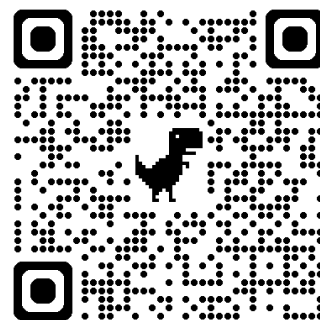
**Free**



UN Convention on the Rights of the Child

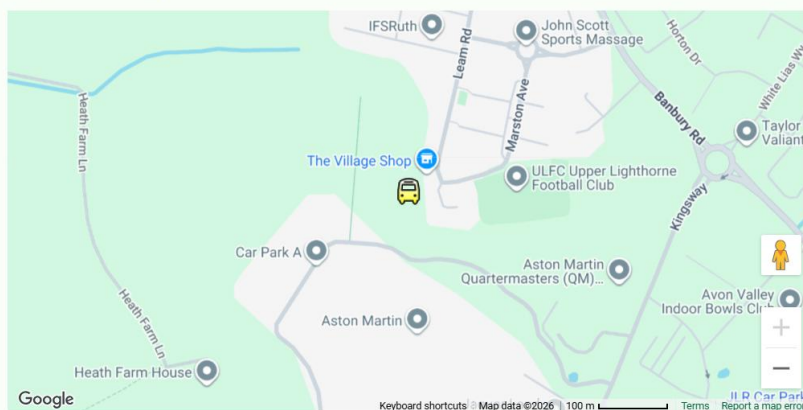
Article 29: Goals of education

Article 5, Parental Guidance, Article 18, Parental responsibility



The Warwickshire Mobile Library Service is a fantastic and convenient way to access books, audiobooks and other library resources within our local community. We are pleased to welcome the Mobile Library to Lighthorne Heath Village Hall on the following dates: **[insert dates]**. Come along, browse the selection and make use of this valuable local service. **Scan the QR code for more information, including dates, times and services available.**

Village Hall, Lighthorne Heath



This location is on the following routes:

Hawkes Point Mobile - L Route

The Mobile library will be here from 15:15 to 15:45

This route will operate on:

14 September 2026    12 October 2026    9 November 2026    7 December 2026

# Let's Meet Up ♥



Wednesday 30<sup>th</sup> September



From 5:00pm



Lighthorne Heath Village Hall  
(next to the village shop)



Bring your kids, partner, pets,  
or just yourself.

Who knows what will happen.  
It's up to us!

All welcome  
♥

Please note the new  
date